



UTE COUNTRY NEWS

Putting the "unity" back in community

POSTAL CUSTOMER

PRSR STD
U.S. POSTAGE
PAID
DIVIDE CO
PERMIT NO. 487

FREE

March 2017

P.O. Box 753, Divide, CO 80814 • 719-686-7393 • utecountrynews.com

Vol. 9, No. 3

Welcome to Ute Country



**"Spring is when you feel like whistling
even with a shoe full of slush."**

— Doug Larson

PEEK INSIDE...



page
8

Spring break butterfly



page
14

Seeds to Sprouts -Charming Chompers



page
24

Third return to Standing Rock



Our March cover is a photo of *Working Gnome* with the snow melting around him, and our caption reminds us how the longer days boost our spirits (we mountain folk are happy for moisture, even if it means a soaker). We relate to *Working Gnome* because we truly enjoy bringing you a new issue each month.

We work hard to inform you of important topics, educate you with hands-on easy to apply knowledge, offer opportunities to enlighten you with new perspectives, and give a valid voice to those who are getting little coverage a chance to get their word out. A new buzzword these days is about “fake news” and “alternative facts”. These are simply new terms for what has been happening for a long time. We encourage our readers to always be mindful of the source of information, and ask yourself how reasonable or logical the information you come across seems. We offer many interesting articles in this issue of *Ute Country News*; sources are amply provided. We encourage our readers to learn more, read more, and make up their own mind regarding what feels right.

Spring may bring new photo ops for your indoor or outdoor animal friends. Feel free to send in pics of your pets, give us their name and what area the photo was taken. Critter Corner is always looking for new pics. Please send via email to utecountrynewspaper@gmail.com or snail mail to POB 753, Divide, CO 80814.

We love to hear from you. Do you have comments, questions, or an article for consideration? Please send to us via email to utecountrynewspaper@gmail.com or snail mail to POB 753, Divide, CO 80814.

The April issue deadline is March 20 (all ads must have final approval by March 22).

Thank you,
— Kathy & Jeff Hansen

A special thanks to all listed here for their professional work and time to make this possible. If you have any questions please contact the publishers.

Publishers:
High Pine Design
Jeff & Kathy Hansen
POB 753
Divide, CO 80814
719-686-7393
www.UTecountrynews.com
utecountrynewspaper@gmail.com

Sales:
Feel free to call 719-686-7393 so we can find the sales representative in your area to best serve your needs.
Flip Boettcher 719-429-3361
Karen Earley 719-641-1192
Linda Karlin 719-748-3449
Bill Sinclair: 719-351-0549

Writers:
Karen Anderson, Sean Beharry, Linda Bjorklund, Flip Boettcher, Coalition for Upper South Platte, Kelsey Comfort, Diana Crow-Wheel, Olga Daich, Danielle Dellinger, Michelle Dukette, Karen Earley, Maren Fuller, James Hagadorn, Kathy Hansen, Jessica Kerr, Mari Marques-Worden, David Martinek, Mary Menz, Polly Roberts, Jeff Tacey, Steven Wade Veatch

Contributors:
AARF, Sherri Albertson, Ark Valley Humane Society, Christy Fitzpatrick, Jordan Huxford, Rich Ingold, Rose Long, Rita Randolph, Stacy Schubloom, TCRAS, US Forest Service, Jeff Wolin

Critter Corner:
Submit photos to: utecountrynewspaper@gmail.com or PO Box 753, Divide, CO 80814

Publishers Emeritis:
Carmon & Beverly Stiles

Cover Photo: Jeff Hansen

The Ute Country News is not responsible for the content of articles or advertising in this issue. Limit one copy per reader, please share with others. Back issues available at www.utecountrynews.com. ©Copyright 2017 Ute Country News, all rights reserved. Material may not be reproduced without written permission from the publishers. Please address any comments to the publishers at utecountrynewspaper@gmail.com or POB 753 Divide CO 80814.

First Class subscriptions are available for \$36 for 13 issues.



The Thymekeeper Sweet Betrayal

by Mari Marques Worden

One of the main aspects of an herbal education is nutrition believe it or not. Although doctors get very little nutritional training in their education, herbalists are inundated with it. We start with nutrition and end with nutrition because after all, you truly are what you eat.

Your diet could be responsible for many health issues especially when it comes to chronic illness. The rule of thumb is this, if what goes into your mouth isn't a nutrient, it's a toxin. Your immune system has a big job if you are partaking in today's Standard American Diet which I refer to as S.A.D. One of the biggest offenders to our health is white processed sugar.

I can beat up on sugar all day and give you a list of 165 reasons to avoid it, but I'll just start with two: cancer loves it and your bones don't.

Most doctors don't discuss diet with their patients, let alone their sugar intake with one exception; diabetes. Diabetics are well aware of the effects that sugar has on their health. If the doc didn't tell you, you would think s/he was trying to kill you or fire them for incompetency. Studies around the world have proven that with the introduction of the western processed diet, cancer rates skyrocket.

You may be one of the many who say, I don't eat that much sugar. Unless you are an avid label reader, you probably eat more than you think. Sugar is in just about everything from protein bars to ketchup to soda crackers. Yes, even baby formula; we start them right out of the gate. In fact, most of the packaged processed food in the grocery store contains sugar in one form or another.

There are 56 different names for sugar and a lot of it comes in the form of what's known as added sugar. The average American eats approximately 66 pounds of added sugar per year. That's a lot of sugar considering that the American Heart Association daily recommendations for sugar are 100 calories for women and 150 calories for men. That's less than one 12 oz. can of soda. How many soda drinkers do you know that stop at one per day?

From the website The Truth About Cancer:

- In 1700, the average person consumed about 4 pounds of sugar per year.
- In 1800, the average person consumed about 18 pounds of sugar per year.
- In 1900, individual consumption had risen to 90 pounds of sugar per year.
- In 2012, more than 50 percent of all Americans consumed 1/2 pound of sugar per day — translating to a whopping 180 pounds of sugar per year!

Is it any surprise Cancer and obesity are at epidemic proportions in our society?

Researchers at the Huntsman Cancer Institute in Utah were one of the first to discover that sugar “feeds” tumors. This published research states, “It's been known since 1923 that tumor cells use a lot more glucose than normal cells. Our research helps show how this process takes place, and how it might be stopped to control tumor growth,” says Don Ayer, Ph.D., a professor in the Department of Oncological Sciences at the University of Utah.

Source: *The Journal Proceedings of the National Academy of Sciences*

Archive: unews.utah.edu/news-releases/does-sugar-feed-cancer-new-research-sheds-light-on-old-saying

Refined sugars are strongly linked to cancer. Not only is it considered a cause of cancer but once cancer cells are established in the body they depend on a steady flow of glucose in the blood for energy. They aren't able to metabolize enough of other energy sources to survive; so they need sugar.

How does sugar contribute?

Sugar and foods that cause a sharp rise in blood glucose, meaning foods with a high-glycemic index ranking trigger the secretion of insulin and insulin growth factor. Although you need these two hormones, no one needs them in excess and hyperinsulinemia is currently on the rise. Hyperinsulinemia means that the amount of insulin in the blood is higher than considered normal. When a person has this condition they have a problem controlling blood sugar. This means that the pancreas has to secrete larger amounts of insulin to keep blood sugar at a normal level. These two hormones promote the growth of cancer when not kept in check.

The kinds of sugar so prevalent in today's standard American diet lead directly to cancer by causing inflammation throughout the body.

High fructose corn syrup causes cancer in its own manner because much of it is contaminated with mercury due to the way it is made. In turn, high fructose corn syrup causes selenium deficiencies because the mercury in it binds with selenium, driving selenium levels downward. Selenium is crucial for glutathione production. Glutathione is considered the mother of all antioxidants and deficiency can lead to many diseases. Selenium and mercury also have a strong affinity to bond with each other.

Source: greenmedinfo.com/blog/cancer-sugar-strategy-selective-starvation-cancer

Eating white processed sugar (or white processed anything) causes magnesium deficiencies due to the magnesium being removed in the processing. Deficiencies in magnesium are not only pro-inflammatory but also pro-cancer.

Sugars and the inflammation and acidic environments they create make a nice comfortable environment for tumors. In most types of cancer, inflammatory conditions are present before malignancy occurs. Ongoing inflammation in a tumors environment aids in the proliferation and survival of malignant cells and undermines immune response.

After researching the effects of sugar on cancer, it seems there could be nothing more important in the treatment protocol than to drastically reduce sugar intake.

A well-oiled machine

Over the years, especially through the 1990s we were told that fat will make us fatter. Nothing could be further from the truth. Your body is an incredible machine working 24/7 and like all machines, a well-oiled one is going to work better and last longer. Fat doesn't make us fat. Sugar makes us fat!

In my opinion, cannabis oil is hands down one of the best oils you could ever put in or on your body. Loaded with essential fatty acids, as we learned in herb school, cannabis is anti-tumor. Canadian Rick Simpson has shown time and again to resolve tumors and growths both internally and externally using cannabis oil. For more on this see the YouTube documentary: *Run From The Cure* or visit phenixtears.ca

My father died of cancer in 1997 about the time I started herb school. At no time EVER did his doctors speak to us regarding his diet or sugar intake. This was a 10 year experience and believe me, he saw plenty of doctors in that time. In the end, he was only able to eat liquids via stomach tube. At the recommendation of his doctor we fed him the most popular “nutrition shake” on the market.

In another one of those “if I knew then what I know now” moments, I realized we were only hurrying him along in his cancer progression. That “nutrition shake” ingredient list reads like an herbalist's nightmare, Corn Syrup being the first ingredient after water. Most corn in this country is genetically modified, another proven tumor promoter in lab rats. Sugar in its other names is listed three times on the label along with other cancer causing ingredients. I recently read a quote by a medical doctor who states: “I wouldn't feed that to a dying animal.” In retrospect, I wholeheartedly agree. Unfortunately it is still the leading “nutrition shake” on the market today. Buyer beware.

Source: Dr. Serrallini- <https://www.rt.com/news/monsanto-rats-tumor-france-531/>

Good to know

- Because sugar is an addictive substance, you will experience withdrawal if you decide to stop eating it. Brain fog may increase and you'll feel pretty crappy for about a week or two. Take heart, once your system gets back to normal, clear thinking and energy levels will return in abundance. Sugar cravings will cease as you retrain your taste buds.
- Natural sugars, like those found in fruit, process slower and have fiber, slowing the spike in blood sugar. Most fruit juices

56 DIFFERENT NAMES FOR SUGAR

AGAVE NECTAR	BARLEY MALT
BLACKstrap MOLASSES	BUTTERED SYRUP
CANE SUGAR	CAROB SYRUP
CONFECTIONER'S SUGAR	CORN SYRUP SOLIDS
DATE SUGAR	DEXTRAN
DIASTATIC MALT	ETHYL MALTOL
FLORIDA CRYSTALS	FRUIT JUICE
GALACTOSE	GLUCOSE SOLIDS
GOLDEN SYRUP	HIGH-FRUCTOSE CORN SYRUP
ICING SUGAR	LACTOSE
MALTODEXTRIN	MAPLE SYRUP
MUSCOVADO	PANocha
REFINER'S SYRUP	SORGHUM SYRUP
SUGAR	TURBINADO SUGAR
BARBADOS SUGAR	BEET SUGAR
BROWN SUGAR	CANE JUICE CRYSTALS
CARAMEL	CASTOR SUGAR
CORN SYRUP	CRYSTALLINE FRUCTOSE
DEMERARA SUGAR	DEXTROSE
DIATASE	EVAPORATED CANE JUICE
FRUCTOSE	FRUIT JUICE CONCENTRATE
GLUCOSE	GOLDEN SUGAR
GRAPE SUGAR	HONEY
INVERT SUGAR	MALT SYRUP
MALTOSE	MOLASSES
ORGANIC RAW SUGAR	RAW SUGAR
RICE SYRUP	SUCROSE
TREACLE	YELLOW SUGAR

found in the grocery store are mostly sugar and some are nothing more than flavored corn syrup. Be sure to check the label. Pure fruit juices are typically found in the refrigerated section.

- Most artificial sweeteners are just as harmful, and possibly more harmful than sugar. Aspartame is a nerve toxin. It was originally a made to be a pesticide but the pests wouldn't touch it. When the developers discovered it was sweet, it became an artificial sweetener with the promise of no calories. A good source for the purest form of processed Stevia, a natural sweetener that is at least 100 times sweeter than sugar thus needing to use less can be found on my website: TheThymekeeper.com/bulk-herbs and select StarWest Botanicals link.

About those bones

In the 1930's Cleveland dentist Weston Price became alarmed by what he considered rampant decay in his adult clients. This was often accompanied by other health concerns such as arthritis, osteoporosis, diabetes and others issues. However, it was the younger patients that caused him the greatest concern. Crowded, crooked teeth were becoming more and more common, along with what he called “facial deformities” such as overbite and narrowed faces. The children invariably suffered from other serious ailments that ranged from frequent infections to asthma to behavioral problems and more. This is what prompted Dr. Price to embark on a 10 year adventure and led him to some of the most remote and isolated regions of the World. It was in these remote areas that had no “civilian” contact that Dr. Price found the smoking gun. What he observed were people with uniformly broad dental arches, all 32 teeth present, little or no decay and no crowded teeth.

To be continued...

Mari Marques is a Certified Herbalist and owner of The Thymekeeper. For questions or more information contact: Mari at mugsyspad@aol.com or 719-439-7303 or 719-748-3388. Mari is available for private consultation.

Herb class with The Thymekeeper

In case you missed the last one, it's time for another Home Remedies class. Learn how to treat common ailments such as ear infection, cold and flu, stop bleeding and treat wounds, treatment techniques and much more. This class fills up fast and we weren't able to fit everyone last time so we're doing it again! Join us Sunday, March 19 from 1:30-3:30 p.m. at The Thymekeeper 1870 CR 31 Florissant, CO. Cost: \$20. Pre-registration is required.

George Ruxton

by Linda Bjorklund

When you visit the Manitou Springs area, you notice that there is a Ruxton Creek and a Ruxton Avenue, both named after an intrepid explorer who visited and wrote about the area during a very volatile time in the history of the West.

Born in England in 1821, George Ruxton thirsted for adventure in other lands from the time he was a youngster. He was expelled from the Royal Military Academy at the age of 15, so he went to Spain to fight with a British regiment for Queen Isabella II. He then went to Canada to serve with the British military. From there he sold his military commission and became a hunter and trapper. Shortly after Ruxton returned to England, he went to Africa to explore.

After presenting a paper in England on his African experiences, Ruxton became interested in the Mexican-American War that began in 1846. He sailed to Veracruz, Mexico, then began his journey northward through Santa Fe and the Colorado Rocky Mountains. Accompanying him were his faithful horse, Panchito, and varying numbers of mules which served as pack animals.

The war with Mexico was touted as the only war that the U.S. fought for territorial expansion. During this era, when James Polk was the president of the United States, a theory was widely held that the country was destined to extend from the Atlantic coast to the Pacific coast — it was known as the Manifest Destiny. At that time, Mexico claimed Texas and the land to the west and as far north as the southern border of Oregon. This, then, would include more than half of the state that became Colorado.

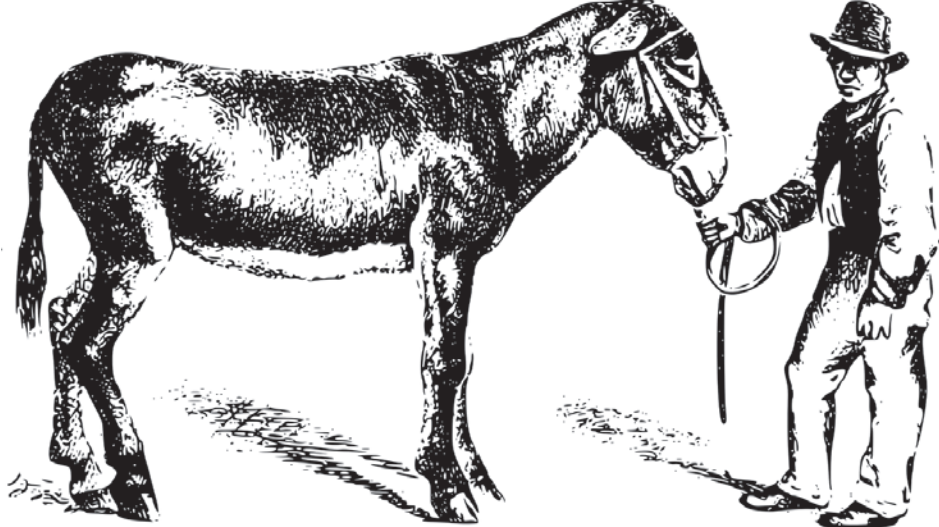
Mexico had won its independence from Spain in 1821. It welcomed colonists to Texas, hoping to put a barrier between Mexico and the Indians that were constantly warring with them in their northern territories. That plan backfired when Texas became populated with Americans who declared their independence as a separate state in 1836. Mexico never recognized the declaration and became angry when the U.S. Congress approved the annexation of Texas in 1845.

Late in 1845 the U.S. government sent General Zachary Taylor with 3,500 troops to the disputed area. President Polk sent an envoy to Mexico City to offer them \$25 million for the land in question. The Mexican government refused to even see the envoy.

The U.S. Congress was divided as to what they should do about the issue, many of them being against a Mexican war. General Taylor had been instructed to make the U.S. military presence known in the vicinity. Their intent was to provoke an incident with the Mexicans but not to fire the first shot. When the Mexicans responded to the provocation by attacking U.S. troops in April of 1846, Congress reluctantly declared war.

General Taylor was ordered south with his troops and General Stephen Kearny sent west from Kansas to secure the New Mexico Territory with his cavalry of about 1,700 men. General Kearny left for California after appointing Charles Bent New Mexico's first territorial governor.

Charles Bent, his brother William Bent, and Ceran St. Vrain, had established Bent's Fort as a trading facility on the north side of the Arkansas River, which was then considered to be the border between Mexico and the United States. Charles set up trading in Taos, New Mexico, and built a home there, while William



ran the fort along the Arkansas River. St. Vrain took care of their business in Santa Fe.

Charles Bent was popular with the people around Taos and didn't take seriously the threat that Mexican rebels and their Pueblo Indian allies planned an uprising. On January 19, 1847, a siege was led against Bent's home and he was immediately shot with arrows and scalped in front of his family. The family escaped by digging through the adobe walls to the house next door.

Now thirsty for blood, the Mexican rebels headed 12 miles north to Simeon Turley's settlement called Arroyo Hondo. Here the defenders of the stockade held out for two days, until the attackers gained control of the corral and set fire to the buildings.

Into this scenario George Ruxton appeared. Ruxton had gone through Taos and then set out for Arroyo Hondo, but found himself and his animals hampered by drifts of snow. He was given sanctuary in a small cabin where they recovered from frostbite until the next morning. As he entered the settlement of Arroyo Hondo, Ruxton commented about the apparent prosperity of the people there. Turley ran a mill and a distillery, as well as a ranch with sheep, goats and hogs. The settlement was occupied by Mexicans and Indians, who held Turley in high esteem. Ruxton was told that “no Mexican ever besought his assistance and went away empty-handed. His granaries were always open to the hungry, and his purse to the poor.”

Sadly, the next comment by Ruxton was: “Three days after I was there they attacked his house, burned his mill, destroyed his grain and livestock, and inhumanly butchered himself and the foreigners with him, after a gallant defence of twenty-four hours — nine men against five hundred. Such is Mexican gratitude.”

Ruxton was headed north, his objective to find the head of the Fontaine-qui-bouille and Bayou Salado. Known these days as Fountain Creek, the area is close to Manitou Springs, where Ruxton spent the next few months.

While traveling under the shadow of Pikes Peak, Ruxton became aware of a conspicuous camp follower. A large gray wolf first made its appearance when Ruxton had killed two antelope for meat. The wolf respectfully waited until the hunters were done with the antelope, then moved in to claim his share. Thereafter, the wolf followed them and, when they stopped to shoot game, the wolf stopped and waited for them to finish butchering, licking his chops patiently, until they moved away from the remains. Ruxton wrote that the wolf was easily within his sites a number of times, but by now he considered the creature an old friend and could not find it in himself to molest a friend.

Ruxton told of another occasion when he had made camp during a snowstorm and piled

a fire high with wood to sustain him through the night. In the middle of the night he awoke feeling the excessive cold and turned himself toward the fire, which was still burning. He was astonished to see a large wolf on the other side of the fire, sitting quietly with its eyes closed and its head nodding with drowsiness. He then closed his own eyes and went back to sleep. He later recalled that wolves had been known to gnaw on the straps of a saddle which a person was using as a pillow.

Panchito was Ruxton's horse and faithful companion. During their travels, the two traveled constantly with several mules. Ruxton found that the mules became dependent on Panchito and would go to great lengths to stay close to their equine friend. One story was told that the entourage had come to a stream which they needed to cross. The stream, however, was completely frozen. The mules, who are noted for their stubbornness, refused to cross on the ice. Ruxton attempted to cross, riding Panchito, hoping that the mules would follow. Instead of following the horse, the mules ran up and down the bank, bellowing in fright. They would smell the ice and feel it with their forefeet, then throw up their heads and gallop to another point, where the exercise would be repeated.

Ruxton finally found a pole and proceeded to break up the ice, so the mules could go across the stream in water. All, that is, but the old hunting mule. That creature still galloped up and down the bank and finally made a desperate jump into the air, coming down, not in the water, but on a patch of ice. The ice broke under her weight and she sank up to her neck. Ruxton was forced to return to the stream and break up the ice around the mule, finally freeing her so she could join her companions on the other side of the stream. She joyfully ran to Panchito and whinnied in delight to be there.

When spring came, Ruxton decided it was time to return home, so he headed east, following the Arkansas River and through Bent's Fort. When he got to St. Louis, he regretfully had to sell the horse and mules. He made sure, however, that their new owners would treat them well.

When he returned to England, Ruxton wrote several articles and books about his experiences in the American West. Much of the preceding material came from his book, *Wild Life in the Rocky Mountains*.

In 1848, Ruxton's health began to fail, so he decided to return to America, where he felt he might recover. He planned to go to the Great Salt Lake for its curative powers. He only made it as far as St. Louis, where he succumbed to a dysentery epidemic and passed away at the very young age of 27 years.

We remember him as a courageous mountain man and a gifted writer.

**FILL UP SPECIAL
VOLUME DISCOUNTS**

**Global
Propane**

**\$1 499
Gallon**
Limited Offer

(303) 660-9290
Family Owned Business

FixaShield

Windshield Repair

**We Fix Chips
& Cracks
Up To 14"**

www.FixaShield.com

719-960-6626

**In the Woodland Park
Safeway Parking Lot**

SY.S.

**AUCTION
& SALES**

**resale
mall**

**CALL FOR AUCTION TIMES
OR SEE FACEBOOK**

FLOOR SPACE AVAILABLE

**110 W. Midland • Woodland Park
Between Curves & The Cowhand**

719-505-2015 check us out on Facebook

A&H Anderson & Hughes, P.C. Attorneys At Law

- ♦ Accidents & Personal Injury, Wrongful Death
- ♦ Insurance Bad Faith
- ♦ Real Estate, HOAs, Water Law
- ♦ Contracts & General Business Law
- ♦ Domestic Relations, Divorce, Child Custody
- ♦ Criminal Defense, DUI, Felonies, Traffic, DOW Cases
- ♦ Estate Planning & Probate
- ♦ Non-Profits and Charitable Organizations
- ♦ Drone Law—Start-up Businesses, FAA, Privacy Cases

For More Information or a Free Consultation call:

Anderson & Hughes, P.C. 719-539-7003
www.anderson-hugheslaw.com
7385 W. Highway 50, Salida, CO 81201

WOODLAND COUNTRY LODGE
Serving Food 4-9pm Daily

**Book your Party Today.
Call 719-687-6277**

MARCH ENTERTAINMENT SCHEDULE

1.....OAKLEY	10.....HOWIE
2.....CARI DELL	11.....KARAOKE
3.....MARK EDENS	15.....OAKLEY
4.....KARAOKE	16.....CARI DELL
8.....MIKE SUNIKA	17.....MARK EDENS
9.....TRICIA PARRISH	18.....KARAOKE

22.....RICH CURRIER
23.....6 STRING DAVE
24.....HOWIE
25.....KARAOKE
30.....TRICIA PARRISH
31.....CARY CARPENTER

HAPPY HOUR EVERYDAY FROM 3PM-5PM
SPECIAL: \$1 OFF BEER, WELL, AND WINE BEVERAGES

723 U.S. Highway 24 West • Woodland Park
For more info call (719) 687-6277
www.woodlandcountrylodge.com

STAR IN THE BAR!
EVERY TIME YOU SHOW UP, WE PUT YOUR NAME IN THE HAT FOR LODGE PUB GIFT CERTIFICATE DRAWING EVERY SATURDAY 7-11PM!

Pet Boarding
Big Sky Ranch Bed and Biscuit
Where your pets are treated like family.



Pet boarding in a home environment
 On 35 acres next to National Forest for hikes
 Daily hikes and plenty of playtime
 Or/and plenty of zzz time in a sunny spot
 Ranch visits where we come to your home to feed your horses and/or other livestock
 Mention this ad and get 1 FREE night/or 1 FREE ranch visit

BigSkyRanchBedandBiscuit.com
970-333-0277

BENCHMARK MORTGAGE
"Your Lender For Life!"
Conventional, Jumbo and FHA VA and Rural Development Loans — No Money Down.
 300 Sunnyglen Court (Re-Max Building)
 Woodland Park, Co. 80863

Specializing in Mountain Property Financing for Teller, Park, Summit and El Paso Counties.

719.687.2112

Ark-La-Tex Financial Services, LLC dba Benchmark Mortgage NMLS ID: 2143

When is the last time you looked into your management company?

Are you getting top dollar for your investment?

Rental prices have increased drastically in the last few years. Merit has been Family owned and operated for 47 years. This is my family business and I am here to stay so I can manage your property the right way! We have a proven system that has been developed over decades to maximize professionalism and to minimize risk.

Call today to discuss your goals and options for your investment property.



Jordan Yost
 Property Manager/ Broker Associate
 Merit Co Inc • Woodland Park, CO
 PH: 719-687-1112 Fax: 719-687-2779

If you are interested in purchasing an investment home and / or selling, I'd be happy to help you with that as well.

The Mountain Artists encourage student artists Library Art Show and Scholarships

The Mountain Artists are gearing up for the annual Student Art Show that will be hanging in the Galleria of the Woodland Park Public Library from April 14 to April 27. This show is open to all middle school, high school, private schools and home-schooled students in all of Teller County.

Students must be 18 years or younger as of January 1, 2017. Middle school students can win 1st, 2nd, and 3rd place ribbons, and High School students can win ribbons plus cash which total approximately \$1500 every year. Accepted categories are: Oils, Acrylic, Watercolor, Drawing, Mixed Media, and Digital Design.

Students in the area wishing to enter the Student Art Show, must go online to www.themountainartists.org and print out the application (at the bottom of the page) and bring the filled

out application to the Woodland Park Library by Friday - April 14 between 2:30 p.m. and 6 p.m.

Awards will be presented on Sunday, April 23, starting at 2 p.m., at the Library (large meeting room). Winners must be present to receive monetary awards.

Additionally the Mountain Artists award a scholarship(s) every year to one or two students who will be attending higher education this fall with some emphasis or major in the area of art. Interested students can get an application with details of requirements also from the website mentioned above.

Originally established in 1989, the purpose of the Mountain Artists is to promote, encourage, support, and assist in the making and showing of visual arts of persons of all ages in the Ute Pass/Teller County and surrounding areas.

Ute Pass Chamber Players seek beneficiary

The Ute Pass Chamber Players invite local nonprofit organizations to apply to be the beneficiary of the Annual Benefit Concert, which will be performed on September 24, 2017. To be eligible, organizations are asked to submit a 400-word narrative to include the organization's mission, the essential community needs met by the organization, and for what purpose the concert proceeds will be used. Please also list a point of contact. The narrative is due by April 1, 2017, and should be sent to the UPCP Board at brileycunningham@gmail.com. Benefit concert guidelines, including beneficiary responsibilities, are also available from that address, or by calling 719-686-1798 for more information. The selection of the beneficiary will be announced at the May 7, 2017, Ute Pass Chamber Players season finale concert.

Prepare for P4P

by Coalition for the Upper South Platte

Have you ever wondered what it takes to become a wildland firefighter? It takes both educational and physical training. Wildland firefighters combat active fires and work to prevent future fires from starting. A range of federal, state and local agencies and organizations depend on these highly skilled firefighters to be at the ready for deployments during fire season, and for forestry projects developed to prevent wildfire. The work is always strenuous and fitness is essential. An important element of becoming a wildland firefighter is passing the Work Capacity Test. The test was developed by a past president of the American College of Sports Medicine and evaluates stamina and endurance. These are the three testing levels:

- **Pack Test** - Arduous - 3 miles, 45lbs, in 45 minutes
- **Field Test** - Moderate - 2 miles, 25lbs, 30 minutes
- **Walk Test** - Light - 1 mile, no weight, 16 minutes

The Coalition for the Upper South Platte (CUSP) has a Wildfire Suppression Program with our own wildland firefighting team. Our team works locally and deploys nationally when called. To support this invaluable resource, CUSP is hosting Pack for the Platte (P4P), an annual fundraiser using the Pack Test as a fun and challenging event that engages firefighters and outdoor enthusiasts alike while raising money for a great cause. P4P is an opportunity for the public to learn about wildland firefighting from the firefighters themselves. It is a venue for wildland firefighters to take their monitored Pack Test and for individuals and teams to test their endurance and stamina.

CUSP will be premiering Pack for the Platte on Sunday, May 7, 2017, as an extension of National Wildfire Preparedness Day, held the Saturday before. That Saturday, May 6th, CUSP will be working with homeowners in Palmer Park on neighborhood fuels reduction projects. P4P will take place at the New Santa Fe Regional Trail in

Monument, starting at the Baptist Road Trailhead. This very popular trail is a perfect location for this event as it provides a smooth, flat surface for this demanding challenge.

P4P is a community event. Many firefighters and regional departments are participating and teams (a minimum of 4 people per team) are encouraged to sign up for friendly competitions. Booths/tables will be set up to provide information and on-site activities for kids and vendors will have food for purchase. It is also a great volunteer opportunity. We need people to help with several event-related tasks, from helping with registration and set-up to assisting with various logistical details. If you or your company is looking for a great event to sponsor, this is the perfect time to get in on the ground floor of what promises to be a well-attended and popular competition. For registration costs and details or to learn more about sponsorships or volunteering, please visit www.cusp.ws/p4p/ or call the CUSP office at 719-748-0033.

Event Day Details

- 7:30 a.m. Registration begins
- 8:45 a.m. Registration closes for Firefighters-remains open for public until 10:45a.m.
- **9:00 a.m. P4P Pack for the Platte Pack Test Starts-Firefighters**
- Heat 1 Arduous Test-3 miles, 45lbs, 45 minutes
- Heat 2 Field Test-2 miles with 25lbs, 30 minutes
- Walk Test 1 mile, no weight, 16 minutes
- **11 a.m. P4P Pack for the Platte Pack Test Starts - Public (weight optional)**
- Heat 1 Arduous Test 3 miles, 45lbs, 45 minutes
- Heat 2 Field Test 2 miles with 25lbs, 30 minutes
- Heat 3 Walk Test 1 mile, no weight, 16 minutes
- **1 p.m. Award Ceremony**

JA in a Day coming to Summit

Junior Achievement of Southern Colorado, Teller County, will host a 'JA in A Day' event at Summit Elementary on Wednesday, March 22. Community volunteers will present Junior Achievement curriculum on work-readiness, entrepreneurship and financial literacy skills to all school students in K-5th grades. JA's educational materials and activities enable students to develop the skills they need to experience the realities and opportunities of work and entrepreneurship in the 21st-century global marketplace. All necessary volunteer training and curriculum materials are provided. For more information or to volunteer in the classroom, contact Sherri L. Albertson at 719-650-4089 or via email to sherri.albertson@ja.org.

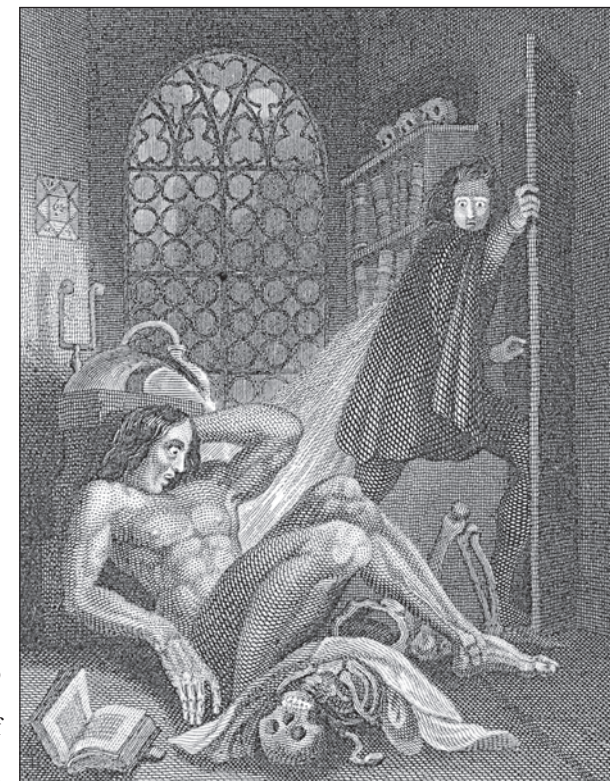
Climate change brings Frankenstein's monster

by Steven Wade Veatch

In 1816, the world was gripped by a climate change event known as the "Year Without a Summer." During the cold summer of 1816, the novel *Frankenstein: Or the Modern Prometheus* was written by Mary Shelley in a cold villa along the shores of Lake Geneva. She was 18-years-old. The Romantic period, a literary and intellectual movement that accentuated individualism, rhapsodized about the past, and emphasized nature, was underway. Frankenstein played a major role in the imagination of the Romantic period. Moreover, the novel was based on the concept of the Promethean hero, and is considered a milestone of romantic and gothic literature, and a landmark book in science fiction.

First, let's go back to the climate. The cause of the cold climate was the eruption of Mount Tambora, a large stratovolcano on the Indonesian Island of Sumbawa. Smoking like Vesuvius, Tambora erupted several times in 1815, blowing away large parts of the volcano while ejecting more than 100 cubic kilometers of ash and large quantities of sulfur dioxide gas into the stratosphere. These materials combined with water to form a sulfuric acid aerosol that encircled the planet. This acid and ash aerosol blocked some of the sunlight from reaching the Earth, resulting in cooler temperatures and unusual climatic events, making 1816 the coldest year on record in Europe. Agricultural failures and famines were extensive in Europe. In New England, snows or frost occurred in every month of the year.

It was during that cold summer in 1816 when Lord Byron, a celebrated literary figure, along with a coterie of famous authors were in residence in his villa along the shores of Lake Geneva. The group included Mary Shelley's future husband, Percy Bysshe Shelley, William Polidori, and Claire Clairmont. The weather was so cold the writers could not partake in the outdoor activities they had planned. Instead, the esteemed literary group stayed inside the villa and wrote by the warm glow of a fire. To entertain themselves, Lord



In this illustration from the frontispiece of the 1831 edition of Frankenstein, Victor Frankenstein is shown becoming revolted at his creation.
 Copyright: public domain.

Byron challenged the literary luminaries to see who could write the most terrifying ghost story. It was in the villa, while cinders popped in the fireplace, that Mary Shelley wrote Frankenstein. As the gelid summer of 1816 progressed, Mary Shelley, with penetrating curiosity, wrote her novel while the monster's face probed so stubbornly at her imagination. She enjoyed the work of the mind and labored over her story with the fervency of an Italian sculptor.

After Mary Shelley had left Lord Byron's villa, she had a solid, rough draft of Frankenstein. Shelley continued to revise and develop her story the following year. It was published in 1818 and was received in a blaze of wonder.

Mary Shelley's work was based on the concept of the Promethean hero. Prometheus was a Greek deity who conveyed both wisdom and a deep sense of freedom to humanity.

Lord Byron, Mary Shelley, and other Romantics regarded Prometheus as a metaphor for the creative and adventuresome side of humanity. The Romantic hero was an expression of the individual who lived life alone and sought to challenge or modify traditions of society. These themes, seen in Dr. Frankenstein and his creature, are central to Shelley's Frankenstein.

Shelley's work, Frankenstein, ignited the imagination of the period. This was a time when knowledge was advancing, and Frankenstein was an extraordinary subject matter that explored the possibility that science would someday bring a dead person back to life. Dr. Frankenstein, a man of great learning and science, attempted to improve the work of God — man.

In Mary's story, Dr. Frankenstein created a living being from a collection of dead body parts. Dr. Frankenstein becomes revolted by the creature he created and rejects it. The tortured creature's sadness is endless. The monster, exiled and tormented, wanted revenge.

The creature in the novel is a Promethean hero — driven by the need to be understood. The creature has feelings, just like everyone else. This is another theme in the novel — what is it to be human. Shelley's novel also probed the deepest recesses of man's existence.

Lastly, Shelley's work is more than a Gothic novel; it fired the imaginations of the Romantics. Frankenstein raised important questions about how science should be used. As a work of science fiction, it is possibly the first book to warn that science can run amok. The Promethean hero echoes through the pages. The novel makes us consider our nature and how we can learn ways to treat somebody who doesn't look like us. In the end, it is a story about innocence corrupted by man.

Find out for yourself why Teller County calls C.W's Plumbing for all their plumbing needs!

Now Offering Boiler & Hot Water Heat Service!

C.W s Plumbing LLC

Master Plumber ~ 39 Years Experience
 Licensed & Insured
 USMC Vietnam Vet

719-687-4122

Service & Installation

- Water Heaters
- Tankless Water Heaters
- Boiler Installation
- Gas Pipes - Old & New
- Kitchen Remodel Plumbing
- Bathroom Remodel Plumbing
- Tubs / Showers
- Frozen Pipes & Sewers
- Winterizing Guaranteed

Residential Commercial

WE BEAT MAIL ORDER PRICES EVERY DAY

Alpine Firearms

Local Gunsmith has over 50 Years Experience & Great Prices

NRA Conceal/Carry Classes
Ammo • Accessories
Military Surplus
Tactical
Target & Hunting Weapons
FFL Transfers
Insured

Open
 Mon - Sat 9 - 6

687-3900

102 West Midland
 (across from Hungry Bear)

SEND 'EM... SHIP 'EM... BUY 'EM HERE!

YOUR ONE STOP FOR AUTOMOTIVE SERVICE IN WOODLAND PARK
Teller County's Oldest Family Owned & Operated Alignment & Tire Center!

SCHUMACHER'S
Alignment & Tire Center

Most Major Tire Brands Now Available

- Mufflers & Custom Exhaust
- Wheel Balancing
- Brake Service
- General Automotive Repair
- Cars ~ Trucks ~ 4x4's ~ Motor Homes

\$15 OFF Any Service Over \$100 with coupon

Jamie Schumacher **Justin Schumacher**
719-687-2446
 220 S. Burdette,
 Woodland Park, CO

Mon-Fri 8-5:30

MasterCard VISA DISCOVER

New Tech Class: Social Media for Business

by Sean Beharry

The John C. Fremont Library District has launched its new technology class, Social Media for Business. It is scheduled on the second and fourth Wednesdays of the month when there are at least four students enrolled.

What is social media?

If you're reading this article in print, you might be asking "What is social media?" Being "online" used to be good enough. We're in a new internet age, and to be up-to-date, you need to be on social media, or Web 2.0. Previously, in what we can refer to as Web 1.0, websites were one way interactions. A website was static and displayed the information the web designer put on the page. In Web 2.0, websites are now interactive and use two way interactions, mostly on platforms called social media. Now your website is just one part of your online presence, and other platforms are used, such as Facebook or Twitter, to facilitate closer communications with your customers and communities.

Social media platforms have many uses beyond what you may do on your personal accounts. Social media is used to connect with new audiences, in your community or around the world. These platforms enable you to have two way interactions with your audi-

ences so you can learn about your audience directly from them. Many organizations use social media to promote existing or new services and products, but an important aspect to include in your strategy is being easily accessible to your customers and communities.

What should I do on social media?

You're thinking this section is going to say "post lots of pictures promoting yourself," which is true. A big part of social media usage, often missed in an organization's social media strategy, is listening. Listening is an important aspect of social media because it helps you get to know your audience, what they're talking about, how they're talking about it, and if you look carefully, why they're talking about. Knowing this about your audiences will help you authentically engage your audience about what matters to them.

When you know more about your audience, it is time to start setting goals for the different messages you are sending. Think about your different audiences and what you can entice them to do. Determine if you need to remind them that you exist, direct them to your website to browse your full offerings, or get them to visit in person.

After understanding your audiences and establishing goals, you need to form a brand voice. In most cases, you want to communicate the same way your audience does. This aspect of social media brings new challenges when connecting with audiences very different from yourself, for example, trying to figure out the meaning of all the acronyms or slang terms teenagers use.

The Social Media for Business class will cover these principles and more. You will learn which social media networks are right for your needs while we look at the successes other organizations in your field have had on social media. Class sizes are limited because after we learn the ideas behind social media, we take a deep look at examples relevant to your organization. When we've reviewed some examples, we start working on your social media strategy. It is recommended to bring your own laptop or device so we can help you with tech issues or unexpected barriers.

To register for our Social Media for Business class, contact Sean at sean.beharry@jcfld.org or 719-784-4649 ext. 3. We do not schedule classes until we have enough participants, so bring a partner or friend to learn together.

3rd Annual Mule Deer Conservation Banquet

The Woodland Park Chapter of the Mule Deer Foundation (MDF) is holding a special event and a night of fun at its 3rd Annual fund-raising banquet. Banquet revenue will be used to assist with mule deer habitat improvement projects on public lands in Teller, Park and northwest Douglas Counties. The event will include an outstanding meal of chicken or steak with all the fixins'. A live auction, silent auction and raffles for merchandise will include over 10 quality firearms, guided hunts and trips in Colorado and surrounding areas, bows, outdoor gear, western/wildlife art and jewelry and home furnishings will follow the meal. The banquet will take place Saturday, March 25th, 2017 at the M Lazy C Ranch near Lake George. Doors will open at 4 p.m. and dinner will start at 6 p.m.

The Woodland Park Chapter of the Mule Deer Foundation is a local group of volunteers that are working to raise money that will be spent locally to provide and conserve habitat for mule deer and other wildlife species throughout Teller, Park and northwest Douglas Counties. Mule deer are the only big game species in North America that are on a population decline; identified by wildlife agencies as caused by highway mortality, habitat loss from wildfire, disease, overgrazing, winter die-off, over predation, and competition with elk and whitetail deer. The Woodland Park Chapter is working to minimize the threats to this species through fundraising and local projects.

The last two years' events were huge successes with tickets selling out and revenue that exceeded goals. With the funds raised at last year's event, the chapter was able to provide much needed repairs to the Colorado Parks and Wildlife Southeast Region Mule Deer Decoy used to aid in wildlife law enforcement and work to improve mule deer and elk habitat at James Mark Jones State Wildlife Area through thinning and aspen regeneration. Many more projects are planned for next year including work at Dome Rock State Wildlife Area and a noxious weed treatment project with the US Forest Service near Lake George.

The event will also feature limited vendors and a trophy display. Attendees are encouraged to bring mounts to display. Phone orders can be made by calling Larry Long at 719-351-0994 or Rose Long at 720-936-5778 (leave message) or email csfslong@gmail.com. Phone and email orders require credit card information. Must pre-register to attend.

Call for entries!

The Mountain Artists are accepting entries for the 32nd Annual Mountain Arts Festival, August 5 & 6, 2017, to be held outside the Ute Pass Cultural Center, Woodland Park, CO. This is a juried arts and crafts festival. Applications are available at www.themountainartists.org, the Woodland Park Chamber of Commerce or by calling 719-502-5085.

WPSD employee receives award

The Celebrate Literacy Award was presented to Wanda Gordon at the Colorado Council of the International Literacy Association held recently in Denver. This prestigious award recognizes individuals for their significant and unique contributions to literacy. Mrs. Gordon has worked in literary endeavors for nearly two decades at Columbine Elementary School in Woodland Park.

Seeking vendors!

Hartsel Days Weekend is the first weekend in August. We are inviting vendors, especially food vendors, and craftsmen to participate in this growing event. Last year's event was a huge success! Over 800 people attended! Booth fee is only \$35 for a 10' x 12' area!

This year, we will have our first annual Chili Cook-Off! The National Wildlife Turkey Federation will provide an inflatable BB-gun range for the kids! There will also be a duck race, parade, free pancake breakfast, dunk tank, music and dancing.

Please contact HartselDays@gmail.com or call 719-837-3033 if interested in participating in this event. We are also looking for volunteers to help during the weekend.

Teacher Feature: Mr. Miller

March 2017 Teacher Featured: Mr. Dale Miller

Name of the school: Ca on City Middle School

Submitted by: 6th Grade Social Studies students



This Month Sponsored by Ute Country News

"He is nice. He does hands on activity. He is fun!" — Josh Rinue

"He is the coolest teacher EVER!" — Collyn R.

"He always has brain breaks. He tells stories with the lesson. He has fun with his classes." — Atulia Fisher.

"He is a awesome teacher funny and really nice, and fun to mess around with." — Jake Wilder.

"When we are tired and sleepy he gives us a



brain break to get us to get awake and when we are sad he cheers us up. He tells us to be kind and loyal to our classmates and teachers. He is thoughtful, nice, and loving. He is an amazing teacher!" — Madison Bowman

Nominate a teacher or para-educator. Each month at least one teacher will be featured in the Ute Country News. The teacher will receive a \$50 cash prize and an additional cash prize of \$50 will go to the school that nominated the teacher.

Teachers/para-educators can be nominated for a project, for creativity in making learning fun, for problem-solving techniques or for support/inspiration.

Nomination forms may be submitted by

students, parents/guardians/grandparents, teachers, para-educators, principals, superintendents. Forms can be found on www.utecountrynews.com and can be returned via email: utecountrynewspaper@gmail.com or UCN, POB 753, Divide, CO 80814.

This Teacher Feature was sponsored by Ute Country News. If you are interested in sponsoring a Teacher Feature, contact utecountrynewspaper@gmail.com or call 719-686-7393.

Salida Art Walk call for entries

The 2017 Salida Art Walk, presented by High Country Bank, will again offer the opportunity for artists to submit their mini-masterpieces for the Mini-Masterpiece Preview and Auction to be held on Friday, June 23 from 5-8 p.m. and on Saturday, June 24 from 1-3 p.m.

Artists may submit ONE or TWO minis for the auction. Early entries, submitted by April 1st, will be considered for use in marketing and advertising purposes. All entries are due by June 1, 2017. Submission forms can be completed on-line or downloaded and printed at http://www.salidaartwalk.org/. Canvases are provided free of charge for each mini-submission and can be picked up at The Book Haven, 135 F Street in Salida, Colorado. The Book Haven is open from 10:30-5:30 p.m., Monday through Saturday and 12-5 p.m. on Sundays. For further questions call Lisa 719-539-9629 or email thebookhavenlisa@gmail.com.

WPSD Foundation awards funds

The Woodland Park School District Foundation awarded over \$9,000 to WPSD teachers and staff during the Board of Education meeting on February 8, 2017. The grants will be used for various projects within the schools that will positively impact Woodland Park students.

Congratulations to the following recipients:

Columbine Elementary School:

- Nicole Melby/Caroline Gallup-Development of Audio Books Library \$1,000

Gateway Elementary School:

- Caron Smerkonich-Alternative Seating \$768.04

- Lori Lays-Hokki Stools \$443.80

- Heidi Howard, Lauren Lehmann, Clarissa Dadhita, Lori Lays, Michelle Studwell-Beyond School: Think Tank Support \$300

Gateway/Columbine:

- Michele Studwell-Cubelets Robotics \$483.32/\$966.65

Summit Elementary School:

- Val Brown-iPad Title 1 Lab \$916

- * Brenda Goolsby-D.R.U.M. Discipline, Respect, Unity through Music \$700

- Mary Crade-Summit Gardens \$964.98

- Diana Roberts-Microscopes for Science-Summit HEA program \$474

Woodland Park High School:

- Cat Becker/Nate Owen-Climbing Wall Equipment \$420

- Cat Becker/Josh DeSmidt-Buoy Seating for the Classroom \$190

Woodland Park Middle School:

- Elizabeth Barry-Video Production and Broadcast Journalism \$1,000

- Justin Benjamin-Infrared Thermal Camera \$249

- Mindy Wiley-Girls STEM \$150

Grand Total: \$9,025.79

The general intent of an educational foundation is to provide funding for activities that are beyond the scope of traditionally supported school district activities. The Woodland Park School District Foundation, which was incorporated in 2005, is a separate entity from the school district. According to their mission statement, the foundation supplements the district's educational programs by partnering with the community to provide students and staff with opportunities that would otherwise be unavailable.

Seeking musicians and vendors for AMF

The Little Chapel Food Pantry is planning their Alpine Music Festival for July 8 this year in Divide, Colorado. They will have two stages and are looking for local talent. If you are interested in scheduling an audition email littlechapelfoodpantry@outlook.com or call Ken or Judi at 719-322-7610.

They are also seeking vendors for food, artisans, crafters, and designers of home-made items are welcome to apply. Booth space is 8X10 and only \$50. See email and phone above.

HIGH SPEED INTERNET

Is Here!

PERFECT FOR MOUNTAIN HOMES

- Up to 12 Mbps download speeds
- Available virtually anywhere
- Trustworthy, reliable pricing with our 3-Year Price Lock Guarantee

Call Internet Colorado Today!

719-838-0964

Internet-Colorado.com

Elite

EXEDE DEALER

Service is not available in all areas. One-time standard installation fee may be charged at the time of sale. Minimum 24-month service term. Monthly service fee, equipment lease fee and taxes apply. Offer may be changed or withdrawn at any time. The price lock guarantee applies only to the standard monthly internet service fee and the monthly equipment lease fee (in each case, before any promotional discounts) and excludes all taxes and surcharges. Speeds are "up to," are not guaranteed and will vary. Exede is a registered service mark of ViaSat, Inc.

NEW & Re-Furbished

BLOWOUT SALE!

March 3rd - 8th

Come see our booth @ the below shows, call or visit store for tickets!



COLORADO SPRINGS

6480 N. Academy Blvd., Colorado Springs
719-264-0112 • www.Arctic-COS.com



WE GIVE SPECIAL DISCOUNTING TO MILITARY, POLICE, FIREFIGHTERS, EMERGENCY PERSONNEL & TEACHERS.

Hilltop MARKET

1409 SOUTH NINTH ST. CANON CITY, COLORADO (719)-275-2822
HILLTOPMARKET.NET
WE ACCEPT COLORADO QUESTCARD AND MOST MAJOR CREDIT CARDS

HILLTOP'S MEAT BUNDLES
WE PACKAGE EACH BUNDLE JUST FOR YOU!! IT MAY TAKE SEVERAL DAYS. PLAN AHEAD SO YOU'LL NEVER RUN SHORT OF YOUR FAVORITE CUTS!!

FREEZER FAVORITE	FAMILY BUDGET BUNDLE	SUMMER GRILLER'S SPECIAL
3 Lbs. Pork Chops	6 Lbs. Pork Chops	5 Lbs. Lean Ground Beef Patties
4 Lbs. Bulk Sausage	6 Lbs. Pork Steaks	3 Lbs. Tri-Tip Steak
3 Lbs. Round Steak	5 Lbs. Hilltop's Bulk Sausage	3 Lbs. Country Style Spareribs
4 Lbs. Boneless English Roast	10 Lbs. Lean Ground Beef	4 Lbs. Deli Beef Franks
5 Lbs. Lean Ground Beef	6 Lbs. Round Steak	Total Weight 15 Lbs.
10 Lbs. Grade A Fryers	6 Lbs. Sirloin Steak	\$5.42 Per Lb.
Total Weight 29 Lbs.	10 Lbs. Boneless English Roast	\$81.30 Approximate Total
\$3.32 Per Lb.	Total Weight 49 Lbs.	
\$96.17 Approximate Total	\$4.74 Per Lb.	
	\$232.23 Approximate Total	

HOME COOKIN' BUNDLE	PLENTY OF PORK BUNDLE	HILLTOP'S BEEF VALUE BUNDLE
3 Lbs. Pork Chops	3 Lbs. Pork Chops	30 Lbs. Lean Ground Beef
3 Lbs. Hilltop's Italian Sausage	4 Lbs. Bulk Sausage	6 Lbs. Round Steak
4 Lbs. Sirloin Steaks	4 Lbs. Country Style Spareribs	15 Lbs. Boneless Chuck Roast
6 Lbs. Boneless Chuck Roast	4 Lbs. Pork Steaks	7 Lbs. Boneless Short Ribs
3 Lbs. Cube Steaks	4 Lbs. Pork Cutlets	6 Lbs. Sirloin Steaks
5 Lbs. Lean Ground Beef	5 Lbs. Ground Or Cubed Pork	6 Lbs. Lean Stew Meat
5 Lbs. Grade A Fryers	Total Weight 24 Lbs.	6 Lbs. Rib Steaks
Total Weight 29 Lbs.	\$3.30 Per Lb.	6 Lbs. T-Bone Steaks
\$4.81 Per Lb.	\$79.29 Approximate Total	6 Lbs. Cube Steaks
\$144.43 Approximate Total		12 Lbs. Boneless Rump Roast
		Total Weight 100 Lbs.
		\$6.14 Per Lb.
		\$614.00 Approximate Total

Prices are subject to change without prior warning!!


The Thymekeeper



Mari Marques
1870 CR 31 - Florissant
719-439-7303
mugspad@aol.com
thethymekeeper.com

Herbs & Oils - Folk Remedies
Private classes available.


The Fragile Edge
Handpainted Glass, Knives and Gifts



AND
VICTOR ROCKS COLORADO
Rock Shop!

New Hours!
Open 7 days a week:
Mon. - Sat. 9 to 5 | Sun. 12 to 5

318 Victor Ave. ~ Victor, CO
windwhisperer2@yahoo.com
719-689-3444



Tumbling Trout
Fly Shop
38283 Hwy 24
Lake George



Guided fishing
Flies - Rods
boats and more
(720) 363-2092

HOW DOES YOUR GARDEN GROW?



Mountain Naturals
COMMUNITY MARKET

Organic Foods | Local Produce | Gluten-Free | Grass-Fed Beef | Pet Food

719-687-9851
790 Red Feather Lane • Woodland Park
Hours: Mon-Fri 9am-7pm • Sat 9am-5pm • Sun 10am-5pm

WE HAVE ORGANIC NON GMO SEEDS!



A Mountain Seed: Spring break butterfly

by Jessica Kerr

“Wait! Wait.” Brinkley laughed, “Go back to that one! I like that song!”
“Really?” I answered, incredulous.
“Good!” I spun the volume dial.

The speakers burred *Bills*: “I got bills! I got to pay! So I’mma work, work, work! Everyday...” we trilled and danced as much as the small space in my Camry would allow, laughing and smiling at the clever lyrics.

Warm grasslands blurred by. We sped through eastern Oklahoma flatlands; other than an occasional hill or tree, our drive was straight, fast, and boring. My little Camry hummed along smoothly, the golden grasses glinting in its pearly sable reflection. Ahead of us, the dark gray of the highway shifted and blurred in the midwestern heat. To the right and left, when our company was not grass, there were tiny sprouts of corn. If I stood amongst the baby plants, they would barely reach past my ankles.

The land gradually rose as time seemed to crawl by; a hill there, a hill here. The sky grew ever bluer. “When are we going to get to the border?” Brinkley asked. Over the past year, while I was at school in Oklahoma, she had become one of my dearest friends. It was she who I had asked to accompany me on a short trip home for spring break.

“Soon, I think. We just passed through Boise City, so —”

“What’s that?” We both squinted, our eyes and looked ahead. The brown and white rectangle zoomed past us: Welcome to Colorful Colorado!

“Whoa hoo!! We passed it!!” Brinkley yelled. I laughed and glanced over at her and we both paused for a moment, remembering that we were going to stop and take one of those famous tourist-y pictures by the old, brown sign. We resumed our chortling, giggling ever the harder.

“We can go back,” I said.

“No, that’s okay! We can take a picture on the way back.” Again, we glanced at each other, then burst into laughter again. “I just want to get there!”

Roughly four hours later, we stepped onto snow-covered ground and inhaled cold mountain air. It was dry and refreshing. I smelled soil, snow, and all of the scents of home. It was a breath of fresh air compared to the close, humid, midwestern climate. My brother’s house, where we made our first stop, was a cozy A-frame nestled amongst the rocky hills of Ranch of the Rockies. Wood-smoke puffed from its chimney as we talked the hours away.

Later, we arrived at my mom’s home. The stairs we tackled with a huff and a puff, lugging our suitcases behind us. After we each washed away the grime of travel and put on cozy flannel pajamas, we settled in with Mom to watch a good movie and eat a satisfying, home-cooked dinner. The next week held plenty of adventures, so we rested well.

Though we did many things, the most fun was definitely the time we spent with the snowy butterfly.

For those of you who don’t know what I’m talking about, my brother, Brinkley, and I took a 45 minute drive up a mountain to where the powder is deep and there is fun to be had. She had never been skiing or snowboarding before, until Spring Break 2016.



Sun was breaking over the feet of Sleeping Indian when Mike pulled into the driveway. Sleepily, we got into the car and drove through the twisty roads of the Rockies. Around 9 a.m. we pulled into the snow-packed parking lot of Monarch Mountain.

It wasn’t too long before both of them were waiting impatiently in the chilly mountain air. “Don’t you wish you were a snowboarder, Jess?” Mike chuckled.

I struggled with the clasps on my unforgiving ski boots. Even after they were buckled, they made it harder for me to walk than a stork with no joints. Finally, we were stomping up the metal-grated stairs and sitting in line for Brinkley’s rental. When she got her board and finally knew where to go for her lesson, Mike and I made a break for the lifts.

Getting back into skis for the first time in a year is always difficult for me. I’ve been skiing since I was nine years old but only one day a year. I would improve each year but slowly, and the first 30 minutes of every short day was spent remembering how to do things correctly. I begin on the bunny hill and work my way back to where I was the previous year. I always seem to get comfortable with greens (easiest) and want to ski a blue (intermediate) but never work up the guts for it by the time the sun goes down.

I love speed, yet I’m terrified of losing control. When I was small, I loved to sprint. As I grew up, my love for sprinting increased. I ran track and loved every moment. Riding horses, I loved to jump creeks and race up the hills. I find this ironic because I’m simultaneously scared of one of my greatest joys. Galloping horses, though I’ve been riding my whole life, is one of my greatest fears. Even though I daydream about taking on the toughest double black diamond (extreme terrain), racing myself down the steep mountain, I can’t do it. I’m terrified of losing control.

There would be a day when I would face my High Anxiety and take a Tango across the Outback and face the Orcs in Mirkwood, but I was determined it would not be that day. I had zero intent. I was out of shape anyways and didn’t feel much like venturing out of the green hills, where I was most comfortable. Of course Mike would want to go down the steepest hill he could find. He loved anything that would give him a rush.

“Did we get on Tumblelina or Breeze-way?” the wind racing through the lifts threatened to take my brother’s words away.

It was cold and my black gator flapped against my face, guarding the warmth inside.

“I don’t know. You’re the one who knows this mountain better,” I replied, muffled by my gator.

I glanced over at him and he was silent. It was no use saying anything as trivial as “Oh” or “Ah” with the wind as fierce as it was. The lift pulled us higher and higher. Faded Mardi Gras beads hung from the evergreens here and there, gusting to and fro with the wind.

We reached the top and I saw a fancy-looking gate to my right. Wait. Isn’t that the terrain park? I thought.

“Oops,” Mike laughed. “Sorry. I thought we took Tumblelina.”

The short lift named Tumblelina was the route I was most familiar with, the one that had the most green slopes. The one I wasn’t so fond of was Breeze-way, where the only way down was either through the blues, blacks, or double blacks. I had never ridden Breeze-way because I was scared the blacks and blues might make me black and blue. Even the gentlest slope on this run looked scary to me, and as I stared down Little Mo, my stomach twisted and my hands became a little shaky.

I can tell you that I safely reached the bottom, without a single fall (though, to be truthful, I came close many times). I am proud of that. Perhaps some other time I will describe what it felt like to be forced out of my comfort zone. However, it is one of my favorite moments and writing this reminds me that I need to verbally thank my brother for that.

At lunch, we sat in the warm car and munched on turkey sandwiches. Brinkley was finished with her lesson so we spent the rest of the day with her, Mike helping her learn how to snowboard. I was utterly useless because the one time I tried to snowboard I couldn’t even make it up the kiddie slope’s lift. I became the videographer and documented her first time snowboarding instead.

It’s safe to say that we made a snow bum out of her. She plans on buying a board someday and getting to know the sport really well. I, on the other hand, was ready to take a nap and cuddle with my dog on the couch in my long Johns.

No spring break trip ever lasts long enough. I was glad to go home and share some of my favorite things — especially snow sports — with one of my fantastic new friends. A week in the mountains is far better than one on the beach.



Native Plants of the Ute Country Showy Milkweed *Asclepias speciosa* Torr*

by Mary Menz
photos by Mary Menz

Warming temperatures and longer days make us dream of all things spring, especially the greening up of the snow-drenched landscapes and the coming wildflower season. One wildflower to look forward to is Showy Milkweed. It appears in all of Ute Country’s four counties: Chaffee, Fremont, Park, and Teller to an elevation of approximately 8,000 feet.

Generally, this plant loves gravelly ditches on roadsides. Once you spot one this season, you’ll not miss any more of these beauties in your travels. The big globes of individual pink flowers balance at the end of a sturdy green stalk with long and wide leathery leaves. Its winter “foliage” is beautiful as well and makes for interesting dried arrangements after the seeds have popped open from their distinctive pods and have drifted away on their silky parachutes.

Those silky parachutes are great to help the wind-dispersed seeds find a new home, but they have been used historically for other purposes as well. They have been used to stuff pillows and mattresses, used as tinder to start fires, and during World War II were used as a substitute filling for life jackets. Until that time, life jackets and preservers were stuffed with the seed fiber from the kapok plant, found on the island of Java. When Japan occupied Java, the Allies had to find a new source of fiber stuffing and domestic milkweed fulfilled the need. Two bags of milkweed fiber stuffed one life preserver.

The ONLY food source of Monarch larvae

Monarch butterfly larvae rely on many species of milkweed regionally — not just the Showy Milkweed. The milky white substance in the leaves and stalk is poisonous to animals, yet offers a unique protection to the developing caterpillar. This substance, which contains deadly cardiac glycoside, provides the only nutrition needed for the larvae and even remains in the butterfly after its metamorphosis from the chrysalis. This explains why the monarch

larvae and butterflies are poisonous to most of its potential predators, many of whom have learned to avoid the brightly colored insects that eat the milkweed plant.

Yet, there are some successful predators including ants, wasps, and spiders, as well as parasites. Two song birds especially look forward to eating monarch butterflies at wintering sites. Black-backed Orioles (in Mexico) and Black-headed Grosbeaks (in the U.S.) have special digestive adaptations that allow them to eat the adult monarchs without suffering from the toxins that build up and then decay in the butterfly body. In fact, these two bird species can account for 15 percent of total monarch butterfly mortality annually and up to 60 percent in some years.

Feeding butterflies and moths

There are other insects that also rely on the milkweed plant. The tussock milkweed moth is one of them. It relies on milkweed as its sole food source, as does its larvae. Both forms of the insect sport the same warning colors as the monarch larvae and butterfly: black, white, and orange. In places where monarch butterflies are scarce (such as at higher altitudes), the tussock milkweed moth is often abundant.

Adult monarch butterflies and tussock moths have no need for the milkweed plant except to deposit their eggs there in safety. With their eggs safely deposited on the milkweed plant, they move on to drink nectar of all kinds — from fruit trees and other flowering plants — as well as fruit set out on dish feeders. Apparently, watermelon and bananas are favored fruits.

Planting native plants in your garden is a sure-fire way to attract valuable pollinators like butterflies, moths, and bees. Some people even provide human-made nectar on sponges in shallow dishes to supplement what the brightly-colored garden plants provide. In Ute Country, that’s not always a good idea, however, unless you plan to bring



Showy Milkweed in all of its flowering glory.

it in at night. Be bear aware.

It’s important to also provide a water source for garden insects. Any shallow dish or depression in a rock can serve as a watering station. Make sure that there is something for the insects to step on without drowning. Use marbles, small rocks, and twigs in the shallow water.

Children are especially happy to create and monitor this kind of project. First, check out the book *Hurry and the Monarch*, a beautifully illustrated book by Meilo So and written by Antoine O. Flathearta. Then share with children the monarch lifecycle and watch them become keepers of the milkweed.

*American botanist John Torrey named this species in 1820.

Mary Menz is a naturalist and Colorado Native Plant Master. She loves to search for — and find — native plants. You can reach her at snowblossom@gmail.com.



In Ute Country, the monarch butterfly is scarce, but we do see tussock milkweed moth larvae devouring the Showy Milkweed.



After dispersing its seed in the fall, the sturdy milkweed stalk makes a nice addition to dried arrangements.



AMERICAN OVERHEAD DOOR

Fremont, Park, and Chaffee Counties contact Gary DeJong:
719-530-3000 • gary.AOD@hotmail.com

Teller and El Paso Counties contact Andrew Sample:
719-538-9900 • andrew.AOD@hotmail.com

www.WeDoGarageDoors.com

Commercial and Residential

New Construction
Replacements and Repairs
Doors, Openers and Gate Operators

4336 N. Nevada Ave., Colorado Springs, CO 80907
Intersection of Garden of the Gods Rd. and Austin Bluffs Pkwy

136 W. Highway 50, Salida, CO 81201

Celebrating 30 Years!
Excellent Service with Affordable Prices



WOODLAND PARK WINTER MARKET

TELLER COUNTY FARMERS MARKET ASSOCIATION

UPCOMING MARKET
SATURDAY, MARCH 11TH
9AM-1PM

MONTHLY INDOOR MARKET
SECOND SATURDAYS
NOVEMBER-MAY

UTE PASS CULTURAL CENTER
210 E. MIDLAND AVE
WOODLAND PARK, CO 80863

FOR MORE INFORMATION:
WPFARMERSMARKET.COM

FACEBOOK.COM/WPFARMERSMARKET

"like" us on facebook

WOODLAND PARK FARMERS MARKET

Be Ready For St. Patrick's Day!

Wine and Beer tasting every Friday 5-7pm.
Free food and music.

Gold Hill Wine & Liquor

Gold Hill South Shopping Center • 797 Gold Hill South • 719-687-9149

Check us out on facebook@GoldHillLiquor.com

Cat up the tree

by Flip Boettcher

It's the classic story of fire-department-rescues-cat-up-a-tree, but with a Guffey twist. Some time just before Christmas last and before the sub-zero weather, a large, friendly, fluffy tabby cat with a red collar, no name of course, appeared at Lani Gossett's door. Gossett lives in Guffey-town by the post office.

After Gossett ran out of sardines and a potato which the cat ate, Guffey-town resident Rita Mick provided some cat food and encouraged Gossett to let the cat indoors because it was so cold.

About a month later, January 24, Gossett and her husband Fergie Ferguson left "Tabby" outside while they went to Cañon City. Upon coming home before dark, there was no Tabby. The next day there was a post on Guffey Shares about a mountain lion that had been spotted roaming through Guffey-town the day Tabby disappeared.

Of course, Gossett thought the mountain lion had gotten Tabby, but a couple of days later, Gossett thought she heard Tabby meowing, but no sight of him.

On Saturday, four days later, the meowing was louder and more regular. Gossett finally located Tabby in the huge pine tree between the post office and her house.

The first attempt to rescue the cat failed because the 20 foot ladder didn't even reach the first branch of the tree.

A second attempt that evening to lure Tabby down with tuna also failed. Gossett put in a call to the fire department and John Buckner offered to come the next morning, January 30, six days in the tree, to rescue the cat.

As Buckner climbed high to rescue the cat, Tabby climbed higher, as the third rescue attempt failed. Sometime later that same day, Fire Chief of the Guffey-based Southern Park County Fire Protection District, Eugene Farmer, brought his hook and ladder fire truck, which



Fire Chief Eugene Farmer uses his hook and ladder to reach Tabby.
photo by Melody March

his family gave him several years ago for Father's Day. He extended the approximately 120 foot ladder above the cat and Tabby raced down the tree! Tabby would probably have come down by himself eventually. How many cat skeletons have you seen in trees!

Tabby is safe and sound at home now days and may have a name change to Tiger.



Lani Gossett and Tabby in the kitchen after being rescued from the tree. photo by Flip Boettcher

Ice fishing in March

by Jeff Tacey

photo by Jeff Tacey

With the warm weather the past couple of weeks it looks like it's going to be an early ice off. It could turn cold again, but watch it on the ice.

The other day at Skaguay Reservoir it had thawed out about a foot around the shoreline and refroze, which makes it tricky getting on and off the ice by shore. Although once we were on the ice it was around 20 inches thick where we were fishing.

The higher lakes will have ice longer. One of my favorite late lakes is Cottonwood Lake just west of Buena Vista. The fish are not large but are willing biters. Average size is 9-12 inches with occasional larger trout. Try using small pink lures with wax worms. In years past at Cottonwood I've had 2 feet of snow, several inches of slush and water to get to the ice which was 3 feet thick.

Another late ice-thawing option is Turquoise Reservoir just west of Leadville. It can be a struggle getting on the reservoir unless you have a snowmobile. I've had to walk 200 yards in the thigh deep snow from the dam parking lot to get on the ice. The



Nice fresh catch of the day.

rainbow and lake trout make it worthwhile most of the time. Try by shore for rainbows with small Kastmasters and meal worms. Jig the deeper water with sucker meat on the three inch tube jigs, airplane jig, or large red-eye spoon for lake trout.

Check the 2016-2017 Colorado Fishing guide for all rules and regulations.

Martine Walker new principal in Guffey

The Guffey Community Charter School Board of Directors is pleased to announce the hiring of a new principal/administrator for our school. Martine Walker, presently living in Colorado Springs, was hired after an extensive search that began in August of this past year. The present administrator, Pam Moore, will be retiring as of the first of July, which is when Mrs. Walker will be taking over her duties at the Guffey School.

Martine brings a wealth of managerial and business expertise to our school with over 15 years of business management experience, having run her own business for many years as well as running the businesses of others. She is a graduate of the University of Colorado at Colorado Springs with a B.A. in Psychology. As a life-long learner, Martine holds certification in teaching English as a second language, as well as being a Certified Nurse Assistant. Other areas of academic interest

include education, fine arts and biology.

Martine is very excited to be moving to Guffey with her family. She has longed to live in this community for some time, having visited often when her parents owned a home in the area. Martine spent her childhood living in a small rural community in western Virginia along the Shenandoah River. This is where she developed her life-long love and curiosity of nature and embraced the tangible benefits of living in a small rural community.

Martine comes to our school with an understanding and respect for the educational program that the Guffey School provides for the children of this community and we look forward to her first year and those that will follow.



2nd Annual CC&V Pioneer Dinner & Silent Auction

by Kathy Hansen

photos by Jeff Hansen

We expected dinner, a little music, and a silent auction but we experienced so much more on February 16, 2017 at the Cripple Creek & Victor School Cafeteria.

There was music throughout the evening beginning with acoustic guitar and vocals as guests arrived, took seats, and perused the auction items. An adult ticket price was only \$5 and were either red or blue (meat or vegetarian lasagna choices) and we indicated our salad dressing choice on the back with an "I" for Italian or "R" for Ranch.

The evening opened with the Pledge of Allegiance. Then the chorus and music director, David Dunkin sang our National Anthem a capella as I'd never heard it before! We were surrounded by angelic voices filling in each note and harmonizing beautifully. I don't think there was a dry eye in the crowd.

The meal was served as we enjoyed individuals singing, duets, the band, the chorus and many combinations of the above. Annie Durham accompanied on piano and David Dunkin played guitar and clarinet. Many thanks to the musicians and their leadership as all performances were very polished and enjoyable.

Both the meat and vegetarian lasagnas were very well prepared. The vegetarian had a very delicious blend of flavors and the cheesy topping had been baked to perfection! The students not only made the lasagna, but also collected our tickets, offered



us punch and very politely served our meal; making excellent eye contact, clearly enunciating while speaking and all with a smile! Their professional service and attending to each diner's needs were impressive.

The array of silent auction items generously provided by local businesses ranged from Gold Camp Bakery to the Butte Theater and many more filled the table.

Jeff commented, "Anyone who didn't show up tonight really missed out and would be crazy to miss it next year."

find it in
FLORENCE
"the antique capitol of Colorado"

ANTIQUE
FOOD
WINE
BEER
LODGING
GALLERIES
HISTORY
MUSEUM

The Short Drive That Goes A Long Way!

LEGENDS & LACE ANTIQUES
The Rare, The Unique & Everything In Between
181A West Main Street
Florence, CO 81226
719-784-2274

Custom Lamp Shades
Hand Sewn
Consignments Welcome
Sarah@HatsandShades
BySarah.com

Blue Spruce Gallery Art and Antiques
"The Best of Both Worlds"
Fine Art and Crafts,
Select Antiques in a Victorian Setting
205 West Main, Florence, CO
719-784-1339 bluespruceart.com

The Fox Den Of Antiquity
123 West Main - Florence, CO 81226 - 719-784-2303

Heartland Boutique
128 East Main St
Florence, Colorado 81226
Elise Ore / Owner
719 784-7620

Studio & Gallery
Blue Frog
123 1/2 W. Main, Florence, CO

BARN & BARREL
farm fresh to barrel aged
Antiques, Art & Architectural Salvage
115 West Main Street
Florence, CO 81226
719-784-1172
facebook.com/barnandbarrelflorenceco

THE VICTORIAN CHURCH INN
A Serene, romantic getaway
719-431-3592
302 E. 2nd Street
Florence, CO 81226
brierleybarb@yahoo.com
call/text/email for reservations

Antique Warehouse
Vintage Lighting & Western Accoutrements
Virginia Lindley-Brunn • Michael Brunn
110 E. Main Street • Florence, CO
719.372.1016 • mvh876@gmail.com

Florence Antique Mall
Specialist in Asian Antiques
103 W. Main St. • Florence, CO
orientalia@msn.com
719-338-1628

SPIRIT RIDERS
WESTERN EMPORIUM
Antiques, Boots, Tack, Jewelry,
Steampunk & Vintage Attire,
Art & Books by Barry Brierley, Etc.
111 W. Main • Florence, CO 81226
(719) 784-2231/431-3200 Open 7 Days A Week 10 to 5

Loralee
109 W. Main
30+ Vendors
Antique Mall
10,000 Sq. Ft.
30+ Vendors
Loralee Design Fabrics
Entire Collection
300+ Bolts
Bring Ad in for Free
Fat Quarter
1 - per purchase
Boutique Upstairs
719-784-3797

Blue Heron
Antiques, Arts & Gifts
125 East Main Street
Florence, Colorado
blueheron125@gmail.com
719-784-7598
Like Us on Facebook

HUNGRY BEAR
Family Restaurant

BURGERLICIOUS MARCH!
Quarter Pound Cheese Burger Served with French Fries!
\$6.95 Served Monday thru Friday only

Happy St. Patrick's Day!
March 17th & 18th
Corned Beef & Cabbage

WEEKLY SPECIALS:
Mon - Salisbury Steak
Tue - Slow Roasted Turkey
Wed - Open Face Hot Roast Beef Sandwich
Thu - Corned Beef Rubeen
Fri - Papa Bear's Meatloaf
~Homemade Soups Daily

111 E. Midland Avenue • Woodland Park • 719-687-5912

BIG TIRES
www.bigotires.com

Get Ready For Safe Spring Break Travel!

Stop By For:
• Free Rotation • Free Battery/Alternator Test • Free Belt & Hose Inspection
• Free Alignment Check • Free Brake-Strut Inspection • Top-Off Vital Fluids

\$20 OFF Conventional 5 Quart Oil & Filter Change
OR \$20 OFF Full Synthetic or Diesel Oil Change
Offer good for most vehicles through 3/31/17. Includes up to 5 qts. conventional oil. A shop supply and/or fluid disposal fee may be additional.

\$20 OFF Any Fluid Exchange Service
Save \$20 on any transmission, radiator, fuel injection, power steering or differential service.
Offer good for most vehicles through 3/31/17.

\$20 OFF All-Wheel Alignment
Maximize the tread life of your tires and the performance of your vehicle's steering system.
Offer good for most vehicles through 3/31/17.

\$20 OFF Any Product OR Service
Take \$20 Off any regular-priced product or service purchase of \$100 or more.
Offer good for most vehicles through 3/31/17.

Touring/Passenger	Truck/SUV/Crossover	Low Profile/Performance
ALL-SEASON	ALL-SEASON	LOW-PROFILE
195/60R15 \$40.95	235/75R15 \$75.95	215/50R17 \$57.95
195/65R15 48.95	235/70R16 81.95	205/50R17 58.95
205/65R15 49.95	265/70R16 93.95	225/45R17 59.95
225/60R16 56.95	265/75R16 96.95	215/55R17 65.95
205/55R16 58.95	265/70R17 104.95	225/55R17 71.95
235/75R15 69.95	31x10.5 R15 117.95	225/50R17 74.95

Many other sizes available
Tread designs may vary

WOODLAND PARK Highway 24 & Chester 687-6682 SOUTH NEVADA S. Nevada 2 Bkcs S. of I-25 . . . 473-7089
POWERS CENTER Powers & Palmer Park 550-1840 AUSTIN BLUFFS Austin Bluffs & Barnes 599-4555
WOODMEN RD Woodmen & Rangewood 268-9988 FOUNTAIN/WIDEFIELD N. of Walmart on Camden . . . 392-4203
FILLMORE Fillmore & Prospect 520-0722 MONUMENT Safeway Center 488-2299

THE TEAM YOU TRUST™



Tommy Knocker Consignment
LAKE GEORGE, CO 80821

We buy Gold Nuggets and Raw Gems!

Prospectors' Accessories!

ANTIQUE TO ANTIQUITIES

MAN CAVE GOODIES

COLLECTIBLES


LADIES HANDBAGS & JACKETS

NUT HOUSE HOURS:
WEDNESDAY • THURSDAY • FRIDAY 10-4 | SATURDAY 9-2
CLOSED SUNDAY • MONDAY • TUESDAY

Hartsel Lake George Florissant Divide
Park County 96 Teller County 1 US Hwy 24 Hwy 67

38334 HWY 24, LAKE GEORGE • 719-838-0521 PHOTO/TEXT

WE WANT THE BEST FOR YOUR CHILD!




Woodland Park School District
'Elevate Your Education'

Students at WPMS are encouraged to explore all of their strengths and interests to pursue their passions. Becoming a well-rounded person includes academics as well as athletics, music, and many other choices of extra-curricular activities.

Right: Kyla Wells ~ 8th Grade Woodland Park Middle School

A WELL-ROUNDED Education!



"Staying focused and managing my time helps me as a student and athlete."

THE CHOICE OF WPSD IS THE BEST CHOICE!

For more information: 719.686.2000 www.wpsdk12.org

One Nation Walking Together

Food for thought

by Kelsey Comfort

Last summer, One Nation Walking Together (ONWT)'s Executive Director Kathy Turzi visited Navajo Nation in New Mexico. She brought along a large group of volunteers to personally deliver a truck full of much-needed items such as beds, medical supplies, roof shingles and food. The father of one of the families receiving assistance was there to greet everyone.



All of the volunteers packed a lunch for the day. ONWT brought along extra food, hoping the father would join them for the meal. Well, to their surprise, this man who knew Turzi only from their previous phone calls to coordinate the trip surprised all 13 people with a lunch of pork chops, veggies, bread and drinks. The food covered the entire table. It's hard to imagine all of the time and effort this must have taken.

After lunch, Turzi helped the daughter clean up and she insisted Turzi look in the fridge and the small pantry. "Look, look at all that food!" she said. The only items in there were from the boxes of donated food ONWT had delivered. The fridge and pantry were both empty when volunteers arrived. The food everyone was served was all that the family had. The only reason there was any food in the house is because of the food from ONWT's donors that was gifted to the family.

This generous expression from Native people on the reservation is not uncommon — sharing gratitude and love is the Native way. Food, however, is scarce for too many families. Grocery stores on the reservations are often the size of a gas station or convenience store. With the limited selection and supply, the food is more expensive, and the next grocery store can be anywhere from 30 to 90 miles away. Children also often have to rely on the school for daily meals. Please continue to help ONWT stock the cabinets, pantries and most importantly bellies of the people they serve.

During March and April, One Nation will be holding its Annual Food Drive. ONWT's goal is to collect 10,000 pounds of non-perishable food items to help ensure that Native People do not go to bed hungry. Some of the most-needed food items include: canned meats, canned/dried fruits and vegetables, soups, sauces, juices, nuts, cereals, canned and powdered milk, rice, pasta, beans, canned meals, infant formula and baby food.

Through your gift whether it be non-perishable food or a monetary donation, you help One Nation put an end to hunger. From your cash, check or credit card donation, 95 cents of every dollar donated directly supports the Native people. For more information, email office@onenationwt.org or call 719-329-0251.

Native American Hunger Statistics

- The U.S. Department of Agriculture defines "food insecurity" to include resource constraints leading to serious problems such as the family suffering hunger, or being unable to purchase a balanced diet or enough food for their children, or the parents skipping meals so the children can eat.
- The Native American community suffers from a much higher rate of food insecurity and hunger than the general population.
- The rates of food insecurity and hunger among Native Americans are twice the already too high rates for the general U.S. population, and three times higher than the rates for White Americans.
- Hunger may flatten the normal curve



Most food on the reservation costs 30 percent to 50 percent more, and those who have to buy it are among the poorest residents in the country.

- of growth, with more children being overweight and more children being overweight.
- Hungry children can be overweight, underweight, or normal weight.
- High fat, high caloric foods increase satiety (the feeling of fullness) and may be eaten when there is not enough money to buy food.
- Risk factors for hunger are very similar to those of obesity: genetics, race and poverty.
- Healthy food is hard to come by on some reservations. Fresh fruit or produce may be non-existent in some reservation communities.
- Some reservations have no grocery store. People shop at the reservation convenience stores.
- Most food on the reservation costs 30 percent to 50 percent more, and those who have to buy it are among the poorest residents in the country.
- Over the course of a month, probably 30 percent to 50 percent of reservation members don't make it to a real grocery store. Typical reasons are no store, not enough money, no transportation, the distance is too far (they live too remotely), or they are disabled. (http://www.nativepartnership.org/site/PageServer?pagename=press_hunger)
- American Indian/Alaskan Natives only households are much more likely than other households to be food insecure—the most recent available data (Current Population Survey [CPS] 2006–2008) indicated that 23 percent of AI/AN households (nearly one in four) were food insecure versus 15 percent of all U.S. households in 2008.
- In Indian Country, access to food can be a challenge. Many reservations have significant food deserts, which are defined as low-income communities without ready access to healthy and affordable food (Ver Ploeg et al. 2009). Isolated settlements create logistical and cost challenges, limiting people's ability to access affordable nutritious food because they live far from a large grocery store and do not have easy access to transportation. (<https://www.fns.usda.gov/sites/default/files/IndianCountry.pdf>)

Editor's Note: If readers are interested in making a donation to ONWT (DAPL or general donation) but cannot easily drive to Colorado Springs please contact us at the Ute Country News as we will do our best to arrange transport.

Adopt Me by AARF

Sheba

Sheba, or our little Kangaroo, is a lively shepherd mix around 18 months old. This high energy and affectionate girl enjoys playing with most other dogs, preferably male, although cats are questionable. She would be fine with children, but needs to be in house where she can burn off her energy; there is a reason we call her Kangaroo! To meet her call AARF: 719-748-9091



Reiki Heaven and Earth

A better understanding of Reiki, part II

by Olga Daich

I have experienced different situations during various Reiki sessions. In the beginning I didn't understand most of them, however I couldn't deny them either. These situations could go from distant healings, past-life healings, messages from relatives of my Reiki patients who had passed away, connection with spiritual guides who guide my hands through a Reiki session, and more. Some of the Quantum physics principles provided me the scientific explanation of them. Here are some of these principles:

Atom duality

Atoms can behave as waves or particles depending on the observer.

Superposition

Particles can be in two or more places at the same time. Quantum particles can communicate with themselves in the past and the future.

Entanglement

Two particles can be connected over large distances.

Now, additional information to consider: Per new discoveries, there is an intelligent FIELD of energy that connects all of the Universe. Some people call it the matrix, the consciousness, the mind of GOD, the Hologram. Some experts describe the FIELD as an electromagnetic field. This is a FIELD that contains the WHOLE information.

Here is something to think about: The whole physical world is made of atoms, including our physical body. If we are made of atoms and atoms can behave as waves or particles depending of the observer, and WE are the observer. So, are these concepts telling us we have the power to change our physical world?

One question that had been on my mind for long time was, "How can I see the same chair, car, table, wall, mountains, colors, and so on that everybody else sees?" Why are we sharing the same information from the physical world? The FIELD was my answer. Since we all are connected through the FIELD, we share the same information. I heard before that whatever a human does will affect all of us, even if he or she is living in the other side of the planet.

We pick information from the FIELD without being completely aware of it! It means good and bad information comes to our own FIELD without a filter. Do we realize how much low energy information we are receiving from our surrounding world? We don't have to watch the news on the TV to get sad, worried, or angry. In a subconscious way, we are receiving all that information even without turning the TV on.

Well, I didn't like that. I wanted to think that turning off the TV was enough!

Fortunately, one of the ancient spiritual teaching traditions came to me with the answer.

Hooponopono is the name of this ancient Hawaiian technique. Through the practice of this spiritual technique, we take responsibility for what is "out there", and taking responsibility is only the first step to learn how to clean all this low frequency information from our subconscious.

I will share with the lector my prayer: I pray to GOD through my conscious mind, to help me in cleaning the low frequency

information I have in my field, which I am not aware of it because it is sitting in my sub-conscious mind. I pray to be able to shift that information and I pray I can send back to the FIELD new information carrying feelings of love, peace, compassion and unity.

Another concept to think about is electromagnetic fields. I am sure most of us have heard before about EEG or ECG. The medical field has been using ECG and EEC to measure the heart and brain electric activity. Nowadays science is capable of measuring electromagnetic fields in our brain and heart through the magnetoencephalogram and magneto cardiogram (MEG and MCG).

The HearthMath institute in California has been studying these fields. Through a series of scientific experiments they describe how the heart and brain show a different response to different emotion. According to them, we are connecting to the FIELD through our electromagnetic field in our heart.

This information coming from the HearthMath institute was very interesting for me since it brought me an explanation of concepts like "intuition".

The information is there, on the FIELD. When we get connected to this FIELD we can "read" information that is already there. In my opinion, during a Reiki session I can get connected with different realms or dimensions through the FIELD. Scientists speak about 11 different dimensions. We are in the third dimension. Autistics kids are coming from the fifth dimension.

The whole physical world is made of atoms, including our physical body.

The information coming from the FIELD also influences our DNA. Epigenetic is a new field of medicine that has been studying how the environment affects our DNA.

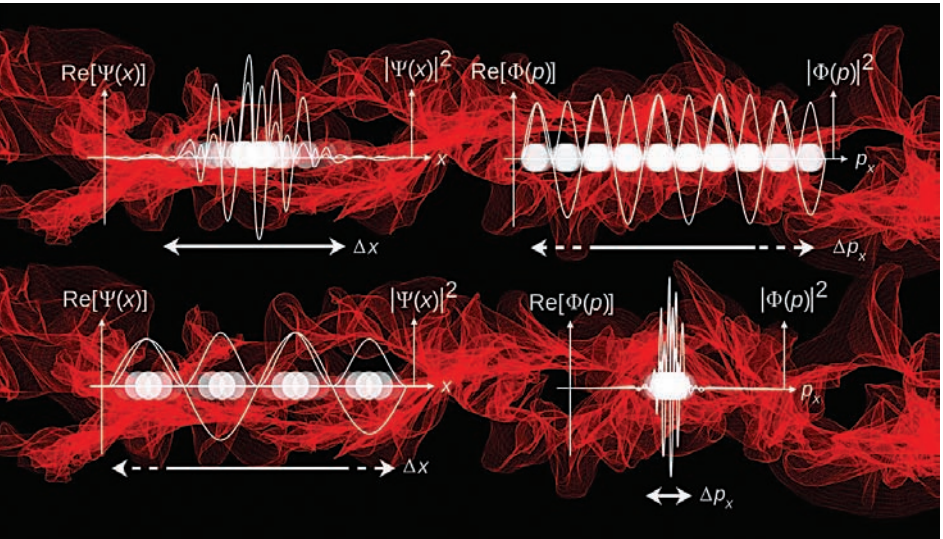
According to Dr. Bruce Lipton and other researchers, genes are not responsible for our DNA information; it is the environment that is responsible for most of our DNA information.

I will leave the lector with another of my beautiful experiences during a Reiki session. I will describe here my first experience of contact during a Reiki session with people who had passed away.

Jane came to my Reiki room with a nice smile on her face. I liked her as soon as I saw her. She must be in her early 60s. We introduced ourselves. We didn't talk about her reason for wanting the Reiki session. She told me this will be her first Reiki experience and as I usually do, I explained to her a little about Reiki.

Jane lay on the Reiki table. I prepared myself for the session; I asked permission to do the Reiki and prayed for guidance during it.

After asking for her level of energy I started checking her chakras. When I got to her fourth chakra (located right next to our heart) my pendulum gave a big counter clockwise turn. Her fourth chakra was closed, but I knew there was something else going on. I could feel that she had a broken heart. The feeling that I got at that moment was so powerful that I had to tell her, "You have a broken heart." She opened her eyes,



looked at me and started to cry. She said "My husband pass away a year and a half ago." I gave her my condolences and asked her to close her eyes again and try to relax.

I started to clean and balance her chakras. When I moved to the fourth chakra I heard a voice. It was a male voice, he said "She has a job, she is working with kids, she is thinking about quitting that job. Tell her I don't want that. She needs to keep that job."

This voice caught me by surprise. I started thinking that I was getting crazy, my mind was playing with me. I remember thinking "I am not going to say anything to her! This is crazy! But I felt this very strong presence. I could feel that he was pushing me to give her his message."

I finished the Reiki with a battle in my mind. I couldn't stop the feeling of being trusted by her husband to give her his message. I never saw this woman before, I didn't have a clue about her life before or after her husband died. It was very hard for me to decide, but I knew that I would regret not telling her what he said.

I asked her to take three deep breaths and slowly open her eyes. I told her "I am sorry but I would like to ask you a few questions." She said "ok." I asked her "Do you have a job with kids?" She said "yes." I asked her "Are you thinking about quitting that job?" She answered me with wide open eyes "How do you know!?"

I told her, "Your husband told me that he doesn't want you to quit your job."

She started crying and telling me that for

a long time she was thinking about quitting the job, but she loves the kids. She didn't know what to do. She wasn't feeling strong enough to make that decision.

Jane told me she enjoyed working with these kids. They were bringing her joy. The moments she shared with the kids were helping to ease the sorrow of her loss. She even described the job as "therapeutic time".

I didn't ask her the reason that she wanted to quit the job. That wasn't important.

Jane's husband's message made a lot of sense to her. She recognized the importance of these kids in her new life without him.

This Reiki session was a blessing for me because It prepared me for more communication experiences with those who have passed away.

I would like to clarify that I don't look for this type of communication; it is not a decision that I make. If the relatives of my Reiki patients want to send a message, I can become the channel for that message, but it doesn't depend on me.

Reiki has been a beautiful learning experience in my life. Writing about Reiki, energy and spiritual experiences wasn't an easy decision. I have to thank my dear husband for his support and for pushing me on that direction....I got my freedom in doing that.

If you have any questions or want to contact me for a Reiki appointment you can reach me by email:olgacely@hotmail.com Please write REIKI as a subject in your email. Namaste.



Lenore Hotchkiss
Real Estate Broker
(719) 359-1340

Dazed About Selling Your Home?

Are you wandering around your house, not sure where to start? If you are a confused procrastinator, just get in touch with me - I love telling people what to do to prep their home for highest value.

Keeping you motivated throughout this sometimes grueling process takes a professional. I'll remove anxiety, negotiate on your behalf, and provide very competent representation.

Get in touch for an appointment and put my 24 years of being a top broker to work for you. The spring season is nearly here, and it should prove to be a whopper of a real estate market.

LenoreHotchkiss@gmail.com
509 Scott Avenue, Suite 101 / P.O. Box 526 / Woodland Park, CO 80866



TELLER SENIOR COALITION
SENIOR SERVICES WITH...SINCE 1996



TELLER SENIOR COALITION
750 E. Hwy 24, Bldg. 2, Suite 100 • Woodland Park, CO
www.tellerseniorcoalition.org

If you know a senior in need, call us... (719) 687-3330

OUR Mission:
To enhance the quality of life for Teller County Residents by providing:

- Transportation - NEMT MEDICAID PROVIDER
- Home Delivered Meals
- Caregiver Support & Respite
- Case Management & Referral Services



Seeds to Sprouts Charming Chompers

by Maren J. Fuller, MSM, CPM

Real information on everything from conception to age two

Teething is a topic that almost every parent can relate to. While some babies seem to fly through with minimal discomfort, other parents are certain their child was teething from birth until high school graduation!

The most common symptoms of teething in babies/toddlers are drooling, fussiness, ear pulling, sucking, chewing, decreased appetite, night waking, elevated temperature (but never above 102 degrees F.), diaper rash, and loose stools. Some babies also have a wet sounding cough that comes with teething, most likely due to excessive drooling.

Most babies need extra attention and soothing during this time due to their discomfort. Cuddling, nursing, and nighttime attention may all increase for a few days while your baby works the tooth through the gums. Try the following to help soothe discomfort:

- Cold and wet (even frozen) washcloth for the baby to suck or chew on.
- Frozen teething rings and/or toys
- Rub an ice cube over the swollen gums or press lightly with your finger
- Let baby chew on a frozen banana or other fruits/veggies. Put this in a small teething net for very young babies.
- If discomfort persists and the baby is having a hard time eating or sleeping, you can consider using Infant acetaminophen (Tylenol).

Sometimes with all these symptoms coming and going during the baby's first year, it can be difficult to tell whether your child is sick or just teething. Remember that teething will never cause a fever over 102 degrees Fahrenheit. If baby has a higher fever, you should be looking into symptoms of illness, not teething. Also, while teething can cause slightly loose stools in baby, true diarrhea is a sign of illness. For more information on distinguishing, take a look at the article listed at the bottom of this column.

Breastfeeding your baby during teething can sometimes be more difficult, stressful, or

painful since baby wants to nurse more often and sometime wants to use you as a teething ring! Be patient through the process but also set clear limits with your teething baby/toddler so that they know that biting you is not acceptable. You have to survive this process too! An actively nursing baby with a good latch cannot bite you. If your baby is biting, take a break and give them a teething ring or washcloth until they are ready to eat.

Teething Schedule

While all babies are different, most will start teething according to the schedule shown in the chart below. But some babies have teeth by just a few months old and others do not push through their first set until they are approaching their first birthday.

Usually babies experience some combination of symptoms for 3-4 days before the tooth erupts followed by another day or so of discomfort before symptoms subside. Some parents, however, may see signs of teething discomfort in their baby for a month or more around teething time.

It is also recommended that babies see a dentist by their first birthday and then start regular checkups by at least the age of 3.

Oral health in babies/toddlers

Most doctors and dentists suggest that parents start brushing their baby's teeth as soon as they appear. Purchase a small, very soft infant toothbrush and rub lightly over the baby's teeth and gums twice a day. It is not necessary or even recommended to use toothpaste until the child is 2 years old. Never share an adult toothbrush with a young baby as the bristles are too stiff and this may introduce bacteria that are harmful to the baby's teeth.

It is also recommended that babies see a dentist by their first birthday and then start regular checkups by at least the age of 3. Cavities are one of the most common diseases in young children and more than 40 percent of children have tooth decay by the time they reach Kindergarten.

For good dental health, avoid sugary foods, do not dip pacifiers in sugar or syrup, never fill a baby's bottle with soda or other sugary drinks, and never put a baby or toddler to bed with anything but plain water in a bottle or sippy cup.

What about pacifiers?

It is estimated that 85 percent of children in the US use a pacifier at some time in their life. Pacifiers have some great benefits like soothing, help in falling asleep, and lowered risk of SIDS. They are also disposable so when it comes time to kick the habit, most babies/children transition away from pacifiers more easily than those who suck fingers or thumb. But pacifiers have also been linked to a higher rate of ear infections, may



Image courtesy of : <http://www.newkidscenter.com/Baby-Biting.html>

interfere with early breastfeeding, and long-term use can disrupt the normal development of a child's teeth and/or mouth.

If you are planning to breastfeed, it is best to wait at least 3-4 weeks before introducing a pacifier to your baby. Sucking on a pacifier is a much different skill than breastfeeding and you want to make sure the breastfeeding relationship is well-established before introducing a pacifier into the mix. Pacifiers should also not be your first line of defense in soothing your baby. Rocking, shushing, snuggling, swaddling, and nursing are all great ways to soothe a fussy baby and helps build relationships with parents and caregivers. If your baby falls asleep with a pacifier that then falls out, do not put it back in the baby's mouth unless they wake. Never connect a pacifier to your baby with string or ribbon as this presents a choking hazard.

Before the age of 6 months, pacifiers should be boiled regularly and after 6 months, regular cleaning in a dishwasher is recommended. Replace pacifiers when the baby needs to move up to the next size or if it is damaged in any way. Dentists recommend that you never clean a pacifier with your own mouth as this introduces bacteria to the baby that can be harmful to their teeth.

Most dentists recommend that your child be done with either pacifier or finger/thumb sucking by the time they are between 2-4 years old. Most children will transition on their own

but some may need extra help. See the article below for tips on breaking the habit.

Resources and suggestions for further reading & support:

- Dr. Sears on Teething: <http://www.askdrsears.com/topics/parenting/child-rearing-and-development/caring-for-little-teeth/teething>
- ADA on Pacifier Use & Thumb Sucking: http://www.ada.org/~media/ADA/Publications/Files/patient_77.pdf?la=en
- Mayo Clinic on soothing teething pain: <http://www.mayoclinic.org/healthy-lifestyle/infant-and-toddler-health/in-depth/teething/art-20046378?pg=1>
- WebMD, Teething vs. Illness: <http://www.webmd.com/oral-health/news/20000410/babies-teething-illness#2>

Questions? Comments? Suggestions for future columns? Please send them to: utecountrynewspaper@gmail.com or contact Maren at CommunityMidwiferyCO@gmail.com

Maren Fuller is a mother, a midwife, an educator, and an activist dedicated to finding support, providing education, and building community for Colorado families during pregnancy, birth, and parenting. She and her family live on a small homestead in Florissant, CO. Nothing in this article should be considered a substitute for medical advice, common sense, or your own research and is written for informational purposes only.

Tooth Eruption Chart

UPPER Teeth	Tooth Emerges	Tooth Falls Out
Central Incisors	6-10 months of age	7-8 years of age
Lateral Incisors	8-12 months of age	8-9 years of age
Canines	16-20 months of age	11-12 years of age
First Molars	11-18 months of age	9-11 years of age
Second Molars	20-30 months of age	9-12 years of age
LOWER Teeth		
Central Incisors	5-8 months of age	6-7 years of age
Lateral Incisors	7-10 months of age	7-8 years of age
Canines	16-20 months of age	9-11 years of age
First Molars	11-18 months of age	10-12 years of age
Second Molars	20-30 months of age	11-13 years of age

Chart courtesy of: http://www.medicinenet.com/tooth_eruption_chart/views.htm

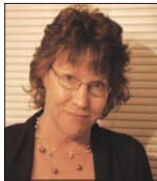
CENTER OF THE KNOWN UNIVERSE

DIVIDE CHAMBER OF COMMERCE

Spotlight on the Divide Chamber

Each month we feature our new and renewing members of the Divide Chamber of Commerce. Please consider joining Divide Chamber and you can see your name listed here in the future - www.dividechamber.org.

- **John Wesley Ranch Retreat Center:** 719-687-2148 or www.fumc-cs.org/the-ranch. A sanctuary of beauty with facilities and activities for all kinds of programs on 120 acres of mountain meadows and forest.
- **Ancestral Arts:** 719-687-2278. Trading post and gift shop of authentic Native American-themed and handmade crafts. Located at the traffic light in Divide.
- **Hybrook Townhomes:** 719-687-6011 X21 or www.hybrooktownhomes.com. An affordable housing community with 2 and 3 bedroom townhomes serving the median income bracket.
- **Flood Realty with Dave Martinek:** 719-687-9656. Dave specializes in buying and selling of mountain homes, properties and vacant land.
- **Little Chapel of the Hills:** 719-686-1234 or www.littlechapelofthehills.com. Worship services every Sunday at 10 a.m. Also offering children's, youth, women's and men's ministries.



Day Trippin' With Karen Travels in the Arkansas River Valley

by Karen Earley
photos by Karen Earley

Call of the Wild!

The Skiing is great in Colorado! If you ski... If you don't, you may want to listen for the call of the wild and follow it to **Monarch Dog Sled Rides**.

For some, dog sleds may just be a distant thought like the Iditarod — the 1150 mile dog sled race in Alaska. For the rest of us, it's a sport we can do right in our own backyard up the hill at Monarch Park. This is a great alternative and it's also something you can cross off your bucket list. You have to try it at least once!

So join me, bundle up, bring a buddy and "marche" (as the French Canadians used to say) on over to Monarch Dog Sled Rides.

With 35 Alaskan Huskies, 4 sleds, 3 guides, 22 years of combined experience, including the Iditarod, and hundreds of miles of trails, Caleb Hathaway started Monarch Dog Sled Rides about six years ago. Today, he and his wife Deanna (Jamison-Hathaway) and fellow guide Alan Stevens, have been offering dog sled rides by day, moonlight, starlight and they even host student camps in summer.

Not all the dogs stick around in the summer, though. Some of them pack it up to Alaska and will be running tours with Alaska Icefield Expeditions on the Denver Glacier outside of Skagway; this helps to pay for the dog food! It costs around \$1,200 per month for working dog kibbles, meat, and supplements for their water with electrolytes and minerals.

In the gold rush days, men used horses and mules to transport their mining equipment to discover gold in Alaska. Once there, they soon realized the native Alaskans had the better idea of using dogs. The dogs were able to transport more weight in a more efficient manner. Today, the sled dogs used for racing aren't so much about carrying weight; they need speed and endurance and they've been bred over the years just for this.

As you learn on the tour from Caleb and Alan, almost one-third of their dogs are former Iditarod racers. When they have puppies, they name the dogs in themes. Like recent Olympians, power tools, candy bars, etc. (Shawn White and Michael Phelps are a few.) All of the dogs are Alaskan Huskies.

According to Wikipedia, the Alaskan Husky is not considered a pure breed. It is defined only by its purpose, which is that of a highly efficient sled dog. The husky is a blend of various Northern breeds, chosen particularly for skills such as pulling. Specializations in type exist within the category, such as freighting dogs (Mackenzie River husky, Malamute), sprint Alaskans (Eurohound), and distance Alaskans. Unlike the Siberian Husky and the Labrador Husky, the Alaskan Husky is an ever-changing cross-breed of the fastest dogs. The Alaskan Malamute, by contrast, is "the largest and most powerful" sled dog and was used for heavier loads.

Other huskies breeds include the Greenland Dog, the Samoyed, and the Shiba Inu. As soon as you arrive at Monarch Park, you get to meet the dogs. All 35 are glad to see you. You'll learn all about the sport of mushing and the Iditarod, how the dogs work, learn how to put on a harness and ride. The whole incredible experience takes about 75 minutes.

There are several types of tours. The Monarch Park Tour is the most popular



tour. As mentioned above, it gives you time to meet the dogs, learn about the sport of mushing, learn how to harness dogs, and take a 30-40 minute dogsled ride through the national forest. This tour averages about 75 minutes, every day at 9, 11, 1, and 3 p.m. Tour Prices (Excluding Christmas Break and March — see below) are \$100 for adults, \$75 for children 12 and under.

Christmas Break and March, Adults \$125 and Children 12 and under \$100. Weight limit for entire group: about 1,000 pounds. If you have more than that, let them know and they can set you up with two tour times.

Moonlight/Starlight Tour — Glide through the San Isabel Forest under a moonlit, starlit, or maybe even a snowy night sky. This is very similar to the Monarch Park Tour but all under the beautiful night sky. It lasts about 75 minutes, December-April, Adults \$200 and Children 12 and under \$200, times dependent on time of year. Call for more info. Weight limit for entire group: 1,000 pounds.

One of the most frequently asked questions is 'How do the dogs stay warm, especially in blizzards and in Alaska?' According to Alan, the dogs have a thick double coat that provides a mechanism for this. With one short, warm undercoat and one long, water resistant overcoat. The dogs also have cooling mechanisms. One is their panting with their tongues and the other is through the pads of their feet which can act something like a sweat gland.

So what possessed Caleb to become a musher? According to Deanna, Caleb got into dog sledding 10 years ago. Working with dogs was a great way to spend his winters, while working on a ranch in the summers. Once he caught the bug, he headed north to work with dogs in Canada and eventually in Alaska. He's helped train a team to run the Iditarod, ran a few mid-distances races, and worked with/managed several tour companies before starting his own tour company in 2011 here in Salida, Colorado. He loves dogs and he loves educating people about dogs and more specifically about sled dogs.

Deanna also shared that she got involved with dogs while living in Alaska. She lived and taught in Alaska for seven years, but ironically didn't get a chance to work with dogs until her last year up there. She learned a lot about dog care (and cold weather!) while living in Alaska. She moved to Salida in 2013 to learn more about running dogs, to help run the kennel and the business, and be near Caleb.

Monarch Park is located 2.4 miles west of Monarch Mountain Lodge, and 1 mile east of Monarch Mountain Ski Area on Highway 50. To schedule a tour call 719-640-9944 or email monarchdogs@gmail.com. You can also learn more about them at Monarchdogsledrides.com.

Heart of the Rockies Radio

presents

Get your funny bone ready!

LOL



MudFlap & Hippieman

Friday, March 3rd

\$15 in advance, \$20 at the door



Rocky LaPorte
Sunday,
April 9th
\$20 in advance,
\$25 at the door

Josh Blue

Saturday,
May 20th
\$20 in advance,
\$25 at the door



at the Salida

SteamPlant

220 E Sackett Ave, Salida, CO

Like the stations on Facebook!



Heart of the Rockies Radio | 7600 County Road 120 | Salida, CO 81201 | 719-539-2575 | Fax: 719-539-4851

UTE PASS TRADING CO.

- UHAUL DEALER - ABOVE GROUND WATER TANKS
- CARRY THE FINEST FEED FOR YOUR PETS AND LIVESTOCK
- PROPANE SALES • CHAINSAW SHARPENING
- OPEN MONDAY THRU SATURDAY

8785 W. HWY 24-CASCADE
(719) 687-6371

GIFTS & GEMS

LARGE SELECTION OF CHAINSAW CARVINGS, ROCKS AND GEMS

- rocks and gems
- gold panning supplies
- metal art
- gifts
- handcrafted art
- custom signs
- outdoor furniture and aluminum animals

www.utepasstrading.com

6TH ANNUAL CONSIGNMENT TACK SALE

Saturday-April 1, 2017 9am-2pm
Chaffee County Fairgrounds—Salida, CO

No Foolin'!

It's no joke when you can't open your tack room door because of the saddles stacked behind it or the 45 halters you have for 2 horses. Spring clean and bring your extra tack to our Tack Sale! Make some cash and support 4-H and the Fair Royalty.

For farms to consign tack and equipment and more information contact
Barbara 719-221-1684 or spirdancer1936@gmail.com
Christy 719-539-6447 or Christy.fitzpatrick@colostate.edu
Kim 970-333-1992 or Kimberly.L780@gmail.com
Items accepted prior to sale day and morning of the sale
15% Consignment Fee

We accept all kinds of Equine Tack in good condition—Western and English
Apparel, Bars, Stall and Arena Items
Trailers and Fencing
Mt. Shavano Rangers 4-H Club Bake Sale

Proceeds benefit the Chaffee County 4-H Horse Program and the Chaffee County Fair & Rodeo Royalty Program

Breakfast
Lunch
Cocktails

❖ Farm to Table

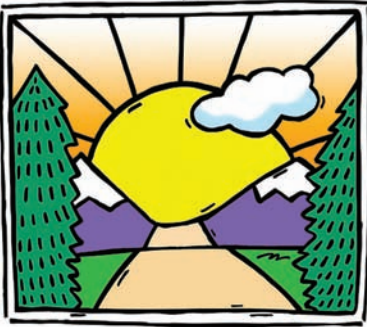
❖ Traditional and updated farmhouse favorites made in house from exceptional local ingredients

❖ (Almost completely!) Organic, Fair Trade, or non-GMO

❖ Herbivore, VINO, carnivore, friendly!

1110 e Highway 50
Salida, Colorado
719.550.3925

www.apasasonsalida.com
www.facebook.com/apasasonsalida



DayBreak

An Adult Day Program

Love ♥ Patience ♥ Acceptance
Respect ♥ Humor ♥ Community

404 N. State Highway 67
PO Box 4777, Woodland Park, CO 80866
719-687-3000 • www.daybreakadp.com
Open Monday-Friday 9am-5pm

The Sudsey Pup

Grooming Salon

719-313-1755

BIG or SMALL... We Do Them All!

180 N. Hwy 67 • Woodland Park
(behind Big D Motor Sports)

Hours:
Tue-Fri 9-4 • Sat 9-2
Sherce Sanchez Owner/Stylist

\$5 Nail Trim

Ask About Our
Obedience/Rally
Classes

Walk-ins
Welcome

Critter Corner



Thor, German Shepard puppy
- Deborah Maresca,
Guffey, CO



Kope & Trigger not moving for anyone! - Karen & Steve Early, Florissant, CO

Have a cute critter? Send us your favorite critter photos and we'll feature them here in the Critter Corner! Indoor or outdoor pets or wild critters are what we're looking for. We will not accept any photos depicting cruelty or harming animals in any way. Email your critters to utecountrynewspaper@gmail.com. Be sure to include the critter's name as well as your name.

SPACE

BY DANIELLE DELLINGER

Time Warp, Bender, Spell, and Dimension Jumper last appeared in February 2017's issue, on pages 16 & 17, "Dimension Jumper."

At feeling the spark of Dimension Jumper's energy, Ti's heart raced. "There she is," she breathed.

"I feel her too," Bender replied, gripping tighter onto Ti's hands.

Time Warp frowned in concentration. "She's on the move."

"Mhm. We have to follow her. We have to get to her quickly," Bender said. "We— She's gone!"

"Where'd she go? I can't feel her. Can you?" Time Warp quickly demanded.

"No. No, no. She's just gone!"

Just like that, their daughter had disappeared into the cosmos. She was no longer on Earth, they were nearly certain of it.

Time Warp jumped to her feet, going straight for her mother, Spell. "Where is she?!" she demanded. "Where did she go?"

Spell tiredly looked at her daughter. "I don't know. Why're you assuming I know?"

"Because you're always one step ahead of everybody, that's why!"

Spell shook her head. "Not this time, I'm afraid. She could be anywhere."

"Then you're going to help us bring her back. Bender and I can't do it on our own. But once she's back with us, you're never to set foot near her again. Got it?" Time Warp growled, her eyes alight with unchecked anger.

"You can't keep me away. You know that I'll never work. You're going to need me around to help Dimension Jumper control and expand her powers."

Ti shook her head. "Nope. We're not going to need you. Bender and I will help her. Unlike you, we don't have a world domination plan. Our daughter won't be a pawn in your game."

Bender came over behind Time Warp, putting a hand on her shoulder. "We don't need her help now. We can do this."

Time Warp looked over her shoulder at her. "I'm not sure we can," she said softly.

"We can at least try. If we fail, then we'll have her help us."

Ti nervously swallowed. "But our baby..."

"I know. Let's try." She steered Ti down the hall and into their meditation room.

They both took a seat on the thick woven rug that sat in the center of the floor in the middle of a sunlight beam. They put their backs together, closed their eyes, then let their hands rest on their knees with their palms up. Slowly, their breathing synced and grew deeper. Bender enclosed them within her aura, then expanded it out. Time Warp pictured a clock stopped at that exact moment, then the face of the clock fractured and what could only be described as outer space was seen inside the fracture. Working together, they both sent out their probes through the crack in the clock. Time Warp gasped as if she were stepping into cold air for the first time ever.

She could feel the infiniteness of outer space. It was a void, and yet there was everything right there at her fingertips. The blackness wasn't cold and harsh as she'd expected. It was warm and welcoming, almost like it was calling to her, inviting her into it.

"Not too deep," she heard Bender mutter. Time Warp briefly hesitated, then pushed on,

sending her probe out further. For a long while, she felt nothing and saw nothing. Her hope was beginning to slip away. She felt herself zoning out, letting herself drift along within the vast openness of nothing and everything. It was like she was floating in the ocean and staring up at the night sky. She almost felt like she was starting to doze, but that was when she felt something tickle at her probe. Immediately she zeroed in on the feeling, on the tickling of energy. She focused harder on it.

"Oh my god," she breathed. "It's her."

"Go after her, but be careful," Bender warned.

Time Warp sent her probe diving after Dimension Jumper's energy like it was a falcon diving toward its prey. She chased the energy as it dodged around and made every attempt to evade her. Ti gritted her teeth as she put a burst of speed on her probe, and finally she burst into the dimension where her daughter was.

The world was a grey-green, and the air smelled stale. Time Warp floated a foot above the ground and hovered along, searching for Dimension Jumper. The humidity of the place already had her drenched in sweat. She came upon a quaint, yet bustling village where the buildings were made out of what looked like quartz crystal. She scanned left and right as she floated through the streets, following Dimension Jumper's energy trail. Finally, she came upon a booth that had numerous spices, herbs, and mysterious powders. Sitting in a rocking chair in the back corner of the booth was an old woman. Ti stopped and stared at her, feeling like the woman was more than a hundred years old. She narrowed her eyes and stepped right up to the booth.

"I know it's you," Ti finally said. "Why did you come all the way to this dimension?"

The old woman defiantly turned her head away.

"Your daughter doesn't want to speak to you."

Ti sighed. "Really? We're going to play this game? Look I had nothing to do with my mother's plan. I didn't even know about it."

No response.

"Please, come back with me. I promise that my mom won't bother you anymore. I've forbidden her from seeing you ever again."

The old woman fleetingly glanced in Time Warp's direction. "Don't make promises you can't keep," she gruffed.

"Fine. I'll do my best to keep her away from you. How's that?"

Again, no response.

"Sweetheart, what do you want then? What do you want me to do?" Ti's voice rose with desperation.

"I want to be left alone."

Ti's eyebrows raised. "So that is you. But, honey, I can't leave you alone. You're my daughter. Bender can't leave you alone either. We want to be with you, to be part of your life."

Finally, the old woman turned her gaze to Ti. "This woman is letting me share her body. I travelled too far too fast, and now I'm stuck. But I don't need your help or anyone else's."

Time Warp gave her a look. "Really? You don't need anyone's help? How're you going to get out of that woman's body, then?"

She shrugged one shoulder.

Time Warp sighed and looked up at the sky in frustration. "At least let me help you find a body of your own. There has to be one in this strange place."

"Yeah, whatever," the woman said.

Ti clicked her tongue and turned and walked away. "Stay right there. Don't move!" she called over her shoulder.

She wandered the streets, looking for anyone who might be on their way into the afterlife. Even though time was frozen in her reality, she could feel it ticking on in this one. The longer they were where they shouldn't be, the higher the chance of something going horribly wrong. Eventually, she came upon an old man struggling to breathe in an alleyway. She went to him and instantly saw that he had an infection that was about to claim him. She held her breath as she approached, but the putrid smell of the festering boils still invaded her nostrils. Ti had him put his arm around her shoulders, and she hoisted him up and started back to where her daughter was.

When she got back to the booth and brought him behind the table and laid him at the woman's feet, the woman couldn't hide the horrified expression on her face.

"Really?! That's your solution?!" she snapped, glaring at Ti.

"Look, with our magic, we can make a potion that will heal the body after the soul is gone, and then you can take it over. It'll be fine. Promise."

"What did I tell you about making promises you can't keep?" she growled.

"Do you have a better idea?!" Ti exclaimed, throwing her hands up. "I'm doing the best I can with what I have!"

"Clearly it's not much," she retorted under her breath.

"Stop it!" Ti yelled, suddenly in the woman's face as she pinned her wrists to the rocking chair's arms. "Just stop it!" She could feel tears pricking the corners of her eyes.

"Please. Give this a try. Please."

"Why?! Why should I give you a chance? All you're going to do is bring me back and hand me over to your mom. I won't go!"

"What did I tell you? I'm not going to do that. We're going to get as far away from her as possible. I can't stand what she did. Never again. Never. Please, sweetheart, you have to believe me. You have to trust me, or at the very least, give me the benefit of the doubt."

A brief silence passed between them. "Fine."

Time Warp breathed easier and released her. She went to the table and began pouring and mixing herbs and powders into a bowl. Then she brought the bowl over to the man, who was taking his last few breaths. Ti knelt by him and took his hand in hers.

"It's okay. You're not alone. You can go. Go to the light. Go to the warmth. Go to the peace," she said softly, smiling gently at him as he gazed at her with foggy eyes.

He squeezed her hand tightly for a moment.

"Go," she whispered.

His chest then went still, and his eyes remained open and staring at her. She waited a moment before tenderly closing them. She glanced up to see how the woman was doing, and she saw big tears rolling down her cheeks.

"It's okay," Ti said quickly, getting up and hugging her firmly. "He's no longer suffering."

No response.

Time Warp released her. "All right. Let's do this. His soul is gone by now." She knelt back down beside the body and poured the potion into his mouth. A high pitch humming sound

came from his throat, and then there was a quick flash of light. Ti noticed that the flash took away all the boils and any wounds he'd had. "Okay. Let's transfer you over," she said, looking up.

[The woman leaned down and took the old man's hand in hers while Time Warp took the other.

] "We have to concentrate really hard on what we want to happen. If we don't, things could turn into a disaster."

[No response came, but Time Warp knew her daughter understood what had to be done. They both shut their eyes and began picturing Dimension Jumper sliding into the man's body. Time ticked by, and eventually the man's hands heated up like they were a battery charging something.

There came a short gasp right before Dimension Jumper slid into her new body. They both felt Dimension Jumper's soul click into place and activate the mind of the once deceased body.

[Time Warp opened her eyes and looked down as Dimension Jumper's eyes opened.

] "It's been a while since I've been in a man's body," Dimension Jumper said, looking to Ti.

[Ti chuckled and smiled. "Glad your sense of humor transferred over just fine. How do you feel?"

] "Better," he said, slowly sitting up. "Like I have room to stretch out. Whoa, my voice is so deep!"

[Ti chuckled again. "This'll be an adjustment for everyone, that's for sure." She stood up. "Ready to travel back with me?"

] He got to his feet, nodding. "I guess. You sure you can keep Spell away from me?"

] "I'm going to do my best. I can assure you of that much."

] "Okay," he said, taking her hands in his.

"Let's do this."

] Once again, they both closed their eyes. Ti tuned back into Bender's energy, following her probe back to their reality. As they exited the strange world, there was a clicking sound, like a latch falling into place. They were then in limbo, in space. As they floated along, passing near other planets and moons, they heard eerie howling sounds. Sound in outer space exists in the form of electromagnetic vibrations. As long as the sound has something to travel through, it can be picked up with special equipment, which then translate it into the audio spectrum human ears can hear.

[Time Warp could feel Dimension Jumper marveling at the way they were traveling, which must have been different than how he had travelled. She wondered what it was like for Dimension Jump to hop between dimen-



sions. Slowly but surely, Bender's energy grew stronger, and Time Warp could see the faint glow of her aura as they got closer. She turned more toward it, guiding Dimension Jumper with her so they would stay together. As they entered Bender's aura, a shiver went through them both. It was a shiver that went straight into their soul and ricocheted around for a moment.

] "You're back!" she heard Bender say eagerly and warmly in her mind. It made her smile. It amazed her how much her aura felt like home.

As they neared the mediation room, Time Warp saw the plasma globe appear around Dimension Jumper as he prepared to enter their reality, which then hit them with a thud, like running into a wall. Time Warp gasped and jerked forward, catching herself. She quickly looked around and was relieved to see they had actually made it. Dimension Jumper sat up from where he'd landed, gazing around as well.

"Holy hell, we did it," he breathed. "Moms, you guys are so awesome! I can't believe you pulled that off!"

Bender immediately tackled him with a hug, dragging Ti with her. "You'll do anything for your kid," Bender said, squeezing him. She pulled back and smiled. "How do you like your new body?"

Dimension Jumper shrugged, looking down at himself. "Dunno. Too soon to tell."

"That dimension jump aged you some. You're a young adult instead of a baby this time."

"I messed up and travelled too far too fast," he said. "Hopefully there aren't any consequences."

Bender and Time Warp shared a look. They both knew that this would probably come at a cost, but who knew what it would be.

"Where's Spell?" Dimension Jumper asked suddenly.

"Uh, I don't know," Bender replied. "I was too busy with this to see where she went."

"You rang?" came a voice from the doorway. All three of them looked up to see Spell standing there, smiling gleefully.

"Well done. You all have developed your powers exceptionally well. I'm proud of you all. Dimension Jumper, please reconsider and let me help you with your powers."

Within the blink of an eye, Dimension Jumper was in her face, a plasma globe around them, and then they were gone.

Bender and Ti stared at where they'd been. A second later, Dimension Jumper was back. "There. That's done," he said, looking pleased with himself.

To be continued . . .

Twitter.com/ZepherSong
Facebook.com/dmdellin08

Now open for a new season!

TWIN CREEK TRADING CO.



FLORISSANT, COLORADO

The place to find unusual items

- Antiques
- Furniture
- Home and cabin décor
- Gift shop
- Rocks and crystals
- Lotion Candles
- Try your skill at the new ol' time shooting gallery

Always something New

Open 10 to 5
Closed Mondays

2651 Hwy 24 • Florissant, CO
719-641-6404
twincreektradingco@gmail.com

Thunderbird Inn



FRIDAY, MARCH 17TH

ST. PADDY'S DAY DINNER & SHOW

Lavanna's Homemade Corned Beef & Cabbage with all the fixin's starting at 5pm

Music 6pm by:
Stompin' George
Super Chuck
Featuring Lissa Hanner

OPEN MIC NIGHT THURSDAYS 7PM!

Florissant, CO 719-748-3968

ANDERSEN PACK N SHIP

PACK · SHIP · PRINT · PLUS

ARE YOU TRYING TO FIND A PLACE OTHER THAN COLORADO SPRINGS TO HAVE YOUR PRINT WORK COMPLETED?

STOP BY OUR STORE TO HAVE ALL YOUR PRINTING SERVICES COMPLETED!

LOCATED AT:
743 GOLD HIL PL
WOODLAND PARK CO, 80863

CALL OR EMAIL US AT:
INFO@ANDERSENPACKSHIP.COM
719-686-5577

WHILE YOU WAIT FOR YOUR PRINT JOB, YOU CAN TAKE A LOOK AT OUR COLLECTION OF COLORADO ITEMS!

ASK US ABOUT OUR MAILBOX PRICES TOO!

Advertise in the local paper that actually gets read...



- 16,000 papers printed each month
- Average 95% pick-up rate
- 7,000+ direct mailed in Teller & Park Counties
- Over 170 distribution points in over 4 counties

Your advertising dollar goes further in the paper that gets read "cover-to-cover"

Call or Email for more information on how to get your word out!
719-686-7393
utecountrynewspaper@gmail.com

Hippie radio 97.5

Parents As Teachers



Prenatal-
5 years

Fun
Activities

Free

Flexible

School
Readiness

Contact Cory
for more info:
719.686.0705
cory@cpteller.org

You are your child's first and most influential teacher! Learn about your child's developmental and social emotional needs and become a more confident parent. Help your child be ready for kindergarten and excel in school. We complete developmental screenings, health screenings, and assessments to celebrate your child's milestones and provide fun and educational activities based on your child and family.

Community Partnership Family Resource Center
www.cpteller.org • 719-686-0705

Activities available across Teller County include: Family Support Services, Adult Education, GED Test Preparation and Testing, Early Childhood Education, Parenting Programs, Cooking and Nutrition Classes, Adult Exercise, Community Gardens, Parent Engagement, and Basic Needs Services.



Care packages

Kiwanis K-Kids from Columbine Elementary School recently assembled donated items into care packages for area homeless people. K-Kids is a community service club for elementary students sponsored by the Ute Pass Kiwanis. What a great way to build an awareness of the importance of caring about each other.



Preschool smiles

Preschool classes in Woodland Park School District offered Oral Health Screenings by local dental professionals. Dr. Stephenie Kaufmann and Susie Bradley, RDH, dental hygienist, volunteered their time for the dental screenings in February, which was National Children's Dental Health Month. Approximately 75 students were served. Parents were given a choice to opt out.

Take a grandparent to school day

Columbine Elementary School honored all grandparents during their annual Grandparents Day. Students invited their grandparents or "guest grandparents" to join them for lunch, classroom visits, and a special student performance. With over 350 RSVPs, the school was packed with excitement!



Pie Palooza another tasty success

by Flip Boettcher
photo by Flip Boettcher



Grand Champion Pat Lamb in the front with her award and the pie judges in the back from left to right are Julie Frost, Eugene Farmer, Marion Carver, and Betty Royse, head judge.

Pat Lamb was awarded Grand Champion/Best in Show this year for her Frangelico chocolate moose pie with a crust of ground walnuts, pecans, chocolate graham cracker, and Frangelico Liqueur filled with pure cream and dark chocolate. The pie later sold at the auction for \$300.

Lamb was Grand Champion last year with her award winning lemon meringue pie. Top selling pie this year was \$410 for a shepherd's pie. All-in-all, the school raised \$7,375 at the event, according to school Principal Pam Moore.



Growing Ideas Seed and Gardening Catalogue shopping

by Karen Anderson "The Plant Lady"

"The Earth and Myself are of one Mind"

— Chief Joseph-Nez Perce

Greetings fellow Gardeners. This March, I would like to share with you my experiences about catalog shopping in the world of high altitude gardening. Last month I suggested that you refrain from ordering anything 'too early' and would like to explain that point of view and offer up some precautionary tips for you to consider before filling out your shopping forms.

First...Know your Gardening Zone! Be sure to check the zone on anything you may be interested in purchasing for your mountain garden. Most of us in the Divide, Florissant and Lake George area are 'safe' with a Zone 3 category (Please trust me on this no matter what the maps indicate). Higher altitudes are Zone 2 and around Woodland Park you can get away with a Zone 4. Lower altitudes are Zone 5 (Buena Vista. See <http://www.plantmaps.com/interactive-colorado-usda-plant-zone-hardiness-map.php> for your specific area).

If you are considering buying 'bare root' stock for outdoor planting, I ask you to be thoughtful about how long you will need to care for saplings, bushes or perennials before you are able to safely plant them in our outdoor environment. Many suppliers will assure you that items will be timely shipped for 'your area' but my experience is that plants are sent way too early. Then I am stuck with a lot more care and work to keep them healthy and happy until they can be transitioned to the garden. Just sayin'.

As you revel in the beautiful flower pictures and are dreaming of the grandeur as they are shown in the catalogs, please consider the reality of our challenging climate. The short growing season, the normally arid conditions and high altitude, along with critter issues are all factors to keep in mind, and the pictures you see are taken in the most ideal conditions.

Another important thing to check out is how cold tolerant plants are if that information is available in the descriptions. A good average range for perennials in this mountain region is between minus 30 to minus 50 degrees. This may sound extreme, but it's the truth! I have experienced many winters when the temperatures drop that low for short periods of time and it is enough to cause problems with the more 'wimpy' plantings.

No matter where you buy, or what you buy I would like to encourage you to GO ORGANIC, GO NON-GMO and GO NATIVE. As responsible Earth Keepers, we wish to do our part in preserving the integrity of our food supply and the health of our precious planet. When we plant organic, Non-GMO, and heirloom seeds or plants coupled with continued organic growing methods, we can feel confident and comfortable about the well-being of our own families, pets and personal spaces. The sacred land deserves our respect. I believe if we are diligent, committed and continue working together in our quests to make the world a better place, then we are doing our jobs as stewards for the Earth Mother, all of Her creatures and plant inhabitants as well as humankind itself. So, I would ask you to make your buying decisions carefully and thoughtfully. Also, Go local when available.

There is a generated interest in harvesting, collecting and saving seed among our local and organic gardeners these days, so if you have the opportunity to purchase or trade, I would encourage you to do so. I believe you will experience greater success with germination rates, tolerance to our cold climate, and drought resistant qualities. (Hats off to those who are learning the importance of this practice)

Personally, I don't really participate in catalog shopping much anymore as I prefer to give my business to local suppliers and trusted sources. Since my Gardens have been established for nearly four decades, I have been able to develop and manage, (with a lot time, energy, observation, awareness and experience), a very well balanced "Micro-Eco System" where plants are naturally pollinated by the birds and the bees and other critters who visit and reside at Paradise Gardens. If you would like to learn more about how that could be accomplished in your own gardens, give me a call at 719-748-3521 and I would be happy to make

arrangements to help you.

I recently ran across an article written by Mari Marques, The Thymekeeper, from Feb. 2015 in the *Ute Country News* and found that she shared an abundance of information on buying 'good seed' with many more points of interest to ponder. I feel it would be beneficial for you to go online at utecountrynews.com and revisit Mari's extremely educational article. It has some really good stuff! Thanks Mari, for sharing some of your vast knowledge with our community — you are appreciated.

Quick Tips for March:

Personally, I like to start my tomatoes, peppers, and herbs seeds at the end of the month, and preferably a few days after the new moon, around that time period. Please plan according to your individual needs, but be aware that you will be caring for these seedlings for a very long time before planting in most greenhouses.

We may very well experience what I call a "faux spring". Please do not get ahead of yourself as you will be disappointed every time. Wait....

I would also like to take this opportunity to inform our readers that The Harvest Center has been re-grouping after the passing of our good friend and founder, Lee Willoughby. Many volunteers are dedicated to the cause and have been working hard to keep Lee's legacy moving forward. Thank you All. We will try to keep everyone updated on what's happening in the near future. If you would like to learn more about this non-profit organization online, go to www.wpharvestcenter.org

A presentation about container gardening is scheduled at the Woodland Park Library on March 19th from 1:30 to 3:30 p.m. All are welcome to join in this informative class.

Next month, we will get down to the business of preparing for our gardening visions. Stay tuned! Meanwhile, my personal Organic, High Altitude, Non-GMO and Heirloom Seed Line is available at The Outpost in Florissant and Mountain Naturals in Woodland Park. As always, happy and healthy houseplants are 'up for adoption' at both locations. Wishing you all peace of mind, hearts that sing and remember: Smile, you're on 'Kandid Karma'!



Pikes Peak Regional Hospital Specialty Clinic Welcomes

Pikes Peak ENT

PPRH Specialty Clinic is happy to announce the addition of Pikes Peak ENT to the expanding list of specialty services provided for the residents of Teller County and the region.

Pikes Peak ENT provides both medical and surgical management of disorders of the ears, nose and throat. These Board-Certified physicians perform a full range of ENT procedures on both children and adults including:

Ear Surgery
Sinus Surgery
Head & Neck Surgery
Sleep Disorders
Reconstructive Facial Plastic Surgery

Pikes Peak ENT is committed to delivering comprehensive, patient-centered evaluation and treatment for all ENT problems. Children and adults alike will be examined with the utmost attention to detail and treated with compassion and concern.

MEETING THE HEALTHCARE NEEDS OF TELLER COUNTY AND THE REGION



Left to Right
Dr. Wilhelm
Dr. Puszt
Dr. Arnholt

For more information or to schedule an appointment, call 719-686-2832.

16222 West Highway 24 | Suite 210 | Woodland Park, CO 80863



www.pprh.net

OLGA DAICH



**REIKI
MASTER**
SPIRITUAL COACH

801-628-9273 | olgacely@hotmail.com | ASHA
Facebook Reiki heaven and earth

**ONE NATION WALKING
TOGETHER ANNUAL
FOOD DRIVE**

From March 1 to April 30, help One Nation Walking Together collect 10,000 lbs. of non-perishable food items to feed our hungry Native brothers and sisters. Please also consider a cash, check or credit card donation to help us reach our goal.

You can drop-off your food donations or Mail your donation to:
One Nation Walking Together
3150 N. Nevada ave.
Colorado Springs, CO 80907
Phone (719) 329-0251

McGINTY'S
WOOD OVEN PUB

ST PATRICK'S WEEK SCHEDULE
IRISH FARE SERVED THURSDAY THRU SUNDAY!

THU 3/16	IRISH DANCERS MCDEVIANIS	5:30 6:00-9:00
FRI 3/17	OTHER MOUNTAIN REMNANTS OTHER MOUNTAIN REMNANTS IRISH DANCERS	1:00 4:00 6:00
SAT 3/18	PARADE IRISH DANCERS MCDEVIANIS IRISH DANCERS	2:00 2:30 3:00-6:00 7:00
SUN 3/19	BED OF GOATHEADS BEDLAM BOYS IRISH DANCERS	12-2:00 3:00-6:00 6:30

IF YOU'D LIKE TO JOIN IN THE PARADE CONTACT US

11115 HWY 24 • DIVIDE • (719) 686-7703

Beads

by Flip Boettcher
photo by Flip Boettche

A bead is a small, decorative object made in a variety of shapes and sizes from a variety of materials with a small hole through it for stringing or threading. Beads range in size from one millimeter (.039") to over a centimeter (.39") in diameter. Beadwork is the art or craft of making things with beads, which can be woven together, strung or adhered to a surface, (Wikipedia).

Beads have been around just about as long as modern man, Homo sapiens, has. Beads made of durable materials have survived in the archeological record and are known to be one of the earliest forms of trade between peoples. It is believed that human language developed because of bead trading. For most of our history, beads have been used for religious purposes, good luck charms, healing powers and trade.

Early on, beads were made from natural materials found in the environment like stone, bone, wood, antler, semi and precious stones, native metals, and pearls. All are items that were easily shaped and a hole drilled through. Shells were also popular bead material. A pair of beads made from sea snail shells approximately 100,000 years old, are thought to be the oldest known jewelry found to date. Other old beads have been found in Lebanon dating around 70,000 years old.

As humans evolved, they were able to acquire and work with more difficult materials; these techniques were incorporated into their bead making. The oldest surviving synthetic materials for bead making are ceramic and glass. Beads made from old metal alloys like bronze, haven't survived as well.

Probably first discovered in Mesopotamia, but taken over by the Egyptians as their own, was a process called faience bead making. These beads were probably a forerunner of glass making.

Faience is a mixture of powdered clays and lime, soda and silica sand mixed with water to form a paste which is then formed around some straw or a small stick and heated. With the heat, the lime, soda and sand melt around and incorporate the clay, forming a hard bead covered in bluish glass, (Wikipedia). Since before the first Egyptian Dynasty of Narmer, 3100 B.C., to the last Egyptian Dynasty of Ptolemies, 33 B.C., to the present day, faience beads have been made the same way.

If a faience mixture was a little short of clay, had a little extra lime, and the fire was hotter than normal, the mixture became glass. By the 18th Egyptian Dynasty, 1850 B.C., faience and glass making had become separate crafts.

Beadwork in Europe dates back a millennia, when shells and animal bones were used in necklaces. By the end of the 14th century, glass beads were made in Murano, Italy and French beaded flowers were made as early as the 1500's.

Native American people are known for their beadwork and have a long history with beads. In prehistoric times, there is evidence of Native American ancestors using beads for jewelry and trading. Wood, bone, porcupine quills and shells were first used but evolved to using mostly glass beads imported from Europe. Glass beads have been used in the New World since the 1500's.

The five groups of Native American tribes: Great Lakes, Plateau, Plains, Subarctic and Eastern, all developed their own style and characteristics of beadwork. Some tribes, like the Cherokee, used beads to tell stories which were handed down from generation to generation. They used dried berries, grey Indian corn, teeth, bones, claws and sometimes shells.

In some tribes, making beads was a sacred task and in other tribes only the women were allowed to create beads, (www.indians.org). Most native beadwork though, was created for tribal use, but bead workers today create work for the art world as well. Beads are still made from natural materials as well as glass and pottery.

The Guffey area is fortunate to have a very talented beadwork artisan, Dee Dee Smith. Smith, who grew up in New Mexico, was raised near an Indian reservation with lots of Native American culture and customs, she said. Now that her family is raised, Smith has time for beadwork and other crafts she enjoys.

For Smith, beadwork is simple, not difficult, but very time consuming, and one has to focus and concentrate on it, she said. It



Dee Dee Smith in Strictly Guffey with her loom and a hatband in progress on it, a beaded bracelet and a beaded hatband on her hat.

is therapeutic and helps her unwind. Smith, who has been beading for about five years, is self-taught and has read a lot of beading books and researched online information.

Smith's specialty is hatbands, but she also creates bracelets and hair barrettes. Smith's creations are one-of-a-kind, she said. Smith uses a pattern, but not a ready-made pattern you just buy. One buys the blank sheets lined with lines of blank beads and the artist fills in the pattern and colors. Some bead workers never use a pattern, Smith added.

Glass beads come round or in cylinders and are numbered for size; the bigger the number, the smaller the bead. Smith uses mostly #11's, but also uses #8's and #15's. For comparison, one woman who does beadwork on dolls uses antique Venetian #22 beads, the size of a grain of salt.

Smith uses a loom weaving technique for beading her hatbands. Smith designed the loom herself after trial and error. The loom is a simple wooden base about 18" long holding two 3" dowel pieces held on their flat side on each end of the base. The dowels can turn in a circle. The loom is about 6" high.

The threads one is weaving the beads onto, like in weaving are called warp threads, and are strung around the dowels in a long, continuous "O". The threads can turn because the dowels turn. So no matter how long the hatband is, the working area can be pulled close to the bead worker.

The warp threads have to be at the correct tension to allow the beads to be woven onto them. If one has a hatband that is six beads wide, all six beads are strung on the needle and thread, the weft or filling threads, and pulled under the warp threads with one bead up between each warp thread. The weft thread is then pulled back through the top of each bead, weaving it into the pattern. Smith uses nylon threads which she waxes to make them easier to thread through the beads. It takes Smith 30-40 hours to make one hatband, she said. Smith's new hatband design incorporates a bolo tie with an interesting rock in the back of the hatband. Smith also likes to do beadwork on leather, but that is very "intense" she said, and, of course, takes more time.

Although not Native American, Smith creates beautiful Native American patterns and colors in her hatbands. Recently at a show, a part-Native American artist, Matt Atkinson, was admiring the hatband on Smith's husband's hat and inquired if he could buy it. The answer was no, but Atkinson purchased another similar, but not exact, hatband Smith made for him. Atkinson is a part-Native American who lives in Colorado Springs and is a traditional realist painter who portrays the American west from the past to the present especially men and women who preserve its heritage, according to his website. Atkinson paints with brushes and paints his grandmother used. For more information visit his website www.mattatkinsonart.com.

Smith's hatbands can be found at Strictly Guffey, the Guffey artists' gallery located south of the school in Guffey. Hours are Wednesday to Sunday 8 a.m. to 5 p.m., Saturday until 7 p.m.

Smith also teaches beading classes and recently had a class at Strictly Guffey. Students learned how to make a bracelet in the one day class, according to Smith. There are plans for future classes, but no dates yet. For more information call Strictly Guffey 719-286-8589.



Just The Facts Diamonds in the brush

by James W. Hagadorn, Ph.D.
photos credited to the DMNS

Under grubby soils of northern Colorado lies the nation's biggest diamond deposit. Its crystalline bounty was almost found by accident.

In the late 1960s Colorado State University geologists were studying some rather unusual, crumbly rocks northwest of Ft. Collins. These drab-green exposures were notable because burrowing animals liked to tunnel through them and because only certain types of trees and bushes thrived atop them. The rocks also contained a variety of "indicator" minerals that tend to form under high temperature, high pressure conditions that prevail deep in the earth.

The geologists mapped the distribution of these rocks and found they originally formed in a series of funnel-shaped volcanic pipes. The worn-down tops of the "kimberlite" pipes — named after Kimberly, South Africa, where they are abundant — are visible from outer space. They extend from southern Wyoming all the way down to the People's Republic of Boulder.

A decade or so after their discovery, a student was grinding down samples of these rocks so they could be examined under the microscope. They made an astounding observation.

Rather than the rocks being ground down by the polishing grits and plate, the rocks were etching grooves into the polishing plate. The likely culprit? The hardest mineral in the world. Analysis of the wafer-thin rock samples by the professor down the hall provided confirmation. Diamonds!

Such diamonds are birthed a hundred miles beneath North America, as extremely high-pressure conditions force carbon atoms to glue together in nearly indestructible honeycomb-like networks. Such crystals are incredibly rigid, resistant to breakage, and brought to Earth's surface by the deepest of volcanoes. These minerals formed hundreds of millions to billions of years ago when North America was a wee youngster. Thus they tell us about what earth was like long before forests towered or dinosaurs lumbered.



Colorado fancy diamonds come in a rainbow of unusual colors including purple and lime green.

Most of Colorado's diamonds don't look anything like those that a jeweler might facet. Rather they're small crystals that have holes like Swiss cheese or that have diverse shapes like triangles, cubes, and 12-sided dodecahedrons. They come in a rainbow of unusual colors including purple and lime green, and often contain microscopic blebs of liquid or other unknown gunk.

These oddball crystals have recently become a treasure trove of untold scientific information. For example, new analytical techniques allow us to identify the gunk inside these crystals, and use its chemistry to understand how our planet evolved. Scientists, myself included, have been leveraging museum collections of these diamonds to understand how our continents and major mountain ranges formed, and even to learn where out planet's water came from (it comes from rocks, not comets).

By knowing how and where diamonds like these are formed, we can better predict where future diamond deposits may be found. Some of them might bear incredible beauties. Like the 16 carat yellow diamond found in Colorado's kimberlites, which was the largest cut diamond ever from an American mine. No doubt there are more in the ground — both here and in Wyoming — just waiting to be discovered.



Susie Moss and James Hagadorn both work at DMNS.



Octahedron macle diamonds.

time to hike out to Colorado's kimberlite deposits to see tiny diamonds in person, check your garage — you probably have your very own mini-industrial "diamond" collection!

James Hagadorn, Ph.D., is a scientist at the Denver Museum of Nature & Science. Suggestions & comments welcome at jwhagadorn@dmns.org

Grannys' High Altitude Super Hemp
The Purple Building in Lake George
Colorado's Only Industrial Hemp Cultivation and Retail Store
No High, Just Health!

CBD Whole Plant Extract
CBD Pain and Skin Salves
Hemp Tea
CBD Trans-Dermal Cream
CBD Vaporizers

Hemp Clothing
Bath and Beauty
Nutritionals
And Much More!

All of our industrial hemp is grown organically right here in Lake George and WE SHIP ALL OVER THE COUNTRY

719-748-4736 grannyshemp.com

Open Mon – Sat 9am – 5pm and Sundays 10am – 5pm
At Grannys' High Altitude Super Hemp we are "Growing the Future...."

THE CLOTHES CLOSET

Free Clothes & Food for Struggling Families

HOURS:
MONDAY-WEDNESDAY-FRIDAY
1 PM UNTIL 4 PM

108 North Park
Woodland Park
719-687-2388

**Celebrating
The Green
With 30%
Off Tools**

Woodland Park Pawn and Loan
421 E. Hwy 24 Woodland Park, CO 80863
(719) 687-7473
(across the street from Sonic)

A FOUNDING SON OF COLORADO!

Richard Sopris in Early Denver

by Linda Bjorklund

From Gregory's Diggings prospector to Denver mayor, Richard Sopris left an indelible mark on the Mile High City and Centennial State. Read more of the unsung life and accomplishments of this Captain, Mayor, and Colorado Fifty-Niner. E-book available through Barnes & Noble and Amazon. Hardcopy is available at both the Museum and the Ranger Station in Fairplay or visit www.lindabjorklund.com

**FILL UP SPECIAL
VOLUME DISCOUNTS**

Global Propane

**\$1.499
Gallon**
Limited Offer

(303) 660-9290
Family Owned Business

Local in Teller County!



When you want the best in HVAC, you can count on Hardcastle Heating & Air. Our mission is to serve our community with pride and dedication. Our commitment to quality and outstanding service will earn your trust.

We have over 30 years experience in the HVAC industry with excellent reviews and referrals.

We are a Carrier dealer, but we repair and service all makes and models.



Call 719-686-6742 to schedule an appointment.
1212 1/2 Hwy 24, Woodland Park, CO

Bacon seeds?

by Polly Roberts

"A weed is a plant that has mastered every survival skill except for learning how to grow in rows."

"I planted some bird seed. A bird came up. Now I don't know what to feed it."

"I want to grow my own food, but I can't find any bacon seeds."

Whether a commercial farmer or a home gardener, there are plenty of challenges when it comes to the production of food. There can be too much rainfall, not enough rainfall, poor soils, insects and diseases, not enough sun, too much sun...the list goes on. Mother Earth and Mother Nature can be very cranky and highly unpredictable. However, in spite of these trials and with a strong sense of humor, humans keep trying.

We have to...this is food, after all. The survival of the human race depends on it. Our food originally came from wild plants, and our continued existence depends heavily on those tiny self-contained kernels of life capable of developing into a plant — seeds. Seed saving is essential to food security.

Humans have been saving and exchanging seeds since the beginning of man. Seed saving is how our current crops came to be, which were selected for various traits over many generations and traded across regions and continents. Early writings and stone-age carvings shows that people from the Neolithic period saved and traded seeds as early as the 10th millennium BC. The trade between historical civilizations in Asia, Northeast Africa and Europe included seeds and spices. The Greco-Roman world traded seeds, spices, and other goods along the Incense route and the Roman-India routes. The European Age of Discovery resulted in new trade routes all over the world, and led explorers to the New World.

Seed saving, selection, and trading have led to a genetic diversity of crops adapted to many growing conditions and climates, and created a large base for our food supply. Over time however, genetic crop diversity has declined significantly. This loss means that our food supply is reliant on a small selection of crops, making it more vulnerable to pests, diseases, and changes in climate.

Seed banks, permanent depositories for seeds around the world, offer protection against the loss of these important natural resources. On a more local level, seed libraries are popping up all around the country. A seed library is a community-based organization,



often housed within a public library, which provides public access to free open-pollinated seeds and supports local food systems, which helps strengthen genetic diversity and creates resilient local seed stock.

The idea is simple. A seed library allows community members to "check out" seeds at no cost. Then they grow the plants and save seeds from a fraction of the crop for the next season. That portion of the seed harvest is returned to the seed library, which allows other members of the community to check out and propagate seeds.

Starting this spring, members of the local Gardeners with Altitude garden club, in collaboration with the Rampart Library District, Teller County CSU Extension/Teller County, and the Teller/Park Conservation District, will launch the Rampart Seed Library. The mission of the Rampart Seed Library is to encourage the tradition of seed saving, nurture locally-adapted organic seed varieties, and foster a community culture of sharing. A seed collection and resource materials will be kept at both the Woodland Park Public Library and the Florissant Public Library.

Two preliminary events are scheduled in March to accept seed donations, supplies, or funds, organize volunteers, discuss goals, and exchange information. The first opportunity to "drop in & drop off" will be at the Florissant Public Library on Saturday, March 11 from 1 to 3 p.m., and the second will be at the Woodland Park Public Library on Saturday, March 18 from 10 to noon. These events are open to the public. Donations of bacon seeds will be greatly appreciated.

2016 Teller County Cares Volunteer Awards

by Kathy Hansen

Valentine's Day was an appropriate day to allow your heart to melt open while listening to the narratives read for each nominee at the Teller County Cares Volunteer Awards ceremony held at the Heritage Center in Cripple Creek. This program recognizes the many volunteers that make Teller County a better place to live. Each winner was presented hand-made pottery from fifth generation Colorado native and master potter, Frank Gray. It would indeed be a challenge to listen to 15 stories about the positive impact made by these humble volunteers and not be inspired to reflect upon how to be a better person or better serve the community.

Category	Winner	Nominated by
Civic/Service	Teller County Search & Rescue	Dan Sloan
Business	Curves	Sandy Crisp
Children/Youth	Mike McDaniel	Karen Casey-Svetich
Seniors	Caden Howard	Cat Becker
Health	John Cheyney	Kathryn Perry
Community Pride	Robert & Melanie Trujillo	Todd Haberman, Rachel Gray
Education	WPSD Foundation RE-2	Woodland Park School District
Environment	Carol Shilkett	Donna Brazill
Good Samaritan	Sherry Pappadakis	Cat Becker
Arts & Culture	Ute Pass Chamber Players	Tanner Coy
Rising Star	WP Teen Advisory Board	Karen Casey-Svetich
Heritage	Chris & Nancy Hanks	Mary Bielz
Special Service	Gail Melton	Ted Borden
Les Mellot Jr.	Lee Willoughby (Posthumus)	Sally Riley, Jackson Peters
Centennial Award	Candy Shoemaker	Community of Caring

Adopt Me by Ark-Valley Humane Society

Ginger

Meet Ginger. She's a 4-year-old Pit Bull mix who is extremely affectionate and a complete love-bug. Hugs and kisses from her humans are what makes her most happy. She's an easy-going dog who would be happy to do anything with her family, whether that's napping on the couch or going for a walk. Ginger is heart worm positive and has been undergoing treatment for it. She needs a special family that will continue with her medication until she's all better! Would you like to meet Ginger? Come to Ark Valley Humane Society at 701 Gregg Drive in Buena Vista. Call us 719-395-2737.



Fingerprints

by Flip Boettcher

photos by Flip Boettcher

Dactyloscopy, the science of fingerprint identification, is tedious and exacting, but the stakes are high. The freedom and possibly life of a person could be on the line, so said Wendy Kipple, crime scene investigator and fingerprint examiner at the monthly library STEAM (science, technology, engineering, arts and math) program at the Guffey library. Kipple gave a very informative and interesting talk.



Fingerprint in a whorl pattern.

Kipple is currently with the Fairplay Police Department and is an investigator with the Park County District Attorney's office. Kipple has been the chief deputy coroner in Summit County for 27 years. Kipple worked 19 years with the Dillon Police Department and became sergeant there before joining the Fairplay PD.

Kipple has been doing crime scene investigation for over 20 years and is internationally certified in crime scene investigation. She is also a certified fingerprint examiner through the Federal Bureau of Investigation with 500 hours of training. She has to recertify every five years.

Kipple, who grew up in Dillon with loving horses all around, never in her wildest dreams would have guessed she would be in law enforcement. Now she is on the Fairplay PD Mounted Posse; it really is a combination of her passions.

Fingerprints are unique to each individual and each individual's fingers have different prints as well. Even identical twins don't have the same fingerprints. They may though have the same basic patterns, but the minutiae, the tiny details, are different. There are also unique palm prints, edge of the hand prints and feet prints. Fingerprints can be arches, loops or whorls.

Fingerprints start in the twelfth week of gestation and don't change, even after death. Kipple was called in after hurricane Katrina in New Orleans for fingerprint identification. Because of the high water table in New Orleans, people are buried above ground. After the hurricane many caskets had gotten loose and needed to be re-opened and re-identified, said Kipple. Even after five years of burial for some of the bodies, the fingerprints were still identifiable.

Fingerprints go through all the layers of skin on your fingers down to the muscle. It is very hard to read infant prints because they are so small. It is important, though, for parents to get their children fingerprinted, said Kipple. If they were ever kidnapped or injured there would be a record to identify them.

One can get a person's DNA from a fingerprint, said Kipple, and you can sort of get an idea of what that person looks like from their DNA. The problem is that there is not a lot of DNA on record yet.

Latent prints are just prints that are invisible and no print is ever perfect. There are some computer programs to help with fingerprint distortion. The FBI has an automatic fingerprint identification system (AFIS) to help identify fingerprints. There is also a computer database in Dillon to help identify fingerprints.

Matching fingerprints is very tedious. One has to be absolutely certain and every mark, dot, line, ridge, pore, scar, whatever, has to match perfectly or it is not the correct print.

The crime scene investigator has one



Wendy Kipple with her fingerprint equipment at the Guffey library for the monthly STEAM program.

chance to get a latent print off of a surface, so it is very important to examine the entire scene first, stated Kipple, to decide which technique to use to lift a latent print.

There is clear, stiff, thick tape to lift a print and put it on a glossy card. Superglue will bring out a print because it adheres to enzymes in fingerprints. Black dusting powder and a puffy polyester brush are also used. The powder adheres to oils in prints and makes them visible. There are also many chemicals and lights which help bring out prints. The fingerprint examiner has to decide the best technique for each latent print.

There are three levels of fingerprint identification. In Level 1, one looks at patterns, overall ridge flow, general size and morphology, whether it is a finger, palm, foot or toe print and its orientation. This level cannot be used alone to individualize, but can be used to exclude under some circumstances.

Level 2 identification gets down to the minutiae and traces individual ridge paths and deviations including bifurcation, where a ridge forks out, ending ridges and dots. It is used with Level 1 to individualize or exclude.

Level 3 examines Edgeology, which is the study of the structure of individual ridges, their thickness and textures. Poroscopy is the study and reading of pores in ridge lines in fingerprints. It is very tedious to exactly match

fingerprints, and Kipple took a 40 hour class just in reading pores in fingerprints. Level 3 is used with Levels 1 and 2 to individualize or exclude. There is always a second fingerprint examination done to verify the first.

Fingerprints are found in many places. One can get fingerprints from bodies and from the inside of latex gloves (not leather or fleece lined gloves). A picture can also be taken of prints on a wet surface and used. Kipple has found and successfully lifted prints from a golf ball, a feather and candy wrappers. Since sweat makes prints, it is hard to get prints in Colorado's dry, cold winters; people are not sweating.

Kipple is an expert in storing and packing evidence ensuring a proper chain-of-custody for evidence. Many cases have been lost because of improper evidence handling. Crime scene technology is rapidly advancing, said Kipple, but it is very expensive and most local law enforcement agencies with limited budgets cannot afford it.

The monthly STEAM program is part of the Park County library system which Pat Shepherd, Park County library manager, organizes. The program is given at all four Park County libraries, Fairplay, Bailey, Lake George and Guffey. The Guffey library STEAM program is the fourth Saturday of the month.

COLORADO MOUNTAIN SPAS IS CELEBRATING MARCH MADNESS WITH OUR 5TH ANNUAL SLAM DUNK OF A SALE



Come in during the month of March and shoot Free throws for a chance to win a spa care gift basket valued at \$100.00

- MARCH SALE PRICING ON OUR COMPLETE LINE OF VIKING SPAS (winner of the Consumer Digest Best Buy Award)
- FREE DELIVERY • FREE START-UP CHEMICALS
- FREE HOT TUB STEPS • FREE SPA COVER LIFT
- CUSTOM MADE HOT TUB COVERS \$50.00 OFF
- SPA-GUARD CHEMICALS - 25% OFF
- UNI-CELL & PLEATCO FILTERS - 25% OFF

SALE ENDS 4/1/2017

Colorado Mountain Spas INC. "Setting a higher standard in the industry"



109 W. Midland Ave.
Woodland Park
(at the corner of
Park & Hwy 24)

(719) 687-5522

NOW OPEN SATURDAYS 10AM - 2PM

For New Customers - mention this ad for a 10% discount



TIMBERLINE
Spraying & Mitigation Services



SAVING THE FOREST ONE TREE AT A TIME

Spray Season is Here!

Are pests eating your trees? Let us help you!

Timberline Spraying & Mitigation Services spray for a wide variety of bugs and beetles including:

- Budworm
- Tussock Moth
- Aspen Mites & Aphids
- Pine (IPS & MPB), Fir & Spruce Beetles

719-687-6811

Richard@SavingTheForest.com

We also provide
Mistletoe Sterilization and
Deep Root Fertilization, along
with our Mitigation Services
as well.



Snopes reports

On 23 January 2017, *The Intercept* posted a story giving a run-down of legislative bills proposed by various state lawmakers that would increase the potential criminal penalties to be applied persons arrested while protesting:

I reported that such efforts were afoot in five states: In Minnesota, Washington state, Michigan, and Iowa, Republican lawmakers have proposed an array of anti-protesting laws that center on stiffening penalties for demonstrators who block traffic; in North Dakota, conservatives are even pushing a bill that would allow motorists to run over and kill protesters so long as the collision was accidental. Similarly, Republicans in Indiana prompted uproar over a proposed law that would instruct police to use "any means necessary" to clear protesters off a roadway.

[R]eaders alerted me to two additional anti-protesting bills, both introduced by Republicans, that are pending in Virginia and Colorado. This brings the number of states that have in recent weeks floated such proposals to at least eight.

The article's lead-in suggested that proposals for the more severe laws were related to large demonstrations that took place around the country on 20 January and 21 January 2017, the days of and after President Donald Trump's inauguration. However, the laws had started wending their way through state legislatures well before President Trump was sworn in to office. Many of the the proposals instead seemed to have been offered in response to protests related to the Black Lives Matter movement and the Dakota Access Pipeline construction.

In North Dakota, HB 1203 lifts liability from drivers who accidentally hit protesters who are in roadways. The bill was introduced amid demonstrations against the Dakota Access Pipeline:

It's shifting the burden of proof from the motor vehicle driver to the pedestrian," said Rep. Keith Kempenich, R-Bowman, who admitted the bill is in response to the Dakota Access Pipeline protests in southern Morton County.

He said a response, in the form of House Bill 1203, was needed after groups of protesters blocked or gathered close to roadways and caused problems as motorists tried to drive by.

Editor's note: When I began fact checking on the felonization of protesting I found this. Read entire piece at <http://www.snopes.com/lawmakers-criminalize-peaceful-protest/>

DAPL update: Third return to Standing Rock

by Diana Crow-Wheel
photos by Diana Crow-Wheel



Popz cleaning up his home along the Cannonball River at Oceti Sakowin Oyate camp...

Last Child's Camp

On February 1, 2017 the Last Child's Camp was being erected in the north-west area of the pipeline area. Seven tipis were being erected, and firewood and food were being brought up in 15 degree temperatures. This was another prayerful site named after a camp created by Crazy Horse.

We walked up to the camp and stood around the fire in prayer, song, and peaceful ceremony. We brought up hand warmers, prayer ties, food and tobacco given to us by local supporters in Wood-land Park. An hour later we left to feed three Water Protectors at the local casino buffet. This was also done with monies we were entrusted with, contributed by Sacred Hoop Ministry and local citizens. We were notified during our meal that road blocks and militarization preventing the main camp from leaving were em-ployed while officers seized the camp. A total of 76 Water Protectors were arrested that day while peacefully in prayer.

There have been other significant changes for this peaceful movement at Standing Rock, North Dakota. The camps have been moving out of the record high snow melt and relocating to higher grounds. We went to assist Water Protectors in their move out of Oceti Sakowin Oyate Camp. With three sequential blizzards, record high snow and arctic temperatures, the people continued to stand against the North Dakota Access Pipeline (DAPL). The overflow of donations made it difficult to distribute and then clean-up. It takes time and planning to clean-up a camp whose population was once in the tens of thousands. Harsh press and photos compounded the difficult situation.

The Oceti Camp, Rosebud Camp and lower portions of Sacred Stone have been substantially moved to higher grounds. The Governor of North Dakota has issued an eviction notice to the Oceti Sakowin Oyate Camp with militarized presence on February 22, 2017, at 2 p.m. The people have asked for an extension and none has been issued as of this writing. Army Corp of Engineers, State Troopers, Morton County Sheriff, Bu-reau of Indian Affairs, National Guard, Park Services and other law enforcement agencies are currently present. Road blocks and over militarized presence continues.

This is all taking place on Treaty Land granted by the United States and of supreme law.

On January 24, 2017, President Trump signed an executive order to negate the Army Corp of Engineers decision to start an Environment Impact Statement (EIS). Currently there is litigation from the tribe to reinstate the EIS. The focus has been on the clean-up of the camps so that materials do not flow into the Cannonball River in the spring.

The distorted media focus has been on the water protector camps and not the spill-age consequences of the DAPL pipeline into the largest watershed in the country. Be reminded that this oil is for export only and the proposed drilling under the Missouri river is at an unprecedented depth. Gas and oil spillages occur frequently.



... It was ransacked, then dozed down by the impending eviction notice from North Dakota governor on February 22, 2017 at 2 pm. Popz left his home and came to Oceti to standup for the water being jeopardized by DAPL.

The environment is not our resource; it is our source of life.

Over 700 Water Protectors have been ar-rested. Recently a judge dismissed three Water Protectors' cases, ruling it was an illegal arrest. Four Water Protectors are currently incarcerated for unwarranted charges either for no bail, or the monies could not be raised for bonding.

Four states are trying to pass bills to felonize protesting (see sidebar). Colorado is one of the states. When we start felonizing protesting we are compromising our amend-ment rights. Civil rights and Constitutional rights have been blatantly ignored at Stand-ing Rock. This continues to be a movement about clean water, civil rights, treaty rights, peaceful protesting, religious rights, sover-eignty, sustainability, reducing fossil fuel dependency and so much more.

Divestment is another movement whereas people are defunding accounts of banks that support this pipeline. Peaceful protests continue, as calls to the Army Corp of En-gineers and North Dakota state continue.

For further information about the NO-DAPL movement and how you can stay informed and support there is a Facebook page; ColoradoStandingRockConnect.

Mni Wiconi! (Water is Life).

resident of Divide, dedicated to helping the Water Protectors. We are grateful for her willingness to share her experiences with our readers.

Each time the emotions range from the fear and anger the militia brings and how that negativity is met with intense prayers of love and gratitude. The ability of the Water Protectors to concentrate on their prayers and focus with love and respect for each fellow human being in the face of those charged with taking the land is indeed phe-nomenal. We continue to revere her dedica-tion that brings her home to heal, re-group, re-connect with family and friends, only to prepare another journey to help those that seem to have become her extended family. Our thoughts and prayers go with her.

More information

Here are some more resources if you are interested in learning more about DAPL.

- <https://youtu.be/Ii1GB-uRU9Q>
- <http://www.truth-out.org/opinion/item/39600-after-the-raid-standing-rock-lives-on-as-a-model-for-peaceful-resistance>
- <http://www.snopes.com/2016/11/28/what-those-dakota-access-pipeline-protesters-dont-tell-you/>

Editor's note: Diana Crow-Wheel is a

Eminent Domain
From TheFreeDictionary.com

The power to take private property for public use by a state, municipality, or private person or corporation authorized to exercise functions of public character, following the payment of just compensa-tion to the owner of that property.

Federal, state, and local governments may take private property through their power of eminent domain or may regulate it by exer-cising their Police Power. The Fifth Amend-ment to the U.S. Constitution requires the government to provide just compensation to the owner of the private property to be tak-en. A variety of property rights are subject to eminent domain, such as air, water, and land rights. The government takes private prop-erty through condemnation proceedings. Throughout these proceedings, the property owner has the right of due process.

Public Use requires that the property taken be used to benefit the public rather than specific individuals.

To exercise the power of eminent domain, the government must prove that the four elements set forth in the Fifth Amendment are present: (1) private property (2) must be taken (3) for public use (4) and with just compensation. These elements have been interpreted broadly.

Public Use requires that the property taken be used to benefit the public rather than specific individuals. Whether a par-ticular use is considered public is ordinarily a question to be determined by the courts.

To determine whether property has been taken for public use, the courts first deter-mined whether the property was to be used by a broad segment of the general public.

Editor's note: Considering the oil transported in the DAPL pipeline is meant for export, how does this consti-tute a public benefit?

42 Years of Quality Work!

Divide Collision Center

Auto Body and Paint Repair • Insurance Claim Estimates

WE DO IT ALL!

Hundreds of Satisfied Customers
Boat Repairing & Refinishing
Plastic & Fiberglass Repair
RV Body & Frame Repair
All Insurance Companies
All Types of Painting
Hail Damage Repair
Auto Glass Service

FREE Estimates!

178 Weaverville Rd., Divide
(719) 687-7683

THE BUSINESS CONNECTION

We are here for YOU with competitive pricing

Your Local Complete Office Support Center

Brochures	Large Format Copies
Business Cards	Newsletters
Color Copies	Notary
Fax Service	Office Supplies
FedEx/UPS	Postcards
Flyers	Public Internet
Graphic Design	Resumes
Invoices	Scanning for email
Laminating	Secretarial Service

719-836-1919
1150 CASTELLO AVENUE
FAIRPLAY, COLORADO
thebizconnection@yahoo.com
OPEN: Mon-Fri, 8am-5pm

ups
FedEx

Politics are complicated. KRCC gives you the facts, letting you make up your own mind. Great storytelling and rigorous reporting, with analysis and insight to ensure you're as informed as possible.

KRCC and NPR — just the facts and intelligent discussion.

89.1FM La Junta
91.5FM Colorado Springs
91.7FM Starkville

Southern Colorado's NPR Station

Discover more at krcc.org

Learn About Gold Mining in a Volcano!

Cripple Creek & Victor Gold Mine

NEWMONT NORTH AMERICA

CC&V Visitor Center

371 E Bennett Avenue
(B.P.O.E. Elks Building)
Cripple Creek
719-689-2341
Hours: 10:00 – 4:00 Friday - Sunday

9th Annual WILD WHISKERS

SATURDAY MARCH 4TH 2017

DINNER & AUCTION

at Shining Mountain Golf Club in Woodland Park, CO

Cocktail Hour starts at 4:30PM

See our website for a list of **INCREDIBLE AUCTION ITEMS!**

GET YOUR WAGON!

TICKETS AVAILABLE ONLINE
tcrascolorado.org
OR BY PHONE
719-686-7707
\$40 EA.

All proceeds benefit the animals at:

TCRAS
TELLER COUNTY REGIONAL ANIMAL SHELTER

Hurry, tickets are going FAST!

501(C)(3)

Papa Murphy's PIZZA

Join the **TAKE 'N' BAKE** Revolution™

CHOOSE YOUR SIZE & SAVE!

\$4 OFF Family Size | **\$3 OFF** Large | **\$2 OFF** Medium

Papa Murphy's

IN-STORE ORDERS ONLY. Discount off regular menu price. Excludes Mini Murphy®, FAVES® and Desserts. Fresh Pan in Large only. Valid at participating locations. Not valid with other offers. Cannot be sold, transferred or duplicated. Limit 3.

PUEBLO/HWY 50 • 1617 Hwy 50 W, next to Albertsons • 719-595-0444 • Store #06058
COLO SPRINGS/S ACADEMY • 2460 S Academy Blvd, Academy & Astrozon • 719-392-7222 • Store #06045
PUEBLO/S PRAIRIE • 840 S Prairie Ave, next to Fairgrounds • 719-561-3999 • Store #06047
COLO SPRINGS/N CIRCLE • 1203 N Circle Dr, next to Safeway • 719-637-9777 • Store #06058
COLO SPRINGS/N POWERS • 2888 N Powers Blvd, next to Safeway • 719-597-7222 • Store #06022
COLO SPRINGS/DUBLIN • 1708 Dublin Blvd, Dublin & Academy • 719-598-8383 • Store #06006
WOODLAND PARK • 300 U.S. 24, Main Street U.S. 24 • 719-686-9776 • Store #06073

Spring in Florence

by Flip Boettcher
photo by Flip Boettcher

For interesting, fun things to do this spring, Florence is a good place to visit. Besides being the antique capital of Colorado, Florence has many other kinds of shops and art galleries, as well as food, wine tasting, and lodging; a brewery; a bike shop where one can rent a bike and go for a ride; a day spa for a plethora of body treatments; and activities are planned every month.

Last fall, Netflix was in town filming a Robert Redford, Jane Fonda movie entitled *Our Souls at Night* by Colorado author Kent Haruf. It should be released sometime this year.

Florence also has two authors of its own: Barry Briery at Spirit Riders who writes Native American western-type books; and Tom Bruno at Papa's Pizza who writes science fiction, steampunk-esq books.

Spring blasts off with a Celtic exhibition at the Bell Tower Cultural Center through March 25. The Bell Tower will also host a dramatic reading of Moliere's Tartuff, March 3 and 4 and the Celtic Dancers and Music, March 18. There will be a photography show March 30-May 6 with a reception on April 7.

March 31 and April 1, 10-5 p.m. will see a return of the Second Annual Very Foolish Sale on Main Street. The shops will feature "very foolish" prices on selected items. Some prices will start at a \$1 or less and weather permitting, there will be sidewalk sales.

The Bell Tower will have a Vintage Jazz concert April 1 and Mollie O'Brian and Rich Moore bluegrass concert April 21.

Spirit Riders and the McCandless Building



Barb Briery of Spirit Riders is on the far right during the Pioneer Day Parade last fall. She is sponsoring the Steampunk and Wine event with the McCandless Building.

will be hosting the Third Annual Escape in Time to Steampunk and Wine festival April 22 and 23. See press release in next month's *Ute Country News* issue for more information.

May brings a Swing Djour concert at the Bell Tower on May 20 and the Conversations in Color art exhibit May 11-June 24. There is also going to be an Armed Forces Art Show throughout the town with proposed dates of Memorial Day, May 31, through D-Day, June 6.

There are many more events scheduled throughout the summer and fall as well. For more information on any of these events, events we missed, or future events, contact www.FlorenceArtsCouncil.com or call 719-784-2038. Also contact Peg at the Fox Den 719-784-2303. For Steampunk information contact florences-teampunk@yahoo.com or 719-431-3592.

Film Screening: Strong Sisters

by Jordan Huxford

For National Women's History Month, the John C. Fremont Library District and the Bell Tower Cultural Center in Florence are partnering to host a free screening of the documentary *Strong Sisters: Elected Women in Colorado* on March 24th. It is about the progress of women in government in Colorado. The film explores the history and current state of women in government in much more depth by interviewing and recording the oral histories of the women who have made Colorado a trailblazer for women's suffrage and leadership.

Western states were leaders in women's suffrage. Historically, the western states were sparsely populated so women were able to play a larger role in society, which eventually lead to movements for suffrage. Women gained the right to vote in Colorado in 1893,

following the territory of Wyoming granting women suffrage in 1869. In 1894, the first three women to be elected in Colorado government were voted into the Colorado House of Representatives. The number of women representing Colorado has steadily increased, although women are still not proportionally represented in our government.

The free screening of *Strong Sisters* will be at the Bell Tower Cultural Center on March 24th at 7 p.m. The Bell Tower is located at 201 E 2nd St, Florence, CO 81226. The screening is part of the John C. Fremont Library District's National Women's History Month series. Other events include a Colorado women's poetry reading and a presentation titled *Pants = Power* about the relationship between clothes, power, and women.



Summit Elementery's heart healthy obstacle

Summit Elementary School students participated in a heart obstacle course as part of Heart Healthy month in February. The course included activities that elevated their heart rate from jumping rope and hopping on trampolines to rope swinging and crawling through a tunnel of different shapes. American Heart Month is a national American Heart Association program to promote the education of heart health.

Adopt Me by Teller County Regional Animal Shelter

Supriah

My name is Supriah. My friend and I came in as strays, but I am now looking for a new home. I am a strong girl. I love to go for walks. I would love to have a person to take me on hikes. If you want me to be a friend to another dog, please bring them to meet me so we can make sure it is a good fit. I do know my house manners. Please come to TCRAS and meet me! TCRAS is located at 308 Weaverville Road in Divide, or call 719-686-7707.



~OUT AND ABOUT~

Check out these activities going on right here in this area. If you know of an activity we should include, please call us at 719-686-7393 or email us at utecountrynewspaper@gmail.com.

ALMA
16 "Beavers: nuisance or opportunity" at 7 p.m. at the Alma Town Hall, 59 Buckskin Street. www.beeperpools.org.

BUENA VISTA
6 Hwy 24 Project Open House 5:30-7 p.m. at the Community Center.
10 BV Community Dance 7-9:30 p.m. at Congregational Church.
14 BV Celtic & Old Time Music Jam 6:30-8:30 p.m. Creekside Gathering Place.
16 Business After Hours 5-7 p.m. at BV Chamber.
16 Revealing Jupiter's Interior: NASA's Juno Mission. What's Inside the Giant Planet? Free 7-9 p.m. at the Community Center.
26 VFW All You Can Eat Breakfast 10-1 p.m. at the VFW.

CA ON CITY
CANON CITY LIBRARY
4 Dr. Seuss's Birthday Party; all are welcome. Reader's pledge to read, movie, refreshments, games, photo booth, and fun at 2 p.m.
11 Money matters part II at 2 p.m.
18 Robert Stovall will perform as General William Palmer, living history at 2 p.m.
25 Kathy Boone will teach book folding at 10 a.m.
All at 516 Macon Ave. Call 719-269-9020 for more information.

NAMI Connection Recovery Support Group. Adults living with mental illness. Every Wednesday 5:30-7 p.m. at St. Thomas More Hospital Community Education Room. Free, safe, and confidential. 719-315-4975 www.namisouthteco.org

CASCADE
11 CVFD annual Dog & Cat Vaccination Clinic from 10-11 p.m. at Cascade Fire House. Same price for 4 years. Dr. Cooper & Compassion Animal Hospital staff from WP Vendors on hand with healthy pet treats and human baked goods available. No appointment necessary; bring all your critters at the same time! Please contact Lori 719-551-0418.

COLORADO SPRINGS
11 We Are Beth El Nurses: A Heritage of Caring at the Foot of Pikes Peak at 11 a.m. Presented by Joanne (Jo) Ruth. Members free and \$5 for non-members. Old Colorado City History Center, 1 South 24 St.

COPPER MOUNTAIN
5 Colorado Special Olympics Winter Games
18-19 Subaru Winterfest
25 Copper Uncorked
Learn more at CopperColorado.com

CRIPPLE CREEK
17 Cripple Creek Elks Lodge St. Patrick's Day dinner open to public at 6 p.m. (Club Room opens at 4:30 p.m.). Traditional dinner of corned beef and cabbage, soda bread, and dessert \$8 at 375 E. Bennett Ave, 719-689-2625 for more information.

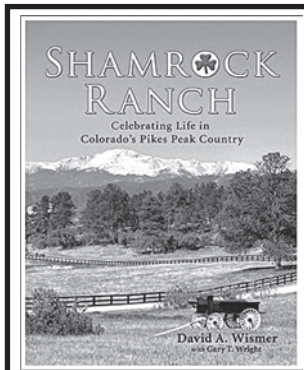
ASPEN MINE CENTER
1, 8, 15, 22 AMC Community Lunch-con is held 11:30-1 p.m. Meals are provided on a donation basis.
15 ATTUNE - New support group for male victims of Domestic Violence meets 4-5 p.m.
21 TBI: Group participation meetings regarding Traumatic Brain Injury on the 1st and 3rd Tuesday of each month from 10-11:30 a.m.
8 Colorado Legal Services 1:30-3 p.m.
14 All Vets, All Wars: Group participation for all vets, of all wars from 10-11:30 a.m.
16 OIB Group This a support group for individuals with blindness or other sight issues and meets 10-11 a.m.
18 VITA (Volunteer Income Tax Assistance) 9-1p.m. Please call 229-9868 for an appointment.
31 Teller County Emergency Food Distribution Program (Commodities) will be held between 9-2 p.m. Please bring photo ID and proof of Teller County residency.
31 Cross Disability Meetings for

persons with disabilities 10-11:30 a.m.
For more information call 719-689-3584 X124.

GED classes are offered Tuesday and Thursday afternoons from 2 p.m. to 5 p.m. Please call Katy to register 719-686-0705.

DIVIDE
11 Teller County Shooting Society has their annual meeting at 10 a.m. at the Pikes Peak Community Center in Divide. For more information please go to our website: www.tcss-co.org.
13, 27 Little Chapel Food Pantry Distribution 4:30-6:30 p.m. For

continued on page 28



COLORADO SPRINGS
13 Pikes Peak Posse of the Westmen presents *The Shamrock Ranch, Life on the edge of the Black Forest* by David Wisner. Social time 6 p.m., dinner at 6:30 p.m. at Colorado Springs Masonic Center, 1150 Panorama Dr. Program format is in a casual, catered dinner setting at a cost of \$17, payable in advance. RSVP and PAY via Credit Card online by Friday prior, noon. Phone: 719-685-1960 ask for Deborah Harrison or email harrisonher-story@gmail.com

John C. Fremont Library news

March's Featured Artist

The John C. Fremont Library is hosting Joan Flint's aka Joany-Oh's new painting series *Women's Hands* for National Women's History Month. The series on display through March features 12 images depicting women's hands in a variety of activities. Free stickers of the works and light refreshment will be available during the reception on March 11, from 2-4 p.m.

March's Featured Collection

We have a Spanish collection. It contains fiction novels for all age groups. Whether you're learning Spanish or it's just the language you prefer to read in, we have some books for you.

Adult programs

1 Adult Coloring Night 7-9 p.m.
Join us at the Florence Brewing Company. Release your inner child and relieve some stress! Adult coloring books are more complicated than what the kindergarteners are coloring so it may be a challenge staying in the lines! Florence Brewing Company, 200 S Pikes Peak Ave, Florence, CO 81226, Phone 719-784-4649.

7 Easy Origami for Adults with Jennifer Gerring 4 p.m.
Jennifer Gerring, Origami artist, will teach three easy origami models for adults. She has been folding Origami since she was 8 years old, and teaching Origami for over 20 years. She is a member of the OrigamiUSA association, traveling to NYC and London for Origami conventions. The class is limited to 15 people. If you are interested, please contact Sean at 784-4649 x 3 or email sean.baharry@JCFLD.org

15 Women's Poetry Reading at Adult Coloring Night 7-9 p.m.
We are having a special reading of poetry by Colorado women. Come on in, enjoy a drink, color some pictures, and listen to some poetry. Florence Brewing Company, 200 S Pikes Peak Ave, Florence, CO 81226, Phone 719-784-4649 x3.

21 Pants = Power 4 p.m.
Throughout time, many women have fought to wear pants — a garment reflecting both gender and power. Beginning with the origin of trousers, Eileen Gose and Kathy DeHerrera will present selected periods in American history and tell how women challenged the system to expand their independence in life and in clothing.

Presented at the Penrose Community Library, 35 7th Avenue, Penrose, Colorado 81240, Phone 719-784-4649 x3.

23 Florence Garden Girls Present "What to Plant Now?" 6 p.m.
Christine Hassler and Cis Harman will discuss how to amend your soil, grow organic vegetable and xeriscape with plants best suited to this area. They will also talk about deer proofing your garden and seed saving.
24 Free Film Screening: *Strong Sisters* at 6 p.m. at the Bell Tower. See related story on page 26.
30 Charles Goodnight and the Goodnight Barn 6 p.m.
Linda Crawford and Laurel Campbell will share the history of Charles Goodnight's life and his Rock Canyon Ranch in Pueblo, Colorado.

Clubs

1st & 3rd Tuesdays Vegan Book Club 11 a.m. The Vegan Book Club discusses veganism and topics related to veganism. Club President: Harriet Balhiser, harrietalbalhiser@bresnan.net.

Wednesdays Wool Gatherers 10 a.m. The Wool Gatherers meet every Wednesday to yak, knit (or crochet or quilt), and have lunch! The group is BYOP: Bring Your Own Project. All levels welcome.

Youth programs

18 Family Movie: *Brave* 2:30 p.m. This film follows the heroic journey of Merida, a skilled archer and headstrong daughter of King Fergus and Queen Elinor. Determined to carve her own path in life, Merida defies an age-old custom sacred to the unruly and uproarious lords of the land. FREE Popcorn. Bring your own drink. Rated PG. 100 min.
Wednesdays Story Time at the Library 10:30 a.m. Join Ms. Debbie for songs, stories and crafts.

Youth clubs

Thursdays Teen Group 3:45 p.m.
Teens 6th to 12th grade are invited for crafts, games and fun. There is a new weekly theme. Snacks will be provided.

All programs and clubs are free and at the John C. Fremont Library (130 Church Ave., Florence CO 81226, 784-4649 ext. 3) unless otherwise noted.

ON THE TRAIL OR ON THE ROAD WE'RE THERE WITH YOU

USGS Quads: Paper & Waterproof
HuntData • MyTopo • BLM
Plus Colorado & USA
Travel Maps & Wall Maps
Map Tools • Street Atlases
Online & Special Orders Welcome!

MACVAN MAPS
633-5757
1045 Garden of the Gods Rd.
M-F 8:30-5:30 | SAT 9-5 | macvanmaps.com



Law Office of Kirk Garner

Family Law Attorney and Mediator

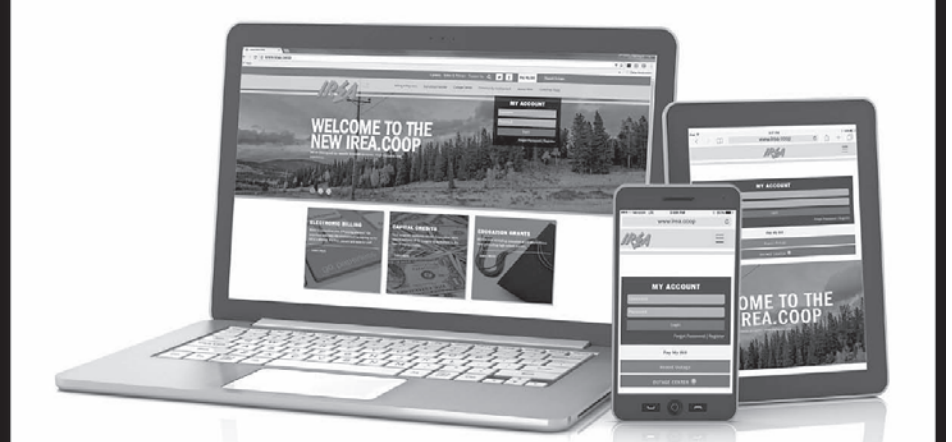
- Divorce
- Child Custody
- Child Support
- Relocation

General Civil Practice

- Contract Disputes
- Landlord/Tenant

Office located in the Pikes Peak Credit Union
719-687-6869 720 W. Midland, Suite 201
Woodland Park

Let's do launch



We've redesigned our website to create an easier, more enjoyable user experience via your computer, smartphone or tablet. Use it to view and pay your bill, report an outage and find the answers to any questions you have about your IREA service.

Visit **www.IREA.coop** today



@IREAColorado IntermountainREA

Update Community helping a veteran

by Rich Ingold and Steven Wade Veatch

The members of the Victor-Cripple Creek American Legion Post 171 and community volunteers made significant progress on the house on the corner of Hayden and Galena in Cripple Creek. The Victor-Cripple Creek Post, along with the community, is working tirelessly to make this unheated and powerless house a home for Andrew Smith and his son. Smith is a Marine veteran and is completely disabled. His son struggles with the ravages of muscular dystrophy.

The house is uninhabitable. But that is changing with the help of the local American Legion post and the community. Several projects were completed in February. The contracted plumber installed most of the plumbing to the kitchen and extended plumbing to the upstairs and basement bathroom areas. The installation of the tub and shower base was next. The electrical contractor activated a new panel with breakers, ran wiring to meet code and electrical needs, and obtained power to one circuit. Post members and community volunteers rolled up their sleeves and installed additional framing and fire blocks, trimmed around the new power panel, and planned for future work. Kitchen and bathroom cabinets arrived and were placed into storage. The cabinets will be installed later.

Andrew Smith, the disabled veteran and owner, visited the home, reviewed the progress, and provided guidance for future work. Andrew is looking forward to returning to his home with his son. Since the exterior needs painting, colors were picked and tested for their visual appeal. Some furniture items were acquired, refinished, and placed into storage.

Tax deductible contributions may be sent to American Legion Post 171, P.O. Box 604, Cripple Creek, CO 80813.

Steampunk and Wine seeking vendors and couples

We're gearing up for the 3rd Annual Steampunk and Wine Festival in Florence, Colorado on April 22 and 23. Vendors will be set up throughout the park from 9 am to 5 pm both days. You can email florencesteampunk@yahoo.com to reserve your booth. Deadline is March 31, 2017. Call 719-431-3592 for questions.

We need two couples, one for each day. The committee will vote on the BEST and most entertaining reason why you NEED to get married! Email for entry form. The theme "Steamy Love" is fitting for the event as there will be group marriage vow renewals. For \$75 the ceremony, the gift basket of wine, glasses, etc. and a carriage ride from Dawson Ranch is included. Please sign up soon, email for the form at florencesteampunk@yahoo.com.

Rampart Library news

by Michelle Dukette

In March there are many activities and programs to choose from within the Rampart Library District. Whether you are a Star Wars fan, love Irish dancing, or want to learn defensive driving, we have something for everyone!

The Rampart Library District is delighted to host Ed Kramer, an Oscar-nominated computer graphic artist, at the Woodland Park Public Library on Saturday, March 11 from 2-4 p.m. Ed most notably worked for 12 years as a Senior Technical Director and Sequence Supervisor at Industrial Light & Magic, the motion picture special effects company founded by George Lucas. In addition to working on the *Star Wars* films, Ed has worked on over 29 feature films including *Pirates of the Caribbean*, *Harry Potter*, *The Mummy*, and *The Perfect Storm*.

For children

The Woodland Park Public Library has a new Books and Babies program for ages

2 and under every Tuesday at 10 a.m. In addition, the District offers three Storytimes each week. Storytime at the Woodland Park branch is with Miss Julie and Miss Beth on Wednesdays and Thursdays at 10 a.m., and at the Florissant branch with Miss Leslie on Fridays at 10 a.m. Lego Club is all day on Fridays in the Woodland Park Public Library children's craft room.

For teens

In anticipation of Ed Kramer's visit in March, the movie *Jumanji* will be shown in the Teen Room after school on March 9. Ed was a significant contributor to the CGI effects in *Jumanji*.

The Marvel Movie Club meets on March 7 and 21 with showings of *Avengers* and *Iron Man*, respectively. The Art Club will meet March 14 after school, and our new Character Creation Club will meet March 16 at 4 p.m. This club is for teen artists, writers, and other creatives who would like

~OUT AND ABOUT~

RESTAURANT & BAR

3, 17, 24, 31 Karaoke 6-9 p.m.
10 Stompin' George at 6-9 p.m.
13 Open Mike Night hosted by Super Chuck 5-8 p.m. For more information check our website at www.thebullmoosengeuffey.com or call 719-689-4199.

FRESHWATER BAR & GRILL

4 Lissa Hanner & Super Chuck Dinner Show 6-9 p.m. Make reservations.
11 Joe Bellavia & Adam Ashley 5-8 p.m.
18 Pup Morse 5-9 p.m. Celebrating St Patrick's Day with corned beef and cabbage.
25 Calanni's 5-9 p.m.

GUFFEY LIBRARY

1 Colorado Rocky Mountain Rural Health visits to answer many questions 11-2 p.m.

6 Talking Threads 1-3 p.m.
11 Excel Workshop noon-3 p.m.
13 Patches & Pieces 11-3 p.m.

16 Potato Bar Fund Raiser & St. Paddy's Day Crafts 4-6 p.m.

18 Colorado Common Cents Workshop noon-3 p.m.

25 STEAM 11-1 p.m.

27 Guffey Literary Society 1-3 p.m.

• Wednesdays Pre-School Play Group 1-4 p.m.

All events are open to the public and free. Please feel free to call or email with any questions. 719-689-9280 guffeylib@parkco.us

LAKE GEORGE

25 The 3rd Annual Mule Deer Conservation Banquet see page 6.

• New 4-H Club. Contact Erin 719-689-5900.

LAKE GEORGE LIBRARY

• Story Times each Wednesday from 1:30-2 p.m.

PARK COUNTY

23 The SP Chamber will be hosting a Tax credit/incentive and finance class from 5:30-7 p.m. for business owners. Location will be announced later. For more information please contact Cheryl at 720-205-0178 or info@south-parkchamber.com.

• Park County Senior Coalition has a Grant for Park County Veterans of any age to help pay for Housing, Utilities, Groceries and Gas. For more information, please call 719-836-4295.

• Woodland Country Lodge entertainment see page 3.

• Clothes Closet offers free food and clothing on Mondays, Wednesdays, and Fridays from 1-4 p.m. Donations accepted. Call 719-687-2388 for more information.

• Farmer's Market see page 10.

• GED classes are offered Thursday evenings from 6-9 p.m. Please call Katy to register 719-686-0705.

• Woodland Country Lodge entertainment see page 3.

• Clothes Closet offers free food and clothing on Mondays, Wednesdays, and Fridays from 1-4 p.m. Donations accepted. Call 719-687-2388 for more information.

• Farmer's Market see page 10.

• GED classes are offered Thursday evenings from 6-9 p.m. Please call Katy to register 719-686-0705.

• Woodland Country Lodge entertainment see page 3.

• Clothes Closet offers free food and clothing on Mondays, Wednesdays, and Fridays from 1-4 p.m. Donations accepted. Call 719-687-2388 for more information.

• Farmer's Market see page 10.

• GED classes are offered Thursday evenings from 6-9 p.m. Please call Katy to register 719-686-0705.

• Woodland Country Lodge entertainment see page 3.

• Clothes Closet offers free food and clothing on Mondays, Wednesdays, and Fridays from 1-4 p.m. Donations accepted. Call 719-687-2388 for more information.

• Farmer's Market see page 10.

• GED classes are offered Thursday evenings from 6-9 p.m. Please call Katy to register 719-686-0705.

• Woodland Country Lodge entertainment see page 3.

• Clothes Closet offers free food and clothing on Mondays, Wednesdays, and Fridays from 1-4 p.m. Donations accepted. Call 719-687-2388 for more information.

• Farmer's Market see page 10.

• GED classes are offered Thursday evenings from 6-9 p.m. Please call Katy to register 719-686-0705.

• Woodland Country Lodge entertainment see page 3.

• Clothes Closet offers free food and clothing on Mondays, Wednesdays, and Fridays from 1-4 p.m. Donations accepted. Call 719-687-2388 for more information.

• Farmer's Market see page 10.

• GED classes are offered Thursday evenings from 6-9 p.m. Please call Katy to register 719-686-0705.

• Woodland Country Lodge entertainment see page 3.

• Clothes Closet offers free food and clothing on Mondays, Wednesdays, and Fridays from 1-4 p.m. Donations accepted. Call 719-687-2388 for more information.

• Farmer's Market see page 10.

• GED classes are offered Thursday evenings from 6-9 p.m. Please call Katy to register 719-686-0705.

• Woodland Country Lodge entertainment see page 3.

• Clothes Closet offers free food and clothing on Mondays, Wednesdays, and Fridays from 1-4 p.m. Donations accepted. Call 719-687-2388 for more information.

• Farmer's Market see page 10.

• GED classes are offered Thursday evenings from 6-9 p.m. Please call Katy to register 719-686-0705.

• Woodland Country Lodge entertainment see page 3.

TEEN CENTER

1, 8, 15, 22, 29 Snack special jalapeno pepper grilled cheese sandwich \$1
1 Music Art Day. Come color some coloring pages and show off your artwork.
6 Come build your best Lego creation all day.
8-13 TAB Planning meeting 3:30-4 p.m.
8 Adopt-A-Spot. Clean-up in and around Memorial Park and help keep Woodland Park beautiful 4-5 p.m.
9 Art Activity: We're going to make rain stick instruments. Sign-up required so we have enough supplies.
14 Book Club. We discuss the book of the month and find out what the new book will be 4-5 p.m.
21 Open Mic/Talent Day! If you sing or play an instrument come show off your talents 4 p.m.
22 TAB Meeting 4-5 p.m.
23 Half-Day school MS/HS. TC Open noon-6 p.m.
24-31 No School. TC Open noon-6 p.m.
24 Chilling Out at the Chimney. We will close the TC and walk to the Chimney in memorial Park for a small cookout and music. You must sign-up to participate so we have enough food.
28 Victor Trail: Mining, history and nature walk. Join us for a walk in mining country. Learn about the early mining days and what it took to find gold.
31 Chill Day at the Teen Center. Sign-up sheets for all activities are at the Teen Center.

At the Teen Center we have lots going on every month. Besides what's on the calendar above, we have our Elevate Cafe offerings, board games, card games, puzzles, Xbox 360 and PS4 game consoles, a pool table, air hockey and a foosball table! We are a safe, supervised place for teens to come and spend the afternoon.

We are a drug-free, bully-free, violence-free zone!

After school hours: 3 p.m. to 6 p.m. No school hours: noon to 6 p.m. Youth in Grades 6-12 are welcome! Teen Center is located at 220 W. South Ave. Call 719-687-3291 for more information.

• Woodland Country Lodge entertainment see page 3.

• Clothes Closet offers free food and clothing on Mondays, Wednesdays, and Fridays from 1-4 p.m. Donations accepted. Call 719-687-2388 for more information.

• Farmer's Market see page 10.

• GED classes are offered Thursday evenings from 6-9 p.m. Please call Katy to register 719-686-0705.

• Woodland Country Lodge entertainment see page 3.

• Clothes Closet offers free food and clothing on Mondays, Wednesdays, and Fridays from 1-4 p.m. Donations accepted. Call 719-687-2388 for more information.

• Farmer's Market see page 10.

• GED classes are offered Thursday evenings from 6-9 p.m. Please call Katy to register 719-686-0705.

• Woodland Country Lodge entertainment see page 3.

• Clothes Closet offers free food and clothing on Mondays, Wednesdays, and Fridays from 1-4 p.m. Donations accepted. Call 719-687-2388 for more information.

• Farmer's Market see page 10.

• GED classes are offered Thursday evenings from 6-9 p.m. Please call Katy to register 719-686-0705.

• Woodland Country Lodge entertainment see page 3.

• Clothes Closet offers free food and clothing on Mondays, Wednesdays, and Fridays from 1-4 p.m. Donations accepted. Call 719-687-2388 for more information.

• Farmer's Market see page 10.

• GED classes are offered Thursday evenings from 6-9 p.m. Please call Katy to register 719-686-0705.

• Woodland Country Lodge entertainment see page 3.

• Clothes Closet offers free food and clothing on Mondays, Wednesdays, and Fridays from 1-4 p.m. Donations accepted. Call 719-687-2388 for more information.

• Farmer's Market see page 10.

• GED classes are offered Thursday evenings from 6-9 p.m. Please call Katy to register 719-686-0705.

• Woodland Country Lodge entertainment see page 3.

• Clothes Closet offers free food and clothing on Mondays, Wednesdays, and Fridays from 1-4 p.m. Donations accepted. Call 719-687-2388 for more information.

• Farmer's Market see page 10.

• GED classes are offered Thursday evenings from 6-9 p.m. Please call Katy to register 719-686-0705.

• Woodland Country Lodge entertainment see page 3.

• Clothes Closet offers free food and clothing on Mondays, Wednesdays, and Fridays from 1-4 p.m. Donations accepted. Call 719-687-2388 for more information.

• Farmer's Market see page 10.

• GED classes are offered Thursday evenings from 6-9 p.m. Please call Katy to register 719-686-0705.

• Woodland Country Lodge entertainment see page 3.

• Clothes Closet offers free food and clothing on Mondays, Wednesdays, and Fridays from 1-4 p.m. Donations accepted. Call 719-687-2388 for more information.

• Farmer's Market see page 10.

• GED classes are offered Thursday evenings from 6-9 p.m. Please call Katy to register 719-686-0705.

• Woodland Country Lodge entertainment see page 3.

• Clothes Closet offers free food and clothing on Mondays, Wednesdays, and Fridays from 1-4 p.m. Donations accepted. Call 719-687-2388 for more information.

• Farmer's Market see page 10.

• GED classes are offered Thursday evenings from 6-9 p.m. Please call Katy to register 719-686-0705.

• Woodland Country Lodge entertainment see page 3.

• Clothes Closet offers free food and clothing on Mondays, Wednesdays, and Fridays from 1-4 p.m. Donations accepted. Call 719-687-2388 for more information.

• Farmer's Market see page 10.

• GED classes are offered Thursday evenings from 6-9 p.m. Please call Katy to register 719-686-0705.

• Woodland Country Lodge entertainment see page 3.

• Clothes Closet offers free food and clothing on Mondays, Wednesdays, and Fridays from 1-4 p.m. Donations accepted. Call 719-687-2388 for more information.

• Farmer's Market see page 10.

• GED classes are offered Thursday evenings from 6-9 p.m. Please call Katy to register 719-686-0705.

• Woodland Country Lodge entertainment see page 3.

• Clothes Closet offers free food and clothing on Mondays, Wednesdays, and Fridays from 1-4 p.m. Donations accepted. Call 719-687-2388 for more information.

• Farmer's Market see page 10.

• GED classes are offered Thursday evenings from 6-9 p.m. Please call Katy to register 719-686-0705.

• Woodland Country Lodge entertainment see page 3.

~UTE COUNTRY BUSINESS~

EVERY MILE, EVERY MILESTONE, WE'VE GOT YOU COVERED.

CALL FOR A NO-OBLIGATION FREE QUOTE.

AMERICAN FAMILY INSURANCE

American Family Mutual Insurance Company
8000 American Parkway, Madison WI 53703
608-441-1110 • 608-2755

Frank W Gundy Agency, Inc.
101 Sundial Dr Ste B2
Woodland Park, CO 80863
(719) 687-9292
fgundy@amfam.com

NEED WELDING OR REPAIR?

Winter Labor Rate - ONLY \$65 (hour)

Qualified Mechanics - Friendly Staff

Hitchin' Post Trailer & Tractor Sales

719-748-8333
www.hitchinposttrailers.com

Shannon Lemons, DVM

Teller Park Veterinary Service
Elevate your Veterinary Care.

Accepting Care Credit

Large and Small Animal Medicine and Surgery, Specializing in Dentistry

719.687.2201

1084 Cedar Mtn. Road • Divide • www.tellerparkvet.com

www.OhGetMeAHome.com

Homes Cabins Land Ranches

719-748-1099

Serving Teller & Park Counties Since 1999!

HIGH COUNTRY REALTY

John Lloyd Magoon, Broker 2717 W Hwy 24 Florissant CO

Mike McCartney

M.G.M. Arms
Specialized Reloading

P.O. Box 242
Florissant, CO 80816

By Appointment
1-719-748-3521

Basic Handgun Safety & Proficiency Classes • Concealed Carry Training
Certified Instructors • Group or Individual Classes • Call for Times

United Country Real Estate

Find Your Freedom®

Work: 719.687.3678
Fax: 719.687.3289
Toll Free: 800.748.2242
11511 US HWY 24
Divide, CO 80814
www.timberlinerealtyinc.com

TIMBERLINE REALTY, INC.

Wendy Marks
Broker Associate
Cell: 719.337.9195
Email: wjwm6154@centurytel.net
MLS

It All Begins With Home

Contact Me Today:

Nancy Barlow
Licensed Mortgage Loan Originator
719-237-4536 Direct
719-352-3113 Office
nbarlow@franklinamerican.com
www.franklinamerican.com/NancyBarlow

Franklin American MORTGAGE COMPANY

Equal Housing Lender. Company NMLS ID #1199 | ID NMLS ID #217047 | 4216 Corporate Dr., Suite 200, Colorado Springs, CO 80919 | 888-172380

LAMININ CONSTRUCTION

16 years of experience in the building industry. General Contractor, Licensed and Insured. Offering quality services with a focus on integrity-driven remodeling and home repair services.

Call Us Today For Your Full Home Renovation Or:

- Bathrooms (Upgrades or Additions) • Kitchen (Indoor & Outdoor) • Fencing
- Garages • Sheds • Patio Covers • Basement Finishes • Custom Woodworking
- Painting • Finish Trim Work • Custom Mantels • Countertops • Tile • Decks

Call Jarrod For A Free Estimate 719-270-0766
jarrod@lamininconstruction.com

Making Homeownership a Reality in the beautiful Colorado Mountains

NEW LIFE MORTGAGE

510 W. Hwy 24 • Woodland Park, CO 80863
located in the Merit Building
719-687-1112

MOUNTAIN LIGHT REAL ESTATE

Geri Salsig, Broker, e-PRO®
Box 46/43 CR 102, Guffey, CO 80820
Bus 719-689-2008 Fax 877-376-6980
WWW.ZLANDLADY.COM
geri@zlandlady.com

MLS green

Wood Creations by **Kent A. Bailey**

Custom Woodworking
~Master Woodcarver~
architectural~human~animal
~ Commissioned Pieces~
Over 30 yrs. in the Ute Pass area
Florissant, CO
719-689-9393
www.kabart.com

Shipping Plus

Your Full Service Shipping & Business Center

Making it easier to live & work in the mountains

email: lisa@shippingplusco.net
Mon - Fri 9:00 - 5:30 • Sat 9:00 - 1:00
52 County Road 5 719-686-Plus(7587)
Divide, CO 80814 Fax 719-686-9176

Austin Automotive

2625 E. Main Cañon City, CO 81212

719-275-5055

Paul and Karen Austin/Owners

Pickup and Delivery Available

RDK

Small Engine Repair LLC

170 Weaverville Rd
PO Box 132
Divide, CO 80814

Snow Blowers, Chain Saws
Log Splitters, Generators
All Mowers & Edgers
Chains and Mower Blade Sharpening

719- 687-2997
RDKSERLLC@gmail.com

BB Painting
Quality Interior Painting

Call Bert Barta For Free Estimate 303-905-0422

Dad and Daughters Team
Local & Insured 20 years experience Quality Interior Painting

JOHN'S WELDING

AWS - CWI
ASNT-ACCP Level II

JOHN KRAMER

P.O. Box 858
Cañon City, Colorado 81215

Insured
AWS Certified
Pipe & Structural

719.371.6576

Black Wing Blasting

Over 40 Years of Explosive Experience

Drilling/Blasting • Rock Stabilization • Soil Nails

Rick Batista • PO Box 998, Divide, CO 80814
(719) 687-6170 • (719) 687-7090 Fax

Andy Davison Design
970.389.6233

Complete Home Services
"Serving Teller County"

General Maintenance & Repairs
Carpentry & Drywall Work
Other Handyman Services

Interior & Exterior Painting
Siding, Staining & Chinking

WOODLAND ROOFING COMPANY
COMPLETE ROOFING SERVICE
50 YEARS OF SERVICE

STEVE BARRINGTON: OWNER
E-MAIL: steve@woodlandroofing.com

P.O. BOX 9002
WOODLAND PARK, CO 80866

PHONE (719) 687-9645
CELL (719) 291-4731
www.woodlandroofing.com

ALPINE Towing & Recovery

Storage lots by appointment only
3 locations

Buena Vista
Salida
Lake George / Woodland Park

719-395-8556
719-539-6634
719-748-3331

~ UTE COUNTRY BUSINESS ~

A GENTLE HANDS MASSAGE AND BODYWORK

- Deep Relaxation Massage
- Therapeutic Massage
- Ortho-Bionomy®

Schedule by appointment only
719-459-5949

300 West Lake #4 Woodland Park, CO
 Karen Swanson

Classic or New Domestic Foreign
 4 - Wheel Trucks Jeeps

Old Fashioned Car

Home Town Garage

711 Gold Hill Place
 Woodland Park, CO. 80863
(719) 687-0001
 "Home Town Service You Can Trust"

Custom LOG HOME RESTORATION

LOG CHINKING - LOG STAINING - LOG RAILINGS - LOG REPLACEMENTS - CORN COB BLASTING

Brad Kosanovich 970.390.6150 www.customloghomerestoration.com
 customloghomerestoration@yahoo.com

EVEN in the end

HIGH ALTITUDE SPIRITS

Hangovers Installed and Serviced

Main Street Fairplay Jake & Jennie Ph. (719) 836-3155

Ellen McCallum, Agent/Owner

551 Front St / PO Box 177
 Fairplay, CO 80440

SOUTH PARK INSURANCE SERVICES

PH: 719-836-2980
 FAX: 719-836-1417

CELEBRATING 21 YEARS IN THE HIGH COUNTRY!

Visit our website to request a FREE, no obligation quote:
 www.insurance-southpark.com

HOME * AUTO * BUSINESS * HEALTH

ASPEN & SPRUCE TREES
 HERBS & VEGGIES
 HEIRLOOM SEEDS
 POTENTILLA BUSHES
 HOUSE PLANTS
 CUSTOM ORDERS
 HARDY PERENNIALS
 CACTUS GARDENS
 LANDSCAPING CONSULTATIONS

Paradise GARDENS

EST. 1977
 SPECIALIZING IN LOCAL HIGH ALTITUDE ORGANIC GARDENING

Karen Anderson "The Plant Lady"

719.748.3521
 PO Box 242 • Florissant, CO

PEAK REALTY & CONSULTING LLC

Barbara Asbury
 "Your Mountain Living Specialist"

MAR., APR., MAY, JUN., JUL., AUG., SEPT., OCT., NOV., DEC.

400 W Highway 24 Ste 217 PO Box 28
 Woodland Park CO 80863

Cell 719-337-7033 Ofc. 719-687-0630
 Fax: 719-646-0200 e-mail: bgasbury@gmail.com

HAY RANCH

www.ForSaleRanch.com

131 acres / 3 water rights
South West of Divide
719-221-8619 Brokers 3%

The Insurance Center, LLC

Julie A. Matthews
 Owner / Agent

105 Sundial Drive
 Woodland Park, CO 80863
 juliem@wpinsurancecenter.com
 719-687-3094
 Fax 687-6160
 www.wpinsurancecenter.com

Trusted Choice

BUCKSTITCH SADDLERY

Handmade Saddles, Tack & Other Gear

RICK FAVINGER Phone: (719) 660-4488

40025 Hwy 24
 PO Box 220
 Lake George, CO 80827

Email: buckstitchsaddlery@hughes.net

MUSIC LESSONS

Violin, Beginning Guitar and Mandolin

FLIP: (719) 429-3361
 flip@ghvalley.net

WOODLAND PARK GARAGE DOORS

291-1088 / 684-8888

MICHAEL BROWN
 REPAIRS / INSTALLATIONS
 Family Owned & Operated

Jim Wright, DVM
 ANIMAL CARE CLINIC
 (719) 748-3048 Office
 (719) 337-9822 Cell/Emergency

Dogs, Cats

Vaccination Clinic

• March 5 @ Florissant Outpost Feed Supply 9am-noon

39609 Hwy 24 • Lake George CO 80827
 Serving Teller, Park, Douglas, & El Paso Counties

Active Life Chiropractic

808 W. Browning Ave
 Woodland Park, CO
 719-687-7600
 Dr. Cheryl Steen, D.C.

March Special! 25% OFF ALL NUTRITIONAL SUPPLEMENTS

PROPERTY MANAGEMENT SPECIALISTS LLC

Earn Cashflow Every Month

48% Increase Since 2005

You're in good hands with the local experts

Average rental prices in Woodland Park have increased 48% since 2005!

Now is the time to get on board with this growing trend.

We have a proven system for finding quality tenants.

Call today to discuss your situation, goals, and option.

MAGGIE & MIKE DUNTON
 OWNER / BROKER & PROPERTY MANAGER
 719-686-8138
 PMSPECIALISTS.COM
 400 W Highway 24 Ste 110
 Woodland Park, CO 80863
 (ACTIONS FROM STAMBOCK)

We are also experts in real estate SALES too!

LOOKING TO BUY:

- Gas Cement Mixer
- Freezer
- Older RV

CALL: 303-688-0874

Griggs Vacuums

WE WANT TO BE YOUR VACUUM STORE!

Vacuum Repair, Sewing Machine Repair & New Vacuum Sales

Sanitaire Miele RICCAR MAYTAG

1706 W. COLORADO AVE
 COLORADO SPRINGS, CO 80904
 (719) 475-9216

16 OAK STREET
 BUENA VISTA, CO 81211
 (719) 395-2202

WWW.GRIGGSVACUUMS.COM • GRIGGSVACUUMS@YAHOO.COM

gardens INC Ltd

Hydroponics • Seeds • Nutrients/Fertilizers • Plant Starts (Seasonal)
 Soil/Growing Media • Lighting & Controls • Starter Trays and Pots

741 Gold Hill Square • Woodland Park, CO
719-687-1800

Jewett's LIQUOR WINE & BEER

121 N. 16th Street • Cañon City, CO 81212
 719-276-0643 • www.jewettliquor.com

Your locally owned, full line liquor store

Bliss hair & nail studio

Kimberly Wood

20% discount off haircut and color

111 N. Center Street
 Woodland Park
 daisymook@gmail.com

719-687-6822 • Cell 214-830-5966

Compassion ANIMAL HOSPITAL

GREGORY S. COOPER, D.V.M.

312 W. Hwy. 24 • Box 5999
 Woodland Park, CO 80866

(719) 687-6000
 gcompassionanimalhospital@gmail.com
 mycompassionanimalhospital.com

THE SUBARU A LOT TO LOVE EVENT

The Subaru Outback,
LIKE SNOW OTHER.

*2017 Subaru Outback, not as pictured

2017 SUBARU OUTBACK 2.5i

2017 SUBARU FORESTER 2.5i

2017 SUBARU LEGACY 2.5i

SUBARU
 Confidence in Motion

Heuberger MOTORS
 THE ROAD TO QUALITY & ECONOMY

COURTESY DELIVERY AVAILABLE TO ANYWHERE IN COLORADO

Family Owned and Operated for Over 45 years
 (719) 475-1920 • 1080 Motor City Drive • Colorado Springs
 BestBuySubaru.com • f b /heubergermotors

Thinking of selling.....
Now is the time to List!
Inventory all time low
We have Buyers waiting!
Don't wait until Spring.

We offer our Sellers a
Free Home Warranty.
Covering you from
listing date till closing.

CALL US TODAY!



family owned and operated
Open 7 Days a Week!
Over 50 Agents & 4 Branch Offices



Nancy
Pykerman



Rodney
Ulferts



Loren & Christi
Thetford



Melissah
Berger



Jordan
Yost



Steve
Cutter

Mountain Property Specialists • Serving the Region Since 1969
510 W. Hwy. 24 • Woodland Park, CO • 719-687-1112

★ Residential ★ Cabins ★ Horse Property ★ Vacant Land ★ Ranches ★ Rentals

Spring into your New Honda today!

Honda
dream
garage
SALES EVENT



2017 CR-V



2017 Car and Driver
10Best Trucks and SUVs
Compact SUV Category

2017 Accord



Car and Driver
10Best Award
Record 31 Times
Car and Driver January 2017

2017 Civic



2017 Overall Best Buy
by Kelley Blue Book's KBB.com

Take the worry out of buying a used car with...



EXCLUSIVE PRE-OWNED
BUYER ASSURANCE PACKAGE

- Complimentary 3-year/125,000-mile warranty
- Roadside assistance
- Free CARFAX®
- Rigorous inspection
- 30-day exchange program
- Price protection guarantee
- Premier finance programs

Applies to all 2007 or newer certified vehicles with 100,000 miles or less. Limited Power Train Warranty. Every Certified pre-owned car or truck has undergone a 70 point bumper to bumper inspection by a certified mechanic. You may exchange your vehicle for any reason and choose another vehicle out of our inventory within 30 calendar days of the date of the original purchase order. Limited to one exchange per purchase. Price Protection good for 14 days after date of delivery. See dealer for details.



Your Hometown Honda Store

719.785.5060 • FrontRangeHonda.com
1103 Academy Park Loop • Colorado Springs, CO 80910

CALL FOR AN APPOINTMENT 719.597.8487

DO YOU STILL
HAVE HAIL DAMAGE?

Hometown Professional Automotive Hail Repair
WE WILL COVER UP TO \$500.00 OF YOUR
DEDUCTIBLE AND GET A FREE LOANER CAR
WHILE YOUR CAR IS REPAIRED!

Includes:

- Quick turn around time/ most repairs 2-3 days
- Competitive Pricing
- Free estimate & insurance approval
- Lifetime Warranty

WITH COUPON

**ALL HAIL REPAIRS RECEIVE AN OIL CHANGE FREE

Expires 3/31/17 must present coupon when order is written. Price may vary by make & model. Valid only at Front Range Honda. Tax, supplies, shop & disp. fee additional, if applicable. **See advisor for complete details. 00H1274L Expires 3/31/17.



OIL CHANGE SPECIAL

THERE IS NO BETTER WAY TO CARE
FOR YOUR VEHICLE'S ENGINE.

Conventional Oil | OW-20 Oil
\$19⁹⁹ | \$29⁹⁹

WITH COUPON



Change oil (up to 5 Quarts), install genuine
Honda oil filter, and check fluid levels.

Must present coupon when order is written. Prices may vary by make or model. No valid with any other offer or special. Valid only at Front Range Honda. Tax, supplies, shop & disp. fee additional, if applicable. Expires 3/31/17.



MILITARY APPRECIATION
THANK YOU!

Front Range Honda would like to
take this opportunity to thank our
military for the protection and
freedom to celebrate with a

15% DISCOUNT
ANY SERVICE OR REPAIR

WITH COUPON



Max discount \$500. Cannot be combined with any other coupon. Excludes tires and oil changes. Must present coupon when order is written. Price may vary by make and model. Not valid with any other offer or special. Valid only at Front Range Honda. Tax, supplies, shop & disp. fee additional, if applicable. Expires 3/31/17.



MANAGER'S
SPECIAL

FREE Code Scanning
FREE Shuttle Service
FREE Nitrogen fill with
purchase of 4 tires

WITH COUPON

Must present coupon when order is written. Price may vary by make and model. Not valid with any other offer or special. Valid only at Front Range Honda. Tax, supplies, shop & disp. fee additional, if applicable. Expires 3/31/17.

