



# UTE COUNTRY NEWS

Putting the "unity" back in community™

POSTAL CUSTOMER

PRSR STD  
U.S. POSTAGE  
PAID  
DIVIDE CO  
PERMIT NO. 487

**FREE**

August 2021

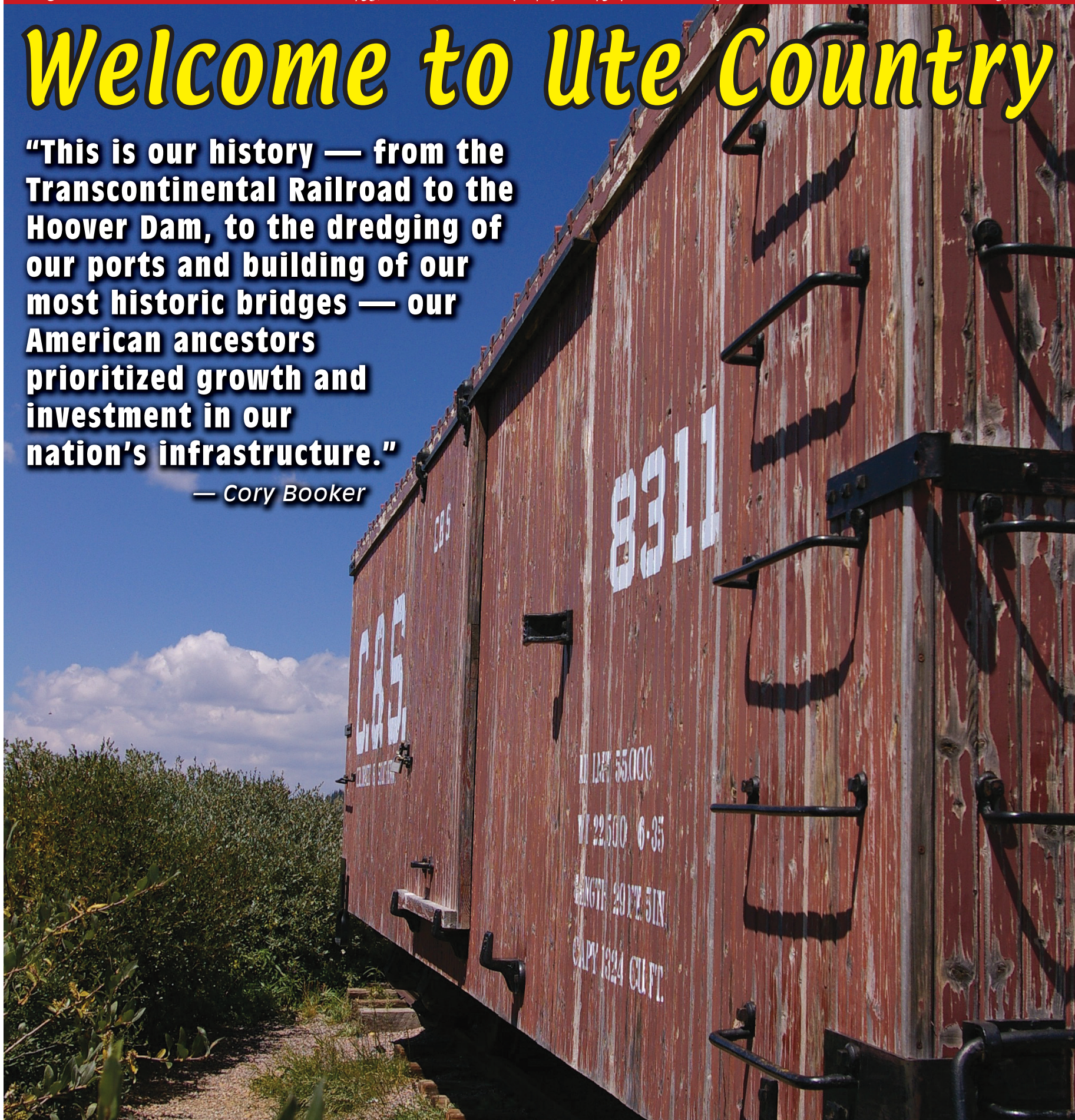
P.O. Box 753, Divide, CO 80814 • 719-686-7587 • utecountrynews.com

Vol. 13, No. 8

## Welcome to Ute Country

**"This is our history — from the Transcontinental Railroad to the Hoover Dam, to the dredging of our ports and building of our most historic bridges — our American ancestors prioritized growth and investment in our nation's infrastructure."**

— Cory Booker



### PEEK INSIDE...



page  
16

The Iceman of Cripple Creek, Colorado



page  
22

Quilts in the Aspens



page  
26

The Great Divide Kite Flight flies again!





# Lenore Hotchkiss

Real Estate Broker  
(719) 359-1340



**CABIN ON A LAKE**  
\$465,000 - beautifully done with fireplace, granite kitchen, lakeside retreat north of Woodland Park. 2 bdrms, 2 baths, laundry, patios, garage & storage. Gated community, creeks and lakes throughout neighborhood. MLS #1658958.

**DIVIDE - EQUESTRIAN RANCH**  
Stunning restored home and buildings with every detail beautifully done. Approximately 20 buildings on this cowboy ranch, including bunkhouse with bath, offices, barns, stalls, greenhouse & more. Over 25 acres in great location. Trails through property, good access from Hwy 24. Perfect horse property! \$1,125,000.



**LAKE GEORGE - NATIONAL FOREST**  
Over 5200 SF lodge on approx. 9 acres adjacent to national forest. Private, timber frame with Pikes Peak views, gourmet kitchen, 3 fireplaces/woodstoves, 5 bdrms, 7 baths, large barn, patio, outstanding storage. Aspen trees, conifer forests and rock formations. \$995,000. Near prime fishing, atving & hiking. MLS #5452240.




*This is one of the hottest markets seen in a long time, and a great opportunity for sellers right now. Call me if you're considering selling your home.*

**LenoreHotchkiss@gmail.com**  
**www.LenoreHotchkiss.com**  
P.O. Box 526 • Woodland Park, CO 80866



# BOREAS PASS RAILROAD DAY

**Saturday, August 21, 2021**  
**9:00 a.m. - 6:00 p.m.**



Como Roundhouse and Klondike Kate. Photo by John Meikel

*All Day Celebration of Historic Railroad and Landmarks in Como, Boreas Pass and Breck*

- FREE DENVER BRASS CONCERT IN COMO
- Open House at Como's Landmarked Roundhouse, Depot & Schools
- Visit Beautiful Klondike Kate Steam Engine at Como Roundhouse
- FREE PANCAKES at BOREAS PASS SECTION HOUSE - starts 9 a.m.
- Walk around Como Railroad Campus and Historic Town

For More Information:  
Boreas Pass Railroad Day  
BoreasPassRailroadDay@comcast.net

Sponsored by: South Park National Heritage Area, Denver South Park & Pacific Historical Society, South Park Rail Society, USFS, Como Civic Assoc, Breck Heritage



*On Deck*

The boxcar on our cover photo was taken by Jeff in August of 2016 at Como Days. We felt it appropriate for August because there seems to be a train theme: Boreas Pass Railroad Days, a restored engine visiting Cripple Creek and a reminder to take a ride on the Cripple Creek Victor Narrow Gauge Railroad train ride. We felt the quote a fitting reminder of the hard work it took to set the infrastructure, now it is up to us to maintain it as well as to prioritize growth and invest in our infrastructure.

Our August pages have several historical articles of interest. Flip Boettcher provides another installment of *Currant Creek Characters* and Steven Veatch educates us on *The Iceman of Cripple Creek*. We also have events of historical interest in Out & About. For those who have concern for our environment, Dr. Bec in *Panning for Good* explores bees and beekeeping; *Elevate the Peak* wants to know what ways you enjoy the outdoors of Colorado (be sure to take part in their survey!); while *Taking Fire Mitigation Bite By Bite* breaks down the tasks to make the project more manageable; and Karen Anderson in *Growing Ideas* reminds us to enjoy the blooms we've grown. Barbara Pickholz-Weiner challenges us to be honest with ourselves by asking do we need to believe our thoughts in *Life Enhancing Journeys* and Catherine Rodgers suggests we let loose, lighten up and dance in *Musings Along the Way*.

Critter Corner is empty! We need your photos. Please take a moment to forward photos of your inside or outside animal friends. Send them to us via email (utecountrynewspaper@gmail.com) or snail mail them to POB 753 Divide, CO 80814 or drop them off at Shipping Plus in Divide M-F 9-5:30 p.m.

Thank you,  
— Kathy & Jeff Hansen

A special thanks to all listed here for their professional work and time to make this issue possible. If you have any questions please contact the publishers.

**Publishers:**  
High Pine Design  
Jeff & Kathy Hansen  
POB 753, Divide, CO 80814  
719-686-7587  
www.UteCountryNews.com  
Utecountrynewspaper@gmail.com

**Business Ambassadors/Account Reps:**  
Feel free to call 719-686-7587 so we can find the sales representative in your area to best serve your needs.  
Flip Boettcher 719-429-3361  
Linda Karlin 719-748-3449

**Writers:**  
Karen Anderson, Chuck Atkinson, Flip Boettcher, Coalition for the Upper South Platte, Rebecca Frazier, Jessica Stevens, Barbara Pickholz-Weiner, Catherine Rodgers, Mary Shell, Steven Wade Veatch

**Contributors:**  
AARF, Ark Valley Humane Society, Linda Balough, Porter Brandt, Colorado Parks & Wildlife, Suzanne Core, Kelly Eggers, Allison Gergley, Jeanne Gripp, Linda Groat, Scotty Hettiger, Bridget Kochel, Eileen McMillan, Pet Food Pantry, Melissa Traynham, SLV Animal Welfare Society, Martine Walker, Ruth Zalewski

**Critter Corner:**  
Submit photos to: utecountrynewspaper@gmail.com or PO Box 753, Divide, CO 80814

**Publishers Emeritis:** Carmon & Beverly Stiles

**Cover Photo:** Jeff Hansen

*The Ute Country News is not responsible for the content of articles or advertising in this issue. Limit one copy per reader, please share with others. Back issues available at www.utecountrynews.com. ©Copyright 2021 Ute Country News, all rights reserved. Material may not be reproduced without written permission from the publishers. Please address any comments to the publishers at utecountrynewspaper@gmail.com or POB 753 Divide CO 80814.*

First Class subscriptions are available for \$36 for 13 issues, or 6 issues for \$18.

## Currant Creek Characters

### Littleton, Smith and others - part XIII

by Flip Boettcher

*We pick up where we left off, the last installment printed April 2021.*

Not all the early settlers along Currant Creek had a homestead and the turnover was high. Just north of Job Sweet's homestead, the 1879 survey map lists a house at the 1908 homestead of Alonzo MacDonald and another on Hank Hammond's 1894 homestead.

From the 1880 United States census, it seems that Leander Smith probably lived, maybe built, the house shown at MacDonald's. Leander, a miner of 28 years born in 1852 in Missouri, is living with his wife Leona, 27 years born in 1857 in Hess Darmstadt, Germany. Living with them are their sons Leander, 6 years, born 1874 in Wisconsin; and Martin, 4 years, born in 1876 in Colorado. Also in the household are George Barrie, 22; Robert Ridgeway, 25; and Albert L. Faulkner, 24. All are listed as hired hands and miners.

Leander probably married Lena in 1873 or 1874 and came to Colorado between 1874 and 1876. The family tree states that his death was between 1883 and 1886. It was probably 1886, as there are Leander and Lena divorce papers filed on 12/27/1886 in Conejos, CO at the south end of the San Luis Valley. Leander was a miner and likely died suddenly in a mining accident. He was only 34 years old.

By the Colorado 1885 census, Leander Smith and family are gone from the Currant Creek area.

The 1880 census also lists Nathan Munn on Currant Creek, most likely in the house at H. Hammond's homestead. Munn, 54 years and a carpenter was born in 1826 in New York. Nathan is living with his wife Miranda, 47 years born in 1833 in Ohio and their son Rely George, 24 years born in 1855 in Michigan. Rely is a blacksmith. The couple also had a daughter, Minnie Miranda born in 1868. Munn married Miranda George in Michigan in 1852.

In 1881, Munn bought the store from Benjamin Dell along with the Kester post office and was the postmaster there. The post office had moved from White's place to Dell's in 1880.

An 1881 *Flume* article reported that Nathan Munn's store at Kester is "progressing quite rapidly in trade, everything being had there that is needed in a country store."

N.A. Munn, William Hammond, both from Kester, and W.B. Davids witness Dell's homestead proof in 1882. There is no more mention of Munn and by the 1885 census or before, Munn is gone from the area. Munn is listed in the Denver business directory in 1897, 1898, 1900-1911. Munn died in Denver in 1910.

William R. Smith, not a close relative to Leander Smith, along with Boedecker, purchased Job Sweet's ranch in 1881. Smith was Kester postmaster there in 1882 and 1883. Boedecker could be Charles Boedecker, born in 1842 in Germany and came to the U.S. in 1860. He is listed in Fremont County in the Wet Mountain Valley in 1870, the Leadville business directory in the 1880s, and Denver in 1900. He died in 1904 in Denver.

Such a common name as William R. Smith is hard to trace, but William's parents were probably James, 1817, PA — 1883, Coal Creek, CO and Lucy, born in 1820, PA. William, born in 1848 in Iowa or MO, had four siblings: Elizabeth, 1844; Mary, 1846; John, 1849 MO; and Sarah, 1861, CO.

The 1870 census lists James, 53, Lucy, 49, William, 23, John, 21 and Sarah, 9 living in Canon City, Colorado Territory. Perhaps they knew John R. Witcher of West 4-Mile and 4-Mile Creeks, who was in Beaver Park northeast of Cañon in 1870 with his family and brother Taliaferro (pronounced Toliver).

JR had apparent twins born in 1867,

Sallie Jane Teluliah and Telulie, who both died in 1870 and are buried in the Greenwood Cemetery in Cañon. Telulie's headstone carver is one Willis Smith, Cañon City, carved in the lower right corner of Telulie's headstone.

Unsure if it is the same William Smith but William was active in the South Park Cattle Growers Association. At a December 1883 meeting in Kester, Smith was part of a committee which included JR Witcher, to collect \$500 reward money from the members for capture of Frank Reed, a cattle thief and who shot and killed city Marshall Baxter Stingley of Salda.

An 1885 letter stated that the Witcher brothers and Willis Smith paid an additional tax assessment by Pueblo County under protest. William Smith is not listed on the 1885 Currant Creek census rolls.

The Kester post office moved downstream to Alstrum's in 1883 and 1884 and back up to Littleton's in March 1884. William Aaron Littleton was born in Ohio in 1827 to Phel Fielding Littleton, 1779-1870 and Anna France Littleton, 1802-1887. Littleton married Amanda Jane Lindsey, 1830 Ohio — 1913, Cañon City, March 1848 in Ipava, IL. He most likely knew Job and John Sweet and William B. White there.

The Littleton's had four children: Arthur J., 1852; Alberta, 1856; Susanah E., 1858; and Louella "Ella" D., 1859. In the 1850 census, William is a farmer living with Amanda in Fulton County, IL; in 1860 the couple is in Missouri with their four children; in 1870 they are back in Ipava and William's mother Anna is now living with



*The Littleton obelisk at the Greenwood Cemetery in Cañon City. William is on the left, his mother Anna is on the back side and his wife Amanda is on the left.*

photo by Flip Boettcher

them and they are still in Ipava in the 1880 census. William's father died in 1870.

Shortly after 1880, they relocated to Colorado and settled near their friends Job Sweet and Wm. White on Currant Creek.

The 1879 survey map shows a store at a crossroads of sorts at the 1900 Whistler homestead. This might have been the store Littleton bought in the early 1880s.

In 1884, William's mother applies for and gets a War of 1812 widow's pension of \$8 per month. 1884 Littleton's daughter Ella is the Kester postmistress. An 1886 entry in JR Witcher's ledger says that "JR is buying supplies from Littleton."

The 1885 census lists Littleton, 57, a

*continued on page 7*



*Most likely the Littleton place where the store and the Kester post office was located in 1884. With new owners of the property, this building was taken down log by log and relocated to a place in the Pike Trails subdivision west of Guffey to be reassembled. The old Berthrong ranch house was demolished. All that is left is the old root cellar.*



# UTE COUNTRY NEWS

Putting the "unity" back in community™

Live in Ute Country part time but want the mountain living all the time?

## Take us with you!

☐ \$36 for 1 year (13 issues!)  
first-class subscription.
 ☐ \$18 for 6-months (6 issues!)  
first-class subscription.

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Mail to: Ute Country News, PO Box 753 • Divide, CO 80814**

800 Gospel Truth Way | Woodland Park

# Destiny

## CONFERENCE

**Do you want to fulfill your God-given purpose?**

Join us for the **Destiny Conference, September 16-18** at **Charis Bible College** in Woodland Park!

God has a plan for you, and it doesn't have to remain a mystery! You will gain practical insight you can apply to your life as you **discover your destiny** and follow the path God has paved for you.

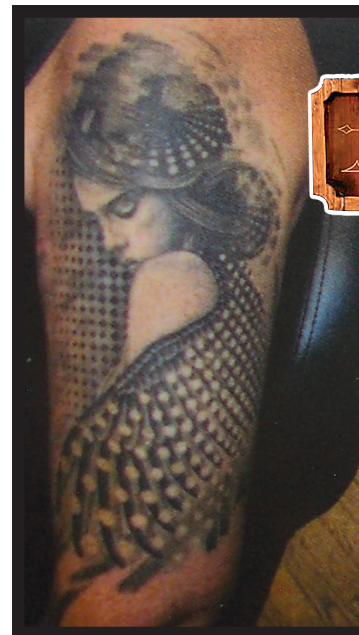
The inspiration for the Destiny conference is Andrew Wommack's book, *How to Find, Follow, and Fulfill God's Will*. Every registered guest will receive a **FREE copy** (one per household).

Register today at **CharisDestiny.com/UTE**.

**September 16-18 • Find, Follow, and Fulfill your destiny.**







**THE DUNGEON Body Art Studio**  
**TATTOOS & Piercings**

**Body Art Studio**  
 WORLDWIDE AWARD WINNING TATTOO ARTIST  
**RICHIE STREATE**

503 Main St. • Cañon City, CO  
 richietats@msn.com  
 TheDungeonInc.com  
 719-275-5050  
 CELEBRATING 12 YEARS IN BUSINESS!



**Laura Owens**  
 Your specialist for rural mountain properties  
 in Southern Park & Western Teller Counties.

**PO Box 7 Guffey, CO 80824**  
**719.689.5501**  
 laura@saddleuprealtyco.com  
 www.saddleuprealtyco.com

**Saddle Up Realty**

**Just Voted "Best of Teller 2021"**  
**Premium Vape Products**  
 Your #1 Vaping Source in Teller County



**BUT...We're NOT just a Vape Shop**  
**THR (TOBACCO HARM REDUCTION)**

- PREMIUM VAPE PRODUCTS
- QUALITY CBD & ACCESSORIES
- QUALITY ESSENTIAL OILS
- AROMATHERAPY SUPPLIES
- EDUCATION & ADVOCACY

Stop by our booths this month!  
 19-21 • Salute to American Veterans Rally  
 28 - 29 • Hartsel Days

**Learn the doTERRA Difference!**  
 Experience a FREE Biofeedback Scan and Sample doTERRA CPTG essential oils



**Let's talk about CBD for you and your pets!**  
 We have various types of CBD isolate (THC-free) Broad spectrum (THC-Free), Full Spectrum (.3%)



**MOUNTAIN VAPOR LOUNGE**  
 719-888-9523  
 104 E. Midland Ave.  
 Woodland Park

**We Moved! Now at 104 E. Midland**  
 Next to Judge's CharGrill

New Hours:  
 Mon-Sat 9am-8pm  
 and Sun 10am-6pm

@MountainVaporLounge



## Chaffee Housing Authority

"It was such an honor to hold a ribbon cutting for the Chaffee Housing Authority this past month at Buena Vista Town Hall!" stated Melissa Traynham, executive director of the Buena Vista Chamber of Commerce. She continued, "The Chaffee Housing Authority (CHA) agreement was signed on October 15<sup>th</sup> by elected officials representing Chaffee County, Buena Vista, and Salida. The creation of the Chaffee Housing Authority has been under development for a number of years and was truly a community effort."

FMI [www.housinghealthchaffee.org](http://www.housinghealthchaffee.org).

## BLM seeking public comment on aggregate mine in Chaffee County

The Bureau of Land Management (BLM) Royal Gorge Field Office is seeking public comments on a draft Environmental Assessment considering the proposed mine road realignment and expansion of the Hard Rock Main Pit aggregate mine south of Salida in Chaffee County, CO. The draft Environmental Assessment analyzed the effect of the proposal on communities and natural resources in the area.

"The range of alternatives presented in this preliminary environmental assessment take many of the community's concerns voiced during public scoping into consideration, including potential impacts to nearby trails, the local economy, and the viewshed," said Royal Gorge Field Manager Keith Berger. "We look forward to hearing the public's input on the preliminary document."

Hard Rock Paving & Redi-Mix, Inc. (Hard Rock) has requested to expand reserves onto an additional 62.8 acres of BLM managed lands. These lands are located adjacent to their currently authorized 46 acre mining operation, on private, split-estate, and BLM lands.

Hard Rock proposed development of the additional BLM acreage to increase reserves and subsequently mine life for an additional 40 to 50 years. Production

rates, truck traffic, and frequency of active mining and processing would remain similar to current levels.

The expansion would provide access up to 6.2 million net tons of federal minerals (aggregate) and would realign the mine access road for safety purposes. Aggregate accessed by the expansion would be used in the production of asphalt and concrete. The BLM reserves would help sustain supplies of aggregate to help meet future demands in Chaffee County and surrounding areas.

The preliminary Environmental Assessment and other documents, including maps, are available on the BLM ePlanning site at <https://go.usa.gov/xf5TN>. Public comments can be submitted through the BLM ePlanning site or mailed to "Hard Rock Mine Expansion," 3028 E Main Street, Cañon City, CO 81212. Comments must be received by August 14, 2021.

Before including your address, phone number, e-mail address, or any other personal identifying information in your comments, please be advised that your entire comment, including personal identifying information, may be made publicly available at any time. While individuals may request the BLM to withhold personal identifying information from public view, the BLM cannot guarantee it will be able to do so.

## Call for artists!

The Blue Spruce Gallery is hosting the 20th Annual Photography Show in August. The show runs from August 11th through September 7th and will have ribbons awarded in many categories: There are also cash prizes for the best photos in several categories. Photographers are encouraged to submit work for this long-standing show.

Entries are due to the gallery by August 9th and are limited to three entries per artist. Entry fee is \$25, and entry forms can be found at the gallery, or on-line at [www.bluespruceart.com](http://www.bluespruceart.com).

The opening artists' reception will be held on Second Saturday, August 8, from 5-7 p.m. Blue Spruce Gallery in Florence, 205 West Main Street. FMI 719-784-1339.

## Call for Vendors!

The Junktique Antique Show and Flea Market in Florence will take over Main Street in Florence October 2 and 3. Contact the Florence Chamber of Commerce 719-784-7034 or [www.finditinflorence.com](http://www.finditinflorence.com) for more info.



## Growing Ideas August musings

by Karen Anderson "The Plant Lady"

Late summer greetings gardeners and friends. Because of a sudden curiosity of mine, I'd like to start my article with some trivia information, just for fun. Did you know that the month of August is named after Augustus Caesar, founder and the first emperor of the Roman Empire? According to Google, this month is known for several things, including *the dog days of summer*, National Watermelon Day (Aug. 3rd) and National Smile Week (Aug. 5-11). So, let's all get out there and show those pearly whites to everyone we meet and maybe share some watermelon! On a Spiritual level, the month of August augers in the energy of completion, loose ends tied, the past healing and the future brighter. Peridot is this month's birthstone.

In the high-altitude gardening world, August is the month to really enjoy the fruits of our labors.

The hustle and bustle of planning, preparing and planting in the last few months of our short growing season has somewhat subsided. We are mostly in maintenance mode with watering, weeding, dead heading, trimming and mowing. There is a bit more precious time to spend with friends and family. That being said, a gardener is never done!

We will always look around our Sacred Spaces and find ways to improve or embellish our landscapes. I will continue to explore my exterior decorating ideas throughout the month of August and utilize the miscellaneous resources on hand in the most creative ways I can. I am a big believer that our creativity can bring us closer to The Creator, so for me this pleasurable activity is very much a Spiritual experience.

I will also carry on with planting my home-grown Power Perennials during this

**"Creativity has always depended on openness and flexibility, so let us hope for more of both in the future."**

— Siri Hustvedt

time, developing new beds and filling in some garden gaps. It is perfectly OK to introduce new perennials to your garden, as long as they are grown at high altitude, healthy, and have an established root system in their pots. They may not always look their best as they may start to fade a tad toward the end of the month, but the root system is the *heart* of the plant and that's what's important at this time.

As always, I will encourage you to add bone meal, manure and root stimulator when planting, water *deeply, madly and passionately*, mulch, as well as keeping the critters at bay with whatever repellent you choose to use. All woodland creatures are going to be interested in anything new, so we want to disinterest them from the start.

As with all gardens everywhere, there is constant change happening with foliage and blooming plants during the course of the growing season. Perennials can be early, mid-summer, late or continual bloomers. There are *Stars of the Show* to behold each month for a short period of time. The Bearded Iris flowers delight us in early spring with their welcoming yellow and purples. Lilacs are the center of attention in May and early June with their extraordinary beauty and incredible fragrance. As



Painting of Paradise Garden's back deck by Rita Randolph.

I mentioned last month, Oriental poppies, native Wild Roses and peonies are the celebrities in mid-July. August brings us the flowering gifts of Asiatic Lilies, a large variety of pastel and vibrant stonecrops, native Asters along with our continuous blooming perennials such as columbines, Iceland poppies, and many others. The native wildflowers are spectacular this year due to the amount of moisture we have received from Mother Nature. I feel truly blessed this year and my gratitude is immeasurable. I hope you feel the same, as this kind of wet growing season is fairly rare in our usually arid region.

The Harvest Center has organized their annual Garden Tour again this year. Last season was virtual due to Covid, but we are able to participate in person this time around. The tours are scheduled on Sat. Aug. 28th for the Woodland Park area and Sunday, Aug. 29th for Florissant and surrounding localities. I would like to personally invite you to

visit me at Paradise Gardens on Sunday. For the whole scoop on the tours, please visit the website: [www.wpharvestcenter.org](http://www.wpharvestcenter.org) where times and directions are provided.

It's not too late to schedule a personal landscaping consultation with me, so if you are in need of some professional guidance or any other inquiries, please give me a call at 719-748-3521 or email at: [plantlady-speaks@gmail.com](mailto:plantlady-speaks@gmail.com). Power Perennials are still available for purchase at The Outpost Feed Store in Florissant and at Mountain Naturals in Woodland Park or you may contact me directly. Happy Houseplants, Seeds, Blessing Beads and Talking Sticks are on display at Shipping Plus in Divide, as well as the other stores already mentioned. Wishing you the very best in every way and I hope to see you soon. Meanwhile, put your thoughts to rest, breathe and wholly feel the life you were given and the life you have given to your gardens. Until next time, happy gardening!



**ALL ABOARD!**

Take an exciting journey into yesteryear on a 15 ton iron horse locomotive. It's a spectacular trip of scenic views and rich history!

The train departs approximately every hour from the 1894 Midland Terminal Depot and gift shop located at the head of Bennett Avenue.

Make your plans now for a train ride into the magnificent vistas of Cripple Creek, Colorado.

**\$200 OFF**  
**Ticket Price Per Person**

Regular prices are \$17.00 for adults,  
 \$15.00 for Seniors and  
 \$12.00 for children ages 3-12.  
 Limit 4 per coupon, no cash value.

**COUPON**

Cripple Creek & Victor  
 Narrow Gauge Railroad

520 East Carr Street,  
 Cripple Creek, Colorado 80813  
[cripplecreekrailroad.com](http://cripplecreekrailroad.com)

Call for more info: 719-689-2640





# Life-Enhancing Journeys

Do you need to believe all your thoughts?

by Barbara Pickholz-Weiner, RN, BSN, CACIII, MAC, EMDRII

You may have noticed there regularly is a flood of thoughts coursing through your brain. The human mind, in its desire to know, understand and control, has a stream of looping thoughts that seem to never stop. Some researchers estimate that the average person has about 50,000 thoughts per day, which means about 2100 thoughts per hour. The average person has about 48.6 thoughts per minute according to the Laboratory of Neuro Imaging at the University of Southern California. That is incredible! According to a research conducted by the National Science Foundation around 80% of our thoughts are negative. There was another interesting study (Leahy, 2005, Study of Cornell University), in which scientists found that 85% of what we worry about never happens. With the 15% of the worries that did happen, 79% of the subjects discovered that either they could handle the difficulty better than expected, or that the difficulty taught them valuable lessons.

*“The primary cause of unhappiness is never the situation, but the thoughts about it. Be aware of the thoughts you are thinking.”*  
— Eckhart Tolle

What is going on to make our brains constantly generate thousands of thoughts with the majority of them being pessimistic? In previous articles, I have written about how our automatic, unconscious brain has a built-in negativity bias stemming from our Limbic System, specifically our amygdala, one of our survival brain structures. Our psyche is designed to anticipate the future based on our past experiences. This is part of our survival mechanism to help us continually scan

**FILL UP SPECIAL VOLUME DISCOUNTS**

**Global Propane**

**\$1 699**  
Gallon  
500 GALLONS PLUS

**(303) 660-9290**

Family Owned Business

**Grannys’ High Altitude Super Hemp**  
The Purple Building in Lake George  
Industrial Hemp Cultivation and Retail Store

We grow and produce our unique one-of-a-kind hand crafted small batch

**CBD Whole Plant Extract**  
**CBD Pain and Skin Salves**  
**Hemp Tea**

We grow all our hemp organically right here in Lake George  
WE SHIP ALL OVER THE COUNTRY  
Open Mon – Sat 9am – 5pm  
719-748-4736 grannysheмп.org

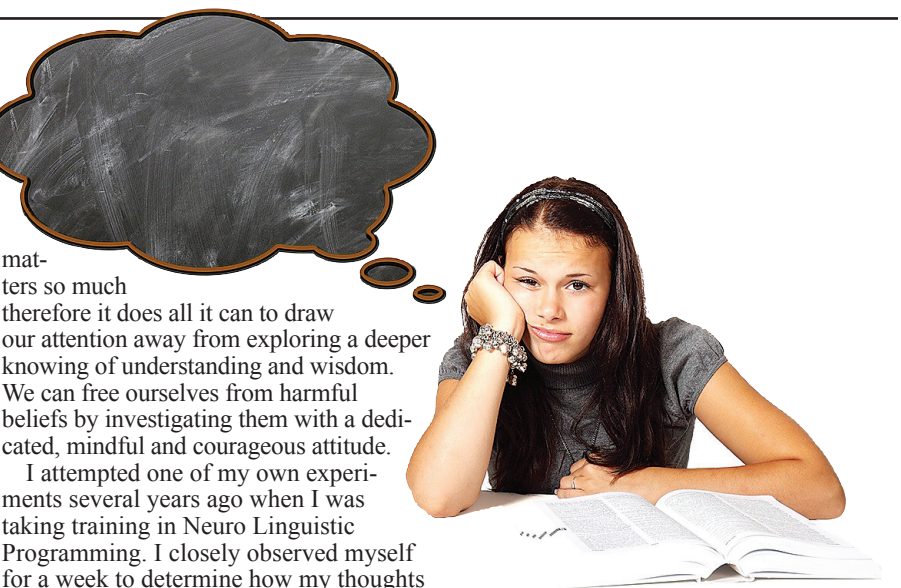
our environment for threats. If something bad happened once, it can happen again. Our brains are biased to remember the experiences that triggered feelings of endangerment. This leaning toward the negative can make us suffer in several ways so even a few blunders can instill feelings of helplessness and incompetence in the future, making you believe you will continue to fail at whatever you attempt. As the saying goes, “Our memories are Velcro for painful experiences and Teflon for pleasant ones!” We are very inclined toward building our core beliefs out of experiences of hurt and fear and holding on to them and the underlying fears.

*“We live in either of the two mental states — A beautiful state or a suffering state. A beautiful state is when you feel love, joy, gratitude, awe, playfulness, ease, creativity, drive, caring, growth, curiosity or appreciation. A suffering state is when you feel stressed out, worried, frustrated, angry, depressed, irritable, overwhelmed, resentful or fearful.”*

— Mahatma Gandhi

It appears that in most cases, our thoughts are mainly full of baseless worries, fears, anxieties, regrets, and complaints about ourselves and others, with very few positive concepts showing up. The conclusion is that 97% of our worries are untrue and result from a groundless pessimistic perception. These baseless worries are a major source of stress, tension and cause of exhaustion not only for the mind, but also for the physical body. One of the characteristics of the mind is the habit of repeating the same thoughts over and over again, as in a loop, like a video or audio that got stuck. The stream of thinking has enormous power that can easily drag us down with it. Whenever you find yourself bogged down by looping, compulsive thoughts, it means you are giving yourself the message that you are avoiding being in the here and now, dodging what is and where you are at present. The thinking mind is a powerful tool yet it can also be limiting when it takes over your life — when it fools you into believing that your opinion is all there is. The truth is that thought is a small part of consciousness yet some people spend their entire lives locked in a prison of their own beliefs. They never go beyond the mind-made limitations they created from their past. Sometimes, in order to draw attention away from these unpleasant thoughts some people drink, take drugs, or engage in hobbies or various activities that may be harmful.

Our mind pretends that every thought



mat- ters so much therefore it does all it can to draw our attention away from exploring a deeper knowing of understanding and wisdom. We can free ourselves from harmful beliefs by investigating them with a dedicated, mindful and courageous attitude.

I attempted one of my own experiments several years ago when I was taking training in Neuro Linguistic Programming. I closely observed myself for a week to determine how my thoughts were impacting my life. I noticed on the days where I woke up feeling weary, this was reflected in my thoughts and in the way I presented myself. During those days people responded to me with either indifference, coldness or sometimes they even were rude. Attempting to complete even effortless tasks became a challenge and the whole day was a disaster simply because of what I told my mind with my thoughts.

Normally I consider myself quite a cheerful person and when I put that energy out with my positive thoughts, I find that this attracts positive things where people will talk to me and smile and the day goes by smoothly. So now when I wake up feeling gloomy (and this is only human so I allow it), I adjust my state of mind by re-viewing all I am grateful for then thinking positive thoughts. I always feel better and others respond more positively as well. I remind myself that my thoughts may seem real yet they may be untrue.

Another method I use is to stop taking things personally. Someone cuts you off when you are driving. Often times, the first thought is “...what a jerk they are and why are they doing this to me...?!” Much of the time we just simply believe our thoughts just because we have them. How do you know that the driver did it to YOU? They do not even know who you are — you are just a stranger in a car. Maybe they are late for an appointment or they are in a rush to get to work because their kid got sick right before they were getting ready to leave. This method is a concept known as reframing where we consider what is happening in a different, more positive way.

Here are simple yet useful questions you can ask yourself to help you make more informed decisions about your thoughts:

- Is this thought absolutely true? Do I know with definite certainty that this thought I am having is valid?
- What might I be missing? What information am I unaware of? What other information do I need to get? Who can I talk to?
- Am I making assumptions or is this

- factual? Am I making up thoughts about what they want without actually asking them and checking it out?
- Am I causing pain or creating problems for myself and for the people around me simply by thinking this way?

*“It is the mark of an educated mind to be able to entertain a thought without accepting it.”*

— Aristotle

If you want to become more resilient, more resourceful, more emotionally fit, start questioning your thoughts. When you do, you are actually taking charge and taking control of your thoughts rather than running on instinct and habit. Stop believing them just because you have them. It is useful to investigate the truth of our beliefs.

Our thoughts create our experiences therefore we experience what we think. We do have a choice about the thoughts we consider and how they shape our lives. Once you stop believing everything you think, you can see life more clearly then realize that you are so much more than just the thinker. You now have a wonderful opportunity to know all parts of yourself. Take the time to confidently develop aspects of your thoughts to create a magnificent life.

*“Watch your thoughts; they become words. Watch your words; they become actions. Watch your actions; they become habit. Watch your habits; they become character. Watch your character; it becomes your destiny.”*

— Lao Tzu

Barbara Pickholz-Weiner, RN, BSN, CACIII, MAC, EMDRII is the program director of Journeys Counseling Center, Inc. At Journeys we teach you tools, skills and help you discover resources to live the most effective life possible. We guide, support and coach you along the path you desire, to become the best version of yourself. To contact Barbara, call 719-510-1268 (cell).

## Mel’s Mill

by Flip Boettcher  
photo courtesy of Mel’s Mill

The sign on Mel’s Mill says, “Enrich the Mind, Nourish the Body, Fulfill the Soul,” and the shop lives up to that promise.

Mel’s Mill is located at 2815 East Main Street in Cañon City, one block south of Royal Gorge Boulevard and a block east of the Office Depot. Mel’s Mill is owned and operated by Gina Ledford and Melanie Mason. The women saw a need for such a store in Cañon, one that supports a healthy lifestyle, has healthy resources for good foods, as well as supporting local and Colorado businesses.

The mill stocks organic, non-GMO bulk grains and flours, black and green teas, bulk herbs, Colorado honey, different kinds of foods, snacks, hot sauces and pickles. The store also has plants, essential oils, tinctures, soaps, deodorant, cosmetics, salves, clothes, toys and books. The mill also has items made by Colorado artists including artwork and photos, and souvenir items, to name a few things in the store. The women will also special order items for you as well.

The women will be offering many



Mel’s Mill owners Melanie Mason on the left and Gina Ledford.

classes, including one on medicinal and edible plants, making essential oils, making tinctures and making soaps. Both women are Colorado natives and Gina and her mother are herbalists.

The shop opened at its present location in January this year. Mel’s Mill first opened in October 2020 on Ninth Street, but rapidly ran out of space there. The new shop is open and spacious, with plenty of room.

Shop hours are Monday-Friday 9-5:30 p.m. and Saturday 10-4 p.m. Their website is [www.melsmill.com](http://www.melsmill.com) or reach them at [canoncitemill@gmail.com](mailto:canoncitemill@gmail.com). The shop phone is 719-429-1789.

## Currant Creek Characters

continued from page 3

cattleman, living north of Dell’s on Currant Creek with his wife Annie, 55 and daughters Lena, 27 and Mary 25. Also living with them is their nephew Alan (Mac?), 26 who works on the ranch. Unfortunately, the 1885 census in the Currant Creek area is very hard to read.

In 1888, several SPCGA meetings were held at Littleton’s in Kester and Ella Littleton is in Buffalo Springs in 1888 and is a witness on JC Haver’s 160-acre homestead near the Salt Works Ranch.

By 1900, Littleton is in South Cañon with just Amanda. A November 27, 1902 *Cañon City Daily Record* article reports that the South Cañon Ladies Aid Society of the Christian Church was organized at Mr. And Mrs. Littleton’s 224 Griffin Avenue house. They are starting with 12 or 15 people.

William passed away of pneumonia in 1903 at 75 years, spending almost 20 years in the Guffey area. His wife Amanda died in 1913 at 83 years, being an invalid after the death of her husband in 1903. William, Amanda and William’s mother Anna share a 4-sided obelisk headstone in the Greenwood Cemetery in Cañon.

Newspaper articles from the 1880s list quite a few people living in the town of Kester or in the area. The 1950s pics show 10 or 12 dwellings/structures in the town of Kester. Some of the other little-known residents of Kester were Joseph Goodnight, John Casaday, W.B. Davids, Samuel D. Basford, John Wilson, James B. Honaker, Martin Mrose, William Butterfield, W.D and J.L. Runner, and John Whisler.

To be continued...

## Masks or vaccinations at school?

by Kathy Hansen

We have received several press releases on the policy of mask wearing or vaccines for various schools throughout Chaffee, Fremont, Park and Teller Counties. Then, across our nation the Delta Covid Variant seemed to have taken a strong hold, raising numbers of those infected with Covid and especially those hospitalized with Covid. It seems things are changing daily.

We highly recommend checking with your local school district to find out what their policies are and to be prepared with masks just in case.

**PROPANE**

Residential and Commercial Propane Delivery....  
No additional fees.

**Glaser**  
ENERGY GROUP, INC

Divide  
650 County Road 5

**(719) 687-1180**

**Stevens Carpet Plus**

SHOP STEVENS CARPET PLUS FOR HOT SUMMER VALUES RIGHT HERE AT HOME!

Come by our showroom at 18109 Teller CR1, Florissant and Check Us Out!

Or call now for your FREE in-home estimate.  
719-748-1126 or 719-822-6822

- No dealing with city traffic
- Name brand products you can trust
- Friendly, knowledgeable advice on the best products to suit your needs and budget
- No high-pressure sales
- Carpet, waterproof plank, sheet vinyl, hardwood, laminate, ceramic tile to fit all budgets
- Top quality installation

## CRIPPLE CREEK CARE CENTER

Your Colorado Mountain Home

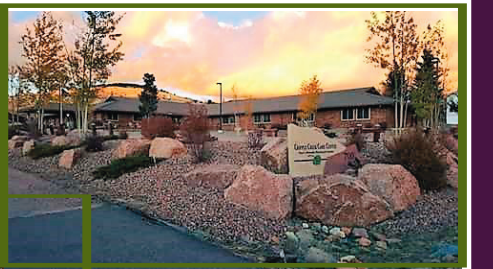
Love of the Colorado mountains does not fade with age!

WE ARE A 5-STAR COMMUNITY

While some restrictions still remain in place, we are able to allow visitors in the building for the moment. Cripple Creek Care Center was delighted that Greg Brazill came to perform for our residents. Greg’s intentions were to play outside, but it just so happens that due to some restrictions being lifted he was able to come into the building to perform and the residents absolutely enjoyed the show. It sure was nice to have live entertainment in the building for the first time in over a year.



Greg Brazill performing for Cripple Creek Care Center residents.



We are a family-oriented community that takes pride in the care and services we offer to our residents.

To get more information about our community, contact Laloni Bancroft, Admissions/Marketing Director at 719-689-2931 or [lbancroft@cc-care.org](mailto:lbancroft@cc-care.org)

Dedicated to Quality

★★★★★  
5 STAR RATING

Committed to Caring

Lawrence Cowan, Administrator

700 North ‘A’ Street ~ Cripple Creek  
719.689.2931  
Call to discuss your personal needs and schedule a facility tour

[www.cc-care.org](http://www.cc-care.org)





## Beasts of the Peaks The rattling phantom

by Jessica Stevens  
artwork by Jessica Stevens

There is one elusive creature I have yet to see in the wild. I have only heard his wordless warning. He is a crafty animal, rumored to only inhabit warmer climes. His skin is nearly invisible and his teeth, sharp. Austere, black eyes peer from under hooded lids, and his vision is that of heat. Venom awaits those who threaten his safety.

It was a late summer day when I first encountered this phantom of the crags. My favorite time of day is that golden hour right before the sun slips behind Mt Princeton. Everything is stained gold and sweetness hangs in the air, no matter the season. One such evening, I saddled Bandido, my colossal paint. Into the hills of Sleeping Indian we trotted, his gait carrying us swiftly through the trails. Up we went, gaining elevation, until we came to a smooth plateau overlooking the valley.

Suddenly, Bandido swished his right ear over and down, and he tilted his head as he strained to see something near his pounding hooves. A sharp, rattling hiss met my ears as Bandido crow hopped into a lope, gracefully lengthening the distance between the fearsome reptile and us. I never saw the rattlesnake, but my horse did. I merely heard his telltale warning and felt the shifting energy of my mount.

Rattlesnakes are shrewd and are not common at high elevations. They are the same grayish yellow as the dry, sandy dirt and can be up to four feet long. Each individual has unique markings on their back: a sable ellipse-like shape set against the tumbleweed brown of their body, with an espresso band behind the eye. Even babies born in the same "rumba" (clutch of rattlesnakes), can be distinguished by its unique color and pattern. Their rough, interlocking scales provide them with extra camouflage. As a

member of the pit viper family, they have triangular heads and hooded eyes, with a long, black tongue. Pit vipers are named so because they have two long, hinged fangs and a "pit" for the heat sensing gland, located between each eye and nostril pair.

Western rattlesnakes should not be confused with western diamondback rattlesnakes. Western rattlesnakes are also called prairie rattlesnakes or the Great Plains rattlesnake. *Crotalus viridis* is its taxa, meaning "castanet" and "spry." A castanet is a musical instrument made of two hard, shell-shaped pieces which are bound on one end and rattle together. Rattlesnakes shake their maraca-like tails to warn predators much like one would rattle a castanet. The second name comes from this snake's high activity level and agility.

Prairie rattlesnakes can be found all the way from the plains of Canada through the lower Rockies, Great Plains, and into Mexico. Like most other reptiles, prairie rattlesnakes prefer warm weather. They hibernate during the winter months, deep in holes in the ground or rocky crags. When they are awake, they prefer dry, rocky areas and are known to occasionally inhabit the dens of other animals. They can even climb trees and bushes. These snakes are diurnal on cool days and are nocturnal when it's too hot. Therefore, it is important to watch where you step if you pull over while driving through the plains during the summer.

After they emerge from hibernation in the spring, it's mating season. Females are rarely spotted during the summer because they do not eat much during their gestation period. They give birth in the fall. I used to think that all reptiles lay eggs. However, there are three methods of birth amongst reptiles: through oviparity, viviparity, and



a combination of the two — ovoviviparity. Rattlesnakes are unique in that they are ovoviviparous. Most reptiles and amphibians lay eggs in which the young fully develop then hatch. This is oviparity. Some give birth like mammals do; the young fully develop inside a placenta inside the mother, then are born like most animals are. Then there are the ones who fully develop within eggs that are not laid but remain inside the mother. They hatch inside their mother and are born, then the mother's body reabsorbs the egg. Western rattlesnakes spawn 1 to 20 snakelets per rumba. Rattlesnakes are one of the few examples of ovoviviparous creatures.

Young snakes are considered mature at two years old and gain a new button on their rattle after each time they shed their skin, which can happen multiple times per year. Additionally, if you ever see a snake with a blueish eye color, it means they are preparing to shed their skin.

Snakes have an endless history of animosity with humans. Though I personally don't believe the serpent in the Garden of Eden was a snake (dragons, anyone?), it is often depicted as one. This is unfortunate. Snakes are interesting and beneficial creatures —

most of the time. They reduce populations of disease-carrying pests, like rodents. However, they are dangerous and can have a detrimental effect on pets and people. It's important to know how to safely coexist with snakes.

It is good to note that venom is different than poison. Though both substances can be deadly, poison is ingested, and venom is injected. Poison is harmful when it is ingested or inhaled, like certain mushrooms or cleaning products. If something is venomous, it means that if it is injected beneath the skin, it is harmful. Though I would not recommend trying it, venom can be swallowed, and you will (most likely) not be harmed. Also, organisms with venom have special organs that store venom for the purpose of hunting and self-defense.

Rattlesnakes are one of the most venomous serpents in North America and rattle their tail as a warning. Though rattlesnakes aren't included on shortlists of most venomous snakes in the world, they still have deadly potential. However, this isn't the only reason the US has less snake fatalities per year than other parts of the world, since global snake-related deaths are often due to less venomous (but more

*continued on next page*

aggressive) species. Nearly 8,000 people are bitten by venomous snakes per year in the US, though only one to three of those bites are fatal. Our nation has many hospitals and more accessible treatment than many parts of the world.

Antivenom is a special substance. It is created using "milked" snake venom and horses. People farm snakes and raise them to create this lifesaving chemical. Each type of venom is unique, so it's important to know which species of snake bit in the case of an emergency. One method of venom collection describes injecting a snake's venom into a latex-covered glass by squeezing the snake's venom glands. This must be done multiple times over a few days to gather enough venom for the procedure. The toxin is then injected in small amounts into a horse's skin so the horse's body can create antibodies. Sometimes this is done over a period of weeks in small doses. Finally, the horse essentially "donates" its blood, and the antibodies are isolated and stored. It takes roughly 25 vials of an antivenom to neutralize the toxins in a human body from a snakebite. This treatment can cost \$25,000 or more, just for the antivenom.

Many people fear snakes, though if given the proper respect and distance, their presence is benign. It's important to know what to do should you encounter a venomous snake, like the Great Plains rattler. The first thing is to make sure your property is well maintained. Rather than employing toxic chemicals, cut your grass and ensure your shrubs are well-trimmed and there isn't much debris like children's toys or tools lying about. There is no definitive evidence proving that "moth balls" deter snakes. Snakes like to hide in firewood piles, too, so ensure such places are far away from the house and play areas. It is more likely that you will encounter one on a trail than near your home. If you do encounter a rattlesnake, it is always best to leave it alone and give it a wide berth.

However, sometimes you won't see the

snake until you're already upon it, like my encounter on horseback. Keep a sharp eye when you're on the trail and watch where you step. Avoid rocky outcroppings and tight, secluded spaces. If you should hear the rattle of *Crotalus viridis*, stop moving immediately and slowly look around to locate the snake. If it is outside striking distance, move slowly to a further distance. However, if it is within striking range, do not make any sudden moves. A western rattlesnake's strike zone can be up to half of its full length; for example, a four-foot snake has a striking range of two feet and can be as fast as 9.68 feet per second. Keep a safe distance and remember that the snake is not interested in confrontation. It will most likely try to get away. Remember: the rattle is a warning. However, some instances do require that the snake be destroyed, since human life is most important. Traditionally, birdshot and garden tools have been used to destroy a threatening rattlesnake. Destruction should be used only in an emergency.

These snakes are also found near Robber's Cave State Park in Oklahoma. On my "babymoon," the park rangers allowed me to bring my border collie inside the small museum they have, exhibiting dioramas and local small wildlife like fish and snakes. One such Great Plains rattlesnake was there, and though my dog never noticed it, the snake saw him through the glass of his enclosure and rattled away as he coiled himself into the furthest corner of his terrarium, placing himself the furthest away from Ryley as possible. I enjoyed seeing his threat display in person and up close, with a safe barrier between us.

Snakes are feared so much that it's not often the average person learns about them and their mysterious ways. Not only are they an important part of any ecosystem, but they also often do less damage than some of the less scary animals (like rodents or deer). Snakes' behavior, habits, and biology is fascinating. However, their mystery and intrigue does not lessen their danger. Treat them right and they'll leave you alone.

## Woodland Park Farmers Market

Teller County Farmers Market Association



**June 4 through September 24**  
**8am – 1pm**

N. Center St, by Memorial Park

This will be a normal Farmers Market with vendor tents and food trucks. Everyone will be allowed to walk into the park and visit the vendor tents to make purchases.

SNAP/EBT and Market Bucks will be honored but cash and credit/debit cards can again be used.

Masks and social distancing is encouraged but, if you have been vaccinated, then feel free to go without a mask



Website: <https://www.wpfarmersmarket.com>  
Facebook: [Facebook.com/wpfarmersmarket](https://www.facebook.com/wpfarmersmarket)  
[info@wpfarmersmarket.com](mailto:info@wpfarmersmarket.com)



**VICTOR'S SUNNYSIDE CEMETERY TOURS**  
June-September

Reservations for Both Tours at  
**VictorMuseum.com**

**GOLD CAMP Adventures**  
All New 2021  
Guided Tours of the Cripple Creek & Victor Mining District

719-689-5509

**CHARLIE 22 OUTDOORS**  
Joshua 19

**Operation Spring Canyon**  
September 17-20, 2021

- All expenses paid fishing event (lodging, meals, guides, gear, licenses, travel, etc.)
- Hosted at: Spring Canyon Conference Center Near Buena Vista, Colorado
- Located in the shadows of Mount Princeton
- Mountain lake fishing
- Faith, fellowship, relaxation, and more
- Wheelchair accessible fishing areas
- Any and all veterans are welcome to apply (applying does not guarantee spot)

Application window July 1-August 15, 2021  
To apply go to [www.charlie22outdoors.com](http://www.charlie22outdoors.com)

**Volunteer Guide Opportunities!!!**  
**Veteran Sponsorships available!!!**  
**Join the battle against veteran suicide!!!**

Contact info:  
Charlie 22 Outdoors  
1520 Gold Dust Dr  
Webb City, MO 64870  
417-437-7247  
[charlie22outdoors@gmail.com](mailto:charlie22outdoors@gmail.com)  
[www.charlie22outdoors.com](http://www.charlie22outdoors.com)

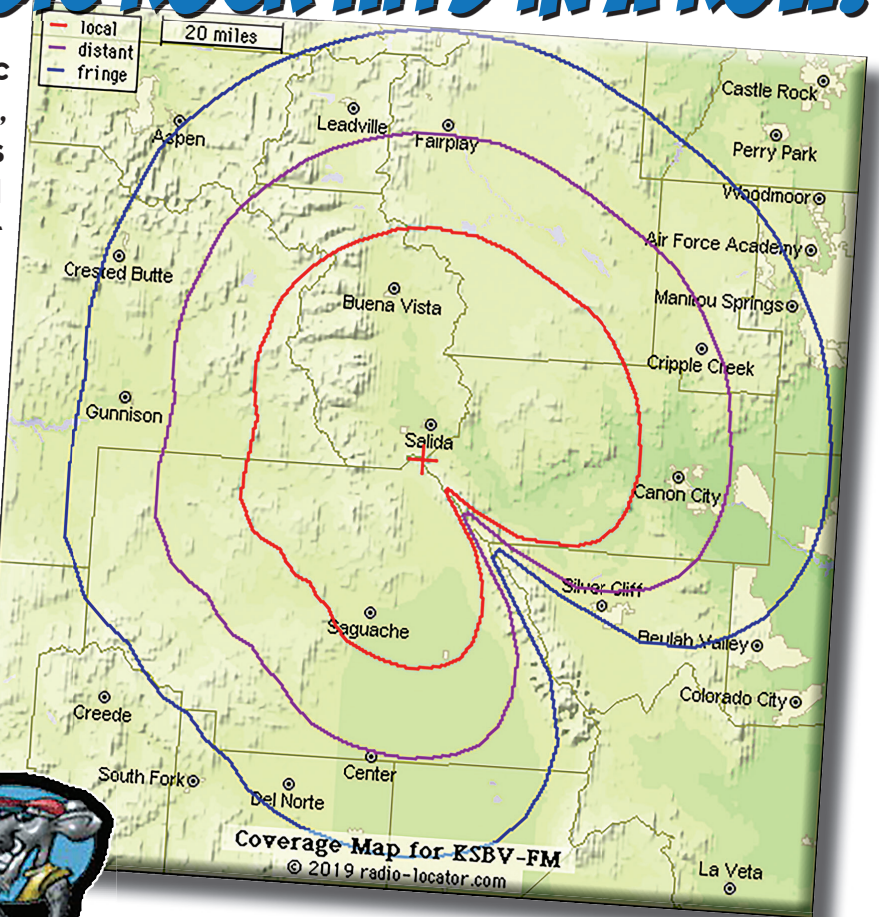
**CHARLIE 22 OUTDOORS**

## 93.7 KSBV RIVER RAT RADIO COVERS ALL OF SOUTH CENTRAL COLORADO WITH GREAT CLASSIC ROCK & 7-CLASSIC ROCK HITS IN A ROW!

93.7 KSBV River Rat Radio is your locally owned Classic Rock station for ALL of South Central Colorado, featuring 7-Classic Rock hits in a row, local news weekdays at 9 AM, Noon, and 5 PM and local

weather throughout the day. KSBV is the only locally owned radio station in the region operated by local resident Marc Scott. KSBV also supports local High School sports.

If you'd like to advertise on 93.7 the River Rat, Call Jim at 530-572-8235. 93.7 KSBV the River Rat





Divide Fire Protection District Annual

# PANCAKE BREAKFAST!

**Please join us for breakfast!**  
Pancakes, eggs, bacon, sausage, burrito bar, biscuits & gravy and coffee  
**DONATIONS ACCEPTED**  
**Sunday, September 5th**  
7am until noon

Divide Fire Station, 103 Cedar Mountain Road • Divide

- Meet your neighbors & friends!
- Find out about volunteering for the department
- Come see our new equipment

The Divide Fire Pancake Breakfast is an opportunity to show your support for the volunteers and be a part of your community. Your response at the Pancake Breakfast is a wonderful reminder that Divide Fire is appreciated. Thank You!

## We take crap from just about anyone!

**Make it a shorter trip and drop off your pre-labeled packages with us!**

**Packaging • Shipping • Scan to Email • Fax • Copies**  
**Printing • Design • Business Cards • Brochures • Flyers**  
**Keys • Laminating • Notary • Greeting Cards**  
**Gift Wrap • Thymekeeper Products • Pottery by Diane Foster**  
**The Plant Lady Seeds and Blessing Beads**

**Shipping Plus** 52 County Road 5 • Divide  
(Behing Divide Market, Next to Russ Place)  
**719-686-7587 • Open M-F 9-5:30**  
ShippingPlusCO@gmail.com • www.shippingplusco.net

Your Full Service Shipping & Business Center

• AMMUNITION • BLUE RAYS  
• KNIVES • TOOLS  
• GUNS • DVD'S

# GUN & PAWN

719 Main St. Canon City • 719-275-5555

• CASES • COINS  
• TARGETS & MISC. • JEWELRY  
• ELECTRONICS

## FULL SELECTION OF RIFLES, SHOTGUNS & HANDGUNS

### BUY - SELL - TRADE

# Summer is Here - Stock Up To Go To The Range!

**Mon-Fri 9-5 • Sat 10-2 • Sun Closed**

## CPW is monitoring for sick birds

With reports of sick and dying birds in the mid-Atlantic region of the United States, Colorado Parks and Wildlife (CPW) is on the lookout for any signs of similar concerns in Colorado.

So far, no cases compatible with this "mystery disease" have been confirmed in the state of Colorado. The syndrome observed in other states is characterized by swollen eyes, blindness and signs of neurologic impairment. The birds most commonly affected have been young blue jays, grackles, European starlings and American robins. The cause of this disease remains unknown.

Please contact your nearest CPW office if you observe birds with swollen eyes, birds that appear sick or act abnormal or

if you observe three or more dead birds in one location within a two-week period.

In Colorado, house finches can be infected by bacteria (*Mycoplasma gallisepticum*) that cause swollen, crusty eyes, but this finch conjunctivitis disease has not been seen in other species. Finch conjunctivitis and other bird diseases are often spread at bird feeders.

Remember to clean bird feeders and bird baths regularly by removing all debris, cleaning with a 10 % bleach solution, rinsing with water and allowing them to air dry completely before refilling. Please take down feeders if you notice sick or dying birds.

CPW does not recommend bird feeders be used at all from mid-March through Thanksgiving if you live in bear country.

## GCCS registration

Guffey Community Charter School will be hosting registration for all new and returning students on August 19 and 20 from 9-3 p.m. each day.

Kindergarteners - 8th graders are welcome. The first day of school will be Monday, August 23 beginning at 8 a.m. New students will need the following for registration: The child's birth certificate, an up-to-date record of immunizations, addresses and phone number(s) of the child's doctor and dentist as well as emergency contact info.

Back to school supplies are communal, so families are asked to plan on contributing \$30 for each child to help cover these costs. Bus information will be available at registration.

If you would like to donate supplies, this year we particularly need: Dry erase markers — all sizes and colors, small dry erase boards, highlighters, quart and gallon Ziplock bags, packing tape, masking tape, and duct tape, Kleenex, Post-it notes, and healthy snacks.

School lunch is available for all students and is \$3 for students and \$4 for adults. Students may pack or purchase lunch.

Payments for school lunches, school supplies or any other fees may be made in cash, check or by credit card.

Please contact the school with any questions: 719-689-2093 mwalker@guffeyschool.org

We will only be offering in-person school and online options will not be available.

## Salute to American Veterans' Rally Returns

In a joint statement, the Teller County and Woodland Park leadership announced that the annual Salute to Veterans Rally is back on and is currently planned for Friday and Saturday, August 20 and 21, 2021. A full schedule of events will be forthcoming.

This will mark the first time the popular event has returned to Teller since the summer of 2019. Last year's rally was cancelled due to the pandemic threat.

Dan Williams, a 30-year combat veteran and the vice-chairman of the Teller County Board of County Commissioners had this to say, "It's been a tough year for our Nation, our State and Teller County. We have levels of divisiveness in our country probably not seen since the Vietnam War. When we began to see divisiveness and infighting with regards to the Veterans Rally, many of us quickly moved to try and support the rally. This event is nearly 30 years old and is needed now more than ever."

According to Williams, 20% of Teller County's reported suicides in the last year consisted of veterans. As a result, he and other leaders and Rally proponents believe this event will "help us move towards normalcy." This year's rally will be somewhat of a hybrid.

"We have taken a holistic approach that allows the residents of Teller County from one end to the other to come out and show their support for our veterans, for our businesses to gain some economic benefit, while not placing an undue burden on any city or community," noted Williams. "The collaborative effort of all Teller County entities is important to bring healing and a sense of 'normalcy' to veterans, residents and the greater community as a whole," said Kellie Case, member of the Woodland Park City Council.

**This year, there is no public money to support the rally other than the normal event support and our first responders. So, event sponsors and individuals are encouraged to contact Mr. (Jim) Wear with Pro Promotions directly to offer their support.**

month and half after planned 4th of July events in our communities, and it is fitting that it honors veterans who helped make our independence and freedom possible.

As you all know, the county has worked very hard to keep Cripple Creek's casinos and all county businesses open. The pandemic has been especially hard on Cripple Creek as much of its revenue for essential services is derived from casino revenue.

Therefore, this year, the ride will begin in Woodland Park, and travel south through Cripple Creek where we are encouraging folks to line the streets and support our Veterans as well as all along the parade route. "We are encouraging our residents to visit the casinos and local businesses and restaurants in Cripple Creek. The change will be that all official ceremonies and the majority of vendors will be in Woodland Park this year where we are also encouraging visitors to spend some time and visit our local businesses. This event, along with the 4th of July ceremonies, will help our community stand back up again," according to Williams.

FMI: Jim Wear with Pro-Promotions 719-487-8005 or Kellie Case at 719-291-0951.

## History talks at Cripple Creek District Museum

The Cripple Creek District Museum (CCDM) will continue their history talk series in August with two presentations. The first talk will take place on August 8th with *The History of the Cripple Creek Mining District* presented by Steve Antonuccio. The second talk will be August 29th with *An Historic Portrayal of a Miner* by J. Ridge.

The history of the Cripple Creek Mining District, the Greatest Gold Camp in the United States, is one of trials and turmoil, triumphs and achievements. Steve Antonuccio will give a presentation which includes film clips from 1929 of the Midland Railroad traveling from Colorado Springs to Cripple Creek. It also includes clips from a 1966 interview at the Imperial Hotel of world-renowned journalist Lowell Thomas and Cripple Creek historians Marshall Sprague and Mabel Barbee Lee. Other film clips include a first-hand account by Lowell Thomas of Teddy Roosevelt's visit to the Cripple Creek Mining District.

Steve Antonuccio has spent a 30-year career working in public and academic libraries. For 20 years he worked for the Pikes Peak Library District managing their library cable access channel where he produced over 100 local historical documentaries and developed a collection of historic films shot in the

Pikes Peak region. He has produced four documentaries for the city of Cripple Creek including his comprehensive history *The Treasure of the Cripple Creek Mining District*, which was nominated for a Heartland Emmy.

J. Ridge will give a moving portrayal of a miner in the Cripple Creek District later on August 29th. J. Ridge came to Colorado in 1957. He has had a great interest in the history of the area since his youth. He has taught Military History at the University of Illinois Chicago, the University of Oregon and has taught three courses as Buffalo Bill with Pillar Institute in Colorado Springs. He has been active in community theatre and in historic reenactments in Cripple Creek, Leadville, and the Buffalo Bill Museum at Lookout Mountain.

The CCDM invites you to learn more about the miners and history of the District at the CCDM history talk, Visits With History, on Sunday, August 8th at 2 p.m. and August 29th at 2 p.m. at the Cripple Creek Heritage Center. The Heritage Center is located on Hwy 67 outside of Cripple Creek. This program is presented as a public service of the CCDM in partnership with the City of Cripple Creek. Admission is free and refreshments are served. Seating is limited, reservations are required. FMI 719-689-9540 or to make reservations.

## New WPFM manager

Woodland Park Farmers Market's newest Manager Sara Swart is learning the ropes from WPFM founder and manager for 30 years, Judy Crummett, before we finally let Judy enjoy her recent retirement.

# ELEVATE THE PEAK

## ELEVATE YOUR VOICE

**For Land Conservation & Recreation!**

Help develop a vision and strategy to guide current and future land conservation and outdoor recreation plans in Teller, Park, Fremont, and El Paso counties.

**Speak up for what matters to you in this vital planning effort and take the survey: What Matters to You?**

Prizes drawn weekly for lucky survey participants!

[www.elevatethepeak.org](http://www.elevatethepeak.org)



# Shop and Dine on Historic Front Street in Fairplay

**Don't miss Burro Days July 23-25**

**C.B.D. - Leather Unrepentant**  
Beads - National Gifts - Art 1981  
Dragons - Fine Art Jewelry  
MtnArtsUnrepentantArtist.com  
532 FRONT ST, Fairplay • Historic District •

**SNITCHING LADY DISTILLERY**  
500 FRONT STREET, FAIRPLAY, CO  
WWW.SNITCHINGLADYDISTILLERY.COM  
719-838-4224  
A Williams & Nelson Family Tradition

**PARK BAR**  
great food cold beer  
511 Front St  
Fairplay, Colorado  
719 836-3404  
Take Out Menu • 11am-9pm

**SOUTH PARK CITY**  
4TH & FRONT STREET, FAIRPLAY, CO  
AN AUTHENTIC RESTORATION OF AN 1880S COLORADO MINING TOWN  
WWW.SOUTHPARKCITY.ORG • 719-836-2387  
OPEN DAILY UNTIL OCTOBER 15TH

**Millonzi's**  
At 501 Front Street  
Your Friendly Neighborhood Italian Restaurant  
www.Millonzis.com  
501 Front Street ~ Fairplay, CO ~ 719-836-9501

**Mountain Essentials**  
FAIRPLAY, CO  
520 Front St. • 303-880-7258  
www.mountainessentialsllc.com

**Artisan Goats Milk, Skin Care, and Gifts**

**Coyote Creek Studio Arts**  
Call To Artists Looking for the unique and unusual  
www.coyotecreekarts.com  
patpocius@gmail.com  
Classes in metal smith lapidary - pottery - woodcarving  
419 Front Street  
719-836-2040

**South Park Pottery & Back Room Beads**  
Pat Pocius  
PO Box 459  
417 Front St.  
Fairplay Colorado 80440  
719-836-2698  
backroombeads.com patpocius@gmail.com

**Sweet-Bakes Pantry**  
BAKED GOODS & GIFTS  
facebook.com/sweetbakespantry  
526 Front Street • 970-389-5886

**PLATTE RIVER SALOON**  
517 FRONT STREET • FAIRPLAY, CO  
719-838-3461  
HOURS: OPEN DAILY 11AM - CLOSE

**Eclectic Southwest cuisine**  
Fresh seasonal ingredients, craft beers, signature cocktails and a variety of wines. Dine in our comfortable and Contemporary atmosphere or outside in beautiful courtyard garden.  
456 Front Street, Fairplay CO • 719-836-7031  
SaladoRestaurant.com • info@saladoreastaurant.com  
Open 11am-10pm. Closed Tues. & Wed. Reservations required due to limited capacity

**Come Celebrate Fairplay's Wonderful Summer Season**



**ARE YOU AND YOUR VEHICLE READY FOR THE SUMMER DRIVING SEASON?**



**SCHUMACHER'S**  
Alignment & Tire Center

Over 32 Years in Teller County! Teller County's Oldest Family Owned & Operated Alignment & Tire Center!

**Most Major Tire Brands Now Available**

- Mufflers & Custom Exhaust • Wheel Balancing • Brake Service
- General Automotive Repair • Cars ~ Trucks ~ 4x4's ~ Motor Homes

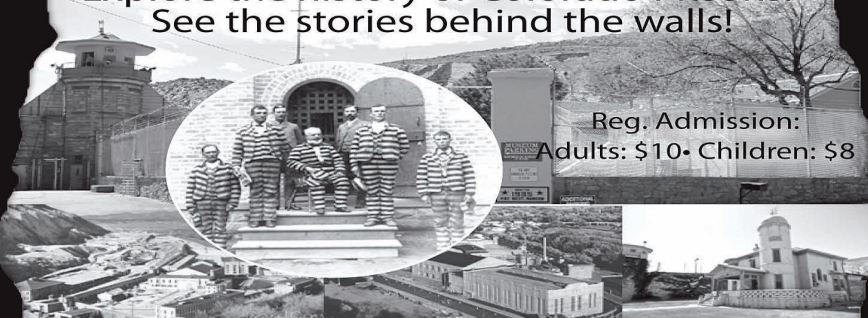
220 S. Burdette, Woodland Park, CO

**719-687-2446**

Jamie Schumacher  
Mon-Fri 8-5:30

**WITH COUPON**  
**10% OFF**  
**LABOR**  
**ON ANY SERVICE**  
**OVER \$100**

**COME DO TIME WITH US!**  
Explore the history of Colorado Prisons.  
See the stories behind the walls!



Reg. Admission:  
Adults: \$10 • Children: \$8

**MUSEUM of COLORADO PRISONS**

Open EVERYDAY 10am-6pm  
(May 1st-Sept 30th)  
Wed-Sun 10am-5pm  
(Oct 1st-Apr 30th)

201 N. 1st St. Canon City, CO  
719-269-3015  
prisonmuseum.org

**Local.**  
**Member-owned.**  
**Not-for-profit.**

**The co-op difference**

Since 1938, IREA has "kept the lights on" for homes and businesses along the Front Range. We answer to you, our members – not shareholders or investors – and work so that our communities can thrive.

Visit [www.IREA.coop](http://www.IREA.coop) or follow us on social media to learn more.

**IREA** @IREAColorado IntermountainREA



## Charlie 22 Outdoors

by Scotty Hettinger

The Mission of Charlie 22 Outdoors is to provide outdoor activities to our nation's veterans, with the goal of showing them there is hope, love and a personal meaning in God's grace. Please see our ad on page 8 for Operation Spring Canyon in this paper.

Charlie 22 Outdoors was founded as a result of our passion, to "Serve those who have already Served." We are a 501(c)3 non-profit organization based out of Webb City, Missouri. Our Board of Directors are all volunteers.

Our country is facing a pandemic, veteran suicide. It has been said that there are 22 suicides every day. Some people think that number is lower than 22. Others think that it is higher than 22. We are not concerned about the number. We believe that one day is too many. The total is more since 9/11 than all together the number killed in action from the Korean War through today's conflict in the Middle East. This has to stop. The PTSD and the personal demons they face are very real. We provide our events free of charge to

those we serve and their families. We cover all expenses including travel, lodging, food, tags, guides, taxidermy, and meat processing. We believe that healing can take place when a relationship with Jesus Christ is formed.

Operation Spring Canyon is going to be September 17-20, 2021, near Buena Vista.

This all expenses paid mountain fishing event will be held at Spring Canyon in Colorado, in the shadows of Mount Princeton. Lodging, meals, guides, gear, licenses, and travel are all paid for. Spin-reel fishing options available. There are wheelchair accessible fishing options.

There are 50 spots available. Any and all veterans are welcome to apply. Apply at [charlie22outdoors.com](http://charlie22outdoors.com). Applying does not guarantee spot and priority goes to those we have NOT served yet. Applications due August 15.

Sponsorships are available for veterans, meals, and supplies. Join us in the battle against veteran suicide. Local contact number is 719-291-6563.

## Where is Katee this month?

She and her friend Baylee will be at the 13<sup>th</sup> Annual Vino & Notes in Woodland Park at Memorial Park from 1-3 p.m. Look for the Tweeds Holiday Home Tour booth. Baylee is training to be a Therapy dog.

Katee wants to thank everyone who is continuing to support the Pet Food Pantry with donations so that her canine and feline friends can stay at home with their families.

You can drop off donations at TCRAS, Blue's Natural Pet Market or the UPS Store located in the Safeway Shopping Center (Woodland Park). You can also donate online [www.PetFood-PantryTC.com](http://www.PetFood-PantryTC.com). Thank you for your support!



## Adopt Me

by Ark Valley Humane Society

### Jack

Jack has been with AVHS longer than any of our other adoptable dogs. We've had quite a few puppies come in this past month, so even though Jack is very young (just a year old!) he is still getting overlooked. Please help us spread the word about Jack so he can find the loving home he SO deserves! Jack has been spending most of his days in an awesome foster home with another big male dog named Leroy. He LOVES to split his time between cuddling with Leroy and his foster parents. Jack is completely housebroken (well almost, the first day in the home he did pee in their big potted plant, but no other incidents since then), loves to go on walks, and meet new people! He is a 1-year-old neutered, male-Mastiff mix with a beautiful tiger striped coat. He would prefer a cat-free home. If you or someone you know has been looking for a great, young dog, please give us a call at 719-395-2737!

This space donated by the Ute Country News to promote shelter animal adoption.



Georgie Lancaster on the left and Sydnee Connors ready to scoop up your favorite ice cream at Two Scoops ice cream parlor.

## Two Scoops

by Flip Boettcher

photo by Flip Boettcher

"Every old town needs an ice cream parlor," according to Roger Duncan, co-owner with his wife Kathryn, of the newly opened Two Scoops Old Fashioned Soda Fountain and Ice Cream Parlor in Florence. They opened on May 15, 2021.

When the Duncan's moved to Florence in 2018, one of the first things they noticed was the town didn't have an ice cream shop and they planned on opening one. The first location they considered, someone wanted to lease out, but in 2020 the couple purchased the Two Sisters buildings, which had a small part of 106 East Main Street available, where the old Capri Bar was located. With the bar already there, it was perfect for the ice cream parlor.

Late in 2020, extensive demolition, remodeling and construction was started to restore the building back to its original look. The front of the building was removed and redone, new windows were installed and all the plumbing and electrical redone. "But in the end, it turned out fantastic," said Roger, "definitely one of

our more fun projects in Florence."

Two Scoops is run by Collin and Cinda of Two Sisters Restaurant. They held a town contest to name the new ice cream parlor with the winner getting a year of free ice cream and the name became Two Scoops Old Fashioned Soda Fountain and Ice Cream Parlor or Two Scoops for short.

The parlor carries ice cream from Anne & Mann's, a small ice cream manufacturer in Colorado Springs, who makes over 40 flavors of ice cream. Two Scoops now carries 10 permanent and 6 rotating flavors of their ice cream and has plans to carry 24 flavors soon.

The Duncan's also bought and restored a 1940s soda fountain in Denver and are able to make over 30 flavors of old-fashioned sodas. Two Scoops also offers shakes, malts, sundaes, banana splits and icees, so one has a lot of choices, said Roger.

Step back in time at Two Scoops located a couple of doors down from the stop light at 106 East Main Street in Florence. The parlor is open 7 days a week 11-8 p.m.

## Teddy Roosevelt returns to Gold Coin Club

Vice President Theodore Roosevelt visited Victor Aug. 9, 1901, to speak at the Gold Coin Club and tour the Portland and Gold Coin Mines. Don Moon of Colorado Springs will portray Roosevelt at the Gold Coin Club Saturday, Aug. 7, 2021, almost 120 years after Roosevelt's appearance. The event is a fundraiser for the Victor Lowell Thomas Museum. This will be one of Moon's final appearances as he plans to retire at the end of 2021.

The event includes a "bully" reception at 2 p.m. with the Roosevelt presentation at 3 p.m.

Roosevelt visited Victor twice; the first in September of 1900. The Rough Rider was run out of town by an angry mob but returned later in August of 1901 to accept apologies and to visit with townspeople and dignitaries.

In August of 1901, Roosevelt who was then U.S. vice president, rode the Short Line Railroad over the scenic route to Colorado Springs which is now known as Gold Camp Road. At one point near Rosemont, where travelers could see all the way to Kansas, he exclaimed, "This is the ride that bankrupts the English language."

Roosevelt's last visit to the district was on Aug. 9, 1901. He became the 26th president 35 days after William McKinley was assassinated. During his August visit the town threw a grand welcome for the vice president and he toured the underground workings of the Portland Mine. Roosevelt shook hand with nearly 3,000 people and was paraded through



Don Moon of Colorado Springs as Teddy Roosevelt

the streets. According to newspaper reports about 800 people crowded into the Gold Coin Club rooms to honor the vice president. Later that day Roosevelt was treated to an underground tour of the Gold Coin Mine and a train ride underneath the mountain to the Economic Mill southwest of Victor, followed by a train ride to Cripple Creek for a reception there.

The event is being sponsored by the Victor Lowell Thomas Museum. Reservations are highly recommended as seating is limited. Tickets are \$20 each and include the reception and presentation. The event starts at 2 p.m. at the Gold Coin Club on Diamond Avenue west of North 4th Street. For more information and to make reservations visit [VictorMuseum.com](http://VictorMuseum.com) or call 719-689-5509.

**The Pikes Peak Workforce Center works for the success of regional businesses with no-cost, tailored services connecting you to employment-ready job seekers.**



**Resources available to you include:**

- Recruit & Select
- Hiring Events
- Job Fairs
- Analytical Research
- On-the-Job Training
- Transitions & Layoffs
- Pre-Employment Assessment



**ppwfc.org**

A proud partner of the AmericanJobCenter network

Call us at 719.667.3814 to find out more!

Paid by U.S. Department of Labor funds

**The Bakery**

Breakfast  
Pastries • Breads  
Sandwiches • Cookies  
Pizza • Dinners  
Mexican buffet Friday 4-7

336 Main Street  
Guffey, CO  
719-631-1963

dana@theguffeybakery.com  
[www.theguffeybakery.com](http://www.theguffeybakery.com)

Summer Hours:  
Thurs. 8-3, Fri. and Sat. 8-7,  
Sun. & Mon. 8-3

**Mama Dana's**  
Italian Bistro

Featuring classic Italian cuisine.  
**Saturdays 2-7pm**

Reservations recommended!






**BULLARD**  
CUSTOM TILE

719-800-2196

Serving the beautiful Pikes Peak Region!

**Custom Kitchen & Bath Remodeling**  
"We add the Value to your Vision!"  
Free Consultation for your Project  
3-D Design & Estimate Available  
[bullardcustomtile.com](http://bullardcustomtile.com) - [bullardcustomtile@gmail.com](mailto:bullardcustomtile@gmail.com)

**Paintings by**  
**Mary Shell**



**Canon Framing**  
414 Main St. Canon City  
For info call Mary 719-371-5405

**Critter**  
**CORNER**



**Put the kitten in the basket...**  
Merril taking a nap - Jeff & Kathy Hansen, Florissant, CO



**Mama and baby - Jeff & Kathy Hansen, Florissant, CO**

Have a cute critter? Send us your favorite critter photos and we'll feature them here in the Critter Corner! Indoor or outdoor pets or wild critters are what we're looking for. We will not accept any photos depicting cruelty or harming animals in any way. Email your critters to [utecountrynewspaper@gmail.com](mailto:utecountrynewspaper@gmail.com). Be sure to include the critter's name as well as your name.

# The Travel Diamond

I am William Soffel, the special envoy for the Queen of Moriana. I'm sure the anyone reading this will not have heard of my kingdom, for I do not think that it exists in this world. Please keep reading!

I know that this must sound insane to you, but I will try to explain as quickly as possible for I know that I don't have much time.

I was told by my Queen that I was to contact a certain "magical person" to request her to make a device that would allow my queen to be able to travel to distant places quickly.

I was authorized to pay this woman up to four thousand in gold for this device and I was carrying that amount with me when I arrived at the home of this magical woman.

It was a disgusting place, an old building, in desperate need of repair. It stood on a small hill at the edge of a dark forest through which ran a narrow river of some liquid that I have never seen before. It certainly was not water.

I stood at the door of this place and knocked on the door frame and the door opened of itself. After waiting for a few moments to be welcomed in and was not, I called out the woman's name. There was no answer.

I thought that I was at the wrong place and turned to leave, when I heard my name called by a voice that chilled me to the bone. I cannot even describe it; it was so strange to my ears.

I was instructed to enter the building and follow a dim hallway to the end and there this woman would be. I followed the instructions given me and entered a dimly lit room of some size and a truly disgusting smell.

There she was standing at a table that was covered by all manner of vials and bowls and several burning candles that gave the only light in the room.

When she turned to face me, I was shocked by her appearance. She was exceptionally old and dressed as a commoner. Her dark hair was streaked with

grey and unkempt as was her clothing. Her arms were thin and wrinkled down to her claw-like hands as were her face and neck.

I told the woman who I was and what my Queen wanted and asked if she could do what was required of her.

She told me that she could. It would take her three days and I was to return in that much time with a payment of two thousand in gold.

I quickly left the place and found a room in a small village some distance from the place where the magical woman lived. There I waited out the three days and kept to myself as much as possible.

At the end of the three days, I returned to that strange abode and was met at the door by the magical woman. In her hands was a chest of wood and as she handed it to me, she instructed me in the use of it.

The chest itself was of a brown color encircled by golden beads. On the top was the likeness of a lion head surrounded by more golden wire and purple polished stones at each corner. It had a simple latch in the front to hold it closed.

I was told that it contained a certain magical diamond that if touched by my Queen, with a destination in her thoughts, she would be transported to that place in an instant. Only one person could touch the diamond at a time or terrible things could happen to those who touched it at that same time. Also, the diamond should only be used once a day.

I placed the chest in my carriage and then handed the magical woman the two thousand in gold, which was in two small wooden boxes that I had in the carriage. That left me with one more wooden box with the remaining two thousand in gold.

The woman turned, without a word of thanks, and reentered her home. I returned to my carriage and started my journey home.

I knew that I would be traveling for some time and wanted to return to my Queen as quickly as possible with her purchase. I had hired a fast ship at the coast and was nearly halfway to my home port when we were attacked by pirates.

I had no choice; I had to use the "Travel Diamond" as I had decided to call it or lose it. I opened the wooden chest that was lined in a shining purple material and there it was suspended inside the chest by what appeared to be four strings of golden wire that met at a silver ring in which sat the largest, crystal clear diamond that I had ever seen.

I heard the fighting that was happening on the deck of the ship and I could tell that the crew was losing to the pirates. I had to do something and quickly.

I placed a single finger on the diamond and thought of the lake that was just outside of the palace just as four of the pirates burst into my quarters and rushed at me with their blood-dripping swords held high.

The air around me filled with a thick mist and I couldn't see a thing, but I could still hear the pirates shouting at me to give them the wooden box.

Then I found myself standing at the side of a body of water in a place that I had never seen before in my life.

What had happened? I thought that I had followed the instructions of the magical woman, but I hadn't gotten the results that I wanted.

All I could think was that one of the pirates must have touched the diamond just at the same moment as I had.

The magical woman had told me that something bad would happen and it had. I was in a strange place and I could still hear the shouting of the pirates, but at a distance from where I was standing.

I tried touching the diamond again, but nothing happened. Then I remembered that the magical woman had said that the diamond could only be used once a day.

What was I to do? Where was I to

by Gilrund the Historian

hide to keep from being robbed and killed by the pirates?

I ran up a small hill into the rocks and trees that surrounded the lake that I was near.

I have hidden the wooden box under a tree that leans across some rocks and then into some other trees. It is a good place, for it cannot be seen from the small, flat dirt place near where the river runs out of the lake.

There are several well used trails that leave this flat dirt place. I suppose that they are used by the local fishermen to gain access to the lake.

But if one would follow a little used trail up the side of the hill into the rocks and trees to a thin wire fence, and then turn to the left for a short distance until you should see the leaning tree and the wooden box under it.

I noticed that I was near a much-traveled road and I stayed behind the trees until I saw a large horse drawn coach coming toward me on that road. When it drew near enough, I rushed out and waved my arms in an attempt to stop it. It did stop for me and I begged the driver to allow me to climb inside.

He told me to get in quickly, for he was on his way to Fairplay and was late, and I did so.

There were two other people in the coach and one of them moved so that I might seat myself as the coach lurched backward when the drive whipped and shouted at the four horses that pulled the coach.

The two other passengers looked at my clothing with great interest on their faces. I must admit that my attire was very different from what they were wearing, yet they said nothing and soon turned away to continue looking out of the windows.

As we rode along, the young woman that was seated across from me asked me where I was going. I was at a loss for a moment, until I remembered that the driver had mentioned a place called Fairplay. So, I told her that I was going to that city.

The gentleman that sat next to me asked me where I had come from, for he had noticed that I had a strange accent and was dressed in a different way than he and the young woman. He explained that he was a world traveler and had not heard such an accent as was mine.

I replied that I was a citizen of the Kingdom of Moriana and that I had lost my way on my journey to the city of Fairplay.

He replied that he was not familiar with that particular kingdom and thought that perhaps it was located in the region of the Balkans, a place in which he had not traveled.

I returned that he was correct and that I hoped to return to my home as soon as may be.

He welcomed me to his country of America and asked me what my business might be.

I explained the I was on a mission for my queen as her special envoy.

That seemed to end the conversation for some time, as we all sat quietly and



watched as the countryside flowed by our windows and we listened to the driver calling out to his horses.

I was pleased that he did not ask what my mission might be. How would I explain what had happened to me in my quest to acquire a Travel Diamond for my queen? Did they have such a thing here on this world? I thought not, for were we not traveling in a horse drawn coach? Did they even have magical women in this world?

There were many questions to which I had no answers.

It was several hours later that we arrived at a place called a Stage stop. There we were able to refresh ourselves and dine for an hour or so and then on to the city of Fairplay.

I learned, as we entered the coach, that our means of travel was called a Stage-coach and that these coaches traveled constantly all over this country that my fellow passenger had called America.

Some hours later we arrived in the town of Fairplay where I acquired a room at the Hand Hotel.

I call Fairplay a town, for it is much too small to be called a city.

I have been staying at this "Hotel" for some time now and have at last heard what appears to have happened to the pirates that followed me to this strange land.

I was told by the local law enforcement officer that some men dressed strangely, I think it was the pirates, had attacked the stagecoach as it traveled along the road by the lake and were "shot" by the man that always rides with the driver. He is called a "Shot-gun" and his purpose is to protect the passengers and, apparently, the box of gold that is called a "Strongbox" that is carried in the stagecoach.

I have learned that this world has developed weapons that are far beyond what we have in our world.

We have nothing like the shotguns and pistols and rifles that seem to be a common thing here.

I have, truly, come to a different world than mine and I could have done so only by the touching of the Travel Diamond while on that ill-fated ship.

In my time here in this strange world, I have accustomed myself to the people and the customs of this world. I have even established a small town that I wanted named after my home kingdom of Moriana. But it was called Jefferson City by the locals. So, I must hold the name of my kingdom in my heart.

I have written this message with the paper and ink that I have acquired here in the hotel and given it to an old friend that

has as mysterious a background as I. He is Gilrund and he calls himself a Historian.

Gilrund has told me that he has access to a "News Paper" that is read by many people over a large area. He will have my story placed in this "News Paper" in the hope that you who will read it, will search for and find the wooden box and carry it back to my queen.

Will you have the courage to do such a thing? Will the diamond still have enough magic in it if you try? It may not, for it has been a very long time and I don't know how long the magic will last.

Perhaps it was damaged when it was touched by two people at once. The magical woman warned me not to allow two or more people to touch it at once. But she did not say if it would damage the diamond, just that "bad things would happen."

My not returning to my queen was definitely a "Bad Thing" for me. You may wonder why I didn't return to that lake and collect the box myself. I answer that question with one word, "Fear"!

I don't know if all the pirates were killed. What if they weren't and they are still there waiting for me to return for the box. They would kill me for certain for causing the deaths of their friends.

I could take someone with me, but who would believe the story that I have just told you? Even you, who have just read my story, must be in doubt as to its veracity.

Again, I ask that you search for the box, and if the diamond does transport you to my Queen, please tell her that her faithful servant did his best and give her this message to help explain my failure to return.

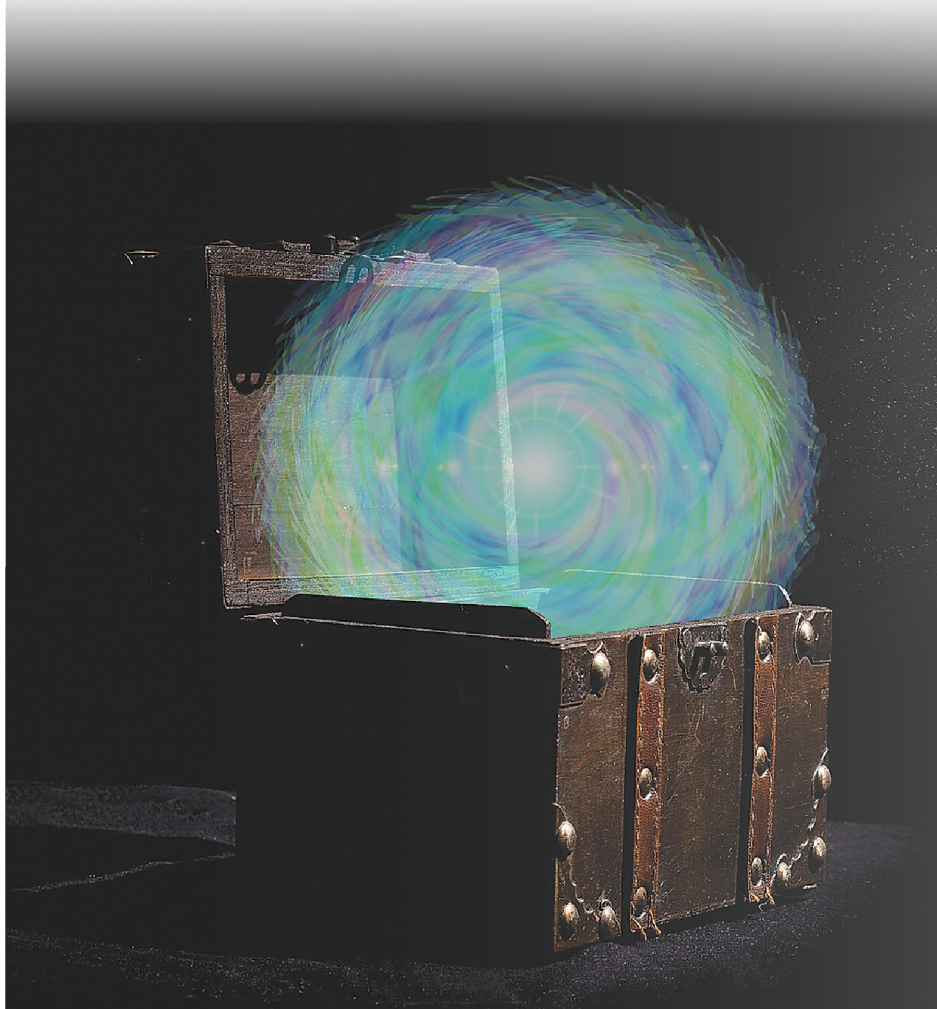
William Soffel,  
Faithful envoy to the Queen.

I, Gilrund the Historian, must take responsibility for William's story not being published before now. William is gone now, and I wish that I could ask his forgiveness, but it is too late.

I have, at last, kept my promise and published his story. But I wonder if the box he spoke of is still there at what is now called the Tarryall Reservoir. I wonder if anyone would be willing to search for it and have the courage to take it to his queen.

Magic can be a dangerous thing!

Chuck Atkinson of Como, CO enjoys writing fiction stories and treasure hunts for the children at his church. We are pleased to have him contribute to the only fiction in our Ute Country News.



**The Thymekeeper**



**Mari Marques**  
1870 CR 31 - Florissant  
719-439-7303  
[mugsyspad@aol.com](mailto:mugsyspad@aol.com)  
[thethymekeeper.com](http://thethymekeeper.com)

**Herbs & Oils - Folk Remedies**  
**Private classes available.**

**ACADEMY STAR**  
**TATTOO COMPANY**



500 E. Midland Ave  
719-687-8181



**Community**  
**Partnership**  
Family Resource Center

**SAVE THE DATES!**  
Good Times for a Good Cause  
Upcoming FUNdraisers

Join us this summer for some fun in the sun! Learn about all the awesome things Community Partnership has to offer, support local businesses, and connect with old and new friends!

Friday, August 13th  
4:00-7:00pm  
Paradox Beer Company  
Santero Seltzer Party  
Aloha State of Grinds  
Serving up Hawai'i local favorites  
10 Buffalo Ct, Divide

Sunday, August 22nd  
12:00-2:00pm  
Paradox Beer Company  
4th Annual Smokin' the Ute Pass  
Summit BBQ Contest & Fundraiser  
\$25 Entry fee includes  
samples + 1 Paradox beer or soda  
Presale tickets sold at  
Community Partnership in Divide and  
Colorado GearLab in Woodland Park  
Sponsored by The Peak Antler  
Company & Paradox Beer Company  
10 Buffalo Ct, Divide

September ~ TBD

Call (719) 686-0705 or email  
[jamie@cpteller.org](mailto:jamie@cpteller.org) for more info



# The Iceman of Cripple Creek, Colorado

by Steven Wade Veatch



Bowen's crew using long saws to cut ice into blocks and pikes to extract ice from his pond near Mount Pisgah.



Bowen's crew using pikes to maneuver blocks of ice. This was written on the back of the undated photograph: "Bowen Ice pond foot of Mt. Pisgah."



Icemen pulling blocks of ice out of the water and loading them onto an inclined wooden ramp. A horse pulls the blocks of ice up into a storage area.



Children taking a ride in a Bowen Ice Company sled on a frosty day on a snow-covered street after a heavy snowstorm. Albert Vaseen home in background. Photo date circa 1911.

After 28-year-old Ralph Bowen married his wife Zula in Denver in 1894, he had decisions to make — where he and Zula would live, and how he would earn a living. He had heard about the Cripple Creek mining district and decided this place offered him a fresh start and a chance to build his life the way he wanted.

Bob Womack discovered gold there a few years earlier, in 1890. A gold rush followed Womack's strike, and overnight a camp appeared in the goldfields. It was a beehive of activity: prospectors searched the hills, miners swung picks and blasted rocks, carpenters built houses, merchants opened stores, bartenders poured drinks, and gamblers played cards under a canopy of cigar smoke.

The real gamblers, though, were the ones who placed their bets on opening a business. Bowen, a two-fisted, bigger-than-life entrepreneur, with ambition as big as Pikes Peak, took that gamble, and started a sawmill near the town of Gillett in the mining district. It was a good business, as the demand for lumber was high in the growing mining district, and he was determined to succeed. As his saws buzzed and the sawdust flew, the sawmill reduced rough pine logs into planks, studs, and shingles. Horses plodded down dusty roads, pulling wagons — one after another — of Bowen's lumber to town.

Shortly after Bowen established his sawmill, the sharp, cold winters of Cripple Creek signaled more possibilities, and he set up another enterprise, the Bowen Ice Works. A recently discovered early twentieth-century archive of rare photos, at the Cripple Creek District Museum, freezes time and documents Bowen's ice business in the gold camp. Now, through these historic photos, his story can be told.

Business was the major theme of Bowen's life story in Cripple Creek. His ice operations were far removed from Cripple Creek's Bennet Avenue — the city's broad street of business and enterprise. He knew he would not make bags of money but simply have a good life in this beautiful part of Colorado.

Bowen quickly became a skilled iceman: Each winter he harvested a large natural ice crop from his spring-fed pond near Mount Pisgah. Harvesting ice from his pond, where nature and technology merged into one, was a winter routine — once the ice grew to a thickness of a foot or more. To check the thickness of the ice, workers drilled holes into it with augers, and then reached down and put a ruler



Workers shovel off yesterday's snow while others saw ice on a pond during the long, dark winters. From the S. W. Veatch stamp collection.



Studio portrait of Ralph Bowen (center) with his two sons: Ralph Jr. (left) and Palmer (right). Bowen's ice tongs rest on his shoulder and a cat sits quietly on his knee. Photo date circa 1915.

into the hole. The resulting measurements let them know if the ice was thick enough to start the harvest.

Once the ice reached a foot thick, workers shoveled snow off the pond's surface and piled it into deep, white windrows. Next, the workers "scored" the surface of the ice with grooves in a checkerboard pattern, using horse-drawn plows. The straight-line grooves showed the workers where to cut the ice. Using a long saw, the

continued on next page



A view of the Bowen home. This was written on the back of the photograph: "Ralph Bowen home at the foot of Mt. Pisgah."



Bowen's ice pond in the summer. It is thought that Bowen's wife Zula and his daughters Dorothy, Elizabeth, and Jean are depicted in this photograph. This was written on the back of the photograph: "Boating on Bowen Pond foot of Mt. Pisgah." Photo date circa 1912.

workers cut the ice and the sounds of sawing ricocheted around the pond like a cue ball. This work chilled the ice crew to the bone. The cold brought a fresh scent to the mountain air. Nearby, Steller's jays perched in the green shadows of pine trees and watched Bowen's men remove ice blocks while mule deer ruled the forest.

Once the workers cut the ice they used long poles called pikes to move the floating ice blocks toward the shore. Then they guided blocks of ice, pulled by horses, up inclined ramps to the top of the icehouse. Men stacked the ice like firewood and packed it as tight as a box of pencils. Sawdust from Bowen's sawmill separated the layers of ice from each other and served as insulation to prevent melting. The storage building preserved the ice for delivery to residential and commercial customers.

Each spring, as weather turned warmer, the delivery of ice began to hotels, restaurants, storekeepers, and housekeepers in Cripple Creek. As his ice trade grew, so did his profits. Bowen, along with his horse and wagon, became a part of the Cripple Creek summer street scene. At a time before electric refrigerators, he made daily rounds in his horse-drawn wagon, delivering ice for wooden iceboxes. These insulated wooden iceboxes had shelves inside for food.

Customers placed a card in their window to let Bowen know how much ice they wanted. Based on the card, he then pulled ice out of his wagon using tongs. He lifted the block of ice onto a thick sheepskin pad on his shoulder and carried it to the house, placing it inside the icebox. If the block of ice did not easily fit into the icebox, Bowen used an ice pick to trim it. He carried a small scale in his pocket to assure customers they received the correct amount of ice. After deliveries, he mended harnesses and fixed his tools.

Bowen and his family lived in a large, rambling frame home on a grassy rise at the base of Mount Pisgah, near his pond. A fireplace kept his place warm on wintry days. Parted drapes let the sun in through

the windows. Here he washed up with hot water to ease his aches and dog-tiredness. In the quiet comfort of the evenings, he likely relaxed in his special chair and picked up the Cripple Creek Morning Times to read. Bowen was committed to his six children. He had three daughters: Dorothy, Elizabeth, and Jean; and three boys: Ralph Jr., Palmer, and Scott (Scott disappears from recorded history. It is thought that he died while a child; however no records confirm this). With a smile on his face, he drove his ice wagon while Ralph Jr. and Palmer hitched rides in the back. In the winter, groups of children bounced along in Bowen's large wooden sled pulled by two white horses.

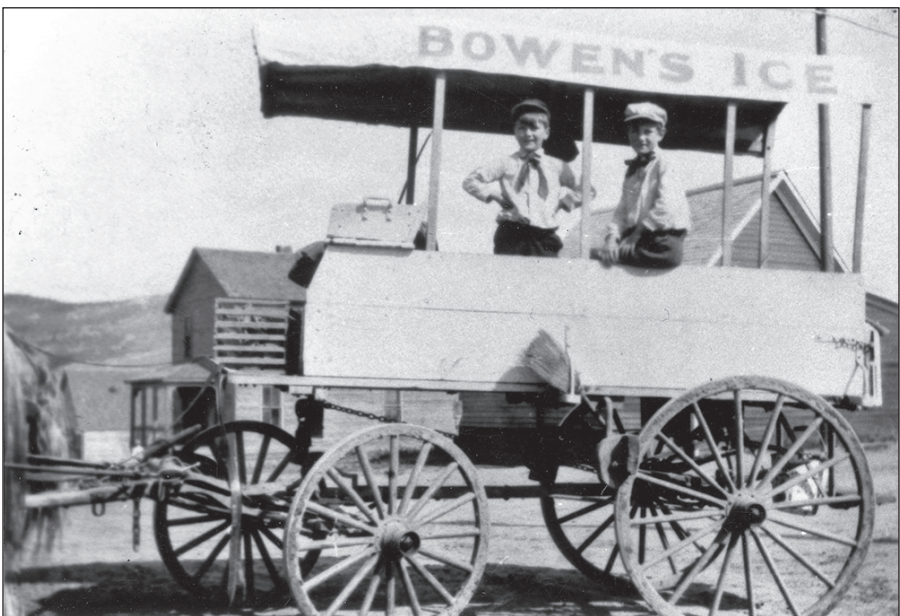
The seasons set Bowen's life in Cripple Creek in a patchwork of days: harvest ice in the winter, sell it in the spring and summer, and work the sawmill in the fall. Few lives in the gold camp were more toilsome.

It cannot be denied Bowen risked everything by operating two businesses in the district, but he thrived. He forged an independent life, and for over three decades he delivered ice to Cripple Creek and ran the sawmill. He provided day wages to six or more workers. He never failed in any important undertaking, and by sheer effort overcame all difficulties that stood in his way. He had a proprietary pride beyond words.

So, too, he was at ease with being a family man while selling ice and lumber. He took his family boating on his pond and entertained local children with rides and made a few moments of their lives richer.

Ralph Bowen's photograph collection documents an important part of a life in the mining district. These photographs keep Bowen from slipping into obscurity as he drives his ice wagon through time without end.

Note: Black & White photographs are all part of the Ralph Bowen photograph collection, courtesy of Cripple Creek District Museum. Those without dates are because the date is unknown.



Ralph Bowen Jr. and his brother Palmer in the ice wagon. Photo date circa 1917.



Bowen uses a simple system of two pulleys and three cables to pull the ice up the ramp and into storage. This was written on the back of the photograph: "Bowen Ice Works."



Bowen and six employees take a break in front of an ice storage house. This was written on the back of the photograph: "Ralph Bowen (3rd from Left) and his crew at ice plant, possibly Barnard Creek." Photo date circa 1902.



Ralph Bowen and his ice wagon pulled by two white horses.



Ralph Bowen in a surrey, Cripple Creek is in the background.





# Panning for Good

Exploring bees and beekeeping

by Dr. Bec

Most people have bee-encounter stories, mine are not so good. I was stung in the eye at age 10, a whole swarm of reddish-looking bees trying to attack my face. Then, my dad tried beekeeping, but found out he was allergic to bee stings the hard way (he is ok). My fear of bees increased when I watched Macaulay Culkin being swarmed, stung, and maybe even eaten alive by bees in the movie, *My Girl*, and there were also a few National Geographic specials that plagued my psyche. These experiences resulted in an overly sensitive and inaccurate understanding of bees and produced a variety of screaming episodes at varying levels of intensity from childhood into (recent) adulthood, whenever bees came near me.



Honey bee in Woodland Park near Hungry Bear Restaurant.

After researching for this article, I realized I was likely stung in the eye by wasps, not honeybees, dangerous bee allergies are rare, and Africanized honey bees (sometimes referred to as killer bees) created by an experiment gone wrong, can't usually survive harsh winters in Colorado. I now feel much less traumatized and ready to open my heart to honey bees.

The current plight of honeybees is garnering more and more attention. Some honey businesses have reported losing 30-70% of their hives and the severity of the problem has been addressed during network evening news reports and even on a *Time* magazine cover. Save the Bees! What is wrong? Why do they need to be saved? Howland Blacklinton, in the book, *Beekeeping for Dummies*, 4th edition, shares, "Today, the value of keeping bees goes beyond the obvious (pollination and honey). ...honey bees have been wiped out by urbanization, pesticides, parasitic mites, and a recent phenomenon called *colony collapse disorder* (CCD)." He continues, "Colony collapse disorder (CCD) is when all adult bees suddenly disappear from the hive. It happens typically in the fall, with the bees leaving honey, pollen, and sometimes new broods behind." Everything is looking good, the hive conditions seem to be favorable and bees don't tend to leave their babies, so what is going on? The problem was first reported in 2006 and has not yet been solved. One intriguing fact is that deserted hives are not quickly invaded by other insects who would normally take the opportunity to gorge on the easily attainable sweet nourishment. What keeps these typically aggressive grave robbers away? Current research indicates that CCD is not likely caused by one single thing, but by a mix of bee stressors including parasites, pathogens, pesticides, and nutrition problems. One theory was that cellphone usage was causing the problem, but in a study in Germany, no link was shown between CCD and cellphone usage. This problem is interesting and sad, but why should we care about having bees' backs?

## Back the Bees!

- Pollination is power. Commercial

beekeepers often take their bees on the road to meet the needs of farmers who grow about 100 different crops, many that we purchase and plate. Pollination experiments from W. R. Roach Company Orchards show that without honey bees, 62 lbs. of alfalfa seed per acre could be produced, but with honey bees, that yield would increase to 220 lbs. of seed per acre, Apples — 25 apples per tree without bees, 1,200 with. Bees can exponentially increase our food supply!

- Honey tastes great and has a wide variety of health benefits. It has antibacterial qualities, tames coughs, and can help to heal cuts or burns. The pollen in honey has minerals, enzymes and vitamins that boost the immune system and help fight infection. Eating a tablespoon of honey that is harvested from within a 50-mile radius of your home or where the plants are similar to what is growing where you live, is a great way to basically give yourself a natural allergy shot to help minimize the symptoms of pollen-related allergies.
- Having bees around **increases the amount and size of flowers, fruits, and vegetables** in our yards and gardens.

## How can we be there for bees?

- Avoid the use of chemicals and pesticides in your garden and on your lawn. Encourage others to do the same. Steam weeding anyone?
- Plant a bee-friendly garden. In Manitou Springs, there is a group dedicated to making their city more pollinator friendly. Check out some of their ideas at <https://www.themspp.com/>. In a recent *Gazette Telegraph* article by Seth Boster, the leader of the group, Melody Daugherty, suggests including in your pollinator friendly garden, native plants that are drought-tolerant such as milkweed, dotted blazing star, Rocky Mountain penstemon, and the Rocky Mountain bee plant. Zinnias, dahlias, goldenrod, Asters, foxglove, bachelor's buttons, Russian sage, lavender, Crocus, bee balm, hyssop, mint, nasturtium, and poppy will also create an environment where bees can thrive. Even plants considered to be weeds, such as dandelion and clover, are great for bees as are herbs such as thyme, basil, oregano, and garlic chives.
- Consider becoming a backyard beekeeper! Here are some tips and resources from local honey guru, Lee Lockhart:

- \* One hive needs access to about 5 acres of flowers or plants
- \* Consider feeding bees when pollen and nectar are scarce, supplementing as needed with 1 to 1 sugar and water if bees are bringing in pollen, 2 to 1 sugar and water if you do not see pollen on the bees (the pollen sacks are on the back legs).
- \* Learn about diseases and parasites and how to protect your bees from them. These include Nosema, Varroa mites and tracheal mites.
- \* Locate your hive near water so that your bees don't go looking for other water sources (your neighbor's pretty fountain).

## High Altitude Hacks:

- Try to figure out a way to do indoor wintering. Keep the area around the hive dark, the temperature stable (ideally around 40 degrees), the hive well ventilated, and feed the bees consistently. It is very difficult for bees to survive temperature variations, they may think it's spring during a warm spell in January, break their cluster around



Leo Lockhart, beekeeper with Lockhart Honey Farms. They have hives along Fountain Creek and the Arkansas River.

the queen, start to look for non-existent flowers, begin to brood, and then it gets cold again, deaths occur, and they have to start all over again with fewer bees when spring finally arrives.

- If you have a hive in the mountains, defend against bears. Currently, the most effective defense is an electric fence. However, I know one lady who keeps animals out of her gardens by pouring synthetic mountain lion urine around her fences. Maybe there are other ways? Unfortunately, bears like honey and can do a lot of damage. It's good to know this up front and take some preventative action rather than to wake up to a destroyed hive.

## Resources for the reader wishing to learn more:

- American Bee Journal-A journal published since 1861. <https://americanbee-journal.com/>
- BeeWise is a program that inspires youth to learn about bees through science, technology, engineering, and math (STEM) project-based learning applications.
- <https://beewise.extension.colostate.edu/>
- [www.westernapiculturalistsociety.org](http://www.westernapiculturalistsociety.org/)
- <http://www.pikespeakbeekeepers.org/beekeeping-links/>
- <https://mountainparent.com/high-altitude-beekeeping-pioneer-paul-limbach/>
- <https://blog.beeraw.com/high-altitude-honey-mountainop-honey-harvest>
- <https://lockhartoneyfarms.com/>
- <https://beeyondthehive.com/>

**Acknowledgements:** Many thanks to Leo and Laura Lockhart of Lockhart Honey Farms for sharing their expertise and images, recent backyard beekeeper Sue Madsen, who had researched, tried out many resources and then shared them with me, and the friendly guides at the Woodland Park Farmer's Market who pointed me in the right direction during my beekeeping explorations. I also found the book, *Beekeeping for Dummies* by How-

land Blackiston easy to follow and full of fascinating information and images.

## Jokes

**Q:** What music do bees like? Bee-bop, Bee-thoven, Bee-yonce, The Bee-tles, Cros-bee, Stills, Nash & Young, or Justin Bee-ber?

**A:** They like them all, but sometimes they have to resort to Sting.

**Q:** What do you call a bee that lives in America?

**A:** USB

Remember, if you offend an audience of beekeepers, you might get some veiled threats.

## Quote

"If you decide to do beekeeping, do it for the fun of it, do it as a hobby, something that you expect to take an investment of time and money. Treat the bees like pets, sometimes pets get sick and need medications. Bees are domesticated insects, they have been around for thousands of years providing us with honey, and they need our help."

— Leo Lockhart of Lockhart Honey Farms with hives located along Fountain Creek and the Arkansas River.

## Challenge

If there is something you are afraid of because of a bad experience, possibly inaccurate information or someone else's bad experiences, you might consider learning more about it. Maybe you will find your fear to be unfounded and be able to eliminate or at least minimize it. I know when I see a honeybee now, I will be much less likely to overreact. I realized I had grouped them into the "all flying insects that look sort of like bees are absolutely planning on hurting me, so scream and run, now!" category. Take a look at something, or maybe someone, that scares you and find out more.



# A Look Inside the Artist

## Pat Wiles, diverse artist

by Mary Shell

What can I say about Pat Wiles? She is a well-rounded artist and is excellent in everything she creates. Diverse in all aspects of creating she has the talent, eye, and experience to do all art very well. Being able to create all subjects with ease takes years of experience and perseverance. There are not too many artists who can accomplish such excellent work in anything they attempt, but Pat does, and does it well. She is graceful and fluid in her creations and makes it look so easy.

## What is your favorite subject?

*As a kid I wouldn't draw anything but horses and more horses. Now I can honestly say that I will paint anything of interest and I truly like to test myself. Things like old wood, rust and reflections on windows can capture my attention in a heartbeat as well as anything scenic. Right now, I'm painting chickens!*

## What is your favorite medium?

*Occasionally, I think I want to try something different and I might pick up oils, acrylics or any new thing on the market, however, I am and will always be a watercolorist.*

## Do you find it difficult creating custom art for clients?

*Custom work is bread-and-butter to an artist, and I can create anything from a mural such as the Tilde mural I painted across from Pizza Madness to a portrait of your child or pet. For years I did scenery for the Fremont Civic Theater and that is the epitome of seeing what another person wants and transcribing it to a large surface.*

## What is your favorite work?

*There have only been two paintings that I have liked so well that I decided to keep them for myself. One was of a Minnesota red barn in the snow and the other a picture of my two children called "Read to me Robert." Both were destroyed in a fire in my home last December. But like many paintings that I have liked and sold, I have always thought, "Well if I ever want another one, I own the factory!"*

## What took the longest to complete?

*I have always said, "It does take me all day to do what I do all day," and that is sort of like watercolor. You can start and complete a painting in a matter of hours. Probably the most time I've ever spent on a watercolor was the first, a very realistic Rocking Horse in the Attic painting that started my career as a professional artist. Difficult to create — the most difficult thing I ever tried to do was take an oil painting class with a teacher who set up a still life and then walked out of the room and said "Paint." I had never used oils and had no idea how it was done. I made mud. Consequently, I am not an oil painter. It*



*did however totally change the way I teach. When I teach a class, I show everyone how to use each brush and exactly how to get each different technique.*

## What is your preferred size?

*I don't really have a preferred size; I work from miniatures 5 x 7 to murals 25 x 30 and enjoy them all. Normally however I will work in a 16 x 20, 20 x 28, or 28 x 36-inch format.*

## What would you like to try?

*On my bucket list is an around the World tour, painting in every country. I have been practicing for this by painting with a wonderful plein air group who work in different locations every week.*

## Who is your favorite artist?

*As a child, I loved the work of Remington and Russell. They re-created a world of indigenous people so that others could see how they lived. I was able to do this myself with a series of paintings I created called the Amazons. Now my favorite artists are my peers. I love the color and technique of Colleen Bobinac, The expertise of Jim Red Hawk and Phyllis Waltman's horses. You don't have to look very far to find excellent artwork in our community.*

## What age did you get started as an artist?

*My mother was a very well-known watercolor artist in the northwest. She taught watercolor on Princess Cruises and showed in the Frye Art Museum in Seattle. As a very young child, I joined the art classes she taught to go paint Iris at the neighbor's houses. She could do anything in the art world from photo retouching to a multitude of crafts. There was never anything she did that she didn't allow me to join in on and she was constantly trying*



*new things. Consequently, I teach children's art classes every summer and I can make over 100 things with a paper plate.*

## What is your biggest fear in creating art?

*I truly am not afraid of anything but cockroaches. However in the art world, every time you show a painting as a realist, you set yourself up for criticism. Everyone knows what a cow looks like and will tell you if you've got it wrong. I guess my biggest fear is getting it wrong!*

## How would you describe your work?

*I would describe myself as being an adventurous realist and my work as an eclectic mixture of my life and times.*

## I know you illustrated a children's book, any others?

*I have illustrated dozens of children's books. Including the Cowgirl Peg series of horse stories, several by Terry Palm including my favorite, Norman for Mayor.*

## How long have you been painting?

*At 76, I can honestly say I have been painting forever. I began my professional career on the art show circuit in my 20s and other than several occasions where I had to get various jobs to support my art, I continued that for nearly 40 years. I spent 20 years on the women's circuit with my Amazon series showing at festivals throughout the United States. Currently I am retired from the art show circuit and showing my work in galleries, the Artist Gallery in Cañon City and the Blue Spruce Gallery in Florence. I will be showing my work at one more festival, however, the Abbey Harvest Festival in September. (It has not been announced yet but should be before publication, that I am the first person ever to win the label contest two years in a row.)*

# FILL UP SPECIAL

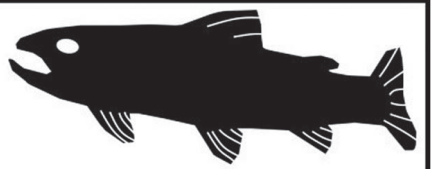
## VOLUME DISCOUNTS

# Global Propane

**\$1 699**  
**Gallon**  
500 GALLONS PLUS

**(303) 660-9290**  
Family Owned Business

# Tumbling Trout Fly Shop



# GUIDED FISHING

Private Property and BEYOND!  
**(720) 363-2092**

# We're on the web!

- Current Issue
- Old Issues
- Where to find us
- Employment Opportunities



[www.utecountrynews.com](http://www.utecountrynews.com)

# School Supply Drive

Suggested items:

- |                       |                      |                                  |
|-----------------------|----------------------|----------------------------------|
| • Backpacks           | • Glue/glue sticks   | • Masks                          |
| • Lined notebooks     | • Rulers             | • New Underwear                  |
| • Loose-leaf paper    | • Crayons            | • New Socks                      |
| • Ballpoint pens      | • Calculators        | • Highlighters                   |
| • #2 Pencils, Erasers | • Ear buds           | • Permanent and washable markers |
| • Pencil sharpeners   | • Hand sanitizer     | • Tissues                        |
| • Scissors            | • Disinfectant wipes |                                  |

One Nation Walking Together School Supply Drive, June through August, help ONWT provide native children with the tools to succeed!



Drop-off donations at:  
3150 N. Nevada Ave.  
Colorado Springs, CO 80907  
719-329-0251 [laura@onenationwt.org](mailto:laura@onenationwt.org)



# VISITS WITH HISTORY

*A Series of Sunday Educational Programs*

Presented by the Cripple Creek District Museum  
& City of Cripple Creek



**Sundays at 2 p.m.**


**DATES:**  
**JULY 18**  
**AUG. 8 ~ AUG. 29**  
**SEPT. 12 ~ SEPT. 19**  
**OCT. 10**

**AT THE**  
**CRIPPLE CREEK**  
**HERITAGE CENTER**  
**NORTH HIGHWAY 67, CRIPPLE CREEK**

**FREE admission\***


**\*To make a reservation,**  
**Call 719-689-9540**  
**or visit CrippleCreekMuseum.com**












## Heart of the Rockies Regional Medical Center news

### AANA Distinguished service award

Robert E. Hunter, M.D., past president of the Arthroscopy Association of North America (AANA), accepted the AANA Distinguished Service Award at the joint annual meeting of the American Orthopaedic Society for Sports Medicine (AOSSM) and AANA, the AOSSM-AANA Combined 2021 Annual Meeting Friday, July 9 in Nashville, Tennessee.



The newly created award is presented to an AANA Member for their exceptional service in leading an initiative or project for the organization, the orthopaedic community or community at large. Dr. Hunter is recognized for the inaugural award for being instrumental in leading the lobbying and advocacy efforts that ultimately resulted in AANA receiving \$2.5 million in federal appropriation. This federal appropriation was used to support a pilot program that would improve education and training for military Orthopaedic Surgeons.

The AANA Distinguished Service Award, in addition to recognition at the annual meeting, also grants a donation of \$2,500 to be given to the organization of their choice. Dr. Hunter has appropriately chosen the donation to be given to the Heart of the Rockies Regional Medical Center Foundation, an organization that provides financial resources to enhance Heart of the Rockies Regional Medical Center (HRRMC) in Salida, Colorado, Dr. Hunter's hometown.

"I cannot think of a more worthy recipient of this inaugural award than Dr. Hunter," says Laura Downes, CAE, AANA CEO. "His passion, dedication and unwavering leadership to AANA's advocacy efforts and related initiatives are inspirational. The essence of this award can be summarized through Dr. Hunter's diligent actions."

AANA is an international professional organization of more than 6,500 Orthopaedic Surgeons and other medical professionals who are committed to advancing the field of minimally-invasive orthopaedic surgery to improve patient outcomes through education, research and advancement.

### HRRMC Foundation awards three \$2,500 scholarships

Heart of the Rockies Regional Medical Center Foundation recently awarded three \$2,500 scholarships to Ethan Coit, Poppy Thorpe and Caleb Richardson via

the Charles J. Forster Scholarship program. Ethan Coit is a Salida High School graduate and currently attends medical school at the University of Colorado School of Medicine in Aurora. Coit has been involved with ongoing research on inflammation of the lungs, and also volunteers at a student-run health clinic in Denver.

Poppy Thorpe currently works as a medical assistant at First Street Family Health in Salida while also pursuing a nursing degree. The scholarship committee was impressed with her commitment to healthcare and her dedication to advancing her career while working full time and raising a family.

Caleb Richardson of Salida is a molecular biology major at Grove City College in Pennsylvania. He has shown great initiative in becoming a physician by creating opportunities to observe or work in healthcare clinics and hospital departments. He is currently beginning his own research project with a peer on ulcerative colitis and Crohn's disease.

The Charles J. Forster Scholarship was previously known as the HRRMC Foundation Scholarship until this year, when the HRRMC Foundation board renamed it in honor of Charlie Forster, who was deeply involved in the expansion of HRRMC as a healthcare facility, and as an HRRMC and Foundation board member. The scholarship is available to any college or university student who lives or has lived within the Salida Hospital District, encompassing Chaffee, western Fremont and northern Saguache Counties. Applicants must demonstrate a commitment to the healthcare field with a minimum of 24 college credit hours and a minimum grade point average of 3.2.

FMI, contact Foundation Director Leslie Burkley at 719-530-2218.

### HRRMC displays watercolor paintings of Louise Medved

A collection of paintings from Salida artist Louise Medved are currently on display at Heart of the Rockies Regional Medical Center (HRRMC) through September 30.

Medved, which translates to "bear" in Croatian, began expressing herself through art at an early age. She enjoys sketching, watercolor and acrylic mediums; her colorful work displayed at HRRMC focuses exclusively on watercolor. "I'll often start my paintings from a light sketch or photograph, then work in short spurts — often around 30 minutes — placing small drops of color on the paper or canvas and leaving white space in between," said Medved. "After a short time, I'll step away to wander and explore for more inspiration and to further develop and bring each painting to life."

Per Medved, this method of painting allows the viewer to visually blend colors together and experience her work in a dynamic, evolving way from various distances and angles.

Medved is a 29-year resident of Salida, and has visited every place she has painted, so as to have the most authentic vision possible for her work.

HRRMC displays the work of regional artists each quarter, with an emphasis on the Arkansas Valley. Call 719-530-2217 for more information on exhibiting art at HRRMC.



**Start a new adventure!**

**1% CASH REBATE\***

**&**

**NO payments for 90 DAYS\***

**Auto loans made simple with a built-in stimulus just for you.**



**720 W. Midland Ave**  
**Woodland Park**  
**(719) 473-5962**  
**www.pikespeakcu.com**

\*Offer is for a limited time only with approved credit. Interest rates are subject to change without prior notice. Valid on in-house auto loans only. Must be a new loan, no refinances of current loans with PPCU qualify. Rebate is calculated as 1% of the total loan amount. Interest will continue to accrue during payment deferral period. Loan must remain at PPCU for a minimum of 120 days or rebate amount will be added to the loan payoff. Other restrictions apply.



## Obituary

### Ricardo Jose Batista

Ricardo (Rick) Batista, 69 of Florissant, CO left this Earth with a BANG on Tuesday June 29, 2021, on the side of a mountain on the Little Blue Creek Highway Project on Highway 50 near Gunnison, CO doing what he loved. The rock that he loved to blow up finally beat him.

Rick was born February 24, 1952, in Manhattan, New York to Joseph Batista, a Blue-eyed Portuguese and Elizabeth Newton who was Jamaican. After High School in 1969, Rick worked on the Johnson Tunnel on I-70 as a Powder Monkey (adjoins Eisenhower Tunnel), the company transferred him to Vietnam to destroy bunkers and blow-up fire bases when the military withdrawal from Vietnam began. When he got back to the states, he found his draft notice, so he enlisted in the Army. Rick went to Ranger School and then on to Special Forces and Delta Forces. He stayed in until October 10, 1979, as a Staff Sergeant. Rick was very proud of his time in the military and serving his country.

Early in his career, Rick was the explosives engineer for Jefferson County for 5 years. In 1980, he founded his own company BlackWing Blasting, and for the next 41 years earned a reputation for being one of the hardest working, honorable, and brutally honest men around. So many contractors would call and say they heard he was the *best blaster in the state*, so they were going to use him, especially if it was a real technical project.

In 1990, Rick was contracted to blast a road and tunnel to re-open the Yule Marble Quarry, where the marble for the tomb of the Unknown Soldier was taken from. They called this, "The road that couldn't be built." Well, they obviously did not

know Rick. He built it! Rick was a rare combination of someone who had a love of life and a firm understanding of what was important — the simplicity of living a life with those you love and being a provider. Rick was also one with MANY opinions and was not shy to let anyone know his stance on anything and boy, did he have stories! If you have ever in your life had the pleasure of meeting Rick, even once, you know without a doubt what he thinks. You should also know that he would give his shirt off his back to help you. Rick was what would be called a gentle giant. His goal in life was to teach hard work ethic and the skills of his game to the next generation so that they too, could continue to provide for their families as he did for them.

Rick lived in Teller County for 30 years, raising his family and blasting for just about every excavator in Teller and Park Counties. He made a lot of friends!

Rick could blow up anything; caverns, amusement parks, snow for the COG Railroad and rock on Pikes Peak. He blasted for the new Summit House on Pikes Peaks, house foundations, wells and leach fields, cement mixers and the sides of the cliffs to make the roads safer. He blasted for almost every casino in Cripple Creek and many in Black Hawk and Central City. There was not anything that Rick could not fix, if someone said it was impossible, Rick made it possible.

Rick was a member of the International Society of Explosive Engineers (ISEE) since 1985, Founding member of ISEE Colorado Chapter, Elks, Ex-Commander



of The American Legion in Cripple Creek, Assistant Instructor for the Edgar Mine at Colorado School of Mines, Member of Thesis Committee for graduate students at Colorado School of Mines, Co-wrote Colorado Department of Labor Blaster Test (first draft), and helped develop non-electric Blasting Cap Technology.

Rick is survived by his wife and soul-mate Fawn Batista and best friends Max and Bailey of Florissant, CO; daughter Bernadette (Mark) Losh, who lives in Billings, Missouri; sons Joseph Batista, Jared and De Anna Hartzell, and Kevin Hartzell. Grandchildren Christopher, Austin, Kerry, Caiden, Christian, Hunter, Noah, Lexi and great-grandson Theo. He was preceded in death by his parents, son Brian and grandson Julian.

## LOG HOME RESTORATION



Media Blasting | Staining  
Chinking | Sealing  
Rebuilding Decks and Railings

Paul Schmucker  
(719) 580-8094

pjhitchingpost@gmail.com

HITCHING POST

## Divide COLLISION CENTER

Auto Body and Paint Repair • Insurance Claim Estimates

**WE DO IT ALL!**

Hundreds of Satisfied Customers  
Boat Repairing & Refinishing  
Plastic & Fiberglass Repair  
RV Body & Frame Repair  
All Insurance Companies  
All Types of Painting  
Hail Damage Repair  
Auto Glass Service

**FREE Estimates!**



**178 Weaverville Rd., Divide**  
**(719) 687-7683**

## TOTALLY RADICAL MUSIC



**80's HITS**

Find us on  
**Facebook**

**COLORADO STRONG | COLORADO PROUD**

**Heart of the Rockies Radio Group and Media Center**  
**719-539-2575 | 7600 CR 120, Salida, CO 81201**

**Did you enjoy what you read?**  
**Please thank our advertisers!**



## TIMBERLINE

### Spraying & Mitigation Services

"Saving The Forest One Tree At A Time"

Keep our forests healthy and beautiful with Mitigation



CALL TO SET UP AN APPOINTMENT TO GET A PROPERTY EVALUATION FOR WILDFIRE RISK AND TREE HEALTH.

All estimates are free with no contract.

Timberline specializes in a variety of services including but not limited to:

- Tree Removal & Trimming
- Forest Floor Clean up
- Firewise Mitigation
- Forestry Mitigation
- Slash Removal
- Chipping
- Tree Climbing



## Obituary

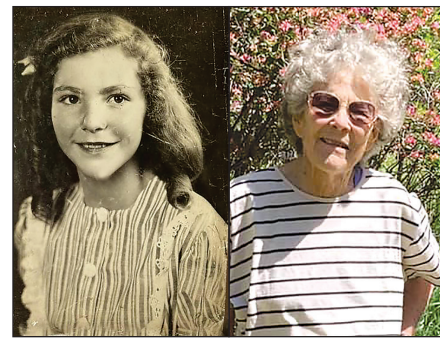
Mary Ann Davis - March 5, 1936 - June 24, 2021

Mary Ann was born 85 years ago at St. Francis Hospital in Colorado Springs. She was a lifelong resident of Green Mountain Falls, third generation to live in the 1888 family home, "Hartsholme."

Mary Ann attended Manitou High School and received her BA degree from the University of Colorado Boulder. She married Manitou classmate Jack "C" Davis Jr. They raised three daughters and devoted their lives to their educations and upbringing. She was a talented artist, seamstress, award-winning quilter, and partnered with Jack in the family business.

Mary Ann was a founding member of the Ute Pass Historical Society, as was her mother Dorothy Hart Conn. She followed in her parents' footsteps as an energetic community volunteer including work for the Ute Pass Elementary School and The Colorado Springs School. She was an El Paso County election judge for many years. Most recently, she worked as the nursery nanny for Church in the Wildwood.

Mary Ann was a fount of knowledge about local history and an author of history books about the Ute Pass Region and its residents. Known for her welcoming smile, kind heart, and strong spirit, she was cherished by her family, friends, and



her beloved Ute Pass community.

She is survived by her husband Jack, their three daughters and sons-in-law, four grandchildren, four nephews and a niece, her sister Margaret Edna Conn Kwapil, and Jack's sister and her husband.

She was preceded in death by her parents, Malcolm and Dorothy Hart Conn and her brother, Malcolm Conn IV, "Baby Brother."

Plans for a summer memorial reception are pending. Donations in lieu of flowers may be sent to the Ute Pass Historical Society in Woodland Park and the National Jewish Hospital (renowned for respiratory health) in Denver. Mary Ann will be laid to rest at Memorial Gardens near her parents.

## Quilts in the Aspens

The 15th Annual show of Woodland Park's Quilters Above the Clouds Quilt Guild will be held Saturday, August 14 from 9-4 p.m. at the Woodland Park Middle School, 600 E. Kelley's Road. More than 100 quilts will be featured and ribbons awarded in several categories.

Bed quilt entries will be displayed as either small, medium or large. Wall quilts will also be categorized as small or large by their perimeter size. Art quilts are designs that are layered, stitched and originate from the creative mind of the quilter rather than from a kit, class or commercial pattern. The Etc. category runs the gamut of quilted fabric items from wearables to home décor to practical use items. Youth entries made by those aged 16 and under will be shown.

This show features a number of special exhibits. Our guild's challenge quilts "Where Do You Call Home" will be on display. "From Past to Present" quilts will be displayed and are made from long forgotten fancy linens, orphan blocks or tops. A collection of vintage quilts will be lovingly shown and described in an old-fashioned bed-turning. Demonstrations of quilting techniques will take place throughout the day.

Are you wondering about our guild and what we do for the community? We will have a display of our Charitable Causes quilts and information about our guild.

Quilters and sewers will have the opportunity to browse the fabrics, kits, tools and techniques offered by area quilt shops. Visitors can start their Christmas shopping early at the guild's boutique. Also this year, guild members



Above: 2019 President's Award Quilt.  
Cover: A Moose for All Seasons is our raffle quilt.

will have quilts of various sizes for sale.

We will have our raffle quilt "A Moose for All Seasons" on display. Tickets are \$1 each or 6 for \$5. Perhaps you saw this quilt hanging in Tweeds this winter and spring; it really is a showstopper.

Admission to the all-day show is \$5 for adults and children under 12 are free. Your admission ticket gives you entry into door prizes and a ballot to vote for your favorite quilt in each category.

FMI, please visit our website [quilters-above-the-clouds.com](http://quilters-above-the-clouds.com)

## Adopt Me by SLV Animal Welfare Society

### Gentle, Giant George

This is Gentle, Giant George. He is 3 years old, weighs about 145 pounds, the size of a small heifer. Gentle Giant George was raised by an irresponsible breeder; he has splayed legs, which don't seem to bother him. He loves children, adults and other dogs. Gentle, Giant George is neutered, chipped and current on all vaccinations. You may meet him at our shelter or if you are committed to adopting him, we can transport him to 5020 N. Nevada Ave. Petco in Colorado Springs on any Saturday. We also have 8 other Great Danes who would love to go to their forever home. FMI 719-587-9663 (woof).

This space donated by the Ute Country News to promote shelter animal adoption.



## Take fire mitigation bite-by-bite

by Coalition for the Upper South Platte

Here we are; another summer, another drought, another extended fire season. You can't avoid it; from the smoke in the air to the horrifying news stories. Fires in Oregon are so big they are actually creating their own weather. Ouch! What can we do to help our community and our homes? Sometimes it can seem overwhelming, but just like eating an elephant, you have to take it one bite at a time. (Seriously, we'd NEVER eat an elephant, but you get the idea.)

### Start by doing what is simple:

- Post your address. Not just the really cool stone or metal sign featuring a silhouette of elk bugling. But rather, an address sign on the main access road, made with reflective numbers, and visible at night through smoke.
- Connect with your neighbors. You remember those folks you had to avoid last year? Give them a call or have a street corner meeting. Find out if they need help with mitigation and/or evacuation or let them know if you need help.
- Sign up for emergency alerts. Check with your local law enforcement and fire department for their alert methods. If you are going on vacation, consider signing up for the vacation location alerts.
- Make plans for evacuation. Your usual route may not be available in an emergency, what is the alternate plan?
- Set a meeting spot. If your household, and your neighbors, get split up and cannot get back home, how will you connect? Remember that cell phone towers may be impacted or just overwhelmed.
- Document your belongings. Take a video or photos of your stuff. Don't forget closets, cupboards, hiding spots under the bed. Then be sure to upload the information to the cloud, or an

external backup that can be stored in a secure and fire/water-proof location.

- Check your insurance. Is everything up to date? Have you added the new pandemic guitar or other hobby?

### Next, spend a couple hours:

- Pack your "go bag" — What do you need for several days if you are required to evacuate? Get it packed and ready to go. (We're told that most people forget underwear, which might seem minor but certainly a comfort in an emergency away from home.)
- Take a look around — Give your residence and property a once-over with a new perspective. What hazards can be addressed? Is it a matter of cutting the grass, or is a new roof warranted? The Colorado State Forest Service has many resources to get you started. <https://csfs.colostate.edu/wildfire-mitigation/home-ignition-zone-checklists/>
- Write it down — Have a plan, set priorities. What bites will have the most impact?

### Get busy:

- Based on your plan, what can be done first? Trim tree branches, rake leaves and pine needles away from the structure, move the wood pile at least 30 feet away from the structure (think of all the warming exercise you'll get during the winter).
- Clean the gutters or better yet, hire a professional to clean the gutters.
- Remove debris. Get a leaf blower to get all those pesky, and highly flammable, little pine needles away from the house, in the deck gaps, out from under the deck.
- Mow the grass (this one is ongoing) or hire a goat to keep the vegetation to a manageable four-inch height.



- Cut some trees. Maybe the most challenging step for many, however very necessary. Pay particular attention to trees near your escape route. Will they fall and block your exit? Get rid of those dead and dying trees. Thin out the trees and they'll be healthier in the long run.

A deep dive — Home Ignition Zone also known as defensible space, assessment. A critical look at how your house will fare in a wildland fire. The Colorado State Forest Service can assist with an assessment, as can most fire departments.

Above all, get started! Star taking those bites and take control of your home's ability to survive a wildland fire.

Did you enjoy what you read?  
Please thank our advertisers!

**NOW OPEN FOR THE SEASON!**

## FLORISSANT FOSSIL QUARRY

(719) 748-3275

Toni Clare  
Nancy Clare Anderson  
P.O. Box 126/18117 Teller Co. Rd. 1  
Florissant, CO 80816  
[FlorissantFossils@yahoo.com](mailto:FlorissantFossils@yahoo.com)

Summer Hours:  
Open Daily & by Appointment  
On-Sight Collecting:  
Groups, Schools, Individuals  
Supplying:  
Museums, Schools, Shop, Collectors

## DayBreak

An Adult Day Program

Now Accepting New Participants

Love Patience Acceptance  
Respect Humor Community

give! A+ ACCREDITED BUSINESS Find us on Facebook

404 N. Highway 67  
PO Box 4777 | Woodland Park, CO 80866  
719.687.3000 | [www.daybreakadp.com](http://www.daybreakadp.com)

## TRUTH & LIBERTY COALITION CONFERENCE

## September 10-11

Charis Bible College | Woodland Park | [TruthandLiberty.net/Patriots](http://TruthandLiberty.net/Patriots)

- Be encouraged and motivated by powerful keynote speakers!
- Get equipped at workshops facilitated by influential leaders.
- Get mobilized and connect with Christian conservative groups.
- Experience an awesome dramatized commemoration of 9/11.



# 2021 Public Shooting Days

Hosted by the Teller County Shooting Society at the Gold Camp Shooting Sports Center

10 AM to 3 PM

August 1, 7, 8, 9, 14, 15, 22, 28, 29;  
September 4, 5, 11, 12, 19, 25, 26;  
October 2, 3, 9, 10, 17, 23, 24, 31;  
November 6, 7, 13, 14

Adults - \$15.00 per day    18 and under \$10.00 per day

\*\*\*\* Be sure to visit [www.tcss-co.org](http://www.tcss-co.org) for schedule updates \*\*\*\*



The GCSOC is located at 1805 Teller CR-81, one mile south of the KOA campground.





WANT TO BE A BETTER VERSION OF YOURSELF?

Discover Your Own Path, so You can Feel More Comfortable, Confident & Peaceful. You will learn valuable tools & how to use them to Make a Difference in Your Life. Get New Perspective Quickly.

- RN • Psychotherapist • Brain Injury Specialist
- PLT (Past Life Regression Therapy) • Healing from Trauma
- Quit Smoking Hypnosis (and other habits)
- EMDR (Eye Movement Desensitization Reprocessing) • Hypnosis

## Find Hope, Freedom & Peace.

Cell: 719-510-1268  
Web: [journeycounselingcenter.com](http://journeycounselingcenter.com)



Barbara Pickholz-Weiner

The Mountain Artists 36th Annual

# MOUNTAIN ARTS FESTIVAL

Woodland Park, Colorado

Saturday, August 7  
10 am – 5 p.m.

Sunday, August 8  
10 am – 4 p.m.

Ute Pass Cultural Center  
Woodland Park

Artwork from local and national artists  
Jewelry, Woodworks, Photographs, Paintings,  
Pottery, Metal and Fiberworks  
Bid on items in the Silent Auction

FREE ADMISSION

Mountain Artists is a 501(c)3 organization supporting and promoting the arts in the community.

Information: [mtnartsfest@gmail.com](mailto:mtnartsfest@gmail.com)    [www.themountainartists.org](http://www.themountainartists.org)

# HARTSEL DAYS

# 2021

AUGUST 28TH ~ 8AM-4PM  
AUGUST 29TH ~ 8AM-2PM

Pancake breakfast both days, parade 8/29, vendors, kids' activities, bed race, book and bake sale, duck race, live music, panty polka, hooptie car contest, fire auxillary rummage sale, cowboy church, AND MORE!!



# Musings Along the Way

## Let's dance!

by Catherine Rodgers

*I sometimes forget that I was created for joy My mind is too busy My mind is too heavy Heavy for me to remember That I have been called to dance The sacred dance for life.*

*I was created to smile To love To be lifted up And lift others up.*

*O sacred one Untangle my feet from all that ensnares Free my soul That we might Dance And that our dancing Might be contagious.*

— Hafiz

Per *Forbes* magazine, February 2017, by Alice Watson, “OM (also called mindfulness meditation), you watch your thoughts non-judgmentally, acknowledge them, and then (theoretically) let them go.” (Dr. Bolte Taylor says that waiting 90 seconds for a reactive emotion to subside allows it to dissipate.) Watson continues, “mindfulness meditation can actually deactivate the brain regions that are thought to underlie mind chatter, the default mode network (DMN) which is active when our brains are just idling and flitting from thought to thought.”

I practice approaches that focus on affirmative prayer and the good we desire. I have trained my monkey mind to shift its concerns from survival, protection, security or trying to control the outside world to conform to what we like or consider safe, to passing the hat of abundance and grinding the hurdy gurdy of affirmations. “Everything is always working out for us. I am grateful for Divine Guidance that always leads us to our highest and best good. May we bless and forgive ourselves and others for making mistakes. May we choose love over fear. May all beings realize their connection with Source. May we be good stewards of our sacred planet and radiate blessings throughout the cosmos. May we realize our creative powers to transform the world and express wholeness and compassion. Recognizing the rich abundance flowing through my affairs, I rejoice in the circulation of good.” Let's dance!

By focusing my attention on my breath and shifting my identification from my left-brain ego to my higher-godlette self in the right brain, I rest in the Presence of the present. I aim to follow Chogyam Trungpa's lead in Shambala: *The Way of the Sacred Warrior*. “The sacred warrior conquers the world not through violence or aggression, but through gentleness, courage, and self-knowledge. The warrior discovers the basic goodness of human life and radiates that goodness out into the world for the peace and sanity of others.”

Contrast this with a conversation at a yard sale where I eavesdropped on a man from Memphis looking for knives or guns. A woman asked him what he was afraid of. He replied that he was going to take out anyone who came after him and his. “And who might that be?” “My neighbors. They know what I got.”

I wondered what this Tennessee volunteer could have that I might possibly want? I thought of my neighbors who hug me in hard times, bring me home-made preserves, jump start my car, plow my driveway, lend me a tool or a hand. I would never have survived without them. If one's hungry, I have bounty to share. Bored? Borrow all the books and DVDs you can carry like my friends did during the pandemic. However, I might start dueling with my poker if you try to abscond with the paintings by Rita Cirillo or Carl Ortmann that I got at Victor Celebrates the Arts. (REMINDER: LABOR DAY WEEKEND in VICTOR!) But otherwise, I manifest more than enough to share.

*“Well, you know the mind is nothing. The mind is only a bunch of thoughts. Thoughts about the past and the future. That is all the mind is. But the Heart is a center of stillness, or quietness, of Absolute Peace. Then you rest your mind in your heart, you feel a joy and a bliss that overwhelms you, and you will know. Surrender your mind to your Heart, and you will feel it.”*

— Robert Adams

Knowing that our word, our intention, is law in the universe, we can “relax and release” as Singer suggests and seat ourselves in the Witness Awareness. I would add RE-JOICE! Allowing the babble to subside like words written in water is a Buddhist meditation technique of Open Monitoring (OM).

# Make the most of summer at Mueller State Park

A wide variety of programs are offered to get you out hiking, looking, learning and playing! Guided hikes all over the park help visitors to see and experience the beauty of Mueller State Park. From the parade of wildflowers all summer, to the stories behind the homesteaders who built the log cabins, there's something of interest for everyone! For more interactive fun, try a program about fly-fishing, archery, pond safari, bird watching or children's programs. For history buffs, come to our Thursday night series of amphitheater programs about the history of the Pikes Peak Region or check out our full line up of amphitheater programs on many topics. A special topic on August 19 will be Women as Leaders in Colorado History!

A special event this month will be Western Heritage Day on August 14! The Mueller family raised cattle and horses here — a true picture of the American West. Before that, homesteaders who lived off the land farmed, raised livestock and made moonshine whiskey originally settled the park! We will celebrate our western heritage with activities from the old days@ Taste a sample of food cooked in a Dutch oven, make butter from cream, see a spinning wheel and loom in action, play old-time games, meet live animals and much more! Ages 5-12 can go on a pony ride! Youngsters can compete in a stick horse rodeo! Visit the historic Cheesman ranch by hayride! Read on for a full list of programs.

**4 Pond Safari** meet at 10 a.m. at Dragonfly Pond.

**5 Outlook Ridge Sketching Hike** meet at 8:15 a.m.\*

**5 Fly Fishing** meet at 10 a.m. at Dragonfly Pond.

**5 History of Colorado: Energy** meet at 8 p.m. Amphitheater.

**6 Hike: Preacher's Hollow** meet at 9 a.m.\*

**6 Hug-a-Tree** meet at 2 p.m. Visitor Center.

**6 How to Build a Campfire** meet at 7:30 p.m. Amphitheater.

**7 Hike: Cahill Loop** meet at 8 a.m. at Grouse Mountain TH.

**7 Archery** meet at 1 p.m. Dragonfly Pond.

**7 Hike: Geocaching** meet at 3 p.m. School Pond TH.

**7 Wolf Biology** meet at 7 p.m. at Amphitheater.

**8 Animal Touch Table** meet at 10 a.m. Camper Services

**9 Nature Painting** meet at 11 a.m. Visitor Center.

**10 Hike: Trees of Mueller** meet at 9 a.m. Preacher's Hollow TH.

**10 Skins and Skull Touch Table** meet at 11 a.m. Visitor Center.

**11 Hike: Geer Pond** meet at 9 a.m. Lost Pond TH.

**11 Make Your Own Animal Track** meet 1 p.m. Camper Services.

**12 Hike: Brook Pond** meet at 8:30 a.m. Visitor Center.

**12 Hike: Homestead Loop** meet at 10 a.m.\*

**12 Watercolor Painting** meet at 2:30 p.m. Visitor Center.

**12 Ghost Towns of the Pikes Peak Region** 8 p.m. Amphitheater.

**13 Archery** meet at 2 p.m. Dragonfly Pond.

**13 Lions, Tigers, & Bear, Oh My!** 8 p.m. Amphitheater.

**14 Western Heritage Day** 10-2 p.m.

**15 Nature Bingo** meet at 10 a.m. Camper Services

**16 Bird Walk** meet at 8:30 a.m. Elk Meadow TH.

**16 Hike: Grouse Mountain** meet 9 a.m.\*

**16 Bear Hike** meet 7:30 p.m. Grouse Mountain TH.

**17 Hike: Preacher's Hollow** meet 10 a.m.\*

**18 Hike: Osborn Homestead** meet 9 a.m. Black Bear TH.

**18 Skin and Skulls** 1 p.m. at Visitor Center

**19 Hike: Rock Pond** meet 8:30 a.m. Visitor Center

**19 Birds of Mueller Touch Table** meet 10 a.m. Visitor Center.

**19 Hike: Dynamite Cabin** meet 2:30 p.m. at Grouse Mountain TH.

**19 Women as Leaders in Colorado History** 8 p.m. Amphitheater.

**20 Fly Fishing** meet 10 a.m. Dragonfly Pond.

**20 Tracks and Trailing** meet 2 p.m. Camper Services.

**20 Wilderness Survival** meet 7:30 p.m. Amphitheater.

**21 Hike: School Pond** meet 8 a.m.\*

**21 Forest Bathing** meet 9:30 a.m. Visitor Center.

Center.

**21 Camp Cooking** 11 a.m. at Lost Pond Picnic Area.

**21 Archery** meet 1 p.m. Dragonfly Pond.

**21 Raptor Center** meet 7 p.m. Amphitheater.

**22 Make Your Own Track** meet 10 a.m. Visitor Center.

**23 Smokey Bear Hike** meet 2 p.m. Lost Pond TH.

**23 Hike: Cahill Loop** meet 9 a.m. at Grouse Mountain TH.

**23 Pond Safari** meet 1 p.m. Dragonfly Pond.

**25 Watercolor Painting** meet 2 p.m. at Visitor Center.

**25 Harmonica Man** meet 7 p.m. at Amphitheater.

**26 Hike: Geer Pond** meet 9 a.m. Lost Pond TH.

**26 Prehistory of the Pikes Peak Region** meet 7:30 p.m. Amphitheater.

**27 Fly Fishing** meet 10 a.m. Dragonfly Pond.

**27 Archery** meet 1 p.m. Dragonfly Pond.

**27 Nature Crafts** meet 2 p.m. Camper Services.

**28 Hike: Outlook Ridge Mash Up** meet 8 a.m.\*

**28 Skins and Skulls** meet 3 p.m. Camper Services.

**28 A Night Under the Stars** meet 8 p.m. Visitor Center.

**30 Wildlife Safety Hike** meet 6:30 p.m. Grouse Mountain.

**31 Animals of Mueller Touch Table** meet 9 a.m. Camper Services.

\*Indicates to meet at the Trail Head (TH) of the same name.

Mueller events are free. However, a \$9-day pass or \$80-annual pass per vehicle is required to enter the park. FMI 719-687-2366.

## We're BACK!!

### Little Chapel Food Pantry

### "End of Summer "

### Golf Tournament

Door Prizes!    Hole-in-One Prizes!

Silent Auction!

Closest to pin, longest drive, straightest drive, and other fun contest prizes!

The Little Chapel Food Pantry meets a vital need in your community. By participating in this golf tournament you will be a part of helping hundreds of families get the food that they need...while having a great time!



## Please Join Us!

Get "teed off" for a good cause! All proceeds go to support the Little Chapel Food Pantry!



### Golf Tournament Details

**Format:** Four Person Scramble

**Cost:** \$100 per person (Golf cart and lunch included)

**Location:** Shining Mountain Golf Club  
100 Shining Mountain Lane, Woodland Park

**Date & Time:** August 30th, 9am  
**1st, 2nd, 3rd Place Payouts**

Contact Jude Brock for more information:  
(214) 274-3978  
[littlechapelfoodpantry.org](http://littlechapelfoodpantry.org)

## "End of Summer" Golf Tournament

### Little Chapel Food Pantry

### "End of Summer"

### Benefit Golf Tournament

Previous golfers in this tournament said it was the most fun they ever had at a benefit tournament!

7:00 am Check-in begins

Get "Teed-Off" for a good cause!

Monday, August 30th, 2021

9:00 am Shotgun Start

# GOLF TOURNAMENT



## ~OUT AND ABOUT~

Check out these activities going on right here in this area. If you know of an activity we should include, please call us at 719-686-7587 or email us at [utecountrynewspaper@gmail.com](mailto:utecountrynewspaper@gmail.com).

### VIRTUAL OPPORTUNITIES COMMUNITY PARTNERSHIP

- FREE Yoga with Leah 10-11 a.m. Mon via zoom. FMI Jamie@cpteller.org.
- Playgroup 10:30-11 a.m. Mon via zoom. Parent or caregiver with children ages 5 & under. FMI Cory@cpteller.org.
- 5 Circle of Parents Kinship Connection 5-6 p.m. via zoom. Are you raising your grandchildren or kin? Do you feel like you are raising them alone? A place where you can find and share support. FMI AmyS@cpteller.org.
- 13 Crossroads of Parenting & Divorce 9:30-1:30 p.m. via zoom. Teller County court-approved divorce class. Registration fee required. RSVP 719-686-0705. FMI on Community Partnership programs 719-686-0705.

### NAMI COLORADO:

<http://www.namicolorado.org/>  
Suicide prevention: <https://suicidepreventionlifeline.org/> or 1-800-273-8255

### BUENA VISTA

- 7 UAS Club Central Colorado 9-10:30 a.m. at Central Colorado Regional Airport. FMI: 719-581-2010 or [ceuasclub@gmail.com](mailto:ceuasclub@gmail.com). Meets every first Saturday, usually at Central Colorado Regional Airport.
- 7 Mountain Mantra performs at The Roastery Stage 1 p.m.
- 12-15 Contin-Tail Gem, Mineral & Fossil Show 9-7 p.m. at BV Rodeo Grounds on Gregg Dr. FMI [www.bvrockshow.com](http://www.bvrockshow.com).
- 13 BV Heritage presents Friday Concert at the Farm featuring Kevin Cardinal 6 p.m. 829 W. Main St. Admission is by donation. Bring picnic/snack, lawn chair or blanket.
- 14 Blue Recluse performs at The Roastery Stage 1 p.m.
- 20 BV HOPE's meeting in person and via zoom. FMI [www.BVHOPE.org](http://www.BVHOPE.org).
- 21 Blue Rooster performs at The Roastery Stage 1 p.m.
- 21-29 Chaffee Arts Open Awards Show at the Heritage Museum Courthouse Gallery 506 E. Main. 11-5 p.m. FMI [www.chaffeearts.com](http://www.chaffeearts.com).
- 28 Midnight Carnival performs at The Roastery Stage 1 p.m.
- 4 Sept Goovespeak performs at The Roastery Stage 1 p.m.
- Comanche Drive-In Theatre 3 miles west on Hwy 306 has a

variety of activities this summer. FMI 719-395-2766 or [www.comachedrivein.com](http://www.comachedrivein.com).

### CAÑON CITY

#### LIBRARY

- 4 Free Legal Clinic 2-5 p.m. Call 719-269-9020 for appointment.
- B.O.O.K. Babies on our Knees Monday 10:30 a.m.
- Story time and craft Tuesday and Thursday 10:30 a.m.
- Virtual story time Wednesday 10:30 a.m.
- Lego Club 1st Friday each month 3-4 p.m.
- Break out box 2nd Friday each month 3-4 p.m.
- Studio! 3rd Friday each month 3-4 p.m.
- Chess Club Wednesday 2 p.m.
- New Neighbors Genealogy 1st Friday 1 p.m.
- Metaphysical Group 2nd and 4th Saturday 10:30 a.m.
- United Health Care 2nd and 4th Thursday 9:30 a.m.
- Fremont Brain Injury Support 1st Tuesday 12:30 p.m. All at 516 Macon Ave. FMI 719-269-9020

### COLORADO SPRINGS

- 18 Soul Asylum at Pikes Peak Center for the Performing Arts. FMI [www.soulasylum.com](http://www.soulasylum.com).
- 27-29 Comic Con at Broadmoor World Arena. FMI [www.cscom-iccon.com](http://www.cscom-iccon.com).
- STARGAZERS THEATRE
- 6 Firefall 6 p.m. doors open, 7 p.m. show
- 7 Tusk: Fleetwood Mac Tribute doors open p.m., 7 p.m. show
- 8 Tusk: Fleetwood Mac Tribute doors open 5 p.m., 6 p.m. show
- 14 Starburn doors open 6 p.m., 7 p.m. show
- 21 South for Winter — Songs for Sight Benefit Concert doors open 6 p.m., 7 p.m. show
- 26 Chris Duarte doors open 6 p.m., 7 p.m. show
- 27 Reckless Kelly doors open 6 p.m., 7 p.m. show
- 28 Yesterday: Beatles Tribute doors open 6 p.m., 7 p.m. show FMI [www.stargazerstheatre.com](http://www.stargazerstheatre.com)

### COMO

- 21 Boreas Pass Railroad Day see page 2.

### CRIPPLE CREEK

- 5 American Legion Post 171 meets the first Thursday of every

month at 400 Carr St. Food and refreshments at 5 p.m., meeting at 6 p.m.

### 8 The History of the Cripple Creek Mining District 2 p.m. at the Heritage Center. Presented by CCDM. FMI 719-689-9540.

- 13-14 Locomotive #20 from the old Florence & Cripple Creek Railroad will be at the Cripple Creek District Museum showing off the \$1.5 million restoration. FMI 719-689-9540.
- 14-15 The Cripple Creek Art Alliance Donkey Derby Days Art Show at the Heritage Center 9283 S Hwy 67. Hours 9-5p.m. FMI [cripplecreekartalliance@gmail.com](mailto:cripplecreekartalliance@gmail.com).
- 22 Mt. Pisgah Memorial Wall Dedication.
- 28 Night at Cripple Creek District Museum 6 p.m. See history come alive! Enjoy a guided walk through the CCDM and see many of the famous characters who helped make the Cripple Creek District "The Greatest Gold Camp in the World!" CCDM and the Gold Camp Victorian Society will be presenting an evening of entertaining stories and skits from the Gold Camp era. FMI 719-689-9540 or email [ccdm1953@gmail.com](mailto:ccdm1953@gmail.com).

### 29 An Historical Portrayal of a Miner 2 p.m. at the Heritage Center, presented by CCDM. FMI see page 20.

- GED classes Mon & Wed 1-3 p.m. FMI Jamie@cpteller.org or 719-686-0705.
- Trolley Tours 1 p.m. Saturdays through Labor Day. The 90-minute tours are \$10 per person for history and entertainment. Tickets can be purchased at Cripple Creek District Museum parking lot.

### 22 Mt. Pisgah Memorial Wall Dedication.

- GED classes 1-3 p.m. Mon & Wed. FMI Katy@cpteller.org.
- Pearson VUE Testing Center open 9:30-4 p.m. Mon. FMI Katy@cpteller.org.
- 13 Summer Happy Hour FUNdraising series 4-7 p.m. at Paradox Beer Company. Join us for a Santero Schelzer Party! Aloha State of Grinds will be serving up Hawai'i local favorites. Learn about all the awesome things Community Partnership has to offer, support local businesses and connect with old and new friends! FMI Jamie@cpteller.org.

### 22 Smokin' the Ute Pass Summit BBQ Contest & Fundraiser 12-2 p.m. at Paradox Beer Company. \$25 entry fee includes samples + 1 Paradox beer or soda. Presale tickets sold at Community Partnership and Colorado GearLab in WP. Sponsored by The Peak Antler Company & Paradox Beer Company. Proceeds benefit Community Partnership. Jamie@cpteller.org.

- Save the Dates! Sept 1-2, 22, 22-23 Save the Date! Parenting First Five Years 9:30-11:30 a.m. Build a strong bond to give your child a solid foundation to grow upon. Meal and childcare provided. FMI Cory@cpteller.org.
- All programs at Community Partnership unless otherwise noted. FMI 719-686-0705.

### 22 Friends at the Table Cookbook Club 11:30-1 p.m.

- Tai Chi 10-11 a.m. Mon
- Storytime w/Miss Beth 10 a.m. Fri
- Family Fun Fri 2-4 p.m. FMI 719-748-3939

### 18 Florissant Bookworms 10:30-12 p.m.

- 20 Friends at the Table Cookbook Club 11:30-1 p.m.

### 21 Tai Chi 10-11 a.m. Mon

- Storytime w/Miss Beth 10 a.m. Fri
- Family Fun Fri 2-4 p.m. FMI 719-748-3939

### 18 Florissant Bookworms 10:30-12 p.m.

- 20 Friends at the Table Cookbook Club 11:30-1 p.m.

### 21 Tai Chi 10-11 a.m. Mon

- Storytime w/Miss Beth 10 a.m. Fri
- Family Fun Fri 2-4 p.m. FMI 719-748-3939

### 18 Florissant Bookworms 10:30-12 p.m.

- 20 Friends at the Table Cookbook Club 11:30-1 p.m.

### 21 Tai Chi 10-11 a.m. Mon

- Storytime w/Miss Beth 10 a.m. Fri
- Family Fun Fri 2-4 p.m. FMI 719-748-3939

### 18 Florissant Bookworms 10:30-12 p.m.

- 20 Friends at the Table Cookbook Club 11:30-1 p.m.

### 21 Tai Chi 10-11 a.m. Mon

- Storytime w/Miss Beth 10 a.m. Fri
- Family Fun Fri 2-4 p.m. FMI 719-748-3939

### 18 Florissant Bookworms 10:30-12 p.m.

- 20 Friends at the Table Cookbook Club 11:30-1 p.m.

### 21 Tai Chi 10-11 a.m. Mon

- Storytime w/Miss Beth 10 a.m. Fri
- Family Fun Fri 2-4 p.m. FMI 719-748-3939

### 18 Florissant Bookworms 10:30-12 p.m.

- 20 Friends at the Table Cookbook Club 11:30-1 p.m.

### 21 Tai Chi 10-11 a.m. Mon

- Storytime w/Miss Beth 10 a.m. Fri
- Family Fun Fri 2-4 p.m. FMI 719-748-3939

### 18 Florissant Bookworms 10:30-12 p.m.

- 20 Friends at the Table Cookbook Club 11:30-1 p.m.

### 21 Tai Chi 10-11 a.m. Mon

- Storytime w/Miss Beth 10 a.m. Fri
- Family Fun Fri 2-4 p.m. FMI 719-748-3939

### 18 Florissant Bookworms 10:30-12 p.m.

- 20 Friends at the Table Cookbook Club 11:30-1 p.m.

### 21 Tai Chi 10-11 a.m. Mon

- Storytime w/Miss Beth 10 a.m. Fri
- Family Fun Fri 2-4 p.m. FMI 719-748-3939

### 18 Florissant Bookworms 10:30-12 p.m.

- 20 Friends at the Table Cookbook Club 11:30-1 p.m.

### 21 Tai Chi 10-11 a.m. Mon

- Storytime w/Miss Beth 10 a.m. Fri
- Family Fun Fri 2-4 p.m. FMI 719-748-3939

### 18 Florissant Bookworms 10:30-12 p.m.

- 20 Friends at the Table Cookbook Club 11:30-1 p.m.

### 21 Tai Chi 10-11 a.m. Mon

- Storytime w/Miss Beth 10 a.m. Fri
- Family Fun Fri 2-4 p.m. FMI 719-748-3939

### 18 Florissant Bookworms 10:30-12 p.m.

- 20 Friends at the Table Cookbook Club 11:30-1 p.m.

### 21 Tai Chi 10-11 a.m. Mon

- Storytime w/Miss Beth 10 a.m. Fri
- Family Fun Fri 2-4 p.m. FMI 719-748-3939

### 18 Florissant Bookworms 10:30-12 p.m.

- 20 Friends at the Table Cookbook Club 11:30-1 p.m.

### 21 Tai Chi 10-11 a.m. Mon

- Storytime w/Miss Beth 10 a.m. Fri
- Family Fun Fri 2-4 p.m. FMI 719-748-3939

### 18 Florissant Bookworms 10:30-12 p.m.

- 20 Friends at the Table Cookbook Club 11:30-1 p.m.

### 21 Tai Chi 10-11 a.m. Mon

- Storytime w/Miss Beth 10 a.m. Fri
- Family Fun Fri 2-4 p.m. FMI 719-748-3939

### DIVIDE



- 28 Great Divide Kite Flight 9-1 p.m. at Divide Hyde Park. Free kites to children and assistance to fly their new kite throughout the park.

### COMMUNITY PARTNERSHIP

- FREE Yoga with Leah 10-11 a.m. Mon at Pikes Peak Community Club. Limited class size, first come, first served, doors lock at 10 a.m. Bring your own mat and props. All levels welcome. FMI Jamie@cpteller.org or 719-686-0705.
- GED classes 1-3 p.m. Mon & Wed. FMI Katy@cpteller.org.
- Pearson VUE Testing Center open 9:30-4 p.m. Mon. FMI Katy@cpteller.org.
- 13 Summer Happy Hour FUNdraising series 4-7 p.m. at Paradox Beer Company. Join us for a Santero Schelzer Party! Aloha State of Grinds will be serving up Hawai'i local favorites. Learn about all the awesome things Community Partnership has to offer, support local businesses and connect with old and new friends! FMI Jamie@cpteller.org.

### 22 Mt. Pisgah Memorial Wall Dedication.

- GED classes 1-3 p.m. Mon & Wed. FMI Katy@cpteller.org.
- Pearson VUE Testing Center open 9:30-4 p.m. Mon. FMI Katy@cpteller.org.
- 13 Summer Happy Hour FUNdraising series 4-7 p.m. at Paradox Beer Company. Join us for a Santero Schelzer Party! Aloha State of Grinds will be serving up Hawai'i local favorites. Learn about all the awesome things Community Partnership has to offer, support local businesses and connect with old and new friends! FMI Jamie@cpteller.org.

### 22 Smokin' the Ute Pass Summit BBQ Contest & Fundraiser 12-2 p.m. at Paradox Beer Company. \$25 entry fee includes samples + 1 Paradox beer or soda. Presale tickets sold at Community Partnership and Colorado GearLab in WP. Sponsored by The Peak Antler Company & Paradox Beer Company. Proceeds benefit Community Partnership. Jamie@cpteller.org.

- Save the Dates! Sept 1-2, 22, 22-23 Save the Date! Parenting First Five Years 9:30-11:30 a.m. Build a strong bond to give your child a solid foundation to grow upon. Meal and childcare provided. FMI Cory@cpteller.org.
- All programs at Community Partnership unless otherwise noted. FMI 719-686-0705.

### 22 Friends at the Table Cookbook Club 11:30-1 p.m.

- Tai Chi 10-11 a.m. Mon
- Storytime w/Miss Beth 10 a.m. Fri
- Family Fun Fri 2-4 p.m. FMI 719-748-3939

### 18 Florissant Bookworms 10:30-12 p.m.

- 20 Friends at the Table Cookbook Club 11:30-1 p.m.

### 21 Tai Chi 10-11 a.m. Mon

- Storytime w/Miss Beth 10 a.m. Fri
- Family Fun Fri 2-4 p.m. FMI 719-748-3939

### 18 Florissant Bookworms 10:30-12 p.m.

- 20 Friends at the Table Cookbook Club 11:30-1 p.m.

### 21 Tai Chi 10-11 a.m. Mon

- Storytime w/Miss Beth 10 a.m. Fri
- Family Fun Fri 2-4 p.m. FMI 719-748-3939

### 18 Florissant Bookworms 10:30-12 p.m.

- 20 Friends at the Table Cookbook Club 11:30-1 p.m.

### 21 Tai Chi 10-11 a.m. Mon

- Storytime w/Miss Beth 10 a.m. Fri
- Family Fun Fri 2-4 p.m. FMI 719-748-3939

### 18 Florissant Bookworms 10:30-12 p.m.

- 20 Friends at the Table Cookbook Club 11:30-1 p.m.

### 21 Tai Chi 10-11 a.m. Mon

- Storytime w/Miss Beth 10 a.m. Fri
- Family Fun Fri 2-4 p.m. FMI 719-748-3939

### 18 Florissant Bookworms 10:30-12 p.m.

- 20 Friends at the Table Cookbook Club 11:30-1 p.m.

### 21 Tai Chi 10-11 a.m. Mon

- Storytime w/Miss Beth 10 a.m. Fri
- Family Fun Fri 2-4 p.m. FMI 719-748-3939

### 18 Florissant Bookworms 10:30-12 p.m.

- 20 Friends at the Table Cookbook Club 11:30-1 p.m.

### 21 Tai Chi 10-11 a.m. Mon

- Storytime w/Miss Beth 10 a.m. Fri
- Family Fun Fri 2-4 p.m. FMI 719-748-3939

### 18 Florissant Bookworms 10:30-12 p.m.

- 20 Friends at the Table Cookbook Club 11:30-1 p.m.

### 21 Tai Chi 10-11 a.m. Mon

- Storytime w/Miss Beth 10 a.m. Fri
- Family Fun Fri 2-4 p.m. FMI 719-748-3939

### 18 Florissant Bookworms 10:30-12 p.m.

- 20 Friends at the Table Cookbook Club 11:30-1 p.m.

### 21 Tai Chi 10-11 a.m. Mon

- Storytime w/Miss Beth 10 a.m. Fri
- Family Fun Fri 2-4 p.m. FMI 719-748-3939

### 18 Florissant Bookworms 10:30-12 p.m.

- 20 Friends at the Table Cookbook Club 11:30-1 p.m.

### 21 Tai Chi 10-11 a.m. Mon

- Storytime w/Miss Beth 10 a.m. Fri
- Family Fun Fri 2-4 p.m. FMI 719-748-3939

### 18 Florissant Bookworms 10:30-12 p.m.

- 20 Friends at the Table Cookbook Club 11:30-1 p.m.

### 21 Tai Chi 10-11 a.m. Mon

- Storytime w/Miss Beth 10 a.m. Fri
- Family Fun Fri 2-4 p.m. FMI 719-748-3939

### 18 Florissant Bookworms 10:30-12 p.m.

- 20 Friends at the Table Cookbook Club 11:30-1 p.m.

### 21 Tai Chi 10-11 a.m. Mon

- Storytime w/Miss Beth 10 a.m. Fri
- Family Fun Fri 2-4 p.m. FMI 719-748-3939

### 18 Florissant Bookworms 10:30-12 p.m.

- 20 Friends at the Table Cookbook Club 11:30-1 p.m.

### 21 Tai Chi 10-11 a.m. Mon

- Storytime w/Miss Beth 10 a.m. Fri
- Family Fun Fri 2-4 p.m. FMI 719-748-3939

### 18 Florissant Bookworms 10:30-12 p.m.

- 20 Friends at the Table Cookbook Club 11:30-1 p.m.

### 21 Tai Chi 10-11 a.m. Mon

- Storytime w/Miss Beth 10 a.m. Fri
- Family Fun Fri 2-4 p.m. FMI 719-748-3939

### 18 Florissant Bookworms 10:30-12 p.m.

- 20 Friends at the Table Cookbook Club 11:30-1 p.m.

[namisouteastco.org](mailto:namisouteastco.org).

### FLORISSANT

- 13 Night Sky Program 8:30-10:30 p.m. Join park staff and members of the Colorado Springs Astronomical Society to gaze at the dark skies above Florissant Fossil Beds in search of planets, galaxies, nebulae and more. Meet on the front patio of the Visitor Center. Park entry fee is \$10 per adult (15 and younger are free). FMI 719-748-3253.

### 20 Itzhak Beery returns to Colorado for a special evening of Rape and Guayusa Dream Tea Ceremony 7 p.m. at Sacred Earth Sanctuary 633 Valley Road. Itzhak is also offering workshops on Aug 21 and 22. Private Healing Ceremonies will be offered Aug 23. FMI [www.sacredearthfound.org](http://www.sacredearthfound.org) or [pati@sacredearthfound.org](mailto:pati@sacredearthfound.org).

### 20 Itzhak Beery returns to Colorado for a special evening of Rape and Guayusa Dream Tea Ceremony 7 p.m. at Sacred Earth Sanctuary 633 Valley Road. Itzhak is also offering workshops on Aug 21 and 22. Private Healing Ceremonies will be offered Aug 23. FMI [www.sacredearthfound.org](http://www.sacredearthfound.org) or [pati@sacredearthfound.org](mailto:pati@sacredearthfound.org).

### 20 Itzhak Beery returns to Colorado for a special evening of Rape and Guayusa Dream Tea Ceremony 7 p.m. at Sacred Earth Sanctuary 633 Valley Road. Itzhak is also offering workshops on Aug 21 and 22. Private Healing Ceremonies will be offered Aug 23. FMI [www.sacredearthfound.org](http://www.sacredearthfound.org) or [pati@sacredearthfound.org](mailto:pati@sacredearthfound.org).

### 20 Itzhak Beery returns to Colorado for a special evening of Rape and Guayusa Dream Tea Ceremony 7 p.m. at Sacred Earth Sanctuary 633 Valley Road. Itzhak is also offering workshops on Aug 21 and 22. Private Healing Ceremonies will be offered Aug 23. FMI [www.sacredearthfound.org](http://www.sacredearthfound.org) or [pati@sacredearthfound.org](mailto:pati@sacredearthfound.org).

### 20 Itzhak Beery returns to Colorado for a special evening of Rape and Guayusa Dream Tea Ceremony 7 p.m. at Sacred Earth Sanctuary 633 Valley Road. Itzhak is also offering workshops on Aug 21 and 22. Private Healing Ceremonies will be offered Aug 23. FMI [www.sacredearthfound.org](http://www.sacredearthfound.org) or [pati@sacredearthfound.org](mailto:pati@sacredearthfound.org).

### 20 Itzhak Beery returns to Colorado for a special evening of Rape and Guayusa Dream Tea Ceremony 7 p.m. at Sacred Earth Sanctuary 633 Valley Road. Itzhak is also offering workshops on Aug 21 and 22. Private Healing Ceremonies will be offered Aug 23. FMI [www.sacredearthfound.org](http://www.sacredearthfound.org) or [pati@sacredearthfound.org](mailto:pati@sacredearthfound.org).

### 20 Itzhak Beery returns to Colorado for a special evening of Rape and Guayusa Dream Tea Ceremony 7 p.m. at Sacred Earth Sanctuary 633 Valley Road. Itzhak is also offering workshops on Aug 21 and 22. Private Healing Ceremonies will be offered Aug 23. FMI



# Colorado's best kept secret!

find it in  
**FLORENCE**  
"the antique capitol  
of Colorado"

**2ND SATURDAY  
SIDEWALK  
SALES!**

**ANTIQUES  
FOOD  
WINE  
BEER**

**LODGING  
GALLERIES  
MUSEUM  
HISTORIC  
THEATER  
BAKERY**

**CBD WELLNESS  
PRODUCTS**

*The Short Drive  
That Goes  
A Long Way!*

*Aspen Leaf Bakery & Cafe*  
Pastries & Pies  
Soup & Sandwiches  
Soft Serve Ice Cream

*Kristen Espinoza*  
113 Main Street, Florence, CO 81226  
Phone: (719) 784-3834

**103 Vintage  
Market**

*Unique Antique Boutique*

Facebook.com/103 Vintage Market

103 W Main Street,  
Florence, CO 81226  
(719) 784-7303

**SPIRIT RIDERS WESTERN  
EMPORIUM**

111 W MAIN, FLORENCE, CO 81226

**ART, BOOKS, JEWELRY  
VINTAGE CLOTHING**

**Steampunk attire CORSETS**  
**BOOTS, HATS**  
Barry and Barb Brierley, owners  
Artist, author, 719-431-3592

Find it in **FLORENCE**  
Find it at FCC  
**CONSIGNMENT  
CORNER**  
Where you can find almost  
ANYTHING  
118 W. MAIN ST. FLORENCE, CO  
719-784-7660  
www.facebook.com/findalmostanything



**Treasures**  
BOHO \* VINTAGE  
ANTIQUES  
ART & MORE

719-784-7376  
202 W. Main St • Florence, CO

**BARN & BARREL**

farm fresh to barrel aged

Antiques, Art, Salvage & Wine

105 West Main Street,  
Florence, CO 81226  
719-784-1172  
facebook.com/barnandbarrelflorenceco

taylor'd  
home

124 West  
Main  
Street,  
Florence,  
CO

**Worldwide Treasures, LLC**

118 W. Main St.  
Florence, CO 81226

**719-784-7434**

Harriet Graham

Kim Thompson  
Scott Thompson

**Earth Dreams**  
*Pretty Things*

Boutique, Gifts, Accessories, Gallery and More

**719-280-3345**

120 East Main St., Florence, CO

**LARRY NELSON + 719-338-1628**



**NATIVE AMERICAN  
JEWELRY  
50%  
OFF!**

**132 E. MAIN ST. FLORENCE, CO**

Old  
fashioned  
soda  
fountain  
and ice  
cream  
parlor

**TWO  
SCOOPS**  
ICE CREAM PARLOR • FLORENCE, CO

106  
East Main  
Street

Open  
7 days  
a week  
11-8

Kitchen Gadgets  
Linens & Gifts  
Wall Decor  
Springside Cheese  
Gourmet Foods  
Watkins Extracts  
Bakeware & Cookware  
Tablescapes  
Cookie Jars  
Cookie Cutters  
Pappardelle Pasta  
And More  
**Bakers Rack**  
All Things Kitchen  
118 E. Main St  
Florence, Colorado 81226  
719-784-7141  
Mary McGrail - Owner  
bakersrackallthingskitchen@gmail.com

**FLORENCE & CRIPPLE CREEK  
GEM CO.**  
Jewelry • Cabochons • Minerals  
Stone Decor • Much More  
Roger & Kathryn Duncan  
122 E Main St.  
Florence, CO 81226  
info@fccgemco.com  
www.fccgemco.com  
719-430-6935

**The Localie**  
Antique Mall  
109 W. Main St.  
Florence, Colorado 81226  
719.784.3797