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Vol. 10, No. 12

## Welcome to Ute Country

**"Kids believe in Santa;  
adults believe in  
childhood."**

— Cate Kennedy

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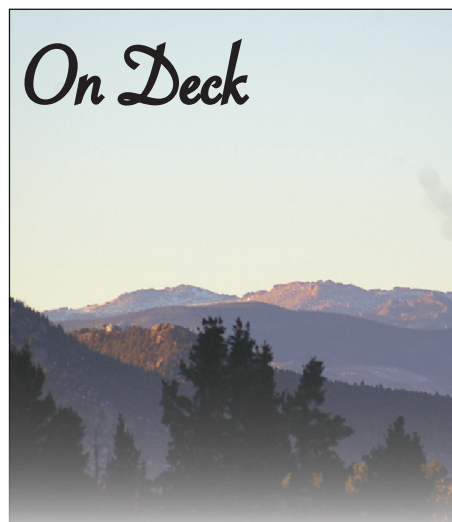
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Next year promises to be another good market for real estate in Teller County. Contact me in 2019 for an update.

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This month's cover photo is of James Doyle sitting on Santa's lap at Christmas in Divide, held November 10, 2018. We liked this quote because it reminds us how we give ourselves permission to reexperience the innocence of childhood as we watch a magical gaze appear on a child's face as they sit on Santa's lap, hopeful for what the season may bring.

Each column or article in our December issue is like its own gift for our readers. The Thymekeeper writes about the universal language of plants, Life Enhancing Journeys encourages us to build healthy boundaries over the holiday season as a way to care for ourselves, and Peak Astronomy gives some helpful hints when buying a telescope.

We're running low on Critter Corner pics, so if you'd like to share a photo of your indoor or outdoor animal friends with our readers, just email it to [utecountrynewspaper@gmail.com](mailto:utecountrynewspaper@gmail.com).

We have the New Year holiday we must work around for our January issue, so our deadline is Friday, December 21, 2018. Special thanks to Don Butzlaff, his wife and Dave Martinek for making Santa photos possible!

Thank you,  
— Kathy & Jeff Hansen



## The Thymekeeper

Universal language  
by Mari Marques-Worden  
photos by Mari Marques-Worden

At a time in this world when people seem very divided, it's important to remember there are several experiences that can bring us together as opposed to pulling us apart. Some things are considered universal language. A smile, a hug, music, good food, a kind deed; all of these have that one thing in common. It doesn't matter what part of the world you are from, if you are a human with a beating heart in your chest, you understand these things. No words need be spoken to clarify and differences seem to disappear as if never there.

### Roadside assistance on the reservation

As a child I remember a long road trip with my sisters, mother and grandmother. Five females in one car bound for the upper tip of Idaho. As we were crossing the Pine Ridge Reservation in South Dakota our car came to an abrupt halt. Knowing not one of us had any mechanical inclination regarding the situation and seeming to be far from any town or anything as far as the eye could see, the feeling of doom fell over us. To give you a clearer sense of our dilemma, there was no internet or cell phones in those days. There were no pay phones in the middle of nowhere.

I searched my nine-year-old brain for options. My idea was to hitchhike because everybody knows what it means when someone is sticking out their thumb on the side of the road. However, we were somewhat afraid to leave the car not knowing the territory we were in and hundreds of miles from our destination.

Suddenly a man with long dark hair in an old pickup pulled up beside us asking if he could help. He seemed to come out of nowhere and before long had us running and back on the road again. He would accept no compensation whatsoever and this man's act of kindness was not lost on me. It was on that day I learned the lesson of paying it forward and the profound impact acts of kindness can have on people's lives. Every kid needs a hero to show them the way.

### Paying it forward

Becoming an herbalist has made this practice of paying it forward an easy one. For many, herbs are another one of those univer-

sal understandings. When the events at Standing Rock transpired and indigenous people from all over the world gathered in solidarity to stand against the Dakota Access Pipeline, a call for help went out for resources. Medicinal herbs were on the list and fortunately I had a plethora of them to send in response. Although it is several years later, my hope is the herbs may have found their way to the man I considered a hero or his family and brought them some relief as he did my family on that day so long ago. You never know when or how you will be able to pay it forward. The important thing is you take every opportunity to do so.

### True value

To me and many others, herbs are more valuable than gold or any form of currency. I've been able to help people from all walks of life and received gifts or a helping hand

in return simply by bartering. I've always struggled to put a price in the form of currency on herbs, especially the ones that grow freely and plentiful in my yard and greenhouse. I've never turned anyone away due to lack of funds and never will. We all have our unique gifts to offer and herbs have been around a lot longer than the U.S. dollar.

Last month we made a trip over the Southern border to Los Algodones in Mexico. With tensions as they are, I was unsure of how well we would be received. To my surprise we were greeted with warm

welcomes and friendly people everywhere. Upon learning I was an herbalist I was led to the local botanica where I found many of the same herbs I use here at home and felt an immediate connection. Although most people in the town speak English, I knew it wouldn't be an issue there. Our connection with the herbs spoke for itself.

When a resident of the town noticed me

observing a tree in his backyard, he was excited to tell me about what he referred to as his "miracle tree" or "tree of life," the moringa. Although I had heard of the moringa tree and knew of its significant usefulness, I'd never met one in person. He explained how it helped him with pain relief and helped straighten his wife's arthritic fingers. He was more than happy to share some seeds with me along with his stories of fighting in Afghanistan alongside American soldiers. Unfortunately, seeds are considered a restricted item when crossing back into the U.S. They are, however, easy to purchase online.

As my friend Lorelei travels the world and sends back pictures, I realize I could probably go anywhere and have the same connection I found in Mexico. She, as an artist, has made connections with people in places that don't speak English at all. Through her travels I've learned that in places where there are no supermarkets, herbs and spices are plentiful and sold by many a street vendor to people who still know the importance of them in their daily lives.

I find it interesting that even in the most remote of places and being the only female amongst a group of men, my friend never felt uncomfortable or threatened in her travels. Upon our return from Mexico, the first question asked of me was if we felt scared or threatened while we were there and I'm happy to respond, not in the least.

I firmly believe that we as humans have more in common to celebrate than differences to divide us. I saw the wall when I was in Mexico and I thought to myself, I wish it were a bridge. The only real way to know other people is to reach out and connect with them in person.

As we proceed into the darkest months of the year, remember, laughter is another one of those universal things we all share. Gratitude is another. If you find yourself feeling down over current events or feeling those winter blues creep in, shift your focus. Have a laugh, and ask yourself what am I grateful for today.

Mari Marques-Worden is a Certified Herbalist and owner of The Thymekeeper. For questions or more information contact: [Mari@mugsyspad@aol.com](mailto:Mari@mugsyspad@aol.com) or 719-439-7303. Mari is available for private consultation.



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# Art Scene

## Anita Dewitt

by Mary Shell

I met Anita Dewitt about 7 years ago while she was showing at a local gallery in Cañon City. As a figurative artist myself I was captured by her paintings; bold, passionate and sensitive with powerful understatements. Her paintings are big and bold. There's a story deep in every one of her paintings to be explored by the viewer. Her work is smooth, precise and well executed, yet possess emotions and passion. She has no boundaries when it comes to concept. She throws in symbolic items that sometimes make you wonder why... and it's that wondering that brings out the mystery within the viewer to seek meaning. You get absorbed in her work. You cannot walk by one of her paintings in a gallery without it stealing your attention and taking your breath away. In her own words, she is moved by innocence, curiosity, elegance and strength and paints what she wished to have in her personal life and at the same time she portrays compassion and mystery.

Anita has an extensive background in art graduating from CSU in 2006 with a bachelor's degree in Fine Art with a minor in Psychology. I believe there is as much psychological indications in her paintings as there are figures. The blend of mindset and symbolic art creates a hint of fantasy yet maintaining a realistic view of her work. Pure in nature yet questionable of purpose allows your spirit to wander into multiple dimensions of possibilities. Her art makes you think. It is seemingly normal in nature yet deep in meaning.

Anita describes herself as a bit of a perfectionist in her pencil work but also explained that working in clay has taught her to have fun. What I have observed in Anita's work is that the perfectionism in her work is not focused on technique or application, but in portraying emotions and feelings of the painting or sculpture. Edgy in theme and application Anita's work is beautifully executed and possesses a flow. As a young artist, well, young to me, Anita is advanced in the most important aspect of creating art — expression with great care and consideration. So many artists

One of Anita's oil on canvas paintings: Costume Party At The Clearing.  
Cover: Anita at work in her studio.

abandon expression for precision, pouring more effort in design and technique while abandoning the main purpose for creating art — expressing our emotions.

Her work is a web of realism, surrealism and fantasy. A stickler for detail but always adds a twist. She explains, "I find a welcome challenge in portraying the human form beautifully with idealistic values of integrity, character and grace."

Anita began working in acrylics in 2011 and is a natural at the medium which some would say is difficult to work with because of its quick drying. She also works in oils as well as sculpture and unusual ceramics.

Her desire for you to absolutely understand what she is painting is so strong that she does several versions and views of the same theme, pose or person. Browse the photos of her work on her website and you will see how many versions, portions and fragments of a single idea is portrayed. All to get you to see and not only look because the difference between looking and seeing is understanding.

You can find more information and pictures of Anita's work at [www.anitadewitt.com](http://www.anitadewitt.com) and on Facebook.

# Adopt Me

by TCRAS

## Knox

Look at this handsome dog! He is looking for a home where he can be the center of attention and learn go on hikes. He knows to "Go to his House" to tell him to sit and wait to eat. He is an awesome greeter by dancing with his front feet. He will need a home that is up for a challenge and can continue to work with him on manners. Come and visit this amazing dog at TCRAS, 308 Weaverville Road in Divide or call 719-686-7707.

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# Life-Enhancing Journeys

## The holidays are coming!

by Barbara Pickholz-Weiner, RN, BSN, CACIII, MAC, EMDRII

The holiday season is meant to bring feelings of love and cheer. However, some of us are filled with delight while others are overwhelmed with the feeling of dread. Are you aware that more than 80% of us find the holiday season to be 'somewhat' or 'very' stressful? What is it that has us all so agitated?

"Oh my God! What do I do? (some people may think). I barely can hold it together during the rest of the year...now there is an additional burden on me." Holidays are about connecting with loved ones, even the ones you may see infrequently throughout the year. It seems we are succumbing to the marketing blitz that tells us we need to give-give-give regardless of our ability to do so.

If the giving were about helping others less fortunate than we, than the act of benevolence would seem kindhearted. However, it now seems as if we are giving, not out of compassion but from a place of need, to children and other family members who expect us to make them feel special and important at this time of the year. If we were to truly celebrate the meaning of the holiday, spending beyond our means would NOT be a part of it. Yet that seems to be the expectation.

Part of the problem is that we often experience too much; too much of a good thing, of food, of family, too much of everything! While stress itself is necessary for our survival (this positive type of stress is called "eustress"), too much stress (known as "distress") has a negative impact on our health, both mental and physical. Too many activities, even if they are fun activities, can produce too much (dis)stress and leave us feeling frazzled, rather than fulfilled.

Extended families tend to gather during holidays. While this can be a wonderful thing, even the most close-knit families can overdose on togetherness, making it hard for family members to maintain a healthy balance between connecting and alone time. Make sure you allow for as much time apart as you need. Even if you take several "bathroom breaks," the lavatory is a great way to create a temporary reprieve.

Many families have 'roles' that each member falls into that have more to do with who individuals *used to be* rather than who they are today. This can bring more dread than love to these gatherings. Consider who you are today, as an adult. Oftentimes, we unconsciously revert back to being that young kid from the past. When we were children, we did the best we could with our then limited resources, experience, wisdom, skill, knowledge, etc. At present, we possess far greater means to interact, yet, when we get together with people from our past, especially family, we tend to respond as that young child did because s/he has been unintentionally triggered off by unconscious memories from long-ago.

For those who don't have these family issues, loneliness can be just as much of a problem. As the world seems to be gathering with family, those who rely more on friends for support can feel deserted and alone.

As daylight diminishes and the weather causes many of us to spend more time indoors, many people are affected to some degree by a type of depression known as Seasonal Affective Disorder (SAD). It's a subtle yet very real condition that can cast a dark cloud over the whole season as well as causing a source of (dis)stress and unhappiness during a time when people expect to feel elated. We, who live in Colorado, are fortunate because we have an abundance of sunny days. Even so, the early sunset can still plague those sensitive to the reduction of sunlight.

**Here are some tips:**

- **End in sight**  
Acknowledge that holiday stress is predictable. We know when the holiday season will start and conclude, therefore we can reduce the amount of (dis)stress we experience by reminding ourselves there is an end in sight.
- **A sense of humor**  
Be curious about the situation rather than critical. Ask yourself 'what can be funny about this incident?' ...how can I look at it in an amusing way? rather than taking everything seriously.
- **Set priorities**  
It's important to decide which traditions are most meaningful to you then eliminate those which are less important. If you usually become overwhelmed by everything, you may want to examine your priorities. Pick a few reasonable activities, those which you truly enjoy, then omit the rest. Simply showing up may be the greatest contribution to others. You're also rewarding yourself with energy to enjoy the holidays.
- **Shortcuts**  
If it's difficult for you to consider the idea of ditching activities, you may be able to include them on a smaller scale. Send cards, for example, but only to those with whom you have maintained regular communication. How about avoiding sending a personal note in each card? Find ways to simplify. The same goes for the baking. If you enjoy it, of course bake your seasonal favorites. Do you think anyone will be disappointed if you bought baked goods from a bakery instead? When you find ways to reduce the number of undertakings, it's likely that you may enjoy the ones you chose even more.
- **Eat healthfully**  
There is so much temptation with all the delicious foods and decadent desserts spread out on the table. When we have a break from our regular routines along with the addition of emotional stress, this can be a recipe for overeating, emotional eating, and other forms of unhealthy consumption. How about inoculating yourself against some of your triggers? Always have healthy foods available for meals. At this time of the year, I cook large pots of soups which I separate into portions and freeze it. This way it's available for me when I want it. Only eat at the dinner table rather than in front of the TV or computer. This enables you to be more aware of your intake by employing a mindful eating practice. Chew slowly and completely before swallowing.
- **Expectations for togetherness**  
Families may feel obligated to get together to play a part in those "positive" feelings whether they exist or not. Among the challenges of holidays is getting the message that we should have all of these feelings of unity and love, regardless that they haven't existed the other 364 days of the year. Remember that the holiday is time limited so you likely can make it through another year. Adding alcohol to the mix rarely helps. It can exacerbate tensions between people so be sure to limit the amount of alcohol you drink. Sip on a glass of water between drinks.
- **Be aware of your limitations**  
Are you a person who becomes energized by spending time in the company of others or are you someone who gets recharged by quiet time alone? Neither is good or bad, right or wrong. It's simply about knowing yourself well enough and being respectful of your needs. Can you restrict the number of parties you attend? How about limiting the amount of time you spend at each one? Can you meet with friends and family in smaller groups or for less time? This is about taking care of yourself while still feeling special and joyous without getting drained.

When dealing with difficult relatives, it's okay to set limits on what you are and are unwilling to do, including forgoing your visits or reducing them to every other year (see July-August-September's *Ute Country News* articles on establishing healthy boundaries).

For those who experience loneliness during the holidays, think about inviting a group of friends to your home. You might

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## Headframe lighting

The giant headframes that are the remains of 1890s gold mining days will again light up the night sky around Victor and Cripple Creek again this holiday season. These unique mining structures are one-of-a-kind remnants of the gold rush era.

Holiday ornaments, some as large as 20 feet tall, have been lit against the starry night skies of the Victor and Cripple Creek.

A self-guided driving tour map will be available at area businesses, as well as the Cripple Creek Heritage Center and online at STCFG.com. The lights will be best viewed after dark and will be in place Friday through Sunday nights through New Year's Day, weather/safety and volunteers permitting.

This holiday lighting tradition is 19 years old



and is sponsored by Newmont Mining Corporation, on whose property most of the headframes are located. Volunteers staff the generators and line power connections each weekend. Other sponsors include an anonymous donor, Southern Teller County Focus Group, Cripple Creek Parks & Recreation, and the Cripple Creek District Museum. Support also comes from Black Hills Energy crews who help refurbish the lamps on the ornaments and donate power installations. FMI VictorColorado.com.

## A recipe for a cozy winter night

by Catherine Shepherd, Florissant Public Library Manager

### Cozy Winter Night

#### Ingredients:

- 1 C Cocoa
- 1 Bowl popcorn or favorite snack
- 1 cozy mystery book or DVD

#### Directions:

Find a comfy chair or corner of the sofa and a blanket. Curl up and enjoy!

Amateur sleuths, unsuspecting victims, eccentric and quirky secondary characters, a trail of clues and red herrings are the ingredients that make up a delicious cozy mystery. The term “cozy” was created in the late 20th century to describe a genre of entertaining light mysteries that engage the reader's mind. Cozy mysteries are usually set in a small town or village where all the characters know each other and interact daily. An amateur sleuth follows the clues and unravels puzzles while seeking justice for a crime. An emphasis is placed on character and plot development without graphic violence, profanity or sexually explicit material.

Cozy mysteries promote the theme that an average person can make a difference. It doesn't matter if the person is a knitter, a quilter, or a bookshop owner. They can face challenges, solve a crime and be the hero. Villains are rarely truly evil people; rather villains are ordinary people pushed beyond their limits. They make a wrong choice and must face the consequences. Cozy mysteries end with happily ever after and justice served.

Cozy mystery book and DVD suggested pairings available through the Rampart Library District:

**Benni Harper Mysteries** by Earlene Fowler  
Benni Harper, ex-cowgirl, folk art museum curator and quilter, moved to the small town of San Celina, California seeking a fresh start after her husband's death. Benni has a talent

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- Home Depot
- The Insurance Center
- Jimmy John's
- Karen Wedding Quilting
- Kohl's
- LaGree's/Venture Foods

- Little Colorado Southwest
- Mueller State Park
- Papa Murphy's
- Petco
- RDK Small Engine Repair
- Russ's Place
- Safeway
- Sears
- Shipping Plus
- Sparrowhawk Kitchen Store
- Studio West/Aveda Salon
- Target
- Trader Joe's
- Tuesday Morning
- Tractor Supply
- Tweeds
- Ute Country News
- Ute Pass Historical Society
- Vectra Bank
- Walgreen's
- Waste Management
- Woodland Hardware
- Woodland Professional Building

## Featured Non-Profit: Teller County Sheriff's Posse

by Barbara Berger

The non-commissioned volunteers of the Teller County Sheriff's Posse do not carry guns or ride horses but they do provide valuable services that free up the deputies to pursue law enforcement activities. These services include public relations, traffic control, dispatch, vacation house checks, transporting the speed trailer, guarding inmates during highway cleanup, etc. They are considered first responders and deploy the Incident Command Vehicle during county emergencies.

Currently there are 24 posse members with nine being women. One member has been with the Posse for over 10 years. So far this year, the Posse members have donated over 4,800 hours of service. During the High Chateau Fire, which started on June 28, 2018, and consumed over 1,400 acres of land and destroyed about eight homes and other structures in its path, all Posse members were called in to help. They directed traffic, kept homeowners from returning to the area, assisted with distributing food and water, and they helped the emergency responders whenever they could.

On Monday, November 19, 2018 additional Posse members were needed to direct traffic for the Little Chapel Food Pantry Annual Tur-

key distribution. Pantry volunteers handed out 430 turkeys plus other food for their holiday meal. The Pet Food Pantry was also distributing pet food. This is a normal service that the Posse provides for the bimonthly distributions but more volunteers are needed to direct traffic for distributions prior to the Holidays.

During December, the Posse holds their Shop-with-a-Cop event. Renee Bunting applies for grants. Depending on the amount of money received, each child is told they can pick out a gift or gifts that total a specific amount. They get to peruse the store with a Posse member. Most of the time they focus on getting gifts for their parents, siblings and friends. They have to be reminded to get something for themselves.

Children's names are provided to Renee through the different agencies throughout Teller County: Community Partnership, Little Chapel Food Pantry, Aspen Mine Center, and Community Cupboard in Woodland Park. Also, Cripple Creek and Woodland Park

police departments provide names to her as well. Since she tries to cover all the regions of the county, the Cripple Creek Transportation department has offered to provide bus service for those individuals that otherwise would not be able to make it to the event because they don't have cars. So this is a terrific offer from Ted Schweitzer and the city of Cripple Creek.

This event is meant to build a positive relationship with the Sheriff's department. So far, the Walmart Community Investment Fund and Charis Bible College are providing monies for Shop-with-a-Cop purchases.

The Posse also provides Colorado Life Trak (radio tracking devices for autistic children and for elders with Alzheimer's). These devices will help locate a loved one who has wandered away. For more information, call the Sheriff's department, 719-687-9652.

You will see Posse members at all county event ranging from the Teller County Fair, Donkey Derby Days, Woodland Park Christmas parade, and Heritage Days in Florissant. They



During December, the Posse holds their Shop-with-a-Cop event.

are assisting with crowd and traffic control. They will go house to house alerting residents to fire or other emergencies when the need arises.

If you have the time and are interested in joining the Posse, call 719-687-9652 or go to [www.tellercountysheriff.com/posse](http://www.tellercountysheriff.com/posse). For more information, email Renee Bunting, [BuntingR@co.teller.co.us](mailto:BuntingR@co.teller.co.us). Volunteers are needed. You could be eligible even if you are only a summer resident.

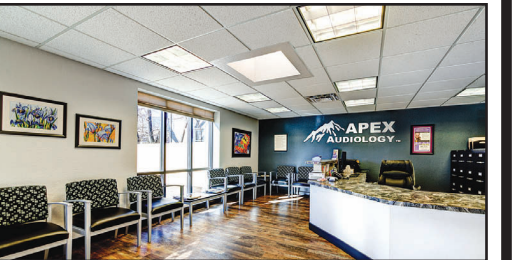
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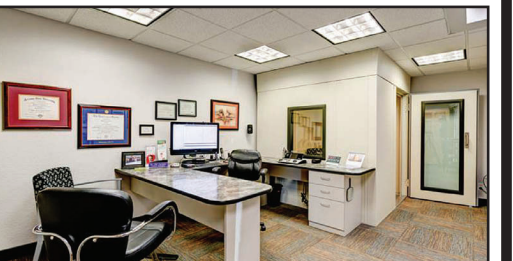
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## HRRMC construction continues

Durango Plastering & Drywall crew members work on the new Internal Medicine check-in area Friday, Nov. 16 inside the Heart of the Rockies Regional Medical Center Outpatient Services Pavilion. HRRMC Facilities Manager Dan Christianson said the construction of the pavilion should be completed early 2019.

## Where is Zack this month?

Zack is a certified Therapy dog and the mascot for the Pet Food Pantry for Teller County. He has dedicated himself to helping families keep their furry friends when they fall on hard economic times. This month, he wants to give back to the community.

On December 24th from 10-noon, he will be at City Market, 777 Gold Hill Pl S, ringing the bell for the Salvation Army. Please stop by and give Zack a hug! FMI [www.PetFoodPantryTC.com](http://www.PetFoodPantryTC.com).







## Peak Astronomy Tips

Tips for buying telescopes

by Chad Mello

Many parents are thinking about what to get their kids for Christmas this year. Might I suggest considering a gift that could spark a lifetime love affair with the stars? Consider buying your children a telescope or a good pair of binoculars this Christmas! For some kids, your gift could be life-changing. It could encourage them to look up and out into our vast universe and discover things beyond this world that are bigger, brighter, older and beyond their wildest imaginations! Think of a good optical instrument as being a spaceship that can carry a child to the outer reaches of our vast universe and back.

### Many choices

You can purchase a quality precision telescope for the family for between \$200 and \$500. There are many choices to consider. First, there's the optical design, then there's the aperture (size) of the instrument, the mount that the telescope itself sits on, and finally, the eyepieces that you place into the telescope to look through.

We do not have the space to cover mounts and eyepieces in detail here. However, mounts are very important. A good mount is solid enough to hold your telescope securely and steady. There are all sorts of mounts out there but I'd stick with one of two mount designs: (1) the Dobsonian, or (2) the alt az mount. If you consider purchasing a reflector, get one on a Dobsonian mount. If you decide to go with a refractor, try sticking with an alt az mount. Both mount designs are simple to operate for budding astronomers.

You can get computerized or non-computerized mounts, too! Computerized mounts will automatically find objects in the sky for you, but they are pricier. I would strongly advise against computerized mounts for your first purchase. Instead, buy a non-computerized telescope, investing more into the optics and a good book or two on backyard astronomy. This will allow you and your child to learn how to navigate the night sky on your own. This experience is also more rewarding. Finding challenging objects on your own can increase your enthusiasm for astronomy.

### Quality over quantity

Keep in mind that the goal of any telescope is to collect light. The amount of light a telescope can collect is based on the its aperture. The larger the aperture, the brighter and more detailed the image will appear through the scope. Usually, as the size of the telescope increases, its price also increases. A telescope's aperture is far more important than its magnification. Many people are duped into focusing only on the magnification (the power) of a telescope. The power determines how much an image is magnified. For example, 20x means that the object you're pointing at will appear 20 times larger through your telescope. While the size of the

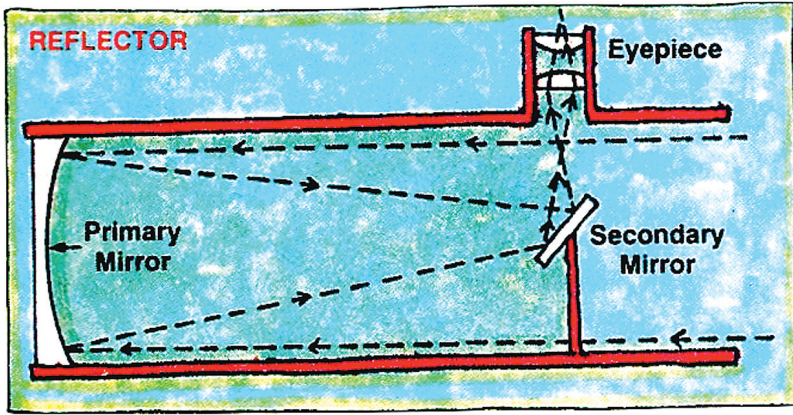
telescope has nothing to do with the magnification of the image, the size does determine the quality of the image you will see. Basically, the higher the magnification, the more degraded the image becomes. So, the higher in magnification you go, the more light-gathering power a telescope needs so that the image is well-resolved in your eye. So, the more light a telescope can gather (determined by its size), the higher in magnification you can go and still get a quality image.

Larger telescopes will allow you to see fainter objects in the sky due to their ability to collect more light from these fainter objects. For example, Saturn magnified at 150x through a 150mm telescope and a 70mm telescope will appear the same size through both scopes; however, the image in the 150mm scope will appear brighter and more detailed. Smaller telescopes (apertures of 100mm or less) simply cannot gather enough light required to create quality images at very high magnifications. This does not mean that bigger is better. A small quality-made telescope can provide good, crisp images at 75x that are bright and detailed – far superior to a larger, cheaply-made telescope that claims to magnify images up to 500x. In fact, for most objects in the nighttime sky, budding astronomer will be well served with magnifications between 30x and 100x. You may see many things in this power range: the rings of Saturn, moons of Jupiter, craters and mountains on the moon, comets, nebulae, galaxies, the dark dust lanes of Andromeda galaxy, star clusters, and more!

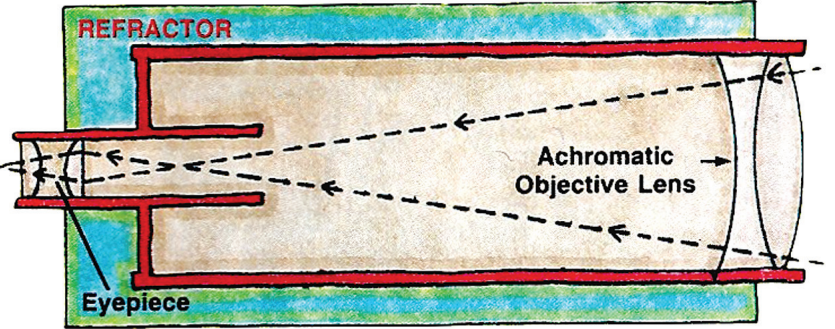
Backyard telescopes fall into three size categories based on their aperture: small (60mm-80mm), medium (90mm-130mm), and large (anything 150mm and over). Larger telescopes weigh considerably more than medium or small scopes and tend to take more time and energy to setup. I recommend a medium or small scope, until after your skills and interest grow over the next year or two.

### Optical designs

The eyepieces that you place into the telescope system actually do the job of magnifying and focusing the image for your eye. There are three basic telescope optical designs: the refractor, the reflector, and the catadioptric. Each optical system takes advantage of light's properties in slightly different ways, affecting their performance and price tag. Catadioptric systems can be quite complex when compared with reflectors or



Newtonian Reflector Telescope ©1985 AstroMedia Corp.



Basic Refractor Telescope Design ©1985 AstroMedia Corp.

reflectors and will not be covered here. My advice is to avoid anything with the words Maksutov-Cassegrain, Ritchey-Chretien, or Schmidt-Cassegrain. They are all fine instruments for advanced backyard astronomers.

Reflectors are probably more familiar to most people. Galileo used this type of telescope to discover the rings of Saturn and the moons of Jupiter. Reflectors tend to be the most expensive of the three designs. A refractor telescope gathers light through a large "objective" lens in the front. This lens refracts, or bends incoming light as it passes through the telescope and directs it towards the back of the tube. The eyepiece at the back of the tube magnifies the image that you see. The objective lenses in reflectors can be tricky to produce, and that's why they are more expensive when compared to reflectors or catadioptric telescopes of similar size.

Most reflectors have a 90-degree prism at the back so as to make it more comfortable when looking through the instrument (see image). There are two basic types of refractors: achromatic (achro) and apochromatic (apo). Achros tend to be less expensive than apos. Achros produce a bit of false color known as chromatic aberration. Apos on the other hand are designed to counteract this phenomenon to produce true-color images, but at a high cost. Apos are used by people with big budgets and years of experience. I would recommend sticking with a quality achromat when purchasing a beginner to intermediate refractor scope. The false color is not really a big issue, and is usually seen as a bluish-purplish outline only when viewing bright planets (moon and Jupiter) and stars (like Vega). False color is usually not noticeable when viewing galaxies, star clusters, dimmer planets, and other deep sky objects. Keep in mind that reflectors usually produce the best image quality out of the three optical designs.

The reflector telescope is typically the least

expensive of the three designs. This design is often called the Newtonian reflector, after its inventor, Sir Isaac Newton. In the 17th century, lens for refractors were very difficult to create, they were limited in size, and suffered from poor image quality. Thus, the reflector telescope uses mirrors to get the job done.

A reflector uses a large concave primary mirror at the back of the tube to gather light and reflect it off a secondary mirror, into the eyepiece for magnification and focus. The size of a reflector's primary mirror is the size of its aperture. Look at the image of the reflector system and notice how the eyepiece is positioned towards the front of the tube — the opposite of a refractor. It is relatively easy to manufacture these mirrors, and the reflector system does not suffer from chromatic aberration.

You can buy more bang for the buck by purchasing a reflector telescope! The downside of reflectors is that the mirror can be knocked out of alignment from time, which requires that you collimate (or re-align) these mirrors. If you do not, the images through the scope will appear distorted. It requires a bit of practice and it can be frustrating to perform at first. Having two people involved in the process can help to make it easier. Once you get the hang of it, you will be able to collimate your scope within a few minutes. Also, if you avoid banging or bumping the scope too harshly when moving it in and out of the house, alignments can last for months. I would usually collimate my reflector two or three times a year at most.

Of course, if your budget is almost non-existent, consider a pair of fine binoculars, wide-angle 10x50mm for between \$100 and \$150. A good pair of binoculars is almost always the better choice over a cheap telescope of the same price. Here are some fine websites:

- www.telescope.com
- www.celestron.com
- www.meade.com

Here's a list of helpful books to lookup on Amazon.com:

- *NightWatch: A Practical Guide to Viewing the Universe*
- *50 Things to See with a Small Telescope*
- *The Backyard Astronomer's Guide*
- *Universe: The Definitive Visual Guide*

I'd like to wish all our readers a very Merry Christmas! Until next time, keep looking up!

## One Nation Walking Together Native American Christmas

by Urban Turzi

Christmas is ideally a time for families to be united. It is supposed to be a time of joy and anticipation for children of all ages. In our modern culture, we seem to place emphasis on being grateful and eager to share with others during the "Holiday Season." You might think the holiday season begins when the first of the TV Christmas commercials are flashed before our eyes in July. As the months get closer to December, these TV ads get more frequent, ubiquitous, and readily dilute the spirit of "giving and sharing." When I see these commercials and the Christmas displays in stores while I am still wearing my sandals, shorts and tee shirts in August, something doesn't seem right. I can only take so many of the "black Friday" sales that now start in October.



What troubles me is the thought of the Native American people living in abject poverty. Many experience the holiday season as a time of added stress, depression and despair because of all the commercialism, none of which is affordable to them. I ponder what the most underserved people in our country think about when "the gift giving" commercials start. I think about those families who never have Santa stop with a tree, gifts, or food at their tattered homes/shacks or cars they call their home, to make some Christmas cheer a reality.

Christmas was woven into the culture of our Native brothers and sisters beginning more than 200 years ago with the arrival of the missionaries.

According to Huron tradition, a Jesuit missionary priest, Fr Jean de Brebeuf, wrote their first Christmas Carol around the year 1640-41. The Huron built a small chapel of fir trees and bark in honor of the manger at Bethlehem.

*Within a lodge of broken bark  
The tender Babe was found,  
A ragged robe of rabbit skin  
Wrapped His beauty 'round;  
But as the hunter bravely drew nigh,  
The angel song rang loud and high:  
Jesus, your King is born.*

The animals at the manger were the fox, the buffalo and the bear. The Huron also made a traditional tent of skins and their nativity figures were all dressed as Native Americans. (Source: Floyd Looks for Buffalo, Oglala Lakota).

The following are two examples of the impact One Nation Walking Togethers' mission has had recently for Native American communities on two reservations. The first is from our point of contact on the Kootenai-Salish Reservation, Sylvia Aimsback, about one of their tribal Christmas parties:

*"When I think of Christmas up here in northern Montana, I am reminded of the following and it still makes me tear up. (Even Santa was teary eyed.): I had a little guy standing in line to see Santa and he asked me if I thought that Santa might have a football left as that was all he wanted for Christmas. Well, needless to say he did get his football from Santa. We bagged his other things up for his mother to take home for him for Christmas morning. He asked if he could stay and help Santa for a while and I said if it was okay with mom he sure could. I found an elf hat for him to wear while helping to pass cookies out, carry out other children's gifts out to the cars. For us a little 8-year-old boy showed us the True Meaning of Christmas."*

Our second letter came from our contact



at the Laguna Pueblo in New Mexico; we received this email a couple of weeks ago:

"Dear Kathy.

*I have been so occupied since the One Nation truck came on Wednesday. We were allowed to have the truck deliver the items to a big warehouse and we had one week to store the items. Nearly everything is gone now. We are just cleaning up and tearing down boxes.*

*This is what has taken place so far. On Wednesday we unloaded the truck with your donations in 2 hours. Today we had the elders and parents of the handicapped, foster parents and the recommended families in need come first to choose their items and take what they could out right away. Then on Friday and Saturday, we opened the doors to the community. Friday was a frenzy. People were so happy and grateful that this was an opportunity to get items they never had or couldn't afford.*

*We had one lady take the hospital bed for her dad who is diagnosed with bad arthritis, and was so happy, she cried; she also was able to take sheets, clothing, shoes, blankets, iron board, tv stand. etc.*

*I was told by a church lady; her neighbor's house burnt down and the story was on the local news. She asked if she could take items for her and her family. I told her of course and I helped her put more items in her ride for the family. There were over 125 families that were able to take what they needed for their home and their families. These people were not just from Mesita, but the whole reservation.*

*Have you seen someone so touched that it leaves a lump in your throat? Well this is what it was all day for the past week. We also had some children playing with sunglasses while the parents looked for clothes for them.*

*We are having a woodworking shop assembled in a couple of weeks since the company is shorthanded. The men are so excited about the tools you sent. They are guarding them like a hawk.... it's kind of cute to see this from grown men.*

*I only had one fridge that fell thru the cracks. It was full of mold when we opened it.... I told the recipient I would clean it for her because all items shipped were basically in good condition and the fridge must have been put on your truck by mistake. The recipient didn't care how it looked. She told me she can clean it herself, she was so happy, they didn't even have a fridge to call their own. Her name was Esperanza. She lost both parents and is raising her grandkids and alone too. She was so helpful she helped me to separate items and keep the area free from the clothes getting stepped on.*

*This shipment came in so handy and at the right time. It is cold out here.*

*Today is a feast day. I took 20 jackets to the feast and handed them out to the Native children and the parents who needed them. This was also a surprise*

*to the village and they were so grateful. Like a gift from St. Mary Margaret. Today was the Patron Saint Mary Margaret's feast day. This made me get all teary eyed. .... what a blessing for the people...I have to end here till next time. Lloyd the one you met, was grateful he was able to get items for his grandkids who also lost their mom from cancer. Good night. Claire"*

Over the past year, our organization has sent nearly 2,400 Christmas gifts at an average value of \$59,764.00 to the Native American children and elders living on/off reservations in Colorado and seven other states. This only happens year after year because of the generosity and caring spirit of good-hearted people. So, on behalf of the nearly 2,400 Native American children and elders who will be blessed with the giving spirit this Christmas, many thanks and blessings to our donors.

**Contributors:** Sylvia Aimsback (Salish), Claire (Laguna Pueblo), One Nation Walking Together files, Floyd Looks for Buffalo (Oglala Lakota).

YOU can make a difference in the lives of Native Americans today and every day! This year you have the opportunity to double your impact and make a greater difference than ever before! Donate today through December 31st and your donation will be matched up to \$18,600.00 through the IndyGive! campaign!! To make your difference visit: <https://indygive.com/nonprofit/one-nation-walking-together/> or make your check payable to IndyGive/ONWT and mail your gift to ONWT/3150 North Nevada Ave. Colorado Springs, CO 80907. Thank you for your kindhearted support!

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by SLV Animal Welfare Society

## Schaeffer

Schaeffer was one of three abandoned dogs left chained to a trailer with no food or water. He is now self-confident and no longer cowering or fearful. Schaeffer is about 2 years old and loves to play with other dogs. He is also good with children (cats unknown). He is neutered and current on all vaccinations. He weighs about 50 pounds. Would you like to meet Schaeffer? Give us a call 719-587-9663(woof).

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HEART OF THE ROCKIES  
REGIONAL MEDICAL CENTER

Our health care

What single-payor health care means and why we should consider it

by James R. Potter and Nancy K. Reed

We are constantly being bombarded by all the problems with our health care system and the different proposals to fix it — or at least try to tape it together. In the confusion, the term single-payer health care pops up. What is it?

Well, let’s start with the word payer. “Payer” means the one who pays the medical bills. So why doesn’t everyone just pay their own medical bills? Because a single injury or illness will break the bank and put us in the poor house. So, we need to pool our risk by buying health insurance. If enough people pay in, we spread the risk of medical catastrophe and no one person will face disaster. We all share the pool of money that we contribute so that when things happen it’s there to pay the bill. Since not everyone gets sick or injured at the same time, there is enough to cover those unlucky few who need it from time to time and we all have the security of knowing that we will be covered when it happens to us. Our “payer” is the insurance company that manages the pool of money that we contribute.

In the U.S. there are many private health insurance payers of medical bills — many insurance companies with different pools of people. Therefore, we have a multi-payer system and multiple pools of money.

We also have a single-payer system like Medicare. Medicare is a single-payer insurance system for those over 65. Our premiums are paid with payroll taxes and everyone over 65 is in the pool. Think of it as a public insurance system financed by premium taxes.

Single-payer systems like Medicare are not “socialized medicine.” A socialized system is when the government owns the hospitals and doctors are salaried public employees. Medicare, on the other hand, merely pays the bills just like private health insurance. It does not own the hospitals nor does it pay salaries to doctors as if they were government employees.

narrow networks, overly complicated claim rules, deductibles, co-pays, exclusions and limitations — all of which are designed to keep our premium dollars for their profits. All of this complexity requires an army of clerks to review the fine print to review and deny payment of claims. This results in huge bureaucratic bloat and requires that hospitals and doctors hire their own army of clerks to do battle with those claim denials and deal with the multiplicity of insurance companies and their arcane rules, coding and claim forms. Add to this the high cost of marketing, extravagant executive salaries, duplication by multiple payers and lobbying of state and federal legislatures and it is easy to see why the cost of administration of this monstrous system eats up at least 15-20% of premiums.

Medicare, on the other hand, is a single-payer non-profit system designed to cover the health needs of an entire population, such as all those over 65. It does not seek to make money from the premium taxes paid into the pool of those covered. It does not seek out the healthiest people in order to avoid paying for health care. It does not waste money on advertising, high executive salaries, expensive lobbyists or seek to increase dividends to shareholders by denying claims in order to make larger profits. Its mission is to create a large pool of people and raise just enough money to cover the health care needs of its insured. As a result, Medicare’s administrative costs are around 2%, its claims procedures are uniform requiring fewer clerical staff to process them or make claims, paper work is reduced, the duplication of a multi-payer system is eliminated, it is large enough to negotiate for lower prices and coverage and is not tied to employment or marriage. All providers and hospitals are part of the single system. This is how most other developed countries pay for health care within their free-market economies.

The problem

Our insurance system has multiple “for profit” private insurers, and any number of other health insurance companies. In a multi-payer “for profit” system, each private insurance payer creates its own risk pool of insured people and their premiums. Because each private company creates its own risk pool it can make more money if it can select the youngest and healthiest people to join its plan. They are less likely to get sick. Therefore, there is more money that can be turned into profit from the pool of premiums. The less a company has to pay for health care, the more money it can make. This drive for profit is why private health insurance companies look for ways to take in more premiums and pay out less for health care. This results in cherry picking the healthiest people to insure. It also results in denying claims whenever possible. Private health insurance companies are seeking profits, they are not looking to pay for health care.

This perverse profit incentive built into our private multi-payer system in the U.S. adds huge costs to our health care system in the form of profit enhancing gimmicks such as

The bottom line

Everyone needs medical care to lead healthy productive lives, much like everyone needs clean water and safe food. The only universal system that covers everyone is a single-payer “not for profit” system which costs less, provides more, and eliminates the duplication and bloat of our current mess. We’ll all be physically, mentally and financially healthier with it.

Note

As health insurance companies become bigger, more consolidated and competition shrinks there are areas in the US, especially in rural areas in Colorado, where there is only one company offering insurance — only one place where a person can pay premiums into a pot of money and have medical bills paid. This is also a single-payer system because there is only one payer available to join. In this case, however, it is not the government but a private insurance company that is the single-payer. With its monopoly power and goal of making a profit, it is a single-payer without any interest in providing health care.

The Jurassic Snail

by Steven Wade Veatch

The sunrise greets a winding stream as rushing sands bury a Jurassic snail in a primeval pool. The start of a fossil, it lasts to tell its tale.



This Jurassic snail is assigned to the species Valvata scabrida and lived in a freshwater pond or lake about 165 million years ago. Microphotograph by S.W. Veatch.

CUSP 2018 river projects

by Coalition for the Upper South Platte



Volunteer clean-up day in Deckers.

Tarryall Creek Enhancement Project

Tarryall Creek is a major headwater tributary of the South Platte River, draining the upper third of the South Park basin. Work began with the removal and reconstruction of an existing log diversion structure with boulders to allow for unrestricted aquatic organism passage and sediment transport through the diversion structure. The over-wide river was reduced in width by constructing new river bank with logs and boulders. Seventy large ponderosa pine trees were harvested from a recent blow-down in the Pike National Forest, boulders were donated by the Colorado Department of Transportation, and members of the Landis Ranch Homeowners Association.

Sand Creek Restoration

Flooding in 2015 destroyed a diversion structure on Sand Creek, creating significant damage to the stream and irrigation structure. CUSP redeveloped the diversion to address temporary fixes installed after the flooding, addressed erosion headcuts in the drainage area, and returned irrigation potential to the system. The project was completed in partnership with Palmer Land Trust, holder of a conservation easement on the property, and the Park County Land and Water Trust Fund. Palmer Land Trust filmed the work progress and will create educational outreach using this project as an example of appropriate drainage management. Local property owners also contributed to the project.

South Platte Cleanup at Deckers

To celebrate the 50th anniversary of the Wild and Scenic River Act, CUSP partnered with Trout Unlimited, US Forest Service, Denver Water and American Rivers to coordinate a volunteer clean-up day in Deckers. A large group of volunteers gathered on a dreary day to spread out and pick up trash and other non-native items along the river. The day was very successful and hopefully will lead to similar action days to support the river health.

Tourist And Locals Can Breathe Again

Thanks to Mark and Nancy, Owners of Whole In The Wall Herb Shoppe.

I went to the store to pick up the amazing Aquagen liquid oxygen supplement- Says Marti. This took away all my high altitude symptoms the first day using the product. While I was there I received a free sample of the Gold Mini Tabs. (Whole Food MultiVitamin).

This helped me with energy and mental focus.

I also had sinus issues which I found out that Mark makes an Up Your Nose Sinus Spray. I sprayed two shots in each nostril and it took only 1 hour for my sinuses to open and they have not felt that good in years.

I drive out three times per year from Arizona to take classes at the college and in the past always suffered with low energy headaches and multiple sinus problems. I now look forward to coming to Colorado no matter what the season, knowing I can depend on these wonderful products.



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# Hellith Chapter 2

by Danielle Dellinger

The planet felt familiar to Brea, but at the same time foreign. She'd done her best to describe to Command the strange scenery right outside her space shuttle. At night, everything was bioluminescent, even the rocks. After she'd said goodnight to Command, she sat in the pilot's chair and watched the world outside come to life. A flock of strange creatures leisurely drifted by. They had the bodies of white swans, and growing out from their undersides were squid tentacles. When they landed a ways off to the right of the spacecraft, she could tell that they in fact, each had one leg that they hopped on as the tentacles harvested the foliage around them. The tentacles then would pass food up to their mouths like an elephant's trunk. Luckily, Brea captured the whole hour-long event on a night vision camera.

Over the next few days, Brea worked to make the space shuttle a more secure and viable long-term shelter. One day as she was working to patch a hole that would let the oxygen permanently stabilize, Command sent a video message.

"Captain," her AI co-pilot said, "you have an incoming video."

Brea got up and took off her gloves, walking over to the control panel and pushing the play button.

The camera jostled a moment, then focused on a group of people, with her ex-husband, Sam, standing in the middle holding a cake.

"Happy birthday, Captain Skah!" the group cheered.

"We wish you were here, or we were all there, but you're doing such important work for us," Sam said, smiling that gentle smile that had made her fall in love with him in the first place.

The director then stepped forward. "Happy birthday to our best captain. We miss you, but are thankful to have you doing the work you're doing on Hellith. Don't forget to rest and fully acclimate. That's an order," she said, winking.

Brea wiped a tear from the corner of her eye, then pressed the talk button to speak directly to Command. "Thank you all so much for the birthday wishes. Once I finish this repair, I intend to go out and explore. I'll document everything."

"Copy that, Brea. Be safe."

Her eyes were drawn back up to the screen, to her ex's face in particular. She missed him more with each passing day, regretting the divorce more and more.

"AI, save the video file, please."

"Yes, ma'am." The video vanished with a ping.

She went back to work, quickly finishing the patch job.

A few hours later, she stepped out of the ship with all her gear on, including a large taser gun for protection. After encountering the velociraptor with an eagle's head, she wouldn't make the mistake of going out unprotected again.

It was tranquil, even with the strange squawks, roars, and hums. She ventured off in the opposite direction she'd gone her first day there. In this direction, the trees were skinnier and more spread out. A hazy white light seemed to be what passed as sunlight for Hellith, but Brea had yet to pinpoint the light source.

Periodically, she'd come across a bush covered with orbs that were a sky blue. She stopped and studied one, recording it on the camera she'd brought. Then, she plucked one of the orbs and carefully cradled it in her palms. Even with her gloves on, it felt as smooth as marble. She pulled it inside her suit through a special opening, marveling at how ice cold it was. Lifting it close to her nose, she detected a slight salty scent. With extreme caution, she licked it, and oddly enough it was like licking a snowball. Now, the only thing left to do was bite into it, and as she did, it crunched like an apple and fresh water flooded her mouth. When all the water was gone, it looked like a faded blue raisin.

To say the least, she was highly impressed with this planet so far. She discarded the water raisin and kept walking. Eventually she began to see flowers with long, droopy petals. Their colors were dull and boring, which surprised her given they were flowers. When she went to touch one of the drooping petals, the whole flower shuddered and whined like a sad ghost.

Brea frowned and pulled back her hand. "I'm sorry if I hurt you," she said reflexively. "I didn't mean to."

The flower stayed still and silent.

Brea shook her head. "Weird." She started to walk away and the flower whined forlornly.

As she turned back to look at the flower, she noticed a set of footprints that diverged from the path and cut through the flowers. She knelt down to check how fresh they were, then happened to glance up and see a person through the flower stems about 20 feet away. They were digging in the soil, and she could hear faint whining from nearby flowers. Her hand rested on the butt of the taser gun at her hip as she cautiously approached the person.

She was about 10 feet away when the flowers whined loudly, announcing her presence.

The person, or rather creature, now that she was close enough to see clearer, quickly looked up at her.

She stopped, unable to keep from staring. When the creature stood, Brea noticed that the curvature of its spine and the length of its arms allowed for it to walk on all fours, but similar to a horse or deer, or upright like a human.

The creature was dressed in velvet robes of dark purple with gold trim. A small red insignia on the chest was of the pound, or hashtag, symbol with a long left-to-right diagonal line slicing through it. The form-fitting robe covered most of its snowy porcelain skin that had a certain shimmer to it in the right light. Brea's breath was taken away by the beauty of this being. Her eyes finally focused on its head. But instead of hair, what looked to be the long, straight feathers of a rooster's tail cascaded down to about mid-back. Finally, her eyes locked with the creature's, and she saw that the pupils were diagonal ovals.

Neither one of them spoke for a few long moments as they both took each other in.

"Uh, hi," Brea finally said, taking a couple steps closer.

But the creature took a step back.

"Oh, I'm sorry," she apologized, following suit and taking a step back as well.

The creature then bowed, motioned for her to come, and started away.

Brea made a face, then followed, glancing down where the creature had been digging. Inside was a small flower swaddled up like a baby. To her surprise, the flower seemed to be peacefully sleeping.

It was an image that she couldn't get out of her head as they walked. There was something unsettling about that flower, but she couldn't figure out why it made her feel so uneasy. But she did her best to shake off the feeling as they rounded the bend of a rocky outcrop. On the hill in front of them was a village arranged in a very grid like fashion. But despite that, each building and house had its own unique style of architecture and bright paint colors. Outside of each home was a large tree that resembled a weeping willow, except the tendrils that hung down were a deep blue that curled and uncured as if the tree were breathing.

She expected to be led up to the larger buildings near the hilltop, but the being in front of her turned down a side path that turned into a rather long stairway. At the bottom was a shack of weathered grey wood and stained-glass windows. Wispy white smoke rose up out of the short chimney. They stopped at the door and the creature knocked softly. The knock was so soft that Brea was certain that there was no way anyone inside would hear it. She was wrong. A man opened the door a minute later. He gave a curt nod to the creature, who then turned and gestured to Brea.

The man and Brea stared at each other in disbelief. Her voice suddenly eluded her.

"Corbyn!" she eventually exclaimed.

"Brea? Is that really you? Holy hell! What are you doing here? Um, how did you get here?" He pushed past the creature to hug her so tightly her back cracked.

"Wait! You're not wearing a spacesuit! You need oxygen, here I have a portable mask!" she said hurriedly, pulling out of the hug to dig the mask out of her leg pocket.

"No, no, no. I've acclimated to the climate, I'm okay. Really." He inhaled and exhaled deeply to show her. He didn't gasp, choke, or cough.

She couldn't believe it. How his body had adapted so well to handle the new environment was mind boggling. Then her face darkened as the magnitude of the situation settled on her shoulders. "We need to talk. You have a lot of explaining to do," she said, brushing by him and walking into his shack.

It was simple inside: a bed, a writing desk, a couch, a tiny kitchen that consisted of a stove, a sink, and one small cabinet for dishes. In the back corner looked to be a closet that shared space with a bathroom. There were a total of four stained glass windows: one by the door, one on either wall as you walked into the shack, and one in the bathroom. After giving the shack a quick once-over, Brea turned back to Corbyn as he shut the door.

"Corbyn, what the hell? You've been missing for 10 years now. When did you stop trying to contact Command?"

He bowed his head and shrugged. "Brea, I never did. Even now I still try. The village has been helping me with my communications, and the messages seem to go through, but no one ever responds."

Brea frowned deeply. "What? What would keep them from responding to you?"

He sighed and ran a hand through his hair, and Brea caught a glimpse of his snowy porcelain palm. "I guess you don't know what happened..."

"What're you talking about?"

He wouldn't look at her. "Come, sit down." He made his way to the couch and sat at the farthest end by the window. She sat at the opposite end.

"You're not the first person that they've tried to send here. When they sent me here, five years before you, the technology was still very new. They tried to test it on Earth the best they could, but you never truly know how something will work until you're out in the field. Or in space, in this case." He finally looked at her.

"Are you saying they sent you here when they shouldn't have?"

He chewed his lip and finally nodded. "I think they don't want to take the blame because their stocks would crash and they'd be put out of a job, so they just chalked me up as collateral damage. When I was entering Hellith's atmosphere, I was knocked out of the sky by a savage storm. Some residents of this village found me, took me in, and when I came to, they told me I'd been unconscious for a week."

She sighed, lowering her gaze to the floor as she tried to wrap her mind around what he'd said.

"Director Andrean was in charge when you left on your mission?"

He nodded. "I'm sorry. I know you have a close relationship with her."

Brea scoffed. "Yeah, she was my maid of honor."

Corbyn nodded again.

The silence that fell between them was like dust settling in an unused room.

"I just can't believe this," Brea said after a few minutes, shaking her head. "I never thought the Director was capable of doing this to someone."

"I'm not upset with her anymore. She's just trying to protect her job."

"Yeah, but at your expense!"

Corbyn shrugged. "People are complicated." Brea huffed and got up, going to the window across the room. She forced herself to study its details so she would calm down. "So, why did the village take you in, and more importantly, let you stay?"

"They're peaceful. They also knew it was only a matter of time before humans began exploring other planets outside of Earth's solar system, so they felt I could be useful for when more humans show up. And they were right." He smirked.

She looked over her shoulder at him long enough to roll her eyes.

"How did you come by the shack, then?"

"I had to earn it through various jobs. Once I proved I could contribute to their society, they gave it to me. They showed their complete acceptance of me by teaching me how to make the stained-glass windows. Every home in the village has them. That's the one unique way to show off that even though we're individuals, we're still part of a community."

Brea blinked, slowly nodding. "Wow, that's pretty beautiful, actually." She heard Corbyn chuckle from the couch. "How are these made?"

"Well, originally, the glass doesn't have color, so the color is created by adding metallic salts. Then the glass is cut into small, various pieces to create patterns or pictures, and then is held together by lead strips and supported all together by some sort of rigid frame." He stood and walked over to her, gently taking her by the shoulders and pulling her back so she could see the window as a whole.

"I went with geometric patterns."

She smiled. "I remember you always doodling on graph paper during our meetings."

"It helped me focus."

Brea turned to him. "Well, I'm glad you're doing well here. But you know I have to document everything and report back."

"I'm aware," he said, and she noted the strained look that pulled at the corners of his eyes.

"Do you not want me to?" she asked, raising an eyebrow.

"I dunno. I'm having mixed feelings about it. I'd kinda given up on returning to Earth, and have made this my home now."

"Well, we won't be going anywhere any time soon because I also crashed my ship."

He burst out in a deep belly laugh. "Oh, I'm sure Command just loved that!"

She chuckled. "They probably didn't, but they haven't said anything about it. They were more concerned about my—" She stopped herself, not wanting to say what they both were probably thinking.

"It's okay, Brea. You had nothing to do with this."

"I know. I just feel awful that they essentially left you for dead."

Corbyn smiled softly at her.

Her brow furrowed. "Wait... what if I'm actually here on a rescue mission?"

**To be continued . . .**

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## Heaven and Earth

Psychic abilities and the matrix part II  
by Olga Daich

We pick up where we left off in the  
November, 2018 issue of Ute Country News  
on page 19.

I wanted to warn Tammy but I knew yelling  
at her would be worse. I also knew Tammy  
had hearing problems. Trying to use the  
right tone of voice I called to her, "Tammy!  
Tammy!" She must have heard me because  
she turned to the right and realized that I  
was not walking next to her. Tammy turned  
around and saw me behind her. I used my  
hands and body language to tell her to come  
back here!! She knew something was going  
on and started to run in my direction.

We knew there was a male nurse, Charlie,  
close by in the next hallway so we ran in his  
direction. Fortunately, he was still at his nurse  
station, getting ready to make his rounds. We  
told him what had happened and described  
the place where the patient was. Charlie told  
us, "OMG, He is one of the most dangerous  
patients here, he was supposed to be under  
lock! I really don't want to confront that  
patient!" I could see on his face he was scared  
of facing the patient. Finally, he said, "Ok, I  
guess I don't have an option, you both stay  
here, I will try to put him back in his room."

He headed to the next hallway. From  
where Tammy and I were, we could hear  
Charlie yelling at the patient, "What are you  
doing out of your room!? Get back to your  
room right now!!!" The patient shouted back  
but, I didn't understand what he said. Then  
we heard a big slap of the door. While Charlie  
was coming back, we heard the patient  
yelling these words, "You pieces of s... , I  
will chop your head off of your shoulders!!!"  
He was very upset and used words that I  
won't use here but he was repeating again  
and again, "I will chop your head off B.\*\*.!"

The three of us were shaking. Charlie told  
us that the owner of the place had com-  
plaints from some of the patient's relatives  
about locking them in at night. So, he de-  
cided to leave the patient's doors unlocked.  
Obviously, after this incident the facility  
went back to locking some patient's rooms.

Some people could think that this story is  
only the result of coincidences. I am clear in  
my heart and my mind that this was meant  
to be left in my life experiences, an example  
of what we can perceive when we are in tune  
with the "invisible world." I am sure the pro-  
tection of angels and spiritual guides played a  
very important role through this experience. I  
am aware also that my "vision" was possible  
only because I was downloading information  
from the FIELD. I was receiving information  
of one of the possible outcomes.

Quantum Physics and science are telling  
us that we are living in a multi-dimensional  
universe. What we perceive as our reality is just  
one of the possible outcomes of this multi-  
dimensional Universe. It makes sense now what  
scientists told us about our brain function, ac-  
cording to them our brain process 400,000 mil-  
lion bits of information per second but we are  
only aware of 2000 of them. In other words, we  
are not aware of a lot of information, we really  
don't know what is around us. What we per-  
ceive as our reality is filtered through our five  
senses, (hearing, sight, touch, smell and taste).  
We perceive only a small part of what is around  
us. Some scientist stated that our *conscious*  
brain can only handle something like 40 bits of  
information a second, while our *unconscious*  
mind can handle 11 million bits of informa-  
tion per second. Look for information, find out

what science is telling us now. A scientist from  
Lausanne, Switzerland found evidence of a  
multidimensional universe INSIDE our brain.  
Choose wisely, what you pay attention to!

As I said before, when I do a Reiki session  
and either receive a vision or hear the voice  
of a client's relative who has passed away it's  
because that information is coming from the  
FIELD. Our brain and heart are antenna that  
will read the FIELD if we get in tune with it.  
We all download information from the FIELD.  
Unfortunately, most of us are not aware of that.  
As a result of that, we fill our subconscious  
with low frequency information (garbage).  
Becoming aware and conscious of the FIELD  
gives us the power to clean our sub-conscious  
mind. (Hoopononopo is a great ancient  
Hawaiian technique to help cleanse your  
subconscious mind, through the intentional  
phrases; I am sorry, I forgive you, I thank you,  
and I love you — look for a future article.)  
I will say this again — you, my dear lector,  
don't have to turn on the TV or radio to get all  
the low frequency vibrations from the news,  
you are downloading the information with two  
powerful tools, your brain and your heart.

I would like to end this article with a reflection  
for my readers. What do you think is  
happening when you go to a card reading? Are  
you willing to give somebody the power to tell  
you what the *future* is holding for you? If there  
are many possible outcomes for your future,  
why will you allow somebody else to tell you  
one of the possible outcomes? (usually the one  
that will hold the lowest vibration). However,  
there is an option for those who want to get  
a card reading. Look for someone who does  
angels readings, or sacred geometry readings  
since they channel high frequency beings and  
information (you will get a spiritual advice).  
Rather than getting a focus on bad news, your  
attention will be shifted to your spiritual path.

Have you ever wondered what is behind a  
patient's diagnosis of depression? Maybe their  
subconscious mind is overloaded with low fre-  
quency information (coming from the FIELD).  
Maybe in their heart they are overwhelmed  
with information that they are not aware is  
there. How can they know what is wrong with  
them when they are not conscious of what is  
*sleeping* in their subconscious mind?

Depression, Alzheimers, and other mental  
illnesses in my opinion are the manifestation  
of emotional/spiritual struggles. (See *Reiki  
Heaven and Earth: A better understanding*  
Feb. 2017, page 12 *Ute Country News*). It  
would be worth it to think a little about this.  
Scientists are telling us that our emotions  
are responsible for almost all human illness.  
Our physical bodies (cells) have different  
responses to different emotions. If what they  
are telling us is true (and I do believe that),  
maybe all the chemical imbalance in Alzhei-  
mer's patient is coming from an emotional or  
spiritual struggle. It may be a body's response  
to a world that we don't like anymore or don't  
understand. There is a spiritual awaken-  
ing happening in all of us right now. It is a  
moment of rebirth for us and as spiritual  
beings we are *crying* in this process.

Wake up, be wise, it's time to choose what  
you will be attracting to your life. Namaste.

For more information about a Reiki ses-  
sion, Reiki training, cleansing or learning  
about healing energies through the work-  
shop *Heaven and Earth*, please contact me  
by e-mail with REIKI as a subject. olgace-  
ly@hotmail.com or by text: 801-628-9273.

## Adopt Me

by AARF

### Carrie

Carrie is the girl you are looking for to play ball,  
run or hike with. She gets along with most  
dogs and would be best without cats in her life.  
She is around 1-year-old, a bundle of energy and  
ready to go trail running! Would you like to meet Carrie? Give Dottie a call 719-748-9091.  
This space donated by the Ute Country News to promote shelter animal adoption.



## Newmont awards \$20,000 to WPSD

Newmont CC/V Mine recently awarded  
Woodland Park School District a total  
of \$20,000 to teachers and staff during the  
Board of Education meeting held November  
14. A total of 25 grant applications were  
received requesting over \$72,700. The funds  
will be used for various projects within the  
schools that positively impact Woodland  
Park students.

- Congratulations to the following recipients:
- BOCES: Transition Laptop Refurbishing Work Experience
  - Columbine Elementary School: Cooperative and Interactive Games
  - Columbine Elementary School: Fall Sym-phony Trip
  - Columbine Elementary School: Retired Teacher Program
  - Summit Elementary School: Dorothy Library Guided Reading
  - Summit Elementary School: Lego Wedo Robotics
  - Woodland Park High School: Hydration Stations
  - Woodland Park High School: Marching Band Instrument Repair/Replacement
  - Woodland Park High School: WILD Key-stone Science School Aquatics Training
  - Woodland Park Middle School: 6th Grade



Penny Roberts from Newmont CC/V Mines  
delivers their donation to Stacy Schubloom  
at WPSD.

- Retreat Camp
- Woodland Park Middle School: Challenger Learning Center
- Woodland Park School District: Crossing Guard Stop Signs

Mike Elvidge from Newmont CC/V Mines  
made the presentations to the recipients.

The Board of Education meets at 6 p.m.  
on the second Wednesday of every month.  
All meetings are open to the public.

## Lion's Pride!

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These are the people/businesses who gave donations in support of our 41st Annual Hal-  
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Cal's Trucking & Excavating  
Century Casino  
Chaparral General Store  
City Market  
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Wise Guys! Barber Shop  
Woodland Vet Clinic

## 103 Vintage Market

by Flip Boettcher  
photo by Debbie Rockwell

The 103 Vintage Market, located at 103  
West Main Street in Florence, opened  
its doors almost a year ago on Valentine's  
Day, 2018, according to one of the owners  
Debbie Rockwell. The 103 is owned and  
operated by four women: Rockwell, from  
Texas; Janet Hopper and Laura Frevert,  
from the mid-west; and Mary Pat Jen-  
nings, from Arizona. Two of the women  
currently live in Colorado Springs, one  
lives in Cañon City, and one lives in Wet-  
more, said Rockwell.

The women wanted to own and operate  
their own business and Florence seemed to  
be the ideal place to locate, known as it is  
as the antique capital of Colorado. Florence  
also had a "warm and welcoming atmos-  
phere," said Rockwell.

One can find antiques, collectibles,  
furniture, home décor and knick-knacks,



Black and white - A sample of what one  
might find at the 103 Vintage Market in  
Florence at 103 West Main Street.

collected, purchased and loved by the own-  
ers, said Rockwell. This could be this place  
to find those holiday treasures for everyone  
on your list. 103 Vintage Market is open  
Wednesday-Sunday from 10-5 p.m.

## Please Join Us

Our next  
meeting is  
scheduled for  
December 8th  
at 1pm

Come join a support group for widowed and divorcee's.  
This is to bring together your concerns and resources  
that might be able address those issues together.

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your heart as others share their heart. We can  
cover things that we can do as a group to  
help restore your life after a loss.

We are currently meeting once a month.  
Meetings are held at Community Fellowship of  
Christians, Lake George, Colorado.

For more info, contact Dean Blair 719 748-3511



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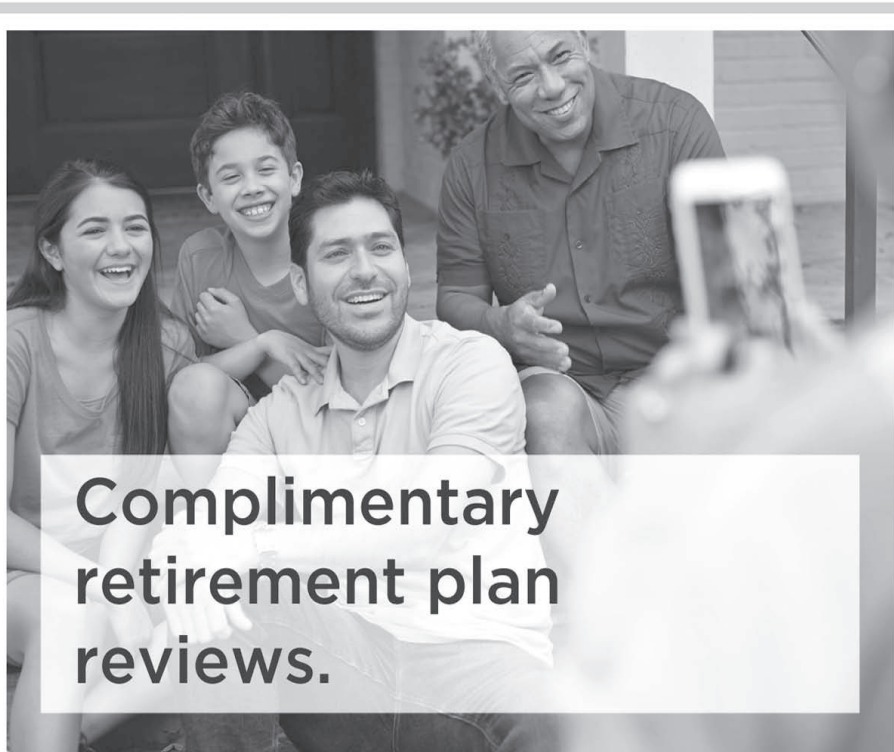
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www.colorado.gov/cdhs/leap

Applications can be accessed online  
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Financial Focus  
Take advantage of tax diversification

As an investor, you will have access to accounts that are taxed differently from one another. It's possible you could benefit from tax diversification by owning accounts in these three categories:

Tax-deferred

Tax-deferred accounts include the traditional IRA and a 401(k) or similar employer-sponsored retirement plan. When you invest in tax-deferred vehicles, your money can grow faster than if it were placed in an account on which you paid taxes every year. You also may get a tax deduction for contributions you make today. When you start taking withdrawals from these tax-deferred accounts, typically during retirement, the money is usually taxed at your ordinary income tax rate.

Taxable

Taxable investments are those held in a standard brokerage account, outside your IRA or 401(k). While you can put virtually all types of investments into a taxable account, you may want to focus on those considered to be most tax-efficient. So, you could include individual stocks that you plan to hold, rather than actively trade, because you will not get taxed on the capital gains until you sell. You also might consider mutual funds that do little trading and generate fewer capital gain distributions. This is important not only in terms of controlling taxes, but also because the taxes on these distributions can reduce your investments' real rate of return.

Tax-free

When you invest in a Roth IRA/Roth 401(k), you don't get an immediate tax deduction, but your earnings, as well as your withdrawals, are tax-free, provided you do not start taking withdrawals until you're 59 1/2 and you have had your account at least five years. (However, income restrictions do apply to Roth IRAs.)

So, given the difference in how taxes are treated in these accounts, how can you choose where to put your money? For example, when would you contribute to a Roth IRA or Roth 401(k), rather than a traditional, tax-deferred IRA or 401(k)? If you are in a high tax rate now and expect it to be lower in retirement, a traditional IRA may make more sense, as you potentially get a sizable benefit from the tax deduction. But if you are in a lower tax rate now, you have most of your retirement investments in tax-deferred accounts, and/or you can afford to forego the immediate tax deduction, you might find that the Roth IRA/Roth 401(k), with its tax-free withdrawals and earnings, ultimately will make more sense for you. But since no one can predict where tax rates will go in the future, having money in different types of accounts — i.e., tax diversification — can be beneficial.

If you only focus on traditional, tax-deferred accounts, you could end up with larger tax bills than you anticipated when you retire and start tapping into these accounts, particularly when you must start taking withdrawals — called "required minimum distributions" — when you reach 70 1/2. By having money in accounts with different tax treatments, you may have more flexibility in structuring your withdrawals during retirement, based on your year-to-year tax situation.

There's no formula for achieving an ideal tax diversification. You'll want to consider your own needs and circumstances in choosing the right mix of taxable, tax-deferred and tax-free accounts. Ultimately, taxes should not drive all your investment decisions — but they should not be ignored, either.

This article was written by Edward Jones for use by Lee F. Taylor AAMS, Brian Watkins, and Erik Dartsch your local Edward Jones Financial Advisors.

MTCC partners with non-profits

Mountain Top Cycling Club will use the 2019 Century Experience Ride to raise funds for non-profits in Teller County. We will have five rest stops and the Start/ Finish area. In 2018 we were able to raise \$2,000. In 2019, we hope that by supporting five rest stops with five different non-profit organizations we will be able to give back more to the local community. If we have 200 riders, we would guarantee \$300 in sponsorship, 300 riders - \$400, and 400 riders - \$500. MTCC would use the funds raised to support the local youth cycling programs and stay with our mission statement. Applications due January 1, 2019. We will pick the non-profit organizations in January at our kick off membership drive.

Sponsorship applications are on the Mountain Top Cycling Club website, www.mountain-topcyclingclub.com FMI 719-689-3435.

Adopt Me by Ark Valley Humane Society

Brodie

Brodie is a six-year-old male Pit Bull mix who would do great in a home with dogs his size or bigger! Brodie is goofy, oh so lovable and loves being around people. Come meet this social butterfly today at 701 Gregg Drive in Buena Vista, CO. Need directions? 719-395-2737.

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April Showers  
CBDs, soaps, and oh, so much more!

by Kathy Hansen  
photos by Jeff Hansen

We first met April Oberholser in 2016 at the Buena Vista Business Expo. She was selling her soaps and body lotions. It was the same year her husband, John, had a dream that she opened her own store in Buena Vista. When he told her the dream, she laughed, "It would have been a 2 1/2 hour commute each way from where we lived north of Idaho Springs at the time."

Then in March of 2017, they came to Buena Vista to look at houses, on a whim. They bought the fifth one they looked at. It was the perfect set-up for her soap shop on the first level, rear entrance. Curious that it was on the market for two years, as if it were waiting to help make their dream come true! Even more interesting is the number of people who have been at the shop located at 16799 CR 306 who have said they never noticed the house and out buildings.

April began making her own soap and shared with friends who encouraged her to go into business. Coming from a bookkeeping background, she knew she would need to develop a product line and make more than just soap. Her research began about five years ago. Guessing she learned what to do from the internet, she quickly corrected me and cautioned not everything on the internet is reliable. She depends mostly on a handful of core books she uses to research the healing properties of herbs and oils, developing new products as her customers present unique situations. April will customize the product for each customer, in most cases while you wait. She has now established over 300 products!

In addition to all manner of body lotions, butters and her own facial line, which is her num-



More than just soap awaits you at April Showers.

ber two seller, she makes personal care products ranging from toothpaste without fluoride to shampoo/conditioner to balms and scrubs. All of her products are made from scratch, using responsibly sourced base ingredients and blended with love and care. There are no sodium sulfates or other impurities and she blends her own essential oils charging \$15-\$20 each (without any of those membership fees).

Even if we had room to list every item in every scent or flavor, it would take all the fun out of exploring her shop on your own. We will focus on some of the more unique items.

April makes a *Monster Spray*, which comes in four different scents. Children who are afraid to go to sleep at night because of the monster that could be hiding under the bed or inside the closet are empowered to spray the monster away! This can give the child a sense of conquering their own fears. How fun is that?

*Helmet Hero* is a disinfectant made for the gym bag, helmet or any athletic gear that is likely to absorb perspiration. This product can neutralize the odor and get rid of the bacteria.

Whether you have diabetes or are challenging yourself to reduce the amount of sugar you eat, the *Diabetic Roll-on* may interest you. April said it will reduce cravings for sweets and it contains cinnamon, a known glucose-stabilizer.

Come on in and tell April what ails you because she likely has a product on her shelf



April Oberholser inside her store.

for health concerns such as gout, tremors, arthritis, joint pain, and insomnia. She calls her *Boo Boo Butter* nature's Neosporin. She also has an arnica spray, which is very effective on pain. *Varicose Vein Relief* speaks for itself. Her *Mad Muscles* is a top seller. April also has a number of items helpful for cold and flu season and even plantar fasciitis! Perhaps my favorite part of her *Blooming Belly* lotion for pregnant women is the profile of that blooming belly on the label with "You are beautiful!" printed above!

April's baby products include chest rubs, teething relief, *Serene Baby* essential oil roll-on, and *Momma's Wellness Whip* for diaper rash. If you have that hard to buy-for guy in your life, April has a line just for men including *Beard Aid* and shaving soaps.

April creates her own herbal extracts in 14 different flavors that are ingestible, as well as supplements in the form of essential oil capsules.

She's got you covered from one end to the other with her *Toilet Fizzes* that clean your toilet after every flush and the *Germ Killer Wipes* perfect for public restrooms or outhouses. There are two in each pack, one for the seat and another for your hands afterward.

April's number one seller is her line of CBD, which comes in a wide variety of forms from suppositories, to roll-on, to capsules and bath fizzies. Her CBD tincture comes in flavors of spearmint, sweet orange and natural. Her customers use it for relief of neuropathy, arthritis, joints, and sore muscles.

Let's not forget our furry friends. Yes, April has a product line for dogs, cats and even a digestive relief for horses!

April is open Wed-Sat 10-6 p.m. You will be delighted by the vast variety of products as much as you will April's pleasant personality. Stop in a meet her to see for yourself! Visit her website at aprilshowersgifts.com.

**"The allergy relief really helps my eyes. They get puffy due to allergies and it helps almost immediately."**  
— Erik Hodge (customer testimony)



One of April's top-sellers is her Divine Facial Line.

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## Trooper Tips

### Bad weather driving, some call it ski season

by Trooper Gary Cutler

It's that time of year again, which means snow storms are on the horizon. Bad weather isn't all that bad, because with it comes all of the fun activities we like to do in Colorado such as skiing, sledding, skiing, hiking, and skiing/snowboarding.

I joke about the ski season, but when we see a good snow storm, that's when skiers and snowboarders head to the slopes in larger groups than normal. Let's talk about the situations where we just have to get around in snow storms.

Reduced speed is always a key factor to staying safe when driving on snow, or ice packed roadways. It's winter, so make sure you take that extra step to have the time to drive to your destination safely, which means slower than normal speeds. Bad weather doesn't necessarily mean we have to have bad driving.

One situation that worries me is black ice. Ice is the unseen danger that is often a factor in winter time driving. I've seen people going lower speeds when they are on snow packed roads only to speed up to, or beyond the speed limit once the road clears. The road may still be wet, and with cold temperatures that means it can and often freezes to the road surface. Just because you don't see it, doesn't mean it's not still there.

Slick roads also mean it's harder to stop when less than favorable road conditions exist. Give that extra distance needed to stop when snow or ice are present. It's hard to give just one correct distance for bad road conditions. Use good common sense and the rule of thumb that it could take double the distance on wet roads and up to as much as 10 times the distance on snow and ice packed roadways to safely stop.

Also, be prepared to travel in bad weather. This means having enough "survival gear" to make it through a dangerous situation if you get stuck on the roadway. This doesn't always mean you're stuck because you have crashed or slid off the roadway. It could be just that the weather is so bad the roadways have been shut down and you are stuck with everyone else traveling with no way to get off the road for a while.

Even when you are just going on a short trip, there can be situations where you need emergency equipment with you. The items that can save a life are: blankets, flares/emergency triangles, water, shovel, food/snacks, and cell phone. I probably don't have to remind anyone to make sure they bring their phone though.

Here are my final tips for winter driving. When roads are dry, drive as if it's raining. When roads are wet, drive as if it's snowing. When roads have snow on it, drive as if it's ice. When roads have ice on it, think about staying home that day.

So there you have it, a few simple tips to help keep you safe when driving in bad weather this year.

As always, safe travels!

## T.H.E. Coalition's Breit Awards Banquet

The Gold Camp Victorian Society was well represented at the 2018 Breit Awards in full Victorian dress, including a few dressed as Harvey Girls. 2019 will mark the 20th year for the GCVS as an organization.

## The Corona's at Freshwater

by Flip Boettcher  
photo by Flip Boettcher

There are new faces and new plans for the old Freshwater Bar and Grill, now called The Corona's at Freshwater, a slight pun on the new owners' last name. The Corona's at Freshwater officially opened November 1, with Jodi Corona owning the Freshwater, and her husband Damien owning the Liquor Closet.

The Liquor Closet, formerly the Bootlegger, is a tiny, as in closet-sized, liquor store. The Liquor Closet is located at the Freshwater, but has its own entrance on the east side of the building.

The Coronas found their dream property on Park County Road 104 near Guffey while they were on a road trip in 2015 and camped at the Royal Gorge and fell in love with Colorado. They made Cañon City their home base while looking for property and purchased the land on CR 104 in 2016. They also looked for business property then, but didn't find anything.

The Coronas moved to Guffey January 1, 2018 and found out that the Freshwater was for sale and bought it.

The Coronas are from South Carolina, where Damien was in the navy for 14 years before retiring, and then worked in the computer and IT business for another 14 years. Jodi was a stay at home mom raising four children for 22 years, she said, but she had been a waitress and had a catering business, too.

As soon as the Coronas moved to Guffey, they got involved with the community. Damien found his third career as a volunteer with the Southern Park County Fire Protection District and became an Emergency Medical Technician with intravenous certification, soon to have his Firefighter I certification, and this spring a Wildland Fire Medic certification, he said. Jodi is on the fire department auxiliary and is very active helping in the community.

The Coronas brought their own workforce with them, as three of their adult children moved here with them, Faith, Zack, and Darrean; one stayed on the east coast.

With little restaurant and no bar experience, the Coronas have been doing a lot of training. Previous owners, Steve Wilson and Betty Cain, have been very helpful, said Jodi, and it has been a smooth transition. Wilson and Cain got the whole place extra stocked up and ready for business, said, Jodi.

Things just seemed to fall into place, Jodi said, even with three other interested buyers, they were chosen. Wilson and Cain had owned the Freshwater for three years. Jodi



Left to right are Faith, Damien and Jodi Corona behind the bar at The Corona's at Freshwater which they recently purchased.

loves to interact and talk with people and can multi-task very well, she said.

The Coronas want to keep things basically the same with some new added. Jodi will be doing a lot of the prep-work, making soup and desserts.

The Coronas have a 10-year plan and then want to retire, said Jodi. The couple wants to remodel the rooms in the back of the building into a grocery store and general, hardware store, said Jodi. No one should have to go down the hill to shop, she said. This store will complement the soon-to-open Mountainaries Market at the Guffey turnoff Colorado State Highway 9, Jodi added.

The couple plans to expand the building to the east 40 feet and that will include a larger kitchen. They also want to expand and re-work the current parking lot.

The Corona's at Freshwater will be serving Christmas dinner with turkey, sides and dessert. People are welcome to bring a side dish if they would like, said Jodi. Freshwater will open at noon and dinner will be served from 2-5 p.m. There is no charge for Christmas dinner.

The Corona's at Freshwater will also be having a New Year's party on December 29 with a band and will continue having live music every weekend.

Winter hours are Tuesday-Saturday 12-8 p.m., or closing; Sunday 12-6 p.m., or closing; and closed Monday. On the menu are gluten-free and vegetarian items, including the "beyond burger."

Come on down to the Corona's at Freshwater and meet the new, happy, smiling faces there. All Jodi kept saying was "it just seems right," and her kids just beamed.

## A real vacuum cleaner expert

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by Linda Karlin

I would like to introduce you to the kindest, most knowledgeable local small business owner I have had the pleasure of working with for the last several years.

In a time of online, impersonal shopping experiences, Griggs Vacuum Store stands out as an "old school" family run business. Family, community, history and quality are what Griggs Vacuum Store is all about. Dwight feels its important to make the family's last name the name of his store because it shows he expects to be held accountable for the conduct of his business and that it will be done right. This is the work ethic he learned from his father and passed on to his sons.

Dwight was raised in Buena Vista. His father, Paul Griggs worked at the Climax Mine. As a side job, Paul started to repair vacuum cleaners. Word spread, and he became quite busy. He began selling new vacuums out of a small shop and Dwight started outside sales for his father. "I grew up with vacuum repair and sales and I just continued it through my adult life." The Buena Vista store is still open today at 16 Oak Street.

Griggs Vacuum continued the legacy of his father when Dwight opened his Colorado Springs store 35 years ago in 1983.

No matter what kind of vacuum or supplies you need, the stores' owner, Dwight Griggs has the best vacuum at every price point, \$129 to \$1,500. Griggs Vacuums also offers sewing machine sales and repairs.

What makes Griggs the best in the business is that he genuinely cares about his customers. He listens and goes the distance to get parts and makes sure your vacuum is repaired. "It doesn't come off the bench until it is properly fixed," said Dwight. He loves his work and continues to find it rewarding. Whether needing repairs or looking for a new vacuum, remember Griggs Vacuum's slogan, "We want to be your vacuum store!"

You can find Dwight's shop at 1706 West Colorado Avenue in Colorado Springs and 16 Oak Street Buena Vista. Call 719-475-9216 or visit www.griggsvacuums.com.

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# Colorado Territorial Prison

by Flip Boettcher

Originally, Colorado was just a vast, unexplored land in the extreme western part of the huge Kansas Territory. The land was very remote, isolated and lawless; far removed from the "States," which were 650 miles and a long time away to the east.

The depression following the Panic of 1857 sent hard hit mid-westerners and bankrupt easterners to the Rocky Mountains seeking gold. With the discovery of gold along Cherry Creek near present-day Denver in the spring of 1858, the rush to the area was on.

Very little gold had been found in Colorado before the 1858 finds, although there were rumors of gold in Cripple Creek as early as 1859. The Spaniards, who were always looking for gold, may have been mining gold south of Westcliffe at La Caverna del Oro (Cave of Gold) earlier than Pike's expedition in 1806, but this is not proven.

In the spring of 1805, maybe as early as 1803, mountain man and fur trapper James Pursley from Kentucky, claimed to Zebulon Pike in Sante Fe in 1806, that he had found gold while camping in South Park. Pursley and the band of Kiowa he was traveling with were chased into the Rockies by a band of Sioux. Pursley may well be the first American in South Park. Presumably he found the gold somewhere between Buena Vista and Leadville.

There is another account of a Frenchman named Du Chet who showed some people in Sante Fe a pouch full of gold nuggets, which he found in South Park in the 1830s. Also, Parson Bill Williams found some nuggets while trapping in South Park in 1848. Colonel William Gilpin, first governor of Colorado Territory, found gold in South Park during the Mexican War while on campaigns in the area.

After the 1859 gold strikes around Tarryall, Fairplay, and Leadville, Cañon City sprang up as the "Gate City to the Mountains," and the gold, according to *Trappers to Tourists*, by Rosemae Wells Campbell. In 1860, Cañon City was a wild, lawless and wide-open town. "Every department of pleasure ran at capacity. Beaver and deer skins, as well as venison, was legal tender," Campbell writes.

Officially, Colorado was part of the Kansas Territory starting in 1854; unofficially Colorado was known as Territory of Jefferson in 1959; and finally, officially Territory of Colorado in 1861.

Before the territorial penitentiary was built in Cañon City, those who escaped the vigilantes and lynch mobs were put into small, local jails that were not equipped for long stays, and over-crowding was a problem. Often prisoners were released before their time was up to make room for more recent offenders. Jailbreaks were common.

Citizens of the territory petitioned local and federal governments for a prison. In

1867, Congress passed an act creating the Colorado Territorial Prison, one of six to help curb lawlessness in the west.

Through a political deal, Cañon City businessman and legislator at the time Thomas Macon helped get the territorial prison located in Cañon City in exchange for helping get the territorial capital located in Denver.

Jothan Draper donated 25 acres of his orchard land east of the hogbacks for the new prison on the west end of town. The land was to be located no more than a half mile from the center of town, given freely to the territory and be not less than 25 acres.

Finally, in July 1868 work began, lacking funds, with only \$40,000 of federal funds to build and operate with a bid of \$100,000 to complete. Built like the prison in Wyoming with granite quarried on site, the prison opened June 1, 1871 with United States Marshall Mark A. Shaffenberg serving as the first warden.

The first prisoner was John Shepley, admitted June 13, 1871, serving a seven-year term for larceny. Prisoner #24, the first woman prisoner on the rolls in the same year, was Maria Antoria Manzanarés, a homemaker.

Manzanarés was serving a life sentence for murdering her husband with strychnine. Manzanarés' husband must have been a real gem, because she had help from the neighbors to poison him. Manzanarés was convicted along with some co-conspirators and imprisoned with the male prisoners. Manzanarés received an unconditional pardon two and a half years later because she was pregnant, according to Stacey Cline, Administrator of Museum of Colorado Prisons.

Prisoner #60 on the rolls in 1873 used to be known as the first woman prisoner until Manzanarés' records were found. Prisoner #60 was Doctor Mary Solendar who was serving a three-year term for manslaughter, after a woman Dr. Solendar had performed an abortion on died, according to Cline.

The two and a half story prison building with 42 cells proved to be totally inadequate for the frontier conditions, says Campbell. There was no kitchen, no offices or worker housing, either, due to a lack of funds, until another out building was built.

Another small detail was that there was



Picture from the 1870s looking west from the mid-300 block of Main St., Cañon City. The Territorial Prison is in the left background in front of the hogbacks. The two-story brick building at the far left is the Fremont House, a popular hotel and stage stop in the 1870s.

no wall around the prison in the early days. When Englishman Richard Houle arrived by stagecoach in Cañon City via the First Street bridge from Florence through Lincoln Park in 1872, the new Territorial Prison stood by itself at the far end of town, without a fence, facing a swampy field, as reported by Campbell.

With no fence and an inadequate force of guards, the prisoners often slipped out during the night to raid the town, returning before daylight; sometimes not returning at all. A stone wall, quarried on site, was finally built because of escapees in 1875, by the prisoners themselves. The wall was four feet thick and 20 feet high enclosing five acres of the property around the compound and took three years to build. Part of this original wall can still be seen on the west side and is still in use.

An 1873 federal food investigation of the prison was prompted by the fact that the first warden was embezzling food from the prison supplies for his brother to sell at his mercantile store in town. According to *Memories from the Foot of the Gorge*, by Donna Taylor, the prison was "found to be in good order. The buildings were clean, the prisoners were well-clothed and cheerful, the food was good, and there were no visible signs of cruelty."

Although, when old Cell House #1 was later razed, dungeons with leg irons in the walls for solitary confinement of prisoners were found. There was also a heavy cardboard sign that read, "Notice to inmates! Those who are not in by 9 p.m. will be locked out. Signed the Warden," reported Taylor.

In territorial and early statehood days

prisoners were released during the day to work on the roads. With too few guards this was fair warning to those who might linger outside.

The food seemed pretty good. A typical 20-month food bill for the prisoners at the time was \$18,000. Some of the items on the bill included beef, bacon, flour, oatmeal, sugar, tea, lard, mustard, potatoes, cabbage, peas, and of course, tobacco. In fact, in 1872 some of the convicts threatened to leave if they were not furnished with tobacco, per Taylor.

When the federal government turned jurisdiction of the prison over to the territory in 1874, Governor Samuel H. Elbert appointed Anson Rudd, early Cañon City pioneer, as the first warden of the territorial prison. In 1876, when Colorado became a state, the facility was called the Colorado State Penitentiary.

At that time there were only six guards on the payroll and they were only paid \$25 per month. The prison was in bad financial straits. In fact, one escaped prisoner was charged \$56.25 for his own capture and return, according to Taylor.

The state penitentiary became the Colorado Territorial Correctional Facility in 1979. Being located at the end of Main Street, the prison became an integral part of the community, with prisoners working at local brickyards and other businesses in town. Prisoners also quarried nearby stone that was sold for area buildings, from Self-Guided Tour of Downtown Cañon City, Fremont County Heritage Tours.

To be continued...

Check out these activities going on right here in this area. If you know of an activity we should include, please call us at 719-686-7393 or email us at [utecountrynewspaper@gmail.com](mailto:utecountrynewspaper@gmail.com).

## BUENA VISTA

- 1 Christmas Opening, all day throughout BV.
- 2 Collegiate Peaks Choral Concert 3 p.m. first Presbyterian Church 7 Poncha Blvd.
- 7 Stars on Snow choir concert series Clearview Community Church 4457 Rodeo Rd 7:30 p.m.
- 12 BV Chamber & Visitor Center Roundtable event 6:30-8:30 p.m. 715 E Main St. [FMI.buenavistacolorado.org/by-christmas-opening/](http://FMI.buenavistacolorado.org/by-christmas-opening/)
- 20 BVHOPE meeting 7 p.m. at BV Chamber.

## CAÑON CITY

- 21 Lissa Hanner solo acoustic at Brews and Bikes 5:30-8:30 p.m.
- Yoga with Bill O'Connell at River Lotus Yoga Studio Wed 6:30 p.m., Mon 9 a.m. Small fee.

## COLORADO SPRINGS

- 1 Colorado Springs Pioneers Museum presents Festival of Lights Family Fun Day! FREE. [FMI.cspm.org/festivaloflights](http://FMI.cspm.org/festivaloflights).

## ALZHEIMER'S ASSOCIATION

- 3 Know the 10 Signs: Early Detection Matters 5-6 p.m. 2315 Bott Ave. 800-272-3900 or [alz.org/co](http://alz.org/co)
- 5 Healthy Living for your Body and Brain: Tips from the latest research 4:30-6:30 p.m. ANB Bank 15 W Cimmaron.
- 11 Legal and Financial Planning 10-11:30 a.m. COS Senior Center 1514 Hancock Ave.

## PIKES PEAK CENTER

- 2 *Tis the Season - The Stories* Children's Choral 3 p.m.
- 5 Estás Tonne at 7 p.m.
- 6 Jim Brickman brings A Joyful Christmas at 7:30 p.m.
- 10 Sing! An Irish Christmas with Keith & Kristyn Getty 7:30 p.m.
- 12-13 Rodgers & Hammerstein's Cinderella Theater League 7:30 p.m.
- 16 COS Philharmonic — Christmas Symphony at 2:30 p.m.
- 17 Rat Pack Christmas Theater League 7:30 p.m.
- 19 Face Vocal Bank 7 p.m.
- 22 A Colorado Nutcracker 2 p.m. & 7 p.m.
- 23 A Colorado Nutcracker 1 p.m. & 5 p.m.

## 31 COS Philharmonic - New Year's Eve at 7:30 p.m.

## WORLD ARENA

- 6 Jim Brickman 7:30 p.m.

## CRIPPLE CREEK

- 15 Lisa Hanner solo acoustic Bronco Billy's 7-10 p.m.

## ASPEN MINE CENTER

- 4, 6, 11, 18, 20, 25, 27 A Willow Bends every Tues 3-5 p.m., every Thurs 4-7 p.m. and every Fri 3-5 p.m.
- 4, 18 TBI Group participation meetings regarding Traumatic Brain Injury 10-11:30 a.m.
- 5, 12, 19, 26 Community Lunches each Wednesday between 11:30-1 p.m. All community members are welcome. Meals are provided on a donation basis.
- 6, 13, 20, 27 Cocaine Anonymous group every Wed 7 p.m. This group helps persons who are addicted to any and all mind-altering substances.
- 11 Veteran Service Meeting 9-11 a.m.
- 11 All Vets, All Wars. Group participation 10-11:30 a.m.
- 12 Colorado Legal Services 1:30-3 p.m. The Colorado Legal Services is a non-profit organization that assists persons with low income and seniors who need meaningful

# ~OUT AND ABOUT~

## access to high quality civil legal services in the state of Colorado.

- 20 OIB Group. This is a support group for individuals with blindness or other sight issues 10-11 a.m. in the Dining Room on the 2nd floor. FMI, Kathleen at 719.471.8181 X103.
- 20 The Colorado Division of Vocational Rehabilitation holds an orientation for individuals who need to acquire new job skills because of a disability 1-2 p.m.

- 28 Teller County Emergency Food Distribution Program (Commodities) will be held the last Friday of the month 9-2 p.m. Please bring photo ID and proof of Teller County residency.
- 28 Cross Disability Meetings for persons with disabilities 10-11:30 a.m.
- On-going: Our Health Navigator Krys Arrick is available Mon-Thurs 8-4:30 p.m. for families who are seeking access to affordable and quality health care. Call 719-689-3584 ext. 111.
- Unless otherwise noted all meetings are held in the 2nd floor conference room.

## CC-V HIGH SCHOOL

- 5 CC-V Cougars and Pioneers Christmas Concert and Art Show 5 p.m. CCV High School Cafetorium,

punch and cookies to follow compliments of the Mountain Afterschool Program Cooking Club.

- 13 CC-V Pioneers Drama presents the 3rd Annual *Christmas Salute to the Troops* 6:30 p.m. dinner served, 7 p.m. show at CC-V High School Cafetorium. \$5 adults/\$2 students. 50% proceeds to local Veteran's organization.

## PARKS N REC

- 8 Christmas Craft Fair 9-3 p.m.
- Akido for Adults Mon & Wed 6-7, Tues 11-12 p.m.
- Akido for Kids Mon & Wed 5-6 p.m.
- Archery by appointment.
- Basketball for Youth — Sign up by Dec 22.
- Bible Study for Women Tues 5-6:30 p.m.
- Dance — Beginner Belly Mon 6-7 p.m.
- Dance — Kids Ballet Tues 4:30-5:15 p.m.
- Dance — Kids Hip Hop Wed 4:30-5:15 p.m.
- Silver Sneakers M-W-F 10-11 a.m.
- Yoga Mon 3:30, Tues 11:30-5:15 p.m., Fri 11 a.m.
- FMI 719-689-3514.

## CRYSTOLA

- Crystola Roadhouse 20918 E Hwy 24 free line dance lessons with

Shell 6:30 p.m. Beginners on up. Every Thursday.

## DIVIDE

- 3, 17 Little Chapel Food Pantry Distribution 3:30-6:30 p.m. Last name beginning with: A-H 3:30-4:30 A-I 4:30-5:30 R-Z 5:30-6:30
- 7 Cripple Creek Masonic Lodge meets 5:30 p.m. at 75 Buffalo Ct FMI 719-687-1457.

## COMMUNITY PARTNERSHIP

- 5 GED class registrations 10-2 p.m. FMI [Katy@cpteller.org](http://Katy@cpteller.org)
- 7 Crossroads Parenting 9:30-1:30 p.m. FMI [Michelle@cpteller.org](http://Michelle@cpteller.org)
- 10 Career Workshops 3-4:30 p.m. FMI [Katy@cpteller.org](http://Katy@cpteller.org)
- Tutoring every Tue 12-2 p.m. FMI 719-686-0705.

## FAIRPLAY

- 1 A *Holiday Victorian* Tea 1:15-3 p.m. at Valiton Hotel. Maryanne Rozzi, Celtic Harpist, lends her extraordinary talent to the Fairplay-Valiton Hotel for *A Holiday Victorian Tea*. Tickets are \$12 and are available by contacting The Town of Fairplay, 719-836-2622. To learn how you can book Maryanne Rozzi for your next party or event call 719-838-0279 or email [solarozzi@yahoo.com](mailto:solarozzi@yahoo.com).

## FLORENCE

- 7 Pioneer Museum Model Train Open House 5-7 p.m. FMI [www.florencepioneermuseum.org](http://www.florencepioneermuseum.org)
- 8 The Gallery Walk around Florence. Most businesses open late.
- Bell Tower Christmas Show through Jan 4. FMI 719-784-2038 or visit [www.florenceartsrscouncil.com](http://www.florenceartsrscouncil.com).

## FLORENCE LIBRARY

- 3-14 Friends of Library Silent Auction and Kid's Gift shop.
- 5, 12, 19, 26 Wool Gatherers 10 a.m.
- 13 Art Reception 6 p.m.
- 21 A Taste of Christmas cookies and apple cider 11:30-1:30 p.m.
- December's featured artist: Austin Shepherd

## FLORISSANT

- FOSSIL BEDS
- 7 Night Sky Program 7-9:30 p.m. Meet at Visitor Center.

8 Art in the Park 11-2 p.m.

15 Winter Track Detectives 11-12:30 p.m. FMI 719-748-3253

## GRANGE#420

- 8 The annual Christmas Party 2-4 p.m. Santa and Mrs. Claus will be joining us with goodies and free pictures. Bring the kiddos! FMI 719-748-5004.
- 15 The Last-Minute Christmas Shopping Craft Fair 9-3 p.m. Crafters, vendors, baked goods and lunch.

## LIBRARY

- 10 Let's Read Amok! Book Club 11 a.m.
- 13 Yarnia! 10-12 p.m.
- 14 Mrs. Claus Storytime 10-11 a.m.
- Storytime Fri 10-10:45 a.m.
- Tai Chi Mon 10 a.m.

## GUFFEY

- Yoga with Bill O'Connell at the Guffey School, Tues 5 p.m., Sun 10 a.m. and noon. Donations appreciated.

## BAKERY AT STRICTLY GUFFEY

- 2 Cold Combines 9:30-4:30 p.m. Combine different metals together to create stunning and fun jewelry pieces without soldering. \$75 all materials included.
- 5 Textures 1-4 p.m. Using alcohol inks, work with a variety of tools and methods to create a textured plaque that will be stunning. \$40 all materials included.
- 20 Talking Threads 10-12 noon.
- 20 Drum Circle 6-8pm.
- Yoga every Saturday morning from 8:30-9:30 a.m. with Kristine.

## BULL MOOSE

- RESTAURANT & BAR
- 1 Greg & Maureen Shoe 6-9 p.m.
- 3 BINGO with cash prizes 6 p.m.
- 7 Karaoke Hosted by Piz & Pitbull 7 p.m.
- 8 Donovan & Super Chuck 6-9 p.m.
- 10 Open Mic 6 p.m.
- *We're closing Dec 11, 2018. It's been a pleasure knowing and serving you over the past 8+ years. Best wishes from The Bull Moose staff!*

## HARTSEL

- 15 Santa Claus is coming to Hartsel Community Center for the annual Christmas Party with turkey dinner served at 5 p.m., toys for all children. \$5 for adults, children

continued on page 22

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**continued from page 24**

free and must be accompanied by an adult. 86 Valley Ave. FMI Hart-sellCommunityCenter@gmail.com.

**JEFFERSON**

15 Jefferson Community Civic Association will have a Christmas Dinner and Program at the Community Building. A pot luck dinner will be held from 5:30-6:30 p.m., followed by a program at 7 p.m. with musical entertainment. Please bring a dish to share. FMI 719-836-0173.

**NATHROP**

8 Annual Holiday Celebration for Collegiate Peaks Bank 6-9 p.m. at Mount Princeton Hot Springs Pavilion. There is no better instrument to convey the essence of the holidays than the harp. Which is why you should catch the haunting sound of a heavenly instrument when Celtic Harpist Maryanne Rozzi performs background music for the annual Holiday Celebration for Collegiate Peaks Bank. Want to capture the

spirit of the holidays through music...book Maryanne for your next Holiday event! To see if she is available to entertain at your next celebration call 719-838-0279, or email solarozzi@yahoo.com.

**SALIDA**

6 Chaffee County The Emergency Food Assistance Program & Commodity Supplemental Food Program 9:30-2 p.m. 305 F St. FMI 719-539-3351.  
8 Stars on Snow choir concert series Grace Church 1320 D St. 7:30 p.m.  
9 Stars on Snow choir concert series SteamPlant 3 p.m.  
13 SCFTA's Creative Mixer at SteamPlant 5:30 p.m. 202 W. Sackett Ave.

**WOODLAND PARK**

1 Celebrate the holiday season with Ute Pass Historical Society & Pikes Peak Museum! You are invited to an old-fashioned Christmas Open House at History Park, from 12-3 p.m. at 231 E. Henrietta Avenue in

**~OUT AND ABOUT~**

Woodland Park, CO. 80863. FMI 719-686-7512 or email uphs@utepasshistoricalsociety.org.

2 Woodland Park Wind Symphony 25th Anniversary Gala Holiday Concert 6 p.m. reception, 7 p.m. concert at Ute Pass Cultural Center. Donations accepted. FMI 719-687-2210

6 Hope for the Holidays 6-8 p.m. at Ute Pass Cultural Center. Facilitated by Susan Marion, MA, LPC, grief support coordinator, learn coping skills so that you can participate in holiday events with less stress and greater comfort. FMI 719-687-0549.

7, 8, 9 Woodland Park Community Singers presents *My Christmas Gift* 7 p.m. on Dec 7, 3 p.m. on both Dec 8 & 9 at Faith Lutheran Church 1310 Evergreen Heights Drive. Free — donations accepted. FMI WPCSingers@gmail.com.

16 A Snazzy-Jazzy Christmas Concert by Swing Factory Big Band 6 p.m. reception, 7 p.m. concert Ute Pass Cultural Center. Donations welcome. FMI 719-687-2210.

• WP Community Singers meet every Monday 6:30-8:30 p.m. at Faith

Lutheran Church. Join us to improve your singing skills and participate in wonderful area events. No auditions necessary. FMI Ace Edwards 520-234-6732.

**LIBRARY**

5 Always Forward: The 45th Infantry's 511 Day Journey from Sicily to Dachau 2-3 p.m.  
13 Mrs. Claus Storytime 10:15-11 a.m.  
15 Clarion Winds Holiday Concert 11-12 p.m.

• *Letters Home: A History of War Through Letters* through Dec 31, 2018.

**Storytimes**

• Silly Saturdays 10-10:30 a.m.  
• Books and Babies Tue 10-10:20 a.m.  
• Storytime Weds & Thur 10:05-10:45 a.m.

• Lego Club all day Fri  
• Teens

7 Photography Club 3:30-4:40 p.m.  
12 Anime Club Wed 3:30-5 p.m.  
13 Mixed Media Art Club 3:30-4:30 p.m.

• Bookstagram Photo Shoots Tue 3:30 p.m.  
• Instagram Weekly Challenge Fri

• Teen Advisory Board Meeting 3:45-5 p.m.

**Adults**

4 WPLibrary Book Club 10:30-12 p.m.  
5 Not So Young Adult Book Club 11 a.m.

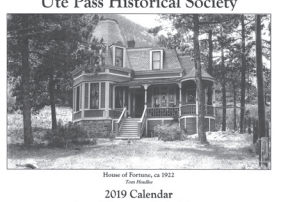
13 Senior Circle Book Club 10:30 a.m.  
• Tai Chi Thur 5:30 p.m.

• Tai Chi for Arthritis Fri 10 a.m.


• Tai Chi Sun Style 11 a.m.

**DINOSAUR RESOURCE CENTER**

1 Dissecting Billy Bass 11-2 p.m.  
15 Winter Wonderland 12:30-2:30 p.m.  
16 Santa 11-2 p.m.  
27 Kids FREE day 9-6 p.m.  
FMI www.rmdrc.com



2019 Calendar  
Green Mountain Falls Edition



2019 Pictorial Ute Pass Calendar

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• Ute Pass Historical Society's gift shop has 2019 Green Mountain Falls or Ute Pass Edition pictorial calendars. The calendars cost \$12 + tax. The Gift Shop is located at 231 E. Henrietta Avenue, next to the Woodland Park Public Library. Shop hours are 10-3 p.m., Wed-Sat. While visiting the Gift Shop, check out our great selection of books, jewelry, and unique gift ideas. FMI 719-686-7512 or check our website: utepasshistoricalsociety.org.

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5th Shipping Plus  
52 Cty Rd 5, Divide. 20% of sales

6th Crystola Bar  
20918 US-24, 10% of sales 5pm-close

7th Gold Hill Wine & Liquor  
797 Gold Hill Pl S, WP 10% from 5-7pm

8th Mike's Corner BBQ  
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Cheers to 2019!

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# Community Fellowship of Christians

Join us on Sunday, Dec. 16  
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Followed by a service at 10:30 of  
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*Everyone is welcome to join us in this  
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Community Fellowship of Christians  
invites everyone to a candlelight service,  
celebrating the birth of Christ!

Christmas Eve  
Monday, December 24  
starting at 6 p.m.

Following the service coffee and cookies will be served.

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