



UTE COUNTRY NEWS

FREE

Putting the "unity" back in community™

September 2021

P.O. Box 753, Divide, CO 80814 • 970-686-7587 • utecountrynews.com

Vol. 13, No. 9

Welcome to Ute Country



**"He who opens a school door,
closes a prison."**

— Victor Hugo

PEEK INSIDE...



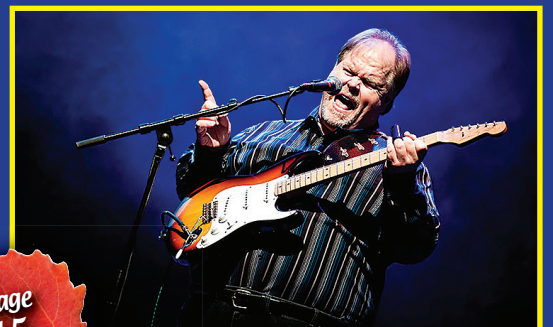
page
3

Cling-ons and climbers in the garden



page
11

Opinions wanted on land
conservation, outdoor recreation



page
15

Blues on the Mesa!

Start a new adventure!

1% CASH REBATE* & NO payments for 90 DAYS*

Auto loans made simple with a built-in stimulus just for you.

Pikes Peak Credit Union

720 W. Midland Ave
Woodland Park
(719) 473-5962
www.pikespeakcu.com

*Offer is for a limited time only with approved credit. Interest rates are subject to change without prior notice. Valid on in-house auto loans only. Must be a new loan, no refinances of current loans with PPCU qualify. Rebate is calculated as 1% of the total loan amount. Interest will continue to accrue during payment deferral period. Loan must remain at PPCU for a minimum of 120 days or rebate amount will be added to the loan payoff. Other restrictions apply.

WE WON!
BEST OF TELLER 2021
PRESENTED BY Pikes Peak Credit Union
bestofteller.com

Blues ON THE MESA

SAT OCT 2 12-6 PM GATES @11 AM

BluesOnTheMesa.com

142 S Raven Mine Dr COS 80905

GOLD HILL MESA

A MUSIC COMPANY INC. PRODUCTION

FEATURING **JANIVA MAGNESS**

ALVIN YOUNGBLOOD HART • BUDDY WHITTINGTON
LADIES SING THE BLUES • CASS CLAYTON

CHILDREN 16 AND UNDER FREE
THANK YOU FOR SUPPORTING THE FESTIVAL

Heidelberg, Arts House, Wells Fargo, Tiemens Private Wealth Management Group of Wells Fargo Advisors, RECTOR STUZYNSKI, Edward Jones, FUNDY, Jazz, Elmer's, visit COLORADO SPRINGS, Sport Shop, BC Auto Repair 719-661-3371, Smiling Road, BRASS, Weber's Steel

ALL ABOARD!

Take an exciting journey into yesteryear on a 15 ton iron horse locomotive. It's a spectacular trip of scenic views and rich history!

The train departs approximately every hour from the 1894 Midland Terminal Depot and gift shop located at the head of Bennett Avenue.

Make your plans now for a train ride into the magnificent vistas of Cripple Creek, Colorado.

\$200 OFF
Ticket Price Per Person

Regular prices are \$17.00 for adults, \$15.00 for Seniors and \$12.00 for children ages 3-12. Limit 4 per coupon, no cash value.

COUPON

Cripple Creek & Victor Narrow Gauge Railroad

520 East Carr Street, Cripple Creek, Colorado 80813
cripplecreekrailroad.com

Call for more info: 719-689-2640

On Deck

Jeff took our cover photo in Jefferson just a few weeks ago. The building was erected in 1902 as a school and is now a community center. September always reminds us of the school year in full swing, no matter what that may look like this year. Europeans who created settlements included schools once there were children present to teach. It reminds me of the Crosby, Still and Nash song *Teach Your Children* and it reminds me of one of our goals as a publication, to educate.

The pages of our September issue are full of articles that educate. *A Hummingbird's Hope* by Flip Boettcher pairs a book by the same name from a local author, Gail Nelson, which Guffey Library used for their Storywalk. Read to find out how it benefits the environment. Steve Veatch takes us back in time to review the events around *The Incident at Kalamazoo Mine*, which may have been racially motivated. Picking up from reader comments, Barbara Pickholz-Weiner provides more tools in her *Life Enhancing Journeys* column as we challenge our negative thoughts, in her article *Because I'm Worth It!* Dr. Bec shares a special experience in Panning for Good as she *Explores Card Making* and gives abundant resources to learn more. The *Thymekeeper* gets up close and personal to *Cling-ons and Climbers in the Garden* and shares the many benefits these plants have to offer. You will feel like you learned something after reading our September issue of *Ute Country News*.

As you review the photographs you've collected over the summer, be sure to consider sending your favorite pics of pets to Critter Corner! You may email (utecountrynewspaper@gmail.com) or snail mail them to POB 753 Divide, CO 80814 or drop them off at Shipping Plus in Divide M-F 9-5:30 p.m.

Thank you, — Kathy & Jeff Hansen

A special thanks to all listed here for their professional work and time to make this issue possible. If you have any questions please contact the publishers.

Publishers:
High Pine Design
Jeff & Kathy Hansen
POB 753, Divide, CO 80814
719-686-7587
www.Utecountrynews.com
Utecountrynewspaper@gmail.com

Business Ambassadors/Account Reps:
Feel free to call 719-686-7587 so we can find the sales representative in your area to best serve your needs.
Flip Boettcher 719-429-3361
Linda Karlin 719-748-3449

Writers:
Karen Anderson, Chuck Atkinson, Flip Boettcher, Coalition for the Upper South Platte, Dr. Bec Frazier, J. David Holt, Mari Marques-Worden, Barbara Pickholz-Weiner, Mary Shell, Sue Tierney, Steven Wade Veatch

Contributors:
A Music Company, AARF, Marji Ackermann, Ark Valley Humane Society, Jeanne Gripp, Linda Groat, David Martinek, Marianne Mogan, Palmer Land Conservancy, Pet Food Pantry, Pikes Peak Historical Society, SLV Animal Welfare Society, TCRAS, Christine Whittington, Ruth Zalewski

Critter Corner:
Submit photos to: utecountrynewspaper@gmail.com or PO Box 753, Divide, CO 80814

Publishers Emeritis: Carmon & Beverly Stiles

Cover Photo: Jeff Hansen

The Ute Country News is not responsible for the content of articles or advertising in this issue. Limit one copy per reader, please share with others. Back issues available at www.utecountrynews.com. ©Copyright 2021 Ute Country News, all rights reserved. Material may not be reproduced without written permission from the publishers. Please address any comments to the publishers at utecountrynewspaper@gmail.com or POB 753 Divide CO 80814.

First Class subscriptions are available for \$36 for 13 issues, or 6 issues for \$18.

The Thymekeeper
Cling-ons and climbers in the garden
by Mari Marques-Worden
photos by Mari Marques-Worden

Plants, like people, come in all different shapes, sizes and colors. It's no surprise they have different personalities or characteristics. Some are bold and showy like the dandelion. Some are shy like the wallflower, some guarded like stinging nettle. There are prickly ones like thistle, and some can seem downright creepy and grabby.

When I say creepy, I mean they may creep along the ground or up the nearest structure they can find. Ground covers and peas are a good example of creepers. The creepy grabbers are hops with their sticky tendrils and cleavers herb.

Among this year's volunteers to the greenhouse was cleavers. Known by its botanical name *Galium aparine* and common names, goosegrass, catchweed and gripgrass.

Cleavers is a fast-growing weed/herb putting up new shoots in the spring, also in autumn before the frost comes. The plants can support themselves when they are small but as they grow taller, they very effectively climb on surrounding plants reaching for the light and can obtain heights of up to 6 feet.

When studying cleavers under a microscope, researchers have found that the Velcro-like hooks on the top of the leaf are structured in a way that allows cleavers to push away from the underside of other plants leaves, while trichomes on the bottom of cleavers leaves grab onto the top side of others. *Weeds in the Heart*—Nathaniel Hughes and Fiona Owen.

The narrow lance shaped leaves form whorls around the stem while the flowers two or three together, spring from the axils of the leaves are small and star-like, either white or greenish-white. They are followed by little globular seed-vessels, about 8 inches in diameter, covered with hooked bristles and like the leaves will readily adhere to whatever they touch. The ability to cling onto passing animals ensures seed dispersal.

Snaking its way in through the yarrow and skullcap, cleavers made its presence known every time I walked by, grabbing onto my clothing and hitching a ride. The first time I felt the sticky nature of it, I was rather put off by the grabby little thing. Not only does it stick to clothing it can also stick to skin giving it a creep factor on a different level.

Once I discovered its identity, I allowed it to grow freely, as long as it wasn't binding up the other plants. As it makes its way through and around other plants, it often forms matted masses.

Historically, we learn from Dioscorides, that the Greek shepherds of his day used the stems of this herb to make a rough sieve, it has been reported the same use was made of it in Sweden in country districts, as a filter to strain milk. https://botanical.com/botanical/mgmh/c/clover74.html *A Modern Herbal*— Maude Grieve.

Medicinal actions
Medicinally speaking, cleavers fall into the category of mover and cooler; it is known for its refrigerant and detoxifying action. Cleavers removes lymph congestion, thins the blood and dissolves clots. As a diuretic it promotes urination and relieves edema. It also clears liver congestion that results in eruptive skin conditions.

Cleavers clears heat and reduces fever and inflammation. It has stone dissolvent action and is useful in acute urinary tract infections with painful dripping urination, as well as prostatitis.

External preparations can be made for hot inflammatory skin afflictions such as burns, eczema, psoriasis, sunburn, etc. It reduces inflammation and promotes skin repair.

The Energetics of Western Herbs ~Peter

Holmes.

Cleavers is best prepared fresh, juiced, infused or tincture form, never to be boiled. It can be soaked fresh in cold water and drank to induce clarity of the mind. The seeds of cleavers form one of the best substitutes for coffee; the dried seeds slightly roasted over a fire taste very similar to the flavor of coffee.

Hops *Humulus lupulus*
As a child I remember the mad dash to get through what I refer to as hops alley that existed between my grandmother's front and back yard. It seemed to me that the hops were just waiting to reach out and grab me as I ran through. Anyone who has picked hops knows the sticky clingy nature of the plant.

Like cleavers, hops are fast growing. The English name hop comes from the Anglo Saxon hoppan meaning to climb, and climb they do. Mine have reached heights of around 26 feet this year.

The leaves are somewhat heart shaped and deeply lobed, the flowers spring from the axils of the leaves. The plant bears male and female flowers on separate plants. The female flowers or the strobiles are the ones most people are familiar with. The ripened cones of the female plant are used in brewing beer and only female

plants are cultivated.

Fresh hops possess a bitter aromatic taste and a strong odor. When dried, they become distinctly unpleasant the longer they are kept.

Medicinal actions
Hops have tonic, nerve, diuretic and anodyne properties. Their volatile oil produces sedative effects, combined with the bitter aspect, hops improve the appetite and promote sleep.

Hops help to clear internal wind and stops spasms such as coughs or abdominal cramps. They help to harmonize menstruation and increase estrogen as well as promoting lactation.

As with cleavers, hops promote urination and detoxification helps to dissolve stones. When taken as a tea or tincture, hops calm the spirit, relieves anxiety and irritability.

I just spoke with an herbalist who shared her story around picking hops and the rash that resulted from it. It seems prolonged exposure can leave a lasting impression. Her chest and arms broke out and I assume she received what may be a homeopathic dose while picking. She no longer can drink the beverage long associated with the plant, beer. Her body has kept the memory of the rash alive and it seems to reappear whenever she drinks it. In her words, her relationship with beer may now be over to which this herbalist will surely take heed.

Caution: Because hops flower is a mild nervous depressant, it should not be used in any condition presenting depression or combined with sedative medication or used alone over long periods of time.

Mari Marques-Worden is a Certified Herbalist and owner of *The Thymekeeper*. For questions or more information contact: Mari at mugsyspad@aol.com or 719-439-7303. Mari is available for private consultation.

UTE COUNTRY NEWS
Putting the "unity" back in community™
Live in Ute Country part time but want the mountain living all the time?

Take us with you!

☐ \$36 for 1 year (13 issues!) first-class subscription. ☐ \$18 for 6-months (6 issues!) first-class subscription.

Name: _____
Address: _____
City _____ **State** _____ **Zip** _____
Phone: _____
Email: _____
Mail to: Ute Country News, PO Box 753 • Divide, CO 80814



A Look Inside the Artist Pam Hastings

by Mary Shell

There are as many ways an artist approaches creating art as there are artists. Some create for what they believe people would like to purchase, some create to send messages, some create to amuse or shock you, and some create just for the fun of it. I believe Pam Hastings creates for many reasons, but I believe one of them stands out of all...to have fun. Her work is all over the map, from serious to comical. From a baby crying on someone's shoulder to little clay creatures crawling out of seashells hitting all emotions. Keep up the good work, Pam, in letting the viewer experience all the emotions nature gave us.

How would you describe your artwork to someone?

Impressionistic to realism; a very direct style with a fresh look of strong composition and line.

A visual harmony achieved by balanced composition and color integration.

How long have you been sculpting?

20 years.

Is Sculpting your favorite medium?

At times, it can define my idea better than any other media. I like that it is tactile. Watercolor is my first love. I started painting in Watercolor at 13. I am now 63.

What's your favorite subject?

Everything, I don't have a favorite subject.

What other mediums do you use?

Paint: Watercolor, Oil, Acrylic, Gouache, Alcohol Inks.

Draw: Pen, Pencil, Charcoal, Ink, Markers, Conte, Colored Pencil.

Sculpt: Clay, Wood, Eggshells.

What would you like people to experience through your artwork

Wonderment and the strength of the human spirit as well as the beauty of nature.

Who inspires you to create?

It is not who. It is what. It is not one thing but everything. Imagination and creativity are the most intimate part of us. Everything radiates from that spot of passion. So few understand a creator and the journey of the dream, vision, process and execution.

What is the hardest for you to create?

Commission works.

Where do you see yourself in the future?

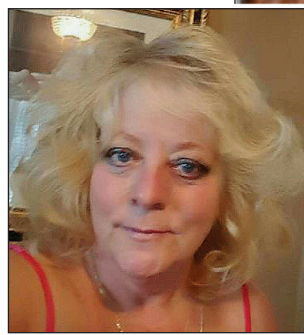
Retired and traveling while creating art full time.

Do you envision your sculptures in 3D?

Yes, I have very good spatial perception ability.

What does creating art do for you?

The creative flow of artistic energy is such a personal high, almost sacred. When it is tangible and manifested...it is a feeling like no other. It cannot be explained unless you have been a creator. It is a visual affirmation...a clear intention and heartfelt purpose expressed in a physical arrangement that



anchors your dreams and goals.

Is there anything you think people would like to know about you?

I am a conceptualist open to new ideas. My current interest is creating fused frames. Frame and glass that is reverting to nature from whence it came.



The first sign board of A Hummingbirds' Hope, the Guffey library's first StoryWalk set up outside the library. photo by Flip Boettcher

A Hummingbird's Hope

by Flip Boettcher

A Hummingbird's Hope is a delightful book for young and old alike, which shows the interconnectivity of everything on earth, by local author Gail Nelson. The book has been set up as the Guffey library's first StoryWalk. Each page of the book has been set up on sign boards outside the library along a path.

The sign boards are set up low enough for kids to walk along and read the book to their parents and friends. It's a great way to spend a little quality family time outside and learn a little about our planet. The story will change periodically, stated Rita Mick, head librarian.

A Hummingbird's Hope is a heartwarming story. It tells of how the Blue Planet, Earth, was formed out of the chaos. Then the plants and animals came to be and everything was in balance. Then along came humans.

Eventually millions of people lived in the cities causing pollution and warming oceans. The glaciers began to melt causing the oceans to rise. Droughts, fires and floods changed things on the Blue Planet.

A small hummingbird noticed these changes and started telling the Blue

Planet's story and how each person can do something that will help the Blue Planet get back in balance.

According to the book whales are endangered; half of all birds, 3 billion, have disappeared in North America since 1970; elephants and wild cats are being threatened with habitat loss; coral reefs are being threatened by warming oceans and increased carbon dioxide levels; polar bears are threatened by melting polar ice; sea turtles are endangered and have lost 90% of their population since 1990; one quarter of insects have disappeared in the past 30 years and wild bees are threatened mainly because of habitat loss and pesticide and insecticide use; there are only two white rhinos left and all others are endangered; and monarch butterflies are disappearing.

All the illustrations in the book were made from recycled paper and mixed media. Best of all, 100% of the proceeds from the sale of the book will be donated to charities that benefit the environment.

So, take a StoryWalk along *A Hummingbird's Hope* and see what you can do to help our planet.



Local author Gail Nelson on the left with participants in the Guffey library's summer reading program cutting the ribbon for the new StoryWalk set up at the library featuring Nelson's new book A Hummingbird's Hope. photo by Rita Mick

Adopt Me Baby Haley

Baby Haley is 3 and 1-2 months old and would love a doggie playmate! She is spayed and current on all vaccinations. Baby Haley is already microchipped. To meet Baby Haley email woof@slvaws.org or call 719-587-9663 (woof).

This space donated by the Ute Country News to promote shelter animal adoption.



Saturday, September 11

• VICTOR COLORADO •
2021
PACK BURRO
RACE

Historic Victor, Colorado

Race Begins at Nobn Downtown Victor

Nicest Ass Competition

During the Race: Shopping ~ Gold Panning

Live Music ~ Beer Garden ~ Downtown Fun

After the Race: Awards at the Victor Elks Lodge

Supporting Sponsors



Sanctioned by the Western Pack Burro Ass-ociation
Sponsored by the Southern Teller County Focus Group
STCFG.com

Stevens Carpet Plus

**Come by our showroom at 18109 Teller CRI,
Florissant and Check Us Out!**

Showroom hours M-F 10-5

**Call now for your
FREE in-home estimate.**

**719-748-1126 or
719-822-6822**

Saturday hours by appointment only.

- No dealing with city traffic
- Name brand products you can trust
- Friendly, knowledgeable advice on the best products to suit your needs and budget
- No high-pressure sales
- Carpet, waterproof plank, sheet vinyl, hardwood, laminate, ceramic tile to fit all budgets
- Top quality installation

**Together We
Change Lives!**

Be The Change Monthly!

Monthly gifts create a sustainable source of funding and consistent support enabling us to provide better outcomes today and tomorrow. Consider donating \$20.00 a month. No amount is too small to change a life.

Donate once or monthly at:
onerationwt.org or mail your gift to:
ONWT 3150 N. Nevada Ave.
Colo Spgs, CO 80907.

For more info
719-329-0251 or
laura@onerationwt.org



CRIPPLE CREEK CARE CENTER
Your Colorado Mountain Home

Love of the Colorado mountains does not fade with age!



WE ARE A 5-STAR COMMUNITY

**WE ARE NOW ACCEPTING
ADMISSIONS**



We are currently accepting new residents for long term care and short term rehabilitation. We accept VA, Medicaid, Medicare,

private insurance and private pay. Our caring and dedicated staff strive to give our residents a feeling of home. If you or a loved one may be in need of long term or short term care, please consider becoming a part of our amazing community.

Restrictions are still in place due to COVID, so there may be a wait-list for room availability.



To get more information about our community, contact

Laloni Bancroft, Admissions/Marketing Director

719-367-3088 or

Lawrence Cowan Nursing Home Administrator

719-689-2931

**Dedicated
to Quality**



**Committed
to Caring**

Lawrence Cowan, Administrator

**700 North 'A' Street ~ Cripple Creek
719.689.2931**

Call to discuss your personal needs and schedule a facility tour

www.cc-care.org

ARE YOU AND YOUR VEHICLE READY FOR FALL TRAVEL SEASON?



SCHUMACHER'S
Alignment & Tire Center

Over 32 Years in Teller County! Teller County's Oldest Family Owned & Operated Alignment & Tire Center!

Most Major Tire Brands Now Available

- Mufflers & Custom Exhaust • Wheel Balancing • Brake Service
- General Automotive Repair • Cars ~ Trucks ~ 4x4's ~ Motor Homes

220 S. Burdette, Woodland Park, CO

719-687-2446

Jamie Schumacher
Mon-Fri 8-5:30

WITH COUPON
10% OFF
LABOR
ON ANY SERVICE
OVER \$100

Grannys' High Altitude Super Hemp
The Purple Building in Lake George
Industrial Hemp Cultivation and Retail Store

We grow and produce our unique one-of-a-kind hand crafted small batch



CBD Whole Plant Extract
CBD Pain and Skin Salves
Hemp Tea



We grow all our hemp organically right here in Lake George
WE SHIP ALL OVER THE COUNTRY
Open Mon - Sat 9am - 5pm
719-748-4736 grannysheemp.com

Just Voted "Best of Teller 2021"
Premium Vape Products
Your #1 Vaping Source in Teller County



BUT...We're NOT just a Vape Shop
THR (TOBACCO HARM REDUCTION)

- PREMIUM VAPE PRODUCTS
- QUALITY CBD & ACCESSORIES
- QUALITY ESSENTIAL OILS
- AROMATHERAPY SUPPLIES
- EDUCATION & ADVOCACY

SHOP LOCAL

Learn the doTERRA Difference!

Experience a FREE Biofeedback Scan and Sample doTERRA CPTG essential oils



Let's talk about CBD for you and your pets!
We have various types of CBD isolate (THC-free) Broad spectrum (THC-Free), Full Spectrum (.3%)



MOUNTAIN VAPOR LOUNGE
719-888-9523
104 E. Midland Ave.
Woodland Park

We Moved! Now at 104 E. Midland
Next to Judge's CharGrill

New Hours:
Mon-Sat 9am-8pm
and Sun 10am-6pm

@MountainVaporLounge

Fun in Florence

by Flip Boettcher

There are three upcoming events in Florence you will want to put on your calendar. The first is the 93rd Pioneer Day, celebrating the areas pioneer ancestors on September 17 and 18, sponsored by the Chamber of Commerce, the Merchants Group and the Pioneer Group. Friday starting at 5 p.m., the Elks Lodge will be having dinner and will introduce their royalty at 6:30 p.m., followed by music and a dance at 7 p.m. featuring the Atomic Fireballs. There will be small craft vendors, food and music at this free event all day Saturday in Pioneer Park with a parade at 10 a.m. Saturday afternoon the Florence Brewery will be having a Brew-HA-HA. Come on out and enjoy the weekend!

The second event will be Junktique, October 2 and 3 from 8 a.m.-5 p.m. Junktique used to be combined with Pioneer Days, but now it is a separate event. This event now has more than just junk. Main Street is closed off and all the stores will have outside booths as well as indoor sales. There will be 70 plus vendors including antiques, crafts, salvage, vintage, handmade, junk and more. There will also

be food trucks for refreshments. Come on out and see what you can find!

The last event you won't want to miss is the ever-popular "Escape in Time to Steampunk and Wine" festival October 9 and 10, 10 a.m.-5 p.m. at 215 Maple Street, hosted by the Florence Steampunk Society. The festival features the Salida Circus, outstanding vendors, amazing musicians, fabulous costumes, tasty vittles, excellent wine and spirits, according to the flyer.

Saturday night from 7 p.m.-10 p.m. will be the Blues Ball at the historic Rialto Theater, featuring the West Side Rhythm Kings. Tickets are \$15.

There will be a "Fundraiser for Florence" at the festival and all donations will be accepted.

Tickets can be purchased at the Spirit Riders Emporium at 111 West Main Street, Florence or call 719-431-3592, or visit steampunkwine@yahoo.com. Co-owner of Spirit Riders Barb Brierley is the Steampunk Society's president. Spirit Riders features a wide variety of Steampunk clothing, costumes and all accessories, so stock up for the festival.

Great Futures Gala

Boys & Girls Clubs of Chaffee County are planning a new, countywide event — the Great Futures Gala — for Tuesday, Sept. 28, 5:30-8:30 p.m. in the Pavilion at Mt. Princeton Hot Springs Resort.

The Great Futures Gala replaces the Salida Club's Casino Night and Buena Vista Club's Boots and Bolos fundraisers of past years.

"It's important to us that our Clubs have one countywide fundraising event moving forward, and that folks know it will be for all of our Chaffee County kids and programs," said the Clubs' executive director, Brian Beaulieu. "Great events attract great people and there's no better cause than 800 kids who need our Clubs now more than ever!"

This year's Gala features a buffet dinner, an inspirational speech by Youth of the Year, Kuper Banghart, and a live auction emceed by Jim Wilson. Auction items include a trip to Mexico, a full-day fishing/float trip on the Arkansas, and a

Cape Cod vacation.

Two Club heroes will be honored for their exceptional service and dedication to the Club's mission of enabling all young people, especially those who need us most, to reach their full potential as caring, productive and responsible citizens.

Mind reader Sean Bott rounds out the evening's entertainment and underscores the futuristic theme. Futuristic dress is encouraged.

Local businesses are invited to support the Club, allowing staff to deliver good standard after-school and summer programming to one in three children in Chaffee County. Business-sponsorship forms are available at <https://www.bgcchaffee.org/Business-Sponsors>.

Space for the Great Futures Gala is limited. Tickets are \$50 and may be purchased at Eventbrite.com. Search for "Great Futures Gala."

FMI call Brian Beaulieu at 719-539-9500.

Call for "working small" entries

The Blue Spruce Gallery is hosting the popular 11th Annual Miniature Artwork show in September and October. Entries are due to the gallery at 205 West Main St, in Florence September 6. Entry forms are available at the gallery or online at www.bluespruceart.com. Cash prizes will be awarded the night of the reception 5-7 p.m. September 11, 2021. Image size of the pieces can be no larger than 35 square inches, not including the frame. Three-dimensional work is accepted into the show, with a size limit of 200 cubic inches. Artists can enter up to four pieces for this popular show. FMI 719-784-1339.

Adopt Me by Ark Valley Humane Society

Chick-A-Boo!

Chick-a-boo first arrived at AVHS when a kind Samaritan found her outside and brought her in. She is an older cat, at 14 years old, we were very hopeful that she just wandered off from home and would be reclaimed by her owners, but unfortunately after being in the shelter's care for several months, we still haven't heard from anyone. Chick-a-boo has spent many nights with an amazing foster, and since they've gotten to know her the best, I'll let them tell you more about sweet Boo! "Chick-a-Boo is a delight! I have shortened her name to Boo. She is very, very friendly and loves to be held up in our arms. She gives nose kisses and purrs big! If she hears someone go into the backyard she gets on the workbench and looks out the window. We really enjoy her." If you'd be willing to give a senior cat a loving forever home, please give us a call today at 719-395-2737.

This space donated by the Ute Country News to promote shelter animal adoption.



Sue Tierney in her new shop Trending on Main in Florence.

Trending on Main makes its debut!

by Sue Tierney and Flip Boettcher
photo by Flip Boettcher

It's not easy to compete in Florence, The Antique Capital of Colorado, but Trending on Main is here to give it a shot! Located at 125 East Main Street in historic downtown Florence, you just KNOW that you're going to find something for yourself or someone else!

Sue Tierney opened Trending on Main on May 16, 2021, after moving her business to Florence from Illinois. Her Illinois business, The Picker Sisters, was started in partnership with her sister, Picker Gal Sal. "We were in business together for 9 years and had booth spaces in several vintage businesses, participated in lots of flea markets and conducted estate sales. We both started the business out of our love and passion for antique furniture and it blossomed from there!"

Trending on Main carries furniture of all kinds and an eclectic mix of antique and new home decor, handbags made of authentic military tents, some repurposed furniture and unique gifting items. "I carry lots of seasonal decor, especially now for fall/Halloween and will be bringing in MEGA Christmas this season! I love to laugh, so many of my items are humorous— magnets, greeting cards and

humorous themed tea towels!"

When asked what sets Trending on Main apart from other stores in the area, Sue stated, "I am not your typical antique store that Florence is well known for. I wanted to mix new trending products with the antique furniture. I hope that people will welcome this type of eclectic mix."

"I strive to develop a relationship with my new customers that would make them want to come back and shop again," Sue added. "I put out new stock several times a week so there is always something new to see!"

Sue frequently posts on her Facebook page and Instagram to give people a view into the kinds of items that she carries at her shop. Sue said, "Inventory is changing constantly so if you see something you like, better grab it before it's gone!"

When Sue isn't at her store, she enjoys traveling back to Illinois to pick up old pieces, visiting family and friends, taking road trips, and spending time with her husband, a loyal shop helper!

Business hours are Thursday-Saturday 10-5 p.m. and Sunday 11-4 p.m. For all the latest additions to her shop, follow her on Facebook and Instagram: Trending on Main.

Tomato Wars at The Meadows

by J. David Holt

What was a popular annual event at Twin Lakes in the 1980s is being revived by in Buena Vista by the Buena Vista Rotary Club?

The second renewed* Great Colorado vs Texas Tomato War will be held at The Meadows on September 18. Individuals and teams representing the states of Colorado and Texas will toss thousands of pounds of well-ripened tomatoes at each other . . . all to benefit the Dolly Parton Imagination Library.

The Dolly Parton Imagination Library is an early reading program for children from birth through their fifth birthday. Children enrolled in the program receive an age-appropriate book mailed each month to their home in their name. It is free to all children in Chaffee and Lake Counties because of the work of the local Rotary Clubs.

The original Tomato War was the idea of Ms. Taylor Adams, the owner of what was then named the Inn of the Black Wolf in Twin Lakes. The event is based on the decades-old love-hate relationship of Coloradans to Texans. Fond of the money Texans spend in the state, Coloradans are less fond of their presence in Colorado.



Sponsored by the Buena Vista Rotary Club as a fundraiser for the Dolly Parton Imagination Library, Club President Jeff Wahl commented, "Tomato War is all in fun, and that's what we intend to have for both participants and spectators."

Wahl went on to thank Jed Selby. "We are most appreciative of Mr. Selby for donating The Meadows without cost to Rotary. Not only is it a beautiful property, the wide-open spaces are great for throwing tomatoes!"

Gates will open at 3 p.m. on Sat., September 18. Tomatoes will "fly" at 5 p.m. Food and beer will be available, and spectators are welcome. The Meadows is located at 15264 County Road 350, Buena Vista, CO.

Registration for participation in the Tomato War is available by searching Tomato War 2021 at EventBrite.com. The \$45 cost includes 10 pounds of tomatoes and a commemorative t-shirt.

*The first renewed Tomato War to our knowledge was September 26, 2020, in Guffey, CO. See Ute Country News archives for September 2020, page 4.

TIMBERLINE

Spraying & Mitigation Services
"Saving The Forest One Tree At A Time"

Keep our forests healthy and beautiful with Mitigation



CALL TO SET UP AN APPOINTMENT TO GET A PROPERTY EVALUATION FOR WILDFIRE RISK AND TREE HEALTH.

All estimates are free with no contract.

Timberline specializes in a variety of services including but no limited to:

- Tree Removal & Trimming
- Forest Floor Clean up
- Firewise Mitigation
- Forestry Mitigation
- Slash Removal
- Chipping
- Tree Climbing





Life-Enhancing Journeys Because I'm worth it!

by Barbara Pickholz-Weiner, RN, BSN, CACIII, MAC, EMDRII

As I reflect on the numerous comments I received from last month's article related to stop *believing all of your thoughts*, it seemed reasonable to continue down that path by focusing on common criticisms we often apply to ourselves such as the belief that you are worthless, not good enough, a failure, insignificant, shameful or just plain bad. The problem is not the fact that your mind produces your negative thoughts; it becomes a problem when you take your thoughts to be factual. Just because your mind says something is important does not necessarily mean it actually is the truth.

Do you ever wonder where that judgmental, inner voice in your head comes from? Do you feel like you try your best, you work hard and sacrifice yourself for others, but still are unable to accept yourself? Are you constantly berating yourself and feeling like you do not measure up; that somehow you should be more, do better, achieve more?

During high school, I frequently disproved myself, especially when I made a mistake, with phrases such as "I'm not enough" — I would fill in the blank with "I'm not good enough, not smart, capable, talented, attractive or thin enough; I'm not pretty, smart, popular, lovable enough," and on and on and on. In my late teens and early 20's I coped with my inadequacy by numbing out with destructive behaviors (using alcohol, drugs, sex, food) which generated even more shame and self-loathing. Gratefully, a trusted friend courageously confronted me about her concerns for my risky behavior. I broke down sobbing and I knew I had to change or die. I chose life then scheduled an appointment with a therapist (thank you Dr. Underwood) which was such a great decision.

She taught me how to recognize when my inner critic was talking to me, what it was afraid of, from what future possibility it was trying to "save me" with its criticism. When I caught myself saying hurtful comments, I would pause, breathe then give myself a compliment simply for noticing, (such as "Good for you for noticing" or "good catch" or "way to go..."). I learned to bring compassion to the parts of myself I had been ignoring, pushing away, or condemning. Awareness of a behavior is the first step to making changes. With my therapist's help I flourished. To this day, I continue to use those skills and I teach it to others.

"No one can make you feel inferior without your consent."
— Eleanor Roosevelt

Could you be the problem? Do you find yourself dwelling on criticisms or mistakes you have made? Do negative events draw your attention more than positive ones? Because of the way our brain is wired, negative experiences have a greater impact on us than positive ones. It is referred to as

the "negativity bias" (see April 2018 article on the Limbic System). Our mind will warn us about potential risks because it thinks it is keeping us safe by doing so.

Individuals who believe they are worthless may assume they have nothing valuable to offer the world. Such feelings are often caused by experiencing neglect, abuse, trauma, or other painful situations early in their lives. Many people grow up in households where they have been told repeatedly that they are of little worth. Some parents believe belittling their child will toughen them because this is a demanding world. At times a parent might take out their own frustrations on their children by calling them names, telling them they are useless or by ignoring them. This can especially be true if you were raised by a parent who is mentally ill, a substance abuser, a narcissist or one who is a violent bully.

Comparing yourself to others usually leads one feeling inadequate. When you compare yourself to others, it often results in you believing yourself to be deficient in some way. Trying to be perfect also contributes to low self-esteem. Perfectionism is a tool with which to degrade yourself as well as promoting procrastination. You might think, "why bother trying? It will only confirm how imperfect I am," so you postpone the task. Remind yourself that nothing and nobody is perfect. Being "imperfect" allows you to learn from your experiences, to be creative and to explore new ways to accomplish your goal.

Disapproving thoughts may be caused by your belief that others are viewing you negatively — assuming other people are thinking disapprovingly about you even if there is no evidence. If you feel like the whole world is against you, it is not because it is true; it is because *you think* it is factual. When you construct disapproving situations in your mind, there is a proclivity for them to come true.

Consider that the inner voice is not a feeling — it is a THOUGHT. The source of many of our thoughts is our inner critic. We have evolved to experience our thoughts as literal truths; however, thoughts are just thoughts so it is unnecessary to always believe them. People do not hear voices, as such, yet we do notice critical thoughts popping up as we go through our days. This may seem counter-intuitive but, even though the inner critic can be cruel, it actually is trying to be protective. Its job is to function as your threat detector which intends to point out when something has the potential to be dangerous, including future hazards that might happen as well as all the past mistakes it recollects. Its task is to help us avoid making the same blunders so that we remain safe. When it is saying "you are not good enough" usually its purpose is to motivate you to succeed, however, it rarely works. It is impossible to evolve into a better version of yourself when

all you hear is disapproval and criticism.

"You have been criticizing yourself for years, and it hasn't worked. Try approving of yourself and see what happens."

— Louise L. Hay

Ways to counteract negative self-talk

Speak kindly to yourself

It may be challenging at first yet it is important to focus on treating yourself with kindness. When you notice negative self-talk, it starts in your unconscious mind then your body picks up the cue and causes tightness in your chest, a knot in your stomach, a racing heart, etc. Remember that an unconsciously sparked emotion is experienced as a body sensation first.

Explore ways to reframe those thoughts in a more positive or realistic way.

Instead of thinking "I'll never be able to do it," for example, you might say, "I am unsure how I am going to fix this yet I trust I will figure it out..." or "I will ask for help from someone I trust."

Pay attention to when thoughts of worthlessness develop

Sometimes these negative feelings arise in response to certain situations, thoughts, experiences, or even people. Start noticing when these feelings emerge, what is happening when they occur, and what type of thoughts might be contributing. This is one way to help combat the negative thoughts that might be contributing to feelings of inadequacy.

Focus on gratitude

Worthlessness can creep in when you find yourself comparing your own life unfavorably to the lives of others. First, stop comparing yourself to anyone else because you will usually find yourself lacking. Rather than falling into the trap of only looking at the ways in which it seems you are deficient, consider keeping a gratitude journal or verbally express things for which you are grateful. Refocusing your thoughts in this way can help protect you from the negative effects of comparison and envy.

Do something for someone else

Sometimes when you are feeling worthless, focusing attention on someone other than yourself can help. Research has shown that engaging in activities like volunteering for your community or helping someone else in need can have a positive effect on a person's happiness and well-being. Being kind benefits the helper as well as the receiver.

Reframe your thoughts

When a negative thought occurs, consider asking yourself the following:
• Is my thought true?

- Do I have evidence to support it?
- Where does this thought come from?
- If it is from something someone said, are they a reliable source of information?
- Did they have my best needs in mind?
- If the thought may be true — perhaps a mistake was legitimately made — what can I do differently moving forward?

A few positive phrases you might want to apply to neutralize negative self-talk:

- I love, (accept, value, appreciate, etc.) myself exactly for who I am.
- I forgive myself for any past mistakes.
- I am strong and courageous and I trust I will get through this.
- I have the power to change my thoughts.

Encourage forgiveness — for yourself and others

We often carry needless and toxic guilt for things we may have done or failed to do, many of them imagined. Feelings of worthlessness are often conjured by lingering guilt. Practicing forgiveness is an effective way to put those feelings to rest.

Practice presence

Bringing yourself into the present moment really helps because most of what we dwell on are experiences from the past or anxiety about the future. Learning to practice mindfulness (bringing yourself into this present moment) allows you to question your thoughts and emotions. This enables you to pause, take a step back and inquire whether the thoughts are helpful or unnecessary; beneficial or hurtful.

The takeaway from this article is that although you might notice your critical mind chattering away, it no longer is as important as it once seemed. This gives you the freedom with which to choose the direction you want to take your life. Having a fault-finding, threat-detecting mind is not the problem; rather it is your response to that critical mind that becomes the trap.

Be patient with yourself while you take a more objective look at your thoughts. You will likely see that you have far more competence and capability than you recognize; that there is so much to be grateful for and it is unnecessary to believe your disapproving way of thinking. Even though you may be unable to stop your mind from continuing to spew negative thoughts (which is expected) you now know what to do about it.

Barbara Pickholz-Weiner, RN, BSN, CACIII, MAC, EMDRII is the program director of Journeys Counseling Center, Inc. At Journeys we teach you tools, skills and help you discover resources to live the most effective life possible. We guide, support and coach you along the path you desire, to become the best version of yourself. To contact Barbara, call 719-510-1268 (cell).



Growing Ideas Autumn joy

by Karen Anderson "The Plant Lady"

September greetings gardeners and friends in our surrounding communities. In our high-altitude regions, this month typically offers relief from the summer heat with milder weather, warm comfortable days and cool autumn nights. The air is crisp and refreshing with light jackets and stocking caps coming out of the closet for donning in the early morning hours in the great outdoors.

I welcome this seasonal change with gratitude as work and play in the gardens are considerably more pleasant for me. I am happy to fully immerse myself in working with the land. It grounds me to Mother Earth while the world events are spinning around rapidly and in so many dizzying directions. I practice focusing on bringing the spiritual into the physical, as I pray to The Creator for guidance on all levels. The Fall Equinox occurs on Wed. September 22 this year at 3:20 p.m. to be exact. In simple terms, the word equinox comes from the Latin word *aequus*, meaning *equal* and *nox* meaning *night*. On the date of the Equinox, day and night are roughly equal in length. There are many rituals and celebrations around the world honoring this event. We may wish to engage in sacred gatherings with cherished company to give thanks for our plentiful harvests and to share our bounty with others. Happy Fall Equinox to one and all.

Also, September is the month of manifestation, bringing your best intentions and actions into reality. This month's birthstone is the Blue Sapphire, signifying the height of celestial faith and hope.

In the gardening world, stonecrops of all kinds continue to bloom with various colors throughout the first few weeks of September and then they begin to fade and go to seed. If you wish to harvest

"Autumn days come quickly, like the running of the hound on the moor."

— Irish proverb.

We are about to be dazzled with the seasonal and spectacular splendor of our Aspen trees turning to various shades of golds, oranges and reds. This time of year always makes me feel thankful and appreciative of ...well, everything! For your information, if you didn't know this already, the changing colors of deciduous trees and shrubs isn't necessarily the result of colder weather conditions. Keeping it in simple terms because science is not my best suit, the basic explanation for leaves changing their color is due the amount of daylight or the lack of it and photosynthesis. Reduced light starts chemical changes which are the result of our colorful fall displays created by Mother Nature. So, let's enjoy the Leaf Peeping while it lasts. It passes very quickly.

I am happy to answer any inquiries you may have regarding high altitude, organic and native gardening. You can reach me at 719-748-3521 or e-mail plantlady@speaks@gmail.com. Happy Houseplants, Blessing Beads, Talking Sticks and many other gift goodies are still available at the Outpost Feed Store in Florissant, Shipping Plus in Divide and at Mountain Naturals in Woodland Park. You may also contact me personally for more information or custom orders. It has been a great summer and I have enjoyed meeting new friends and connecting with other *plant people* from years past. I hope to continue our journeys together in the fascinating and fulfilling world of gardening. Until next time, as always, Happy Gardening and wishing you the best that Autumn 2021 can bring.

I have never really been interested in purchasing the traditional fall mums that are beautifully displayed at many of the stores these days — until now. I had assumed (and we all know what that means) that these delicate looking plants would never overwinter at 9,000 feet. However, this is where I am a student as well as a teacher because my good friend Rose who gardens in Woodland Park has



Chrysanthemums are beautiful!

experienced success in planting mums in the fall and reappearing healthy and happy the next spring. Live and learn! Good job Rose, and thanks for sharing this knowledge with me. I've also learned over the years to never say never. So, for around \$1.50 each for a small-ish mum plant coming in three different colors, I decided to splurge and buy a dozen to see what happens in my garden. You may want to venture out and do the same... it's worth a try. By the way, where did the phrase "mums the word" come from? Well, to the Google I go to find out. The expression dates from about 1700 and is a popular English idiom. *Mum's the word* is an admonition to keep something quiet or secret or to remain silent. It is also derived from the humming sound a closed mouth makes. Shakespeare wrote, "Seal up your lips and give no word but mum." Good advice on so many occasions I'd say. The Latin name for Chrysanthemum is *Chrysanthemum Asteraceae*. Anyway, there you have it.

We are about to be dazzled with the seasonal and spectacular splendor of our Aspen trees turning to various shades of golds, oranges and reds. This time of year always makes me feel thankful and appreciative of ...well, everything! For your information, if you didn't know this already, the changing colors of deciduous trees and shrubs isn't necessarily the result of colder weather conditions. Keeping it in simple terms because science is not my best suit, the basic explanation for leaves changing their color is due the amount of daylight or the lack of it and photosynthesis. Reduced light starts chemical changes which are the result of our colorful fall displays created by Mother Nature. So, let's enjoy the Leaf Peeping while it lasts. It passes very quickly.

Editor's note: Chrysanthemums are beautiful! However, caution to cat owners; Chrysanthemums contain pyrethrins, which are particularly poisonous to cats.

PROPANE

Residential and Commercial Propane Delivery...
No additional fees.

Glaser
ENERGY GROUP, INC

Divide
650 County Road 5

(719) 687-1180

the best of Teller County

THANKS FOR VOTING US BEST OF TELLER COUNTY 2021!

Mountain Naturals

COMMUNITY MARKET

Organic Foods | Local Produce | Gluten-Free | Grass-Fed Beef | Pet Food

719-687-9851
790 Red Feather Lane • Woodland Park
Hours: Mon-Fri 9am-7pm • Sat 9am-5pm • Sun 10am-5pm

CELEBRATING OUR 29TH YEAR!
OUR CUSTOMERS ROCK! THANK YOU!

The Bakery

336 Main Street
Guffey, CO
719-631-1963
dana@theguffeybakery.com
www.theguffeybakery.com

- Breakfast
- Pastries
- Breads
- Sandwiches
- Cookies
- Pizza
- Dinners
- Mexican buffet

Friday 4-7

Summer Hours:
Thurs. 8-3, Fri. and Sat. 8-7,
Sun. & Mon. 8-3

Featuring classic Italian cuisine.
Saturdays 2-7pm
Reservations recommended!

MONDAY, SEPTEMBER 6TH, 2021

Mirage

LABOR DAY WEEKEND

3pm - 7pm

Where you're always treated like a neighbor and a friend!

Laura Owens

Your specialist for rural mountain properties in Southern Park & Western Teller Counties.

PO Box 7 Guffey, CO 80824
719.689.5501
laura@saddleuprealtyco.com
www.saddleuprealtyco.com

Saddle Up Realty

REALTOR

Equal Housing Opportunity

DUNGEON Body Art Studio

TATTOOS & Piercings

Body Art Studio

WORLDWIDE AWARD WINNING TATTOO ARTIST
RICHIE STREATE

503 Main St. • Cañon City, CO
richietats@msn.com
TheDungeonInc.com
719-275-5050
CELEBRATING 12 YEARS IN BUSINESS!

Florissant Fire Rescue

CHILI COOK OFF

September 11, 2021

11am-3pm

Station 1

2606 US Highway 24



Contact Sue.Davis@FlorissantFire.com for tickets, information or questions.

- Family Fun!
- Chili Cook Off
- Bring your winning chili!
- \$10 donation entry fee
- Trophies for 1st, 2nd & 3rd
- Come & Eat & Judge!
- Adults \$5 donation
- Kids \$3 donation
- Petting Zoo
- Chicken Poop Bingo @ 2:00
- Win this Amish Quilt!
- Sign up for Free Smoke Detectors or CO Detectors, limited quantities
- And More!



Julie on the left and Gary Clark in front of their new shop The Flipping Peddler — A Pickers Marketplace in Florence.

The Flipping Peddler

by Flip Boettcher

photo by Flip Boettcher

The newest shop to open in Florence is called The Flipping Peddler — A Pickers Marketplace, owned and operated by Gary and Julie Clark. This is their second Flipping Peddler. The first store was opened March 15, 2019, in Colorado Springs. The Flipping Peddler, Florence, just opened July 15 and is located ½ block off Main Street at 117 South Petroleum Street.

The couple purchased the old 1960s Eagles Lodge. The building had been moved in four sections from Chandler, an old mining town off State Highway 115 west of Florence, according to Gary. The building actually has old 6-foot-by-4-foot beams and the Clark's have put in an old 1950s front door from the Broadmoor Hotel in Colorado Springs. The couple started remodeling the building last October.

Gary said it was hard to come up with a good name for the stores, but he said that all peddlers are flippers. They buy some-

thing for \$1 and turn around and sell it for \$3, so...hence the name. The couple has had 35 years of experience in the antiques and remodeling businesses.

The Peddler has a 1940s theme, said Gary. The shop vendors have their own space and are not on consignment. The couple is also willing to teach the business to vendors. Right now, there is space available, said Gary, but he expects to be full by October.

The Clark's occupy the downstairs with their items and Julie has her vintage linens and laces there. The couple wants to market Florence. They really like the small-town atmosphere, with everyone supporting each other, said Gary.

The Flipping Peddler is currently open Thursday-Sunday 10-5 p.m. but hopes to expand their hours soon. You can reach them at gc@theflippingpeddler.com.

Adopt Me by TCRAS

La Dixie

This active girl would love to go hiking and learn agility. La Dixie is a 4-year-old, Terrier-Pit Bull mix. Also, she is the best cuddler. Come on, what are you waiting for? Come and spend some time with this lovely dog. "I am part of the Paw-in-Hand — No Limits program! Ask a TCRAS human for more info!" says La Dixie. Call 719-686-7707 or visit us at 308 Weaverville Road in Divide.

This space donated by the Ute Country News to promote shelter animal adoption.



COME DO TIME WITH US!
Explore the history of Colorado Prisons.
See the stories behind the walls!

Reg. Admission:
Adults: \$10 • Children: \$8

Open EVERYDAY 10am-6pm
(May 1st-Sept 30th)
Wed-Sun 10am-5pm
(Oct 1st-Apr 30th)

201 N. 1st St., Canon City, CO
719-269-3015
prisonmuseum.org

MUSEUM of COLORADO PRISONS

Opinions wanted on land conservation, outdoor recreation

Palmer Land Conservancy, a regional land conservation champion, along with 10 other outdoor recreation and land conservation nonprofits, have launched Elevate the Peak, a collective visioning initiative charged with the development of a 10-year implementation plan to guide current and future land conservation and recreation efforts in the Pikes Peak region.

The initiative wants your two cents. The goal is to better understand how Coloradans of all ages, backgrounds, and identities use our outdoor spaces to work, play, escape, engage, and connect. Elevate the Peak wants to learn what neighbors love about calling the Pikes Peak Region home, as well as what excites, inspires, and concerns Pikes Peak residents as our region enters a period of unprecedented change.

Elevate the Peak is asking the communities of El Paso, Fremont, Park, and Teller Counties to share input on regional priorities forecast over the next 10 years. To kick off the project, community members are invited to participate and connect to the effort by going to Elevatethepeak.org to register and take a short five-minute survey and sign up for updates.

Once a week through September, Elevate the Peak will randomly draw a survey participant to win prizes including rafting trips, fly fishing expeditions and gift cards to Downtown Colorado Springs, local farms and more.

"Now more than ever, as our region

experiences unprecedented population growth, we collectively recognize the importance of safeguarding and stewarding the land. Together, with the community's input, we can create a new vision for the future, prioritizing and aligning projects, earmarking funds, and protecting the region's crown jewel — our great outdoors," states Rebecca Jewett, President and CEO, Palmer Land Conservancy.

Elevate the Peak is led by an 11-person Leadership Council and will bring together the conservation, outdoor recreation, and the public, private, and philanthropic sectors through a multi-tiered, six-month, engagement initiative. It will include web-based community engagement and a series of geographically targeted conversations to listen and learn from all corners of the community.

The regional Leadership Council represents El Paso, Teller, Park, and Fremont Counties and includes Catamount Institute, Gold Belt Byway Association, Trails and Open Space Coalition, Coalition for the Upper South Platte, Colorado Cattlemen's Agricultural Land Trust, Palmer Land Conservancy, Pikes Peak Outdoor Recreation Alliance, Pikes Peak Community Foundation, Rocky Mountain Field Institute, Fremont Adventure Recreation and Medicine Wheel Trail Advocates.

"While we are focused on conserving Colorado's western heritage, ranch lands and agricultural productivity, we understand the importance of collaboration. Elevate the Peak takes a regional



CUSP School Creek Monitoring



CUSP Crew Fire Recovery

Cover: photo by Mike Menejee

approach to assessing land conservation and it is critical to have community input. We are proud to be a part of the initiative as we engage a variety of organizations, stakeholders, and land managers in creating a long-term plan for the region," states Maggie Hanna, Colorado Cattlemen's Agricultural Land Trust and member of

Previous studies have shown that the range of public and individual benefits from public parks and open spaces is extensive and include a higher quality of life through recreation, a reduction in medical expenses, improved air quality, clean drinking water, and a stronger economy.

For more information on Elevate the Peak, visit Elevatethepeak.org

Govenors sign Executive Orders



Tribal leaders were on hand as Colorado Gov. Jared Polis signed Executive Order to rescind 1864 proclamations that allowed for the killing of American Indians (Photo/Twitter)

Earlier in August, Colorado Gov. Jared Polis (D) signed an Executive Order rescinding a pair of 19th century proclamations that granted the right to kill American Indians.

The original proclamation was signed in June 1864 by then Territorial Governor John Evans. Evans issued a proclamation that "intended to prevent friendly Indians from being killed through mistake... The war on hostile Indians will be continued until they are all effectually subdued."

On August 11, 1864, Evans issued another proclamation that authorized Colorado Territory citizens to "kill and destroy as many enemies of the country, wherever they

may be found, all such hostile Indians."

Those who killed Indians were given property as a reward. The two proclamations set the stage for the Sand Creek Massacre on Nov. 29, 1864, resulting in the deaths of at least 133 Cheyenne and Arapaho women, children and elders by 700 members of the Colorado territory militia.

Gov. Polis called Evans' proclamation shameful and found it necessary to remove a gross abuse of power for a dark period of Colorado's territorial history. Colorado became the 38th state of the United States on August 1, 1876.

Kathy Turzi, Executive Director of One



Navajo Nation Vice President Myron Lizer; Navajo Code Talkers Samuel F. Sandoval, Thomas H. Begay, and former Chairman of the Navajo Nation Peter MacDonald, Sr., Arizona State Sen. Jamescita Peshlakai, Arizona House of Representatives Speaker Russell Bowers, and Arizona Gov. Doug Ducey during a signing ceremony of SB 1802 at the Arizona State Capitol on August 19, 2021. (Photo/Navajo Nation)

Nation Walking Together in Colorado Springs had this to say:

"As a nonnative who serves natives, I am not an expert to speak on this proclamation, but I can share my thoughts. This proclamation should have never been signed into place by Governor Evans. I am glad Governor Polis recognizes this and signed his proclamation. Though this will not change the history here, I do hope it changes the future. I believe this is a step forward empowering the Native

voices to be heard. The many people I talk to about the organization I serve too often do not know Natives are not extinct or that reservations still exist. That should say enough. We in Colorado Springs and surrounding areas live and work on stolen land and people should know the accurate history and that we have Natives of many tribes living in the community. The need for Native issues to be heard and addressed is paramount for change in the lives of those I have the privilege to serve."

ACADEMY STAR TATTOO
BEST IN TELLER COUNTY

FULLY VACCINATED
the vaccine is free, a hospital stay is \$100,000.00. I choose FREE

500 E. MIDLAND AVE.
woodland Park Colo.
687-8181

Lenore Hotchkiss
Real Estate Broker
(719) 359-1340



Lakeside Custom Home

North of Woodland Park, on 1.20 acres in a gated community. 2242 SF home w/3 car garage, creeks/lakes in front of home with national forest surrounding neighborhood. Main level living, 3 bedrooms, 3 baths, large loft, custom kitchen, great storage. MLS # 8700332. \$749,000.



80 Acres, 4700 SF Home

Fenced, barns plus studio/workshops. Beautiful home with three levels, fireplace, decks & porches & views. Private yet convenient location in Park County. \$1,100,000.



25 Acre Ranch, Divide

Beautifully done cabin with massive stone fireplace, barns, warehouses, offices and sheds. Great horse set up with arena, loafing sheds, fencing, and trails throughout property. \$1,200,000.



National Forest, 9 Acres

5300 SF home bordering National Forest, very private but only a few minutes from pavement west of Lake George. 5 bedrooms, 8 baths, large loft, separate apartment. 3 car garage plus large barn. Beautiful setting. MLS #5452240. \$995,000

This is one of the hottest markets seen in a long time, and a great opportunity for sellers right now. Call me if you're considering selling your home.

LenoreHotchkiss@gmail.com
www.LenoreHotchkiss.com
P.O. Box 526 • Woodland Park, CO 80866



LOG HOME RESTORATION



Media Blasting | Staining
Chinking | Sealing
Rebuilding Decks and Railings

Paul Schmucker
(719) 580-8094
pjhitchingpost@gmail.com

HITCHING POST


FILL UP SPECIAL VOLUME DISCOUNTS

Global Propane

\$1 799
Gallon
500 GALLONS PLUS


(303) 660-9290
Family Owned Business

Critter Corner



Ranger acting goofy ~
Linda Rinkor, Florissant, CO

South Park City Kitty, Thelma - Jeff Hansen, Florissant, CO



Have a cute critter? Send us your favorite critter photos and we'll feature them here in the Critter Corner! Indoor or outdoor pets or wild critters are what we're looking for. We will not accept any photos depicting cruelty or harming animals in any way. Email your critters to utecountrynewspaper@gmail.com. Be sure to include the critter's name as well as your name.

The Handsome Stranger

by Gilrund the Historian

Mystie flew into the bedroom window of Glacia's tree home like something was after her. Her other three friends were there sharing the events of the day as they sat and lay on Glacia's bed.

"Hi, Mystie," called out Avi as she watched Mystie fly through the window, "Is something wrong?"

The other two fairy girls were looking at Mystie too.

"What's the matter, Mystie?" asked Crystal and Glacia at the same time.

Mystie plopped down on the bed of soft moss and caught her breath as the others watched.

"There is a new boy on Winter Mountain!" she announced, "He is so handsome. I couldn't believe my eyes when I saw him flying into the Queen's palace. I think I'm in love!"

Then the questions started, what does he look like? What does he want with the queen? Was he carrying anything? How was he dressed? Did you talk to him?

Mystie started laughing as she looked at her friends and tried to answer all the questions.

"He was tan skinned with hair as black as the night and a smile that was inviting. When he said Hello to me, his voice was deep and soft. His eyes were a dark brown and twinkled when he smiled at me. He was dressed in a deep green fairy boy suit like I've never seen before. He was carrying a Message Leaf that I'm sure was for the Queen."

"How could you know all of these things?" Glacia laughed, "You just saw him fly by and then into the palace."

It was quiet for a few moments and then Glacia said, "I wonder if he is an envoy from another fairy kingdom?"

Then she got really quiet

and said, "Perhaps he is seeking the Queen's hand."

Avi looked at Glacia and whispered, "Or he might have been sent by the king of another kingdom to ask for the Queen's hand in marriage."

"Don't be silly!" replied Crystal, "The Queen would never accept anyone without first seeing and meeting him. I know that I wouldn't!"

It was quiet for another moment and then Mystie's eyes got really big and she said, "He might be here on a secret mission from another kingdom! What do you suppose it could be?"

"Well, I'm sure that we four will be asked to help with it," announced Glacia, "After all, we have carried out lots of 'Missions' for the Queen. She would have to ask us for help. We'll just have to wait and see."

The four friends sat quietly for several minutes, waiting, and nothing happened. Then an hour passed as they started discussing how they saved all of fairy kind when they got the Fairy Heart away from the evil Whispering Death spider.

Glacia got off her bed and looked out of her window expecting to see someone coming for them, but no one was there.

Then they talked about how they were the ones that were instrumental in the return of the Mystic Diamond. They talked of how they saved all of Winter Mountain that time.

Avi slipped off the bed and walked over to look out the window and saw no one, then returned to the bed as Mystie started talking of how they had defeated the snake that had tried to kill and eat Avi.

"What about the time we flew all that way down south and found the Pink Pearl," said Glacia.

"Yeah! and found that boat in the sea and brought it up from the bottom and dried it out," said Crystal.

"Yes, and then sailed it all the way back to Winter Mountain and gave the pearl to the Queen," added Avi.

"Remember the big oyster thing that had the Pearl in its mouth?" returned

Crystal, "That was no fun!"

"We could have been eaten, but we did it," said Mystie, "Look at all of the fairies that it helped save from that awful sickness that had come upon Winter Mountain."

It was quiet for a few minutes more and then there was a tapping at the bedroom door and all the girls jumped up and went to the door.

Glacia quickly opened the door, but instead of a messenger from the Queen that they were expecting, there stood Glacia's mother with a plate of pollen cookies and some nectar to drink.

"I thought you girls might be wanting a snack," she said as she walked into the bedroom and placed it all on a small table, then left the room.

All the girls grabbed a cookie and some sweet nectar and sat quietly as they ate the goodies.

Avi swallowed and said, "Remember the Caves of Fear that Mystie found? Now that was a real adventure. Even the Queen didn't know about those caves."

"Or about the weird creatures that were in them," replied Glacia, "I felt like we were in a whole different world."

Avi looked down at the floor as she said softly, "I really liked the nectar that we found in the flowers there. It was a whole lot better than what we have here on the Winter Mountain."

"Perhaps that was because it was under Winter Mountain," replied Mystie, "You drank way too much of that nectar, Avi."

"It wasn't my fault," Avi cried out, "There was a hole in the flower when it closed, and the nectar poured out on top of me. I had to do something to get it all off me. I couldn't even fly, so, I drank it and licked it off. It sure was good."

"Those giant ants would have had you for lunch if you didn't clean it off. I remember!" added Crystal.

"That was a close one for sure."

"Well, we still don't know what



that young fairy boy came here for," continued Avi, "I can't believe we haven't been called for. It has been over an hour."

Glacia suddenly looked up at the other girls and whispered, "What if he is an assassin sent to kill the queen! He could be from some other, evil, king that wants Winter Mountain for himself and will do anything to get it!"

"I don't know," said Mystie, "He was awful handsome for an assassin."

"Oh, Mystie," groaned Glacia, "Bad guys don't have to be ugly; they can be handsome too. That way they can trick their victims into trusting them and not be suspected until it's too late. Then it's 'Whack' and their victim is dead and then the body is hidden in some dark and damp place that no one can find for a long time."

"Really?" cried out the other three fairies as they looked at Glacia.

"Oh, yes, it happens all the time," replied Glacia, "My dad told me that just the other day when he caught me sneaking some pollen cookies out of the pantry. He said that I should always ask first, because you never know who might be hiding behind a closed door."

Avi quickly put the cookie that she had in her hand back on the tray and placed her hand on her lap as she looked carefully around the room.

Crystal gulped down her mouthful of nectar, as she stared at Glacia in fear. Mystie bit into her cookie as she softly said, "Maybe, but he was awfully handsome."

"What are we doing, sitting here talking, when the Queen could be in danger?" cried Avi, "We have to go and protect her!"

"You're right!" said Glacia, "We can't just sit here, let's go!"

The four fairy girls quickly flew out of the window of Glacia's bedroom and flew as fast as they could toward the palace.

"I hope we aren't too late!" called out Crystal as they flew.

Soon they landed at the Golden Gate of the palace and saw that the guard was still standing at the door.

"Shouldn't you be inside protecting the Queen?" said Glacia.

The guard looked at her and asked, "Why?"

"There is a stranger in there with the Queen," answered Avi, "He could be an assassin sent from some evil king wanting to take Winter Mountain for himself. Don't you care?"

"The 'stranger' that you speak of is just a messenger from the kingdom of Zorr," replied the guard, "He is here to ask our queen if she would be able to attend a Ball in honor of that queen's birthday. I really don't think there is any threat."

"A lot you know!" said Mystie as the four fairies rushed to the door and opened it as the guard turned to stop them.

The Queen heard the door crash as it hit the wall and looked to see what was happening.

She smiled when she saw who it was.

"What a pleasant surprise," said she as the handsome stranger also turned to see what had caused the loud noise, "I'm so glad that you four have come. I would like you to meet Sir Pinecrest of the Kingdom of Zorr. He has come to our Winter Mountain to invite your Queen to their Queen's Birthday Ball that is coming in a few weeks."

"Sir Pinecrest, these are four of my best subjects. They have done much to keep Winter Mountain safe. I am deeply indebted to all of them."

The four girls all bowed to the Queen and her visitor. Then as the



other three started to speak to the young fairy boy, Avi took the queen aside and told her of their suspicions.

The Queen was astonished at what she heard and looked over at the young handsome fairy boy as Avi spoke to her.

"He looks innocent enough to me," the Queen said, when Avi stopped to take a breath.

"Just don't be caught alone with him at any time," whispered Avi, "That is when they strike."

"Really? Oh, my goodness! Thank you Avi," replied the Queen, "I shall be most careful."

Avi stood next to the Queen when they had finished talking and gave the others a look that told them that she had informed the Queen of their suspicions.

As Avi walked to join her friends the Queen spoke again, "Ladies, I didn't finish telling you about Sir Pinecrest," she went on, "Not only is he the only Fairy Emissary of the Kingdom of Zorr, but he is also my sister's only son, which makes him my nephew. He is most welcome in my kingdom."

Mystie looked at her three friends and said, "I told you he was handsome."

Chuck Atkinson of Como, CO enjoys writing fiction stories and treasure hunts for the children at his church. We are pleased to have him contribute to the only fiction in our Ute Country News.

WANT TO BE A BETTER VERSION OF YOURSELF?

Discover Your Own Path, so You can Feel More Comfortable, Confident & Peaceful. You will learn valuable tools & how to use them to Make a Difference in Your Life. Get New Perspective Quickly.

- RN • Psychotherapist • Brain Injury Specialist
- PLT (Past Life Regression Therapy) • Healing from Trauma
- Quit Smoking Hypnosis (and other habits)
- EMDR (Eye Movement Desensitization Reprocessing) • Hypnosis

Find Hope, Freedom & Peace.

Cell: 719-510-1268

Web: journeycounselingcenter.com



Barbara Pickholz-Weiner

2021 Public Shooting Days

Hosted by the Teller County Shooting Society at the Gold Camp Shooting Sports Center

10 AM to 3 PM

September 4, 5, 11, 12, 19, 25, 26;

October 2, 3, 9, 10, 17, 23, 24, 31;

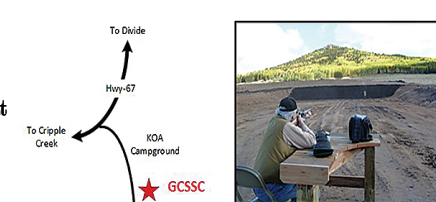
November 6, 7, 13, 14

Adults - \$15.00 per day 18 and under \$10.00 per day

**** Be sure to visit www.tcss-co.org for schedule updates ****



The TCSS is located at 1805 Teller CR-81, one mile south of the KOA campground.



The BOOK NOOK
used books & other treasures

A Buena Vista Destination

GAMES, PUZZLES, TOYS, ART SUPPLIES, ANTIQUES, COLLECTIBLES

SCIENCE & ART KITS & ACTIVITY BOOKS

BOOKS FOR ALL AGES & INTERESTS

SUPPORTING HOME-SCHOOLERS

IN-STORE AND CURBSIDE SERVICE

Facebook: The Book Nook
Website & online inventory:
www.thebooknookbv.com
EMAIL: owenkath64@gmail.com

127 S. San Juan Ave • Buena Vista, CO • 719-395-6868

Divide COLLISION CENTER
Quality Work Since 1974!

Auto Body and Paint Repair • Insurance Claim Estimates

WE DO IT ALL!

Hundreds of Satisfied Customers

- Boat Repairing & Refinishing
- Plastic & Fiberglass Repair
- RV Body & Frame Repair
- All Insurance Companies
- All Types of Painting
- Hail Damage Repair
- Auto Glass Service

FREE Estimates!

178 Weaverville Rd., Divide (719) 687-7683

DayBreak
An Adult Day Program

Now Accepting New Participants

Love. Patience. Acceptance. Respect. Humor. Community.

give! **A+** **ACCREDITED BUSINESS** **Find us on Facebook**

404 N. Highway 67
PO Box 4777 | Woodland Park, CO 80866
719.687.3000 | www.daybreakadp.com

BENCHMARK MORTGAGE
Auto-La-Tex Financial Services, LLC NMLS# 2143

719-687-2112

517 S. BALDWIN STREET
WOODLAND PARK, CO 80863

MOUNTAIN HOME LOAN SPECIALISTS

At Benchmark, we pride ourselves on our ability to satisfy our borrower's needs. Our goal is to make the loan process as simple and worry free as possible. Whether you want to refinance for a lower mortgage rate, finance a new home or purchase a second home, we put your needs first!

- Conventional Loans
- USDA Loans
- FHA Loans
- Jumbo Loans
- VA Loans



DIANE BEAUMONT
BRANCH MANAGER/LOAN ORIGINATOR
NMLS #247026
BENCHMARKCOLORADO.COM

Ark-La-Tex Financial Services, LLC NMLS# 2143
(www.nmlsconsumeraccess.org). All loans subject to borrower qualifying. This is not a commitment to lend. Other restrictions may apply. (<https://benchmark.us>)

The Thymekeeper



Mari Marques
1870 CR 31 • Florissant
719-439-7303
mugsypad@aol.com
thethymekeeper.com
Herbs & Oils • Folk Remedies
Private classes available.

Tumbling Trout Fly Shop



GUIDED FISHING

**Private Property
and BEYOND!**
(720) 363-2092

Incident at the Kalamazoo Gold Mine

by Steven Wade Veatch

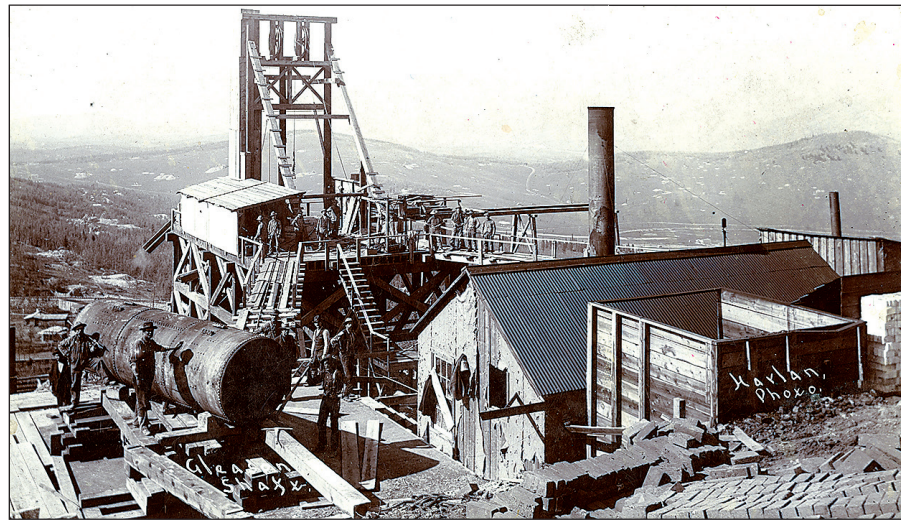
During the cold day of December 27, 1901, Martin Gleason, a mining superintendent working in the goldfields of Cripple Creek, Colorado, was attacked in the shadows of the Kalamazoo mine. Gleason's assailant struck him on the head and then pushed him into a mine shaft, where he fell 500 feet to the bottom of the mine. The attack left behind two things: Martin Gleason's corpse and footprints suggesting a struggle. What brought Martin Gleason to this grim end?

Martin Gleason was born in Queenstown, Ireland, on December 25, 1848. When he was 18, he immigrated to America. Gleason worked for 15 years in the Pennsylvania coal mines before coming west to Colorado in the early 1880s. He ended up working for the Consolidated Gold Mines Company in the Cripple Creek Mining District in 1898. Two years later, the Woods Investment Company employed him as the superintendent of the Wild Horse, Deadwood, and Battle Mountain mines.

Things were looking good for Gleason. His reputation as a hard-as-nails mining man brought him success in the mining district.

Prior to Gleason becoming a mine superintendent for the Woods Investment Company, the Cripple Creek Mining District experienced its first labor strike in 1894. The union called a strike to resist wage cuts and a longer workday. Specifically, the miners demanded a minimum daily wage of \$3.00 and an eight-hour workday.

During the strike, James C. Veatch, former Denver chief of police, arrived in Cripple Creek with a force of 125 heavily armed deputies, mainly former policemen and firemen, to confront the striking miners. The pro-labor Populist governor Davis Waite used the state militia to stop this army of deputies from advancing on union miners. The strike was resolved in favor of



View of the Wild Horse mine. The writing on the left lower corner states "Gleason shaft." The Wild Horse mine was one of several mines under Martin Gleason's management when his troubles with the union deepened. Undated photo by A. J. Harlan. Photo courtesy of the Cripple Creek District Museum (CCDM 82 591).

the miners, and the power of the union was firmly established in the mining district.

After the miners won the strike, the union's power continued to expand, and by 1902, unions organized most of the workers in the district, including bartenders, clerks, cooks, waitresses, laundrymen, and newsboys. However, power soon began to shift from the unions to the mine owners and capitalists. Trouble brewed as organized labor worked to maintain its authority while intimidating miners to either join the union or leave the district. Violence escalated. Union thugs threatened miners in their homes and assaulted them as they went to and from their work. Sometimes the beatings resulted in death.

About this time, Martin Gleason, the superintendent of several local mines, aroused the enmity of the union as he supported nonunion labor. According to an article in the *Victor and Cripple Creek Daily Press* (December 28, 1901) Gleason "had the reputation of not discriminating in the employment of men."

Gleason further antagonized union bosses and miners when he hired a black miner at the Wild Horse mine. There were few black miners in the Cripple Creek Mining District, and when the Wild Horse mine employed another black miner, most

of the white miners opposed the hiring. Gleason reminded the angry miners that President Lincoln had issued the Emancipation Proclamation 35 years earlier and that they should show some "brotherly love." Gleason's remarks held no sway, and the white miners refused to go work with the black miner.

The circumstances turned lethal. Two days after Christmas, 1901, Martin Gleason, 50 years of age, was found dead, with his head crushed in, at the bottom of the Kalamazoo shaft — Miners brought his mangled body up 500 feet to the surface. The Woods Investment Company, Gleason's employer, offered a \$5,000 reward for the capture of his killer.

Several men were charged with this crime but were later released. According to S. E. Poet, the principal of the Victor High School, "the murderer was never brought to justice." We may never know who murdered Martin Gleason.

Although Martin Gleason worked for mine owners as a superintendent, he was sympathetic with the plight of the miners. As he tried to bridge the two worlds of labor and capital, Gleason became a grim statistic in the violence leading up to the second (1903-1904) of two Cripple Creek labor strikes.



Encampment of state militia on Bull Hill, Cripple Creek Mining District, June 12, 1894. Cripple Creek was the site of two labor conflicts: the first in 1894 and the second one in 1903-1904. Photo by A. James Harlan. Courtesy of the Cripple Creek District Museum.

Adopt Me by AARF

Sadie

Sadie is a Shepherd/Husky mix from our rescue partners in Texas. She's an affectionate girl about 1.5-2 years old, relinquished by her family. Sadie is well socialized and eager to please. She'll be a good family dog. To set an appointment to meet Sadie call Dottie at 719-761-5320.

This space donated by the Ute Country News to promote shelter animal adoption.



Blues on the Mesa!

by A Music Company, Inc.

A Music Company Inc. is thrilled to announce Blues on the Mesa, a one-day festival featuring national, regional and local talent. Without a blues festival planned for Colorado Springs this year, local music promoter Amy Whitesell has stepped up to produce Blues on The Mesa. Gold Hill Mesa, a master planned community in Colorado Springs, is the title sponsor hosting the festival. Blues on the Mesa is scheduled for October 2, 2021, at Gold Hill Mesa, 142 S. Raven Mine Drive, from noon to 6 p.m. An "after party" will follow inside the community room at Gold Hill Mesa from

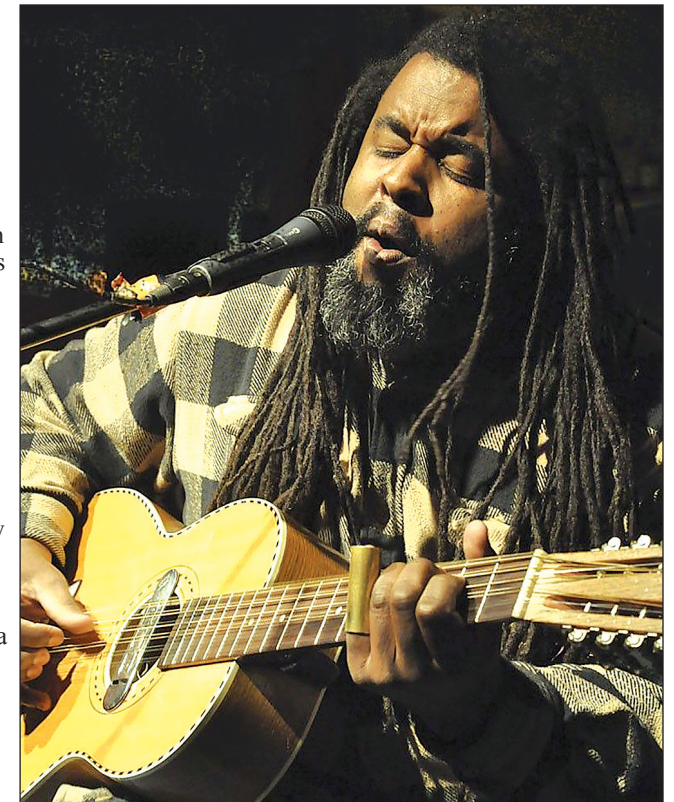
6-9 p.m. featuring the band BJ Estares and Route 61. The Pikes Peak Blues Community, a non-profit 501 (c)3 organization will receive a portion of all proceeds and host a silent auction and young people's stage, School of Blues, featuring the band Take 2.

The festival, in an effort to bring out fans early, will break protocol by starting the event with what could be considered a headliner, a 2004 Grammy Award winning artist who has toured the world over, Alvin Youngblood Hart. Mr. Hart is also the recipient of the prestigious W.C. Handy award for best new artist in 1997. Blues-



Janiva Magness (cover: Buddy-Whittington)

man Taj Mahal once said about Hart, "The boy has got thunder in his hands." Next on the bill is The Cass Clayton Band, regional favorites blending influences of blues, rock, funk and soul in a new way. Ms. Clayton has become renowned for her powerful vocals and soulful slide guitar playing. Following Ms. Clayton is an act that can only be described as a "show within a show." Ladies Sing the Blues, featuring three of Colorado's own blues divas, Jessica Rogalski, Jill Watkins and Peaches Embry backed by the band Mojomama. Ladies Sing the Blues was presented to SRO audiences in the Pikes Peak Region twice by A Music Company Inc. The festival continues with The Buddy Whittington Band. A true Texas "Guitar Hero," Buddy spent 15 years as lead guitarist for legendary bluesman John Mayall. After touring worldwide with Mayall and recording seven albums, Buddy struck out on his own in 2008. He has recorded three solo albums. Closing out the show is a Grammy Award nominated blues/soul artist with fifteen albums to her credit, Janiva Magness. She was named the B.B. King Entertainer of the year in 2009 by The Blues Foundation; only the second woman to receive the award after Koko Taylor. The award was presented to her by B.B. King and Bonnie Raitt. Ms. Magness has earned



Alvin Youngblood Hart

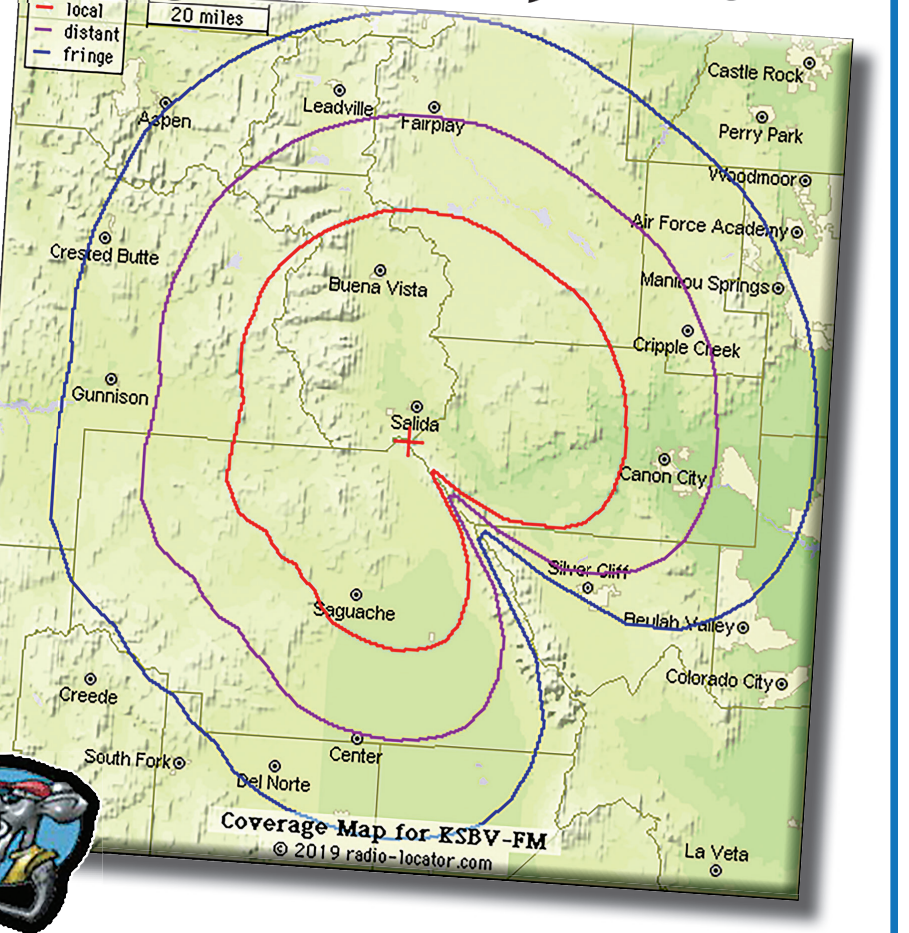
seven Blues Music Awards and received 26 nominations.

Blues on the Mesa will feature a variety of food trucks, vendors featuring handmade and homemade items, as well as beer from five local breweries, bourbon, wine and other alcohol for those 21 and older. Tickets are available online only, at www.BluesOnTheMesa.com and are priced at \$45 for General Admission (an "early bird" ticket is available for \$35) and \$70 for VIP. Tickets may be purchased online through the festival website. A Music Company Inc. (bluesonthemesa.com) For further information contact Amy Whitesell at amusiccompany@hotmail.com or by calling 719-237-9953.

93.7 KSBV RIVER RAT RADIO COVERS ALL OF SOUTH CENTRAL COLORADO WITH GREAT CLASSIC ROCK & 7-CLASSIC ROCK HITS IN A ROW!

93.7 KSBV River Rat Radio is your locally owned Classic Rock station for ALL of South Central Colorado, featuring 7-Classic Rock hits in a row, local news weekdays at 9 AM, Noon, and 5 PM and local

weather throughout the day. KSBV is the only locally owned radio station in the region operated by local resident Marc Scott. KSBV also supports local High School sports. If you'd like to advertise on 93.7 the River Rat, Call Jim at 530-572-8235. 93.7 KSBV the River Rat



VISITS WITH HISTORY

A Series of Sunday Educational Programs

Presented by the Cripple Creek District Museum & City of Cripple Creek

Sundays at 2 p.m.

DATES:
JULY 18
AUG. 8 ~ AUG. 29
SEPT. 12 ~ SEPT. 19
OCT. 10

AT THE
CRIPPLE CREEK
HERITAGE CENTER
NORTH HIGHWAY 67, CRIPPLE CREEK

FREE admission*

***To make a reservation,**
Call 719-689-9540
or visit CrippleCreekMuseum.com

Community Partnership
Family Resource Center

SAVE THE DATES!
Programs for Families of Every Shape and Size

Playgroup
Children ages 5 & under
Mondays: 10:30-11:00am virtually via Zoom
Wednesdays: 9:30-11:00am at Community Partnership

Active Parenting First Five Years
Build a strong bond to give your child a solid foundation to grow upon.
Four Wednesday workshops,
September 1st-22nd: 9:30-11:30am at Community Partnership.
Meal and childcare provided.

Active Parenting Active Parenting NOW
Bring back the JOY of parenting your 5-12 year old and leave a positive, lasting impact on their childhood years.
Six Monday workshops,
September 27th-November 8th;
5:00-7:30pm at Community Partnership.
Meal and childcare provided.

GED Classes
New students (min. age 16) may join GED classes after completing orientation.
Cripple Creek & Divide Classes
Mondays & Wednesdays: 1:00-3:00pm
Woodland Park Classes
Mondays & Wednesdays: 5:00-7:00pm

All events, dates & venues are subject to change

Call (719) 686-0705 for more info
11115 W. Hwy 24, Ste 2D, Divide CO 80814
www.cpteller.org

BULLARD CUSTOM TILE
719-800-2196
Serving the beautiful Pikes Peak Region!

Custom Kitchen & Bath Remodeling
"We add the Value to your Vision!"
Free Consultation for your Project
3-D Design & Estimate Available
bullardcustomtile.com - bullardcustomtile@gmail.com

FILL UP SPECIAL VOLUME DISCOUNTS

Global Propane

\$1.799
Gallon
500 GALLONS PLUS

(303) 660-9290
Family Owned Business

The Pikes Peak Workforce Center works for the success of regional businesses with no-cost, tailored services connecting you to employment-ready job seekers.

Resources available to you include:

- Recruit & Select
- Hiring Events
- Job Fairs
- Analytical Research
- On-the-Job Training
- Transitions & Layoffs
- Pre-Employment Assessment

ppwfc.org

PIKES PEAK WORKFORCE CENTER
A proud partner of the American Job Center network

Paid by U.S. Department of Labor funds

Mixes messages?

by Coalition for the Upper South Platte

We continue to hear about the need to cut trees on our property to maintain a defensible space in case of wildfire and improve forest health. Still, we also hear about the need to plant trees to offset our carbon footprint. Which is it? What is a property owner to do?

As with all things related to climate, the answer to cut or plant trees can be complex. But there are some great resources and experts out there to help us make informed decisions.

We all need to be vigilant and protect our homes and properties from the potential of wildfire. This summer has shown that it isn't just the Wildland Urban Interface (WUI) properties that are at risk; it is the entire community. The Colorado State Forest Service has great resources available, www.csf.colostate.edu, including the Wildfire Risk Viewer and the Home Ignition Zone details.

The short summary is that it is up to each property owner to protect their home and property from wildfire; this includes cutting trees. In this case, cutting trees may help with carbon emissions if they aren't burned in a wildfire. The same is true to open up dense forests and remove diseased trees. A healthy forest will provide more significant carbon benefits than a crowded, weak forest.

What should we do about planting trees? We know that trees absorb carbon and help regulate the climate. Penn State Extension states, "Trees are without a doubt the best carbon capture technology in the world. When they perform photo-

synthesis, they pull carbon dioxide out of the air, bind it up in sugar, and release oxygen. Trees use sugar to build wood, branches, and roots. Wood is an incredible carbon sink because it is made entirely of carbon, it lasts for years as a standing tree, and takes years to break down after the tree dies." <https://extension.psu.edu/how-forests-store-carbon>

According to One Tree Planted, <https://onetreepanted.org/>, one domestic flight takes 64 trees to offset its carbon emissions, and one tree sequesters 48 pounds of carbon annually. Of course, these statements must include the caution that "it depends on the details," but you get the idea. Tools like Aclymate, <https://aclymate.com/>, help small businesses understand their carbon footprint and how to offset it.

It would be challenging for most of us to plant 64 trees for each flight we take. But we can do our part to help replant burned areas. CUSP hosts volunteer groups each summer to plant trees in burn scars. A quick internet search also turns up groups and organizations dedicated to reforestation efforts on a larger scale. The Arbor Day Foundation is one of the better-known, <https://www.arborday.org/carbon/>.

It truly isn't one or the other. We don't have to hesitate to cut trees to increase our property's resilience to wildfire and create a healthy forest. We can help be part of the climate solution by reducing our carbon output and offsetting carbon emissions when we can.

The Colorado Fossil Discovery that Rocked the World

After a year of Zoom and outdoor lectures, the Collegiate Peaks Forum Series will reopen their lecture series with a reception and a presentation by two outstanding paleontologists. The event will be held at the Salida Steam Plant Ballroom and Theater on Sunday, 19 September 2021. The reception will be held in the Ballroom at 5:30 p.m. followed by the lecture in the Theater at 7 p.m. Reservations are required for the reception. Please RSVP to treasurer@collegiatepeaksforum.org with your name, contact information, and the number of attendees in your group. COVID-19 safety protocols, including limited capacity, social distancing and masking, will be in place.

The lecturers for this celebratory event reopening the CPFS will be Dr. Tyler Lyson, curator of Vertebrate Paleontology at the Denver Museum of Nature and Science, and Dr. Ian Miller, formerly of the Denver Museum of Nature and Science and currently Chief Scientist and Innovation Officer for the National Geographic

Society. They will present "The Colorado Fossil Discovery that Rocked the World."

Sixty-six million years ago, a six-mile-wide asteroid slammed into Earth and caused the extinction of more than 75% of life on Earth, including the dinosaurs. This was the single worst day for life on Earth. How and when life rebounded in the aftermath of the extinction has been shrouded in mystery due to a poor fossil record. An extraordinary new discovery east of Colorado Springs preserves a remarkably complete fossil record with entire fossil mammals, turtles, crocodiles, and plants, and paints a vivid picture of how and when life rebounded after Earth's darkest hour. Drs. Lyson and Miller will present their discoveries and discuss their significance in the tracing the regeneration of the earth's plants and animals after the destruction by the asteroid.

Dr. Tyler Lyson is curator of vertebrate paleontology at the Denver Museum of Nature & Science, where he is responsible for the fossil-reptile collection. Dr. Lyson received his Ph.D. and M.A. in geology and paleontology from Yale University, and his B.A. from Swarthmore College. Lyson was a postdoctoral researcher at the Smithsonian National Museum of Natural History before joining the Denver Museum in 2014.

Dr. Ian Miller is Chief Scientist and Innovation Officer with the National Geographic Society. From 2006 to 2021, he was Curator of Paleobotany and Director of Earth & Space Sciences at the Denver Museum of Nature & Science. Dr. Miller received his Ph.D. and M.A. in geology and paleobotany from Yale University, and his B.A. from Colorado College.

Please join us for this enlightening, free event! The Collegiate Peaks Forum Series, now in its 19th year, is a free lecture series with presentations in Leadville, Buena Vista, and Salida. For more information about the CPFS, visit www.collegiatepeaksforum.org. Please remember to RSVP to treasurer@collegiatepeaksforum.org if you are attending the reception!

We're on the web!

- Current Issue
- Old Issues
- Where to find us
- Employment Opportunities

www.utecountrynews.com

The Granite Attraction

Stories of the Pikes Peak Highway and Summit Chautauqua at Pikes Peak Historical Society

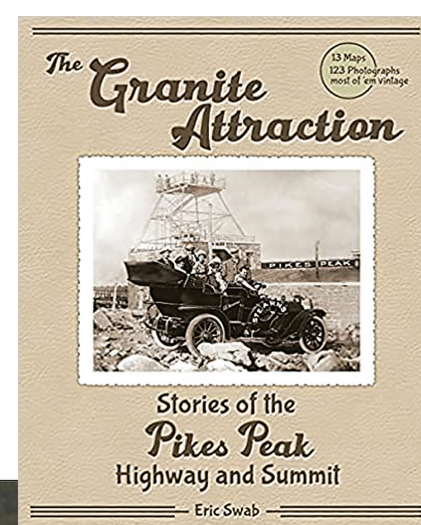
Eric Swab, noted historian from Colorado Springs, will be presenting his latest book, *The Granite Attraction — Stories of the Pikes Peak Highway and Summit* at Lake George Charter School, Sept. 19 at 2 p.m.

This presentation is being sponsored by Pikes Peak Historical Society as part of their Chautauqua Programs. These presentations are free and open to the public.

Swab's book covers the development of the Pikes Peak Highway from 1888 when people began to venture to the summit. America's Mountain became an attraction for visitors and through the years it has been the source of tall tales, stories of hardship, and of failure. Swab did his research and the book shares what he found in exploring the history of this famed mountain. It concludes with the new railway system and visitor's center, which opened this summer.

"Eric has provided a nice mix of historical facts sprinkled with many entertaining stories," commented Don Sanborn, President of Pikes Peak Hill Climb Historical Association.

Swab was originally from California, but after a visit to Colorado Springs, they decided to stay and have claimed it as home for 48 years. In 2003, he retired and began hiking, mostly Pikes Peak. During his hikes, he would find evidence of human activity, which prompted him to do research on the area and its early inhabitants. One of his first projects was the Fremont Foundation



Eric Swab, local author/historian

Experimental Station. Swab has also worked with the forest service and researched Skelton Mountain Ranch near Woodland Park. He has previously published two other books: *From Utility to Attraction — A History of the Mount Manitou Park and Incline Railroad* and *Fred Barr — Pikes Peak Entrepreneur*.

Swab will be offering a PowerPoint presentation on the summit of Pikes Peak and answer questions from the audience. He will also conduct a book signing following the presentation. Copies of Swab's book will be available for sale at the event for cash sales only.

Lake George Charter School is located just East of Lake George off Highway 24; 38874 US-24, Lake George. FMI 719-748-8259 or 719-748-3861.

September Visits with History

The Cripple Creek District Museum will continue their history talk series in September with two presentations. The first talk will take place on September 12th with Zebulon Pike's Expedition into Colorado presented by John Randall. The second presentation will be September 19th with an informative talk on the 1894 Cripple Creek Labor Strike by Gary Horton.

Not all the interest and excitement of the Cripple Creek area had to do with gold. Early on, the interest was in exploration and territory. On September 12th, John Randall will address the 1806-1807 expedition of Zebulon M. Pike into the then southwest portion of Louisiana. It will be centered upon the personal history of Pike and specifically describe the expedition's time in Colorado, including the "discovery" of Pike's Peak.

John Randall, B.A., M.A. from Western Colorado University, is a Colorado native who grew up in Gunnison and has been fascinated with Colorado history all his life. He spent 33 years teaching (with an emphasis in the history of Colorado and the American West) and coaching football. He

now lives outside of Cripple Creek with his wife Leslie, who is a native of Victor.

On September 19th, long-time Victor resident and retired miner, Gary Horton will give an interesting and informative presentation on the 1894 Labor Strike. Gary will explain the events leading up to the strike as well as events that occurred during the 1894 Labor Strike. Gary Horton has lived and worked in Victor most of his adult life and has a keen interest and understanding of the history of the Cripple Creek District.

The Cripple Creek District Museum invites you to learn more about the history of the Cripple Creek District and the Pikes Peak region at the CCDM history talk, Visits with History, on Sunday, September 12 at 2 p.m. and September 19 at 2 p.m. at the Cripple Creek Heritage Center. The Heritage Center is located on Hwy 67 outside of Cripple Creek. This program is presented as a public service of the Cripple Creek District Museum in partnership with the City of Cripple Creek. Admission is free and refreshments are served. Seating is limited. FMI 719-689-9540.

Where is Katee this month?

Katee will be at the Farmer's Market in Woodland Park at Memorial Park from 8-1 p.m. Look for the Tweeds Holiday Home Tour booth.

Katee wants to thank everyone who is continuing to support the Pet Food Pantry with donations so that her canine and feline friends can stay at home with their families.

You can drop off donations at TCRAS, Blue's Natural Pet Market or the UPS Store located in the Safeway Shopping Center, Woodland Park. You can also donate online www.PetFoodPantryTC.com. Thank you for your support!



GRAVE & IMAGE
Stone Carving • Monuments • Repairs
dial 719 209 0730
"Satisfied Customers throughout Colorado"

VICTOR CELEBRATES the ARTS
Show and Sale
Sept. 4 & 5 • 9am-5pm
Sept. 6 • 9am-1pm

En Plein Air paintings are created on location 1 week prior to the show and sale in Victor / Cripple Creek historic gold mining area. Prices for original framed art range from \$100- \$2000. Enjoy!

VictorCelebratesTheArts.org

The Energy to Thrive

IREA is now
CORE Electric Cooperative!

colorado CONNECTION community COoperative

CORE ELECTRIC COOPERATIVE
www.CORE.coop

Twitter Facebook Instagram LinkedIn YouTube



Panning for Good Exploring Cardmaking

by Dr. Bec

I've been feeling kind of sorry for myself because of COVID-19. My husband and I recently canceled our plans to attend a family reunion and a long-awaited anniversary trip because of the Delta variant and some high-risk factors. While being extremely grateful that, to date, my family has been spared from this awful virus, I know many who have suffered severe illness and some who have died. During a time when I was feeling sadness and concern related to these situations, I received this in the mail:



This card came at the perfect time and was just the little nudge I needed to feel a bit better. Since I don't go out much right now, the card served as physical evidence that there really was hope in the world, connection, friendship, warmth, and comfort. The card even had a picture of a sunflower on it which is an integral part of the decor I have in my home office. Knowing that the person who sent the card didn't know that, made me feel not only connected to her, but connected to God as well, knowing I was being looked after through another person. I have to admit that throughout my life, I have saved almost every card I have ever received, but for some reason I haven't been very good about sending them. I decided it would be interesting to learn more about cards and explore the healing power they can provide both to the giver and the receiver.

History of greeting cards

The origin of greeting cards began in ancient China when messages of good-will were shared to celebrate a New Year. Early Egyptians also blazed the paper card trail by sharing messages on papyrus scrolls. Cards similar to what we have today became popular in Europe in the 1400s when Europeans started to sell and exchange handmade greeting cards including Valentine's Day cards. In 1837, an innovative school teacher, Rowland Hill, created the adhesive postage stamp. He was knighted for this outstanding achievement that facilitated the prepayment of mailed items. Sending mail was now more doable for the average person and printing cards became big business.

In 1843, the first Christmas card was published in London and in 1849, Esther Howland began publishing valentines in the U.S. The greeting card industry began in full force when German immigrant Louis Prang opened a small lithographic business close to Boston, Massachusetts. Prang continued to refine the lithographic process and began to sell deluxe Christmas cards with beautiful coloring, first in England, and then in the U.S. in the 1870s.

In 1941, the greeting card industry was established with a small group of publish-

ers. Each year, since 1988, an international greeting card competition appropriately named the LOUIE awards, honoring Louis Prang, gives awards for the best greeting cards published in a variety of categories. Searching the winners is a great way to find good card publishers. Currently, the two biggest card companies in the world are American Greetings and Hallmark.

Cards are sent for a variety of reasons with the overall messages; I see you, I noticed, I appreciate, I care or let's celebrate! Are there advantages to sending paper cards?

Research

In Forbes magazine (2015), an article written by Roger Dooley entitled, *Paper Beats Digital in Many Ways*, indicates that neuroscience studies show paper is both easier to understand and more memorable. A 2009 study by Bangor University showed paper material is more "real" to the brain. It has a meaning, and a place. It is better connected to memory ... involves more emotional processing. ... and produces more brain responses connected with internal feelings suggesting greater "internalization." A study conducted for England's Royal Mail by Mindlab, showed double the number of positive participant responses toward cards and letters than to social media messages and three times more than email.

Interview with Janeen Demi-Smith

My curiosity about the power of cards

was piqued a few years ago when Janeen Demi-Smith, a former school district administrator, presented a professional development presentation for all district leadership. She focused on the importance of gratitude and how it can change our outlook and how we feel. What was extremely impressive, and I doubt anyone that was there has forgotten it, is that she had handmade about 150 thank you cards and gave one to each administrator encouraging them to write a heartfelt message and give the card to someone they appreciated. I asked Janeen how she became interested in cards and if she could share other thoughts about them. The following is a summary of our conversation in Janeen's voice:

When I was young, it was a time when families were just beginning to be separated from each other. We had moved across the country because my Dad was in the army, far away from all of our extended family, and phone calls were expensive. My aunt would take the time to write cards to me. She taught me how to be a good family member from across the miles. I remember buying postage stamps for 8 cents when I was a kid to send notes back to my aunt and to others. Being in this habit helped me stay connected with people. My aunt was an example to me of how to maintain connections by sending cards and letters. I now keep connected to my nieces and to many others the same way.

I also write to my kids all the time, a note once a month. I write things like, "The world's a better place because you're in it," or "You mean so much to me." Encouraging things, like what's going on in our life or sometimes I ask

the kids to call their grandma to keep the generations connected. The notes I write are card-sized, two or three paragraphs, not long. I think including some of the mundane things going on in my life, like my aunt did, gives my kids not only an accurate picture of what is going on with me, but also serves a dual purpose as a primary source historical document. If we write about masks and vaccines, those cards and letters document this unique and challenging period in time and how we are dealing with it. It's like a journal, not keeping what has happened only with me, but also include others. By doing this, I can send a message to the future about our time now.

Since I make cards and send them, I've had people say to me, "I've saved all the cards you've sent me." People don't save emails or texts like that, cards are tactile and it takes extra steps — buying stamps, finding the address, envelopes, etc. Sending a card takes extra effort, instead of just clicking send. A card is not ethereal or wispy, it's more tangible.

Cardmakers can belong to communities, kind of like quilters. Making cards with others is a valuable mental health part of why I do it, it isn't just about making them, it is a social outlet and social support. I'm with Stampin' Up. My favorite kind of cards to make are thank-you cards because I like to focus on being grateful. I read some research on the power of gratitude. It said if you're border-line depressed, you can write down 10 things you're grateful for per week, do it for 10 weeks, and by the end of that time, there will be a measurable lightening of the depression. Writing thank you notes can improve mental health, not just for the receiver who is gifted with that tangible message of love, but the process of thanking someone focuses attention on gratitude and improves mental health.

Interview with Tiffany Christensen

Tiffany, a resident of Cripple Creek who helps run a construction company with her husband was referred to me as the local Queen of Cardmaking!

Tiffany was kind enough to share her card journey with me. As a child, Tiffany learned from her mom to enjoy hands-on projects that included cutting, pasting and all types of crafts. She shared, "My mom was a knitter, crocheter and seamstress. She also worked on spinning, weaving, cross-stitch and embroidery projects. We were never allowed to watch television without a project. Even now, when I'm doing something with my hands, I can listen better."

Tiffany expressed her love of and talent for crafting by making scrapbooks for



Cardin' in the Camper — Kennie Kennard, Janeen's Sister-in-law

many years. She enjoyed using tools purchased from Creative Memories and Top Line Creations. After a while though, she had about 40 incredible 12 x 12 albums and began to run into the problem of having space to store the albums, so she decided to move to digital picture organization. It didn't seem practical anymore to make the big albums, but since she still loved cutting, designing, and gluing, she continued with the creative crafting processes she loved on a smaller scale with cards. Tiffany often purchases card kits from stampinup.com and closetomyheart.com. She also likes to go to Etsy.com and purchase assorted packs of cards from artists. She also supports local artists and small businesses who sell cards and especially likes embossed letter press cards made in Victor, and cards from local artist and photographer Gina Duncan available at The Wild Hair Salon and Spa in Divide.

Tiffany also designs cards with others. She related, "I used to take classes from a Close to My Heart representative. She would design the card and have the supplies, then, the participants would pay a fee and make cards at her house. I also paid money to attend a retreat where I stayed in a cabin, brought my own supplies and crafted with other women for 3 or 4 nights. They were called, "make and takes," very therapeutic for crafty people!"

"I love to get mail and people still love to get mail! During COVID, the only place my mom went was to the mailbox. Receiving something with your name on it in the mail is still special and relevant. I had a friend who saved all the cards I ever mailed her. Just to know they are appreciated, that she loved them and it made her happy ... there's something really special about it. People are very busy, so to get something homemade in the mail, I think it means a lot. And then, write your thoughts in it, make sure they know you're thinking about them, never suppress a kind thought. I just like using scraps, paper flowers, little gems, a little punch out of the word happy, stick it on there, write a little note, doesn't have to be elaborate, just simple, based on what you think looks good. You can also look at cards received or online to get inspiration and ideas. I think real cards mean more than digital ones, even the dancing kitten, it's just not the same."

Research and resources

<https://www.forbes.com/sites/rogerdooley/2015/09/16/paper-vs-digital/?sh=cb3473933c34>
<https://www.neurosciencemarketing.com/blog/articles/print-vs-digital.htm>
<https://www.thespruce.com/reasons-to-send-a-greeting-card-521980>
<https://www.verywellmind.com/sending-and-receiving-letters-have-powerful-benefits-5095709>
<https://www.thomasnet.com/articles/top-suppliers/greeting-card-companies-manufacturers-suppliers/>
<https://www.tandfonline.com/doi/abs/10.1080/15298868.2015.1095794>

continued on next page

Where can I go locally to find great cards?

- **Victor Trading Company in Victor** — look for their unique embossed letter press cards.
- **Shipping Plus in Divide** — Kathy Hansen's favorite part about running Shipping Plus is picking out meaningful cards for people to purchase and she does a great job at it!
- **A Wild Hair Salon and Day Spa in Divide** — local artist Gina Duncan incorporates photos of landscapes, wildlife, and nature into her creative cards that often include funny comedic twists
- **Paper Source in Colorado Springs** — great card and colored envelope selection located at The Promenade Shops at Briargate
- **Safeway, Walgreens and Walmart** all sell a variety of cards. Cards can also be designed at Walgreens on the photo machines located in the store or at <https://photo.walgreens.com/store/home>

Online Card Options:

- **Etsy.com** — search for artists who make and sell cards or purchase card kits
- **Ink cards: Send Custom Cards app** — they mail the card you digitally create on the app, you can include a quote, a little note, pictures, etc. <https://apps.apple.com/us/app/ink-cards-send-custom-cards/id477296657>
- **Costco Custom photo greeting cards** — <https://www.costcophotocenter.com/cards>
- **<https://fineartamerica.com>** — purchase handmade paper quilling (artistically rolled paper) cards and a variety of other cards.
- **Sign and Send™ through Hallmark.com** — allows users to send

physical cards using a cell phone. Your handwritten message is printed on a Hallmark card of your choice, then they send it to the recipients' address.

- **Lovepopcards.com** — innovative pop-up cards for a variety of occasions.

Handmade and card kit companies that include a social component:

- Stampinup.com
- Closetomyheart.com

A few creative ideas

Considering accessing Dinah Zike *Dinah.com* educational foldable ideas to make a wide variety of creative cards — I used these all the time as a teacher and instructional coach. <https://www.pinterest.com/kgullett/dinah-zike/>

When thanking someone for a gift, it could be fun and meaningful to create the thank you card with some of the wrapping paper from the gift received.

Use photographs taken during an event or party when making a card to thank



Cardmaking is for all ages! Skylar Demi, Janeen's niece.

those who hosted.

Consider becoming part of a movement that sends notes of encouragement all over the world. The company More Love Letters was founded in 2011 and has sent over 250,000 positive messages to those in need. Posted on their homepage is this invitation, "This world needs good, kind words now more than ever before. Are you in?" www.moreloveletters.com

COVID Jokes from fatherly.com

- My mother told me I would never accomplish anything by lying in bed all day, but look at me now, Ma! I'm saving the world!
- After years of wanting to thoroughly clean my house but lacking the time, I have now discovered that wasn't the reason.
- Whose idea was it to sing "Happy Birthday" while washing your hands? Now every time I go to the bathroom, my kids expect me to walk out with a cake!

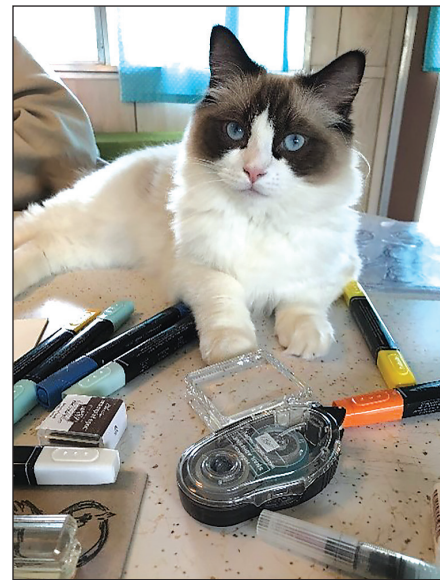
Quote:

"So where is hope? Around the edges of these bad things like the pandemic there have to be opportunities for growth, and there always are, categorically and without exception. Life is hard and very hard. There are things we rightly fear in every stage of life...around these edges is opportunity for growth and hope through giving. No matter how hard the times, there is always something or someone to be thankful for..."

— Stephen G. Post, *The Hidden Gifts of Helping* pp. 156-157

Challenge:

You're probably thinking I'm going to encourage you to create a card, write a meaningful message and



Lucy, Janeen's card crashing cat.

send it to someone. Yes. Yes, I am, and I promise to do it too. But now we can do it knowing how powerful it is! Cardmaking is a process that can help us get our creative swag on, leave a legacy, and inspire hope both personally and in the lives of those who receive our heartfelt messages.

Rebecca Frazier, PhD is a former teacher, K-12 instructional coach, leader of educational coaching programs and a K-8 principal. She is a Corvin Press author and is currently an educational consultant, coach, and presenter with CoachHappy.com. Sharing encouragement, supporting personal development that inspires great coaching and noticing what is good in the world are her passions. She is an avid rock collector and student of science, loves to spoil her grandkids, loses track of time when practicing music, writing and tennis, and has been caught binge watching Heartland.

Shop and Dine on Historic Front Street in Fairplay

C.P.D. - Leather Unrepentant Blades - National Gifts Art 1981 Dragons - Fine Art Jewelry
MtnArtsUnrepentantArtist.com
532 FRONT ST, Fairplay • Historic District •

SNITCHING LADY DISTILLERY
500 FRONT STREET, FAIRPLAY, CO
WWW.SNITCHINGLADYDISTILLERY.COM
719-838-4224
A Williams & Nelson Family Tradition

PARK BAR
great food cold beer
511 Front St
Fairplay, Colorado
719 836-3404
Take Out Menu • 11am-9pm

South Park Pottery & Back Room Beads
Pat Pocius
PO Box 459
417 Front St.
Fairplay Colorado 80440
719-836-2698
backroombeads.com patpocius@gmail.com

MOUNTAIN ESSENTIALS
FAIRPLAY, CO
526 Front St. • 303-880-7258
www.mountainessentialsllc.com

SOUTH PARK CITY
4TH & FRONT STREET, FAIRPLAY, CO
AN AUTHENTIC RESTORATION OF AN 1880S COLORADO MINING TOWN
WWW.SOUTHPARKCITY.ORG • 719-836-2387
OPEN DAILY UNTIL OCTOBER 15TH

Coyote Creek Studio Arts
Call To Artists Looking for the unique and unusual
www.coyotecreekarts.com
patpocius@gmail.com
419 Front Street
719-836-2040

Millonzi's
At 501 Front Street
Your Friendly Neighborhood Italian Restaurant
www.Millonzis.com
501 Front Street ~ Fairplay, CO ~ 719-836-9501

Eclectic Southwest cuisine
Fresh seasonal ingredients, craft beers, signature cocktails and a variety of wines. Dine in our comfortable and Contemporary atmosphere or outside in beautiful courtyard garden.
456 Front Street, Fairplay CO • 719-836-7031
SaladoRestaurant.com • info@saladorestaurant.com
Open 11am-10pm, Closed Tues. & Wed. Reservations required due to limited capacity

Come Celebrate Fairplay's Wonderful Fall Season

Colorado's best kept secret!

find it in
FLORENCE
"the antique capitol
of Colorado"

**2ND SATURDAY
SIDEWALK
SALES!**

ANTIQUES

FOOD

WINE

BEER

LODGING

GALLERIES

MUSEUM

HISTORIC

THEATER

BAKERY

CBD WELLNESS

PRODUCTS

*The Short Drive
That Goes
A Long Way!*

Aspen Leaf Bakery & Cafe

Pastries & Pies

Soup & Sandwiches

Soft Serve Ice Cream

Kristen Espinoza

113 Main Street, Florence, CO 81226

Phone: (719) 784-3834

**SPIRIT RIDERS WESTERN
EMPORIUM**
111 W MAIN, FLORENCE, CO 81226
**ART, BOOKS, JEWELRY
VINTAGE CLOTHING**
Steampunk attire **BOOTS, HATS**
Barry and Barb Brierley, owners
Artist, author 719-431-3592

Find it in
Find it at FCC
FLORENCE
CONSIGNMENT
CORNER
Where you can find almost
ANYTHING
118 W. MAIN ST. FLORENCE, CO
719-784-7660
www.facebook.com/findalmostanything

Treasures
**BOHO * VINTAGE
ANTIQUES
ART & MORE**
719-784-7376
202 W. Main St • Florence, CO

BARN & BARREL
farm fresh to barrel aged
Antiques, Art, Salvage & Wine
105 West Main Street
Florence, CO 81226
facebook.com/barnandbarrelflorenceco
719-784-1772

Kitchen Gadgets
Linens & Gifts
Wall Decor
Springdale Cheese
Gourmet Foods
Watkins Extracts
Bakeware & Cookware
Tablescapes
Cookie Jars
Cookie Cutters
Pappardelle Pasta
And More
Bakers Rack
All Things Kitchen
719-784-7141
118 E. Main St
Florence, Colorado 81226
Mary McGrail - Owner
bakersrackallthingskitchen@gmail.com

**FLORENCE & CRIPPLE CREEK
GEM CO.**
Jewelry • Cabochons • Minerals
Stone Decore • Much More
Roger & Kathryn Duncan
122 E Main St.
Florence, CO 81226
info@fccgemco.com
www.fccgemco.com
719-430-6935

The Loralee
Antique Mall
109 W. Main St.
Florence, Colorado 81226
719-784-3797

**103 Vintage
Market**
Unique Antique Boutique
103 W Main Street,
Florence, CO 81226
(719) 784-7303
Facebook.com/103 Vintage Market

**Blue Spruce Gallery
Art & Antiques**
"The Best of Both Worlds"
**Fine Art arts and Crafts,
Select Antiques
in a Victorian Setting**
205 W. Main, Florence, CO 81226
719-784-1339 bluespruceart.com

**ANTIQUE
WAREHOUSE**
Virginia Lindley-Brunn
**Vintage & Artful Lighting
Western Accoutrements**
124 E. Main St. • Florence, CO
719.372.1016 • mvh876@gmail.com
Tue-Sat 10am-5pm, Sun 11am-5pm

Worldwide Treasures, LLC
118 W. Main St.
Florence, CO 81226
719-784-7434
Harriet Graham
Kim Thompson
Scott Thompson

Earth Dreams
Pretty Things
Boutique, Gifts, Accessories, Gallery and More
719-280-3345
120 East Main St., Florence, CO

LARRY NELSON • 719-338-1628
**NATIVE AMERICAN
JEWELRY**
**50%
OFF!**
132 E. MAIN ST. FLORENCE, CO

Old
fashioned
soda
fountain
and ice
cream
parlor
**TWO
SCOOPS**
ICE CREAM PARLOR - FLORENCE, CO
106
East Main
Street
Open
7 days
a week
11-8

Autumn at Mueller State Park!

As the warmth of summer gives way to cooler nights, Mueller State Park is active with naturalist programs to invite visitors to enjoy this beautiful season.

Typical weather in September at Mueller brings picture-perfect, blue-sky days. As those days become shorter, the trees start to change into their awesome display of color. Aspen trees make the hillsides glow with gold! Mueller is a favorite spot to see the show. Come on out to camp or hike and dive into the beauty of autumn in Colorado.

A full schedule of programs can help you to look, learn and enjoy the surroundings. Evening amphitheater programs will continue on weekends and guided hikes are available almost daily. Special programs this month include elk bugling hikes and fall challenge hikes! The Fall Challenge is an invitation to hike all the trails at Mueller, with a guide or on your own, about 60 miles, in one month. Folks that meet the challenge receive a certificate and prize for their accomplishment!

Mueller is open to guided school field trips! Bring your students to the park for an educational experience they will not forget.

The peak of colors is usually during the end of September or early October. It depends on many factors like temperature and moisture.

Come to Mueller to soak up the sunshine, blue skies and autumn color! Our programs are below:

- 1 Hike: Osborn Cabin meet 9 a.m. at Black Bear TH
- 1 Hike: Cahill Loop meet 9:30 a.m. at Grouse Mountain TH
- 2 Hike: Grouse Mountain* meet 9 a.m.
- 2 Watercolor Painting meet 3:30 p.m. at Visitor Center
- 2 History of Native Americans in the Pikes Peak Region meet 7:30 p.m. Amphitheater
- 3 Hike: School Pond* meet 9 a.m. Amphitheater
- 3 Knots and Lashing meet 2 p.m. Camper Services
- 4 Geocaching Hike meet 10 a.m. Visitor Center
- 4 Junior Ranger Adventure meet 2 p.m. Dragonfly Pond
- 4 Campground Roving: Wildlife Safety 3-5 p.m. throughout Campground
- 4 Colorado Fire Safety meet 7:30 p.m. Amphitheater
- 5 Skins and Skulls meet 10 a.m. Camper Services
- 6 Hike: Lone Eagle Overlook meet 8:30 a.m. Outlook Ridge TH
- 6 Bear Sunset Hike meet 7:30 p.m. Grouse Mountain TH
- 7 Hike: Wapiti Nature Trail meet 9:30 a.m. Visitor Center
- 8 Hike: Geer Pond meet 9 a.m. Lost Pond TH
- 10 Hike: Red Tail Overlook meet 9 a.m. Outlook Ridge TH
- 10 Nature Crafts meet 2 p.m. Camper Services
- 11 Girl Scouts Love State Parks Day: Fly Fishing meet 10 a.m. Dragonfly Pond
- 11 Nature Hike meet 10 a.m. Visitor Center
- 11 Archery meet 1 p.m. Dragonfly Pond
- 11 Hug-a-Tree: Survival for Kids meet 2 p.m. Visitor Center
- 11 Sunset Hike meet 6:45 p.m. Outlook Ridge TH
- 12 Black Bear Touch Table meet 11 a.m. Visitor Center
- 13 Nature Walk meet 8:30 a.m. Elk Meadow TH

Meadow TH

13 Hike: Black Bear* meet 9 a.m.

13 Campfire Talk: Wildlife Safety meet 7 p.m. Amphitheater

14 Fall Challenge Hike: Preacher's Hollow and Wapiti Trails meet 8 a.m. Visitor Center

14 Hike: Trails #13-12-31-13 meet 9:30 a.m. Black Bear TH

14 Hike: Cahill Loop meet 10 a.m. Grouse Mountain TH

15 Hike: Homestead* Loop meet 9 a.m.

16 Fall Challenge Hike: Ranger Ridge and Stoner Mill meet 8 a.m. School Pond TH

16 Hike: Preacher's Hollow* meet 10 a.m.

17 Fly Fishing meet 10 a.m. Dragonfly Pond

17 Tracking and Trailing meet 2 p.m. Camper Services

17 Basic Wilderness Survival meet 7 p.m. Amphitheater

18 Fall Challenge Hike: Aspen and School Pond meet 8 a.m. School Pond

18 Nature Bingo meet 2 p.m. Camper Services

18 Mobile Campground Talk: Bears! Meet 3 p.m. around campground area

18 Hike: Elk Bugling meet 5:30 p.m. Grouse Mountain TH

19 Pond Safari meet 9:30 a.m. Dragonfly Pond

19 Tracks and Scat meet 11 a.m. Visitor Center

20 Nature Hike meet 8:30 a.m. Elk Meadow TH

20 Tree Hike meet 10 a.m. Visitor Center

20 Mueller in Gold Sunset Hike meet 6 p.m. Grouse Mountain TH

21 Fall Challenge Hike: Elk Meadow* and Peak View meet 8 a.m.

21 Hike: Cahill Loop meet 9:30 a.m. Grouse Mountain TH

22 Hike: Rock Pond* meet 9 a.m.

22 Hike: Peak View Pond meet 10:30 a.m. Elk Meadow TH

23 Fall Challenge Hike: Cahill Pond, Buffalo Rock and Moonshine meet 8 a.m. Grouse Mountain TH

23 Hike: Elk Meadow* meet 10 a.m.

24 Hike: Aspen Trail meet 8:30 a.m. School Pond TH

24 Hug-a-Tree meet 2 p.m. Visitor Center

25 Fall Challenge Hike: Outlook Ridge, Geer Pond, Lost Pond and Revenuer's Ridge meet 8 a.m. Visitor Center

25 Gold Panning meet 10 a.m. Visitor Center

25 Hike: Elk Bugling meet 5:30 p.m. Grouse Mountain TH

26 Big Predators Touch Table and Safety Tips meet 11 a.m. Visitor Center

26 Geocaching meet 2 p.m. Visitor Center

27 Nature Painting: Colors of Autumn meet 5 p.m. Camper Services (supplies provided)

28 Fall Challenge Hike: Cheesman Ranch and Lost Still meet 8 a.m. Grouse Mountain TH

28 Hike: Homestead Trail* meet 9 a.m.

29 Hike: School Pond* meet 9 a.m.

30 Fall Challenge Hike: Rock Pond, Rock Canyon and Brook Pond meet 8 a.m. Visitor Center

30 Hike: Trail Bingo meet 10 a.m. Visitor Center

*Indicates meet at Trail Head (TH) of the same name.

Mueller events are free! However, a \$9-day pass or \$80-annual pass per vehicle is required to enter the park. FMI 719-687-2366.

~ UTE COUNTRY BUSINESS ~

Shannon Lemons, DVM
Teller Park
Veterinary Service
Elevate your Veterinary Care.
Accepting
Care Credit
**Large and Small Animal Medicine and
Surgery, Specializing in Dentistry**
719.687.2201
1084 Cedar Mtn. Road • Divide • www.tellerparkvet.com

**United Country
Real Estate**
John E. Fox
Broker Associate, MRP, SRES
United Country Timberline, Inc.
Cell: 719-440-7787
Office: 719-687-3678 ext. 217
jfox.re.co@gmail.com
11511 US W Hwy 24
Divide, CO 80814
Independently owned & operated

26% TAX CREDIT
CENTRA BOILER
Carol Kinder
Owner
Rocky Mountain Outdoor Furnaces LLC.
211 Yarnell Rd. Hartsel, CO 80449
217-871-3460 ckinder95@yahoo.com
We offer financing on stoves and installation

Journeys
Counseling Center, Inc.
"We are here to help you create your best life possible"
Barbara Pichholz-Weiner
RN, CAC III, MAC, EMDR
750 Hwy 24, Ste 120, Woodland Park, CO 80863
Cell: 719-510-1268
journeyscc@aol.com

Reach over 32,000 readers in Teller, Park, Fremont, Chaffee, and El Paso Counties every month!
Your Ad Here
for as little as \$30.04 a month*
Call 719-686-7587 or
email: utecountrynewspaper@gmail.com
for more information and advertising deadlines.
*pre-paid 6-month contract rate.

PROPANE REFILL
Buy 50 gallons AND get 5 FREE
Our price is lowest and staff is friendly
Hitchin' Post Trailer & Tractor Sales
719-748-8333
www.hitchinposttrailers.com

The House Fairy
Cleaning & Handyman Services
Property Care and Management
We do the work
from deep cleaning
to all repairs
Carmen and Mike
505-382-4412
We service all Teller County
Woodland Park, Divide, Florissant and Guffey

**YOUR NEIGHBORHOOD
REALTY**
Carrie N Miller
MLS
call or text 719.641.7074
email Carrie@GoldCountryCo.com
visit www.GoldCountryCo.com
Broker Associate
Serving Teller and Park Counties

**TOP FLIGHT
CPA LLC**
Tax Preparation • Bookkeeping • Accounting
Lea Grady, CPA MT - Principal
PO Box 391, Lake George, CO 80827
720-607-8115
lea@topflightcpa.com • www.topflightcpa.com

MUSIC LESSONS
Violin, Beginning Guitar
and Mandolin
FLIP: [719] 429-3361
flip@ghvalley.net

**Compassion
ANIMAL HOSPITAL**
GREGORY S. COOPER, D.V.M.
312 W. Hwy. 24 • Box 5999
Woodland Park, CO 80866
(719) 687-6000
gcompassionanimalhospital@gmail.com
mycompassionanimalhospital.com

**May River
Auto Repair LLC**
Aaron Wendt • Owner
719-748-3328
1900 CR 31, Unit B • Florissant, CO

~OUT AND ABOUT~

Check out these activities going on right here in this area. If you know of an activity we should include, please call us at 719-686-7587 or email us at utecountrynewspaper@gmail.com.

AVAILABLE VIRTUALLY

- 18 NAMI Family & Friends is a free 90-minute (2-3:30 p.m. via zoom) seminar that informs and supports people who have loved ones with a mental health condition. Participants learn about diagnoses, treatment, recovery, communication strategies, crisis preparation, and NAMI resources. Seminar leaders have personal experience with mental health conditions in their families. Register at www.namichaffee.org or info@namichaffee.org or 970-823-4751.
- NAMI COLORADO: <http://www.namicolorado.org/>
- Suicide prevention: <https://suicidepreventionlifeline.org/> or 1-800-273-8255

COMMUNITY PARTNERSHIP

- 2 Circle of Parents Kinship Connection 5-6 p.m. via zoom. Are you raising your grandchildren or kin? Do you feel like you are raising them alone? A place where you can find and share support. FMI AmyS@cpteller.org.
- 7 Crossroads of Parenting & Divorce 4:30-8:30 p.m. via zoom. Teller County Court approved co-parenting class. Registration fee required. FMI Michelle@cpteller.org.
- 13, 27 FREE Yoga with Leah 10-11 a.m. via zoom. FMI Jamie@cpteller.org.
- Playgroup 10:30-11 a.m. Mins via zoom. Parent or Caregiver with children ages 5 & under. FMI Cory@coteller.org.

BUENA VISTA

- 4 UAS Club Central Colorado 9:10-30 a.m. at Central Colorado Regional Airport. Meets first Saturday. FMI 719-581-2010 or ccuasclub@gmail.com.
- 12 GARNIA's 25th Birthday Bash & Fundraiser 4 p.m. to sunset. FMI <https://bit.ly/garna25bdytickets> or info@garna.org.
- 18 BV HOPE meeting 3 p.m. in person or contact us for the link for our zoom meeting buenvistahope@gmail.com.
- 20 The 8th Annual BV Strong Community Dinner 5:30-7:30 p.m. FMI www.bvstrong.com.



CAÑON CITY

- 1 Free Legal Clinic 2-5 p.m. Call 719-269-9020 for appointment time.

CAÑON CITY LIBRARY

- B.O.O.K. Babies on our Knees Monday 10:30 a.m.
- Story time and craft Tuesday and Thursday 10:30 a.m.
- Virtual story time Wednesday 10:30 a.m.
- Lego Club 1st Friday each month 3-4 p.m.
- Break out box 2nd Friday each month 3-4 p.m.
- Studio! 3rd Friday each month 3-4 p.m.
- Chess Club Wednesday 2 p.m.
- New Neighbors Genealogy 1st Friday 1 p.m.
- Metaphysical Group 2nd and 4th Saturday 10:30 a.m.
- United Health Care 2nd and 4th Thursday 9:30 a.m.
- Fremont Brain Injury Support 1st Tuesday 12:30 p.m. All at 516 Macon Ave. FMI 719-269-9020

COLORADO SPRINGS

STARGAZERS THEATRE

- 10 The Long Run — Colorado's Tribute to the Eagles
- 11 The Long Run — Colorado's Tribute to the Eagles
- 16 Karla Bonoff — singer/song-writer
- 17 Red Mountain Boys — traditional bluegrass
- 18 Collective Groove — funk/R&B
- 23 Kerryvore — Celtic Rock
- 24 Mike Zito — Blues
- 25 Reminiscent Souls ft. Suga Bear For all events: doors open at 6 p.m. and show at 7 p.m.

FMI www.stargazerstheatre.com

- **Save the date: Oct 2** Walk to End Alzheimer's festivities begin 9 a.m. with food trucks and sponsor booths, opening ceremony 10 a.m. with walk to follow. For the first time in 2 years, hundreds of family caregivers and friends of Coloradans living with Alzheimer's disease will be able to gather in the heart of Colorado Springs morning of Oct 2, to bond, share stories and raise funds for a cure during the annual Walk to End Alzheimer's. We are excited to announce we have changed the location to Memorial Park at Prospect Lake. To join visit alz.org/walk. FMI 719-372-5978.

- **Save the date: Oct 2** Blues on the Mesa, live music festival 12 p.m. featuring Janiva Magness, Alvin Youngblood Hart, Buddy Whittington, Ladies Sing the Blues, and Cass Layton Band. Tickets: www.BluesOnTheMesa.com. FMI see page 15.
- **Save the date: Oct 8** Evergreen Cemetery presents Beyond the Grave: Cemetery Wanderings with Edgar Allan Poe 7-midnight. Tours leave every 30 minutes beginning at 7 p.m. Tickets MUST be purchased a week in advance. Groups are limited. Evergreen Cemetery is located at 1005 Hancock Expressway. FMI: <https://www.eventbrite.com/e/beyond-the-grave-cemetery-wanderings-with-edgar-allen-poe-tickets-166082726907>

CRIPPLE CREEK

- 2 American Legion Post 171 meets first Thurs each month at 6 p.m. 400 Carr St. Food and refreshments at 5 p.m.
- 12 Zebulon Pike's Expedition by John Randall. FMI see page 17 (CCDM)
- 13 GED Classes begin 1-3 p.m. FMI Michelle@cpteller.org.
- 18 & 19 Mt. Pisgah Speaks! 9-4 p.m. put on by Gold Camp Victorian Society. Tickets can be purchased outside the Cripple Creek District Museum (corner of 5th and Bennett in Cripple Creek).
- 19 The 1984 Cripple Creek Labor Strike by Gary Horton. FMI see page 17.
- 25 Night at Cripple Creek District

Museum 6 p.m. See history come alive! Enjoy a guided walk through the CCDDM and see many of the famous characters who helped make the Cripple Creek District "The Greatest Gold Camp in the World!" CCDDM and the Gold Camp Victorian Society will be presenting an evening of entertaining stories and skits from the Gold Camp era. FMI 719-689-9540 or email ccdm1953@gmail.com.

25, 26 Two Mile High Club Aspen Tours

25-Oct 3 The Cripple Creek Art Alliance Autumn & Art Show at the Heritage Center 9283 S Hwy 67. Hours 9-5 p.m. FMI cripplecreekartalliance@gmail.com.

PARKS N REC

- Adult Co-Ed Softball Leagues, Mon.
- Aikido-Martial Arts, Mon-Wed-Fri.
- Archery Classes, Open Shooting (all ages) Fri.
- B-Boy/Break Dance Classes for beginners, Wed & Fr.
- Cornhole Team Play, Fri.
- Silver Sneakers Group Exercise Mon-Wed-Fri.
- Senior's Walkabout Tues.
- Taekwon-do for Adults and Kids, Tues-Thurs.
- Moving for Wellness Dance Exercise for Adults Tues-Thurs
- Women's Bible Study, Wed. FMI 719-689-3514.

DIVIDE

- 6, 20 Little Chapel Food Pantry Distribution 3:30-6:30 p.m. by last name.

A-H 3:30-4:30 p.m.
I-Q 4:30-5:30 p.m.
R-Z 5:30-6:30 p.m.
FMI 719-322-7610 or email littlechapelfoodpantry@outlook.com

- 7 Annual Meeting of the Divide Planning Committee 6:30 p.m. at Pikes Peak Community Club. The purpose is to hold elections for membership and update residents of recent planning activities. FMI Divide-Planning.org.
- 25 2021 Midland Days Symposium. See below for more info.

COMMUNITY PARTNERSHIP

- 1-22 Active Parenting First Five Years (4 Weds) 9:30-11:30 a.m. Build a strong bond to give

your child a solid foundation to grow upon. Meal and childcare provided. FMI Michelle@cpteller.org.

13 GED Classes 1-3 p.m. FMI Michelle@cpteller.org.

13, 27 FREE Yoga with Leah 10-11 a.m. at Pikes Peak Community Club. Limited class size, doors lock at 10 a.m. Bring your own mat and props. All levels welcome. FMI Jamie@cpteller.org.

27-Nov 8 Active Parenting NOW (6 Mon sessions) 5-7:30 p.m. Bring back the JOY of parenting your 5-12-year-old and leave a positive, lasting impact on their childhood years. Meal and childcare provided. Michelle@cpteller.org.

• Playgroup Weds 9:30-11 a.m. Parent or Caregiver with children ages 5 & under. FMI Cory@cpteller.org.

• Pearson VUE Testing Center open Mins 9:30-4 p.m. FMI Katy@cpteller.org.

• Pearson VUE Testing Center open Weds 9:30-8 p.m. FMI Katy@cpteller.org.

All programs at Community Partnership unless otherwise specified. FMI 719-686-0705.

FAIRPLAY

- 10 & 24 South Park City After Dark Tours. Enjoy a 90-minute guided tour of South Park City's darker side by lantern. Space is limited. \$15 per person, ages 13 and up only. FMI 719-836-2387.
- Snitching Lady Distillery. Live local musicians Saturdays at 5 p.m. See lineup at snitchinglady-distillery.net.

FLORENCE

- 11 Tour de Coal Towns bike ride/fun run through the coal towns of west Florence sponsored by Florence Pioneer Museum. Registration \$15. FMI www.florencepioneermuseum.com.
- 11 Reception at Blue Spruce Gallery. FMI see page 6.
- 18, 19 The 93rd Pioneer Day Celebration see page 6.
- NAMI (National Alliance on Mental Illness) Connection Support Group — a free and confidential peer support program for adults who have a mental health condition meets weekly, every Friday 3-4:30 p.m. at Florence Chamber of Commerce 116 N. Pikes Peak

Ave. Please wear masks! www.namisoutheastco.org.

FLORISSANT

- 9 Free Legal Clinic 2-5 p.m. Call 719-748-3939 to sign up.
- 11 Florissant Fire Rescue Chili Cookoff. See page 10.

GREEN MOUNTAIN FALLS

- 2022 Ute Pass Historical Calendars available at the Land Office by the Lake. Sat-Sun 10-3 p.m. Cash or check. FMI 719-686-7512.

GUFFEY

LIBRARY

4 Friends of the Guffey Library Annual Book Sale 9-4 p.m. Looking for inexpensive treasures? It's not just books from A-Z for sale, we have lots of audio books and DVDs to offer, too. Come check it out and help support the Guffey Library.

7 Walking, Talking Threads 12:30-3 p.m. Meets every first Tues of the month. Take a nice brisk walk around Guffey Town and meet back at the library to crochet, knit and talk away.


14 Friends of the Guffey Library Quarterly meeting 10-12 p.m. This volunteer group helps to support Guffey Library in what it has to offer the community in many ways. These meetings are always open to the public and we'd love to hear your opinion about what you'd like to see happening at your local library. We're also looking for officers and new members. It's a great way to volunteer for a good cause!

22 Rocky Mountain Rural Health Outreach 11-2 p.m. Weather permitting, RMRH representatives will be offering free health screenings, sound financial medical advice, free clothing and much more.

27 Guffey Literary Society 1-3 p.m. Book choice for Sept discussion is *Running with Sherman* by Christopher McDougall. The Guffey Literary Society is a wonderfully dynamic and diverse group. All are welcome to join. FMI on Guffey Library 719-689-9280 or GuffeyLib@parkco.us.

~OUT AND ABOUT~

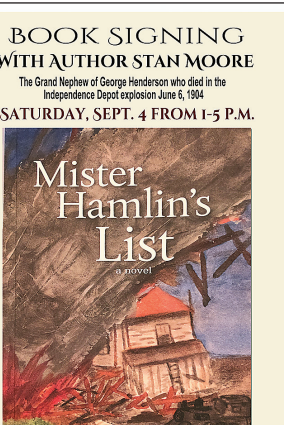
Check out these activities going on right here in this area. If you know of an activity we should include, please call us at 719-686-7587 or email us at utecountrynewspaper@gmail.com.



VICTOR

4 Book signing with author Stan Moore, the grand nephew of George Henderson who died in the Independence Depot explosion June 6, 1904, held at Lowell Thomas Museum 298 Victor Ave 1-5 p.m., FMI 719-689-5509 or VictorMuseum.com.

BOOK SIGNING
WITH AUTHOR STAN MOORE
The Grand Nephew of George Henderson who died in the Independence Depot explosion June 6, 1904
SATURDAY, SEPT. 4 FROM 1-5 P.M.



Mister Hamlin's List
Stan Moore
A NOVEL BASED ON THE LABOR WARS
VICTOR LOWELL THOMAS MUSEUM
298 VICTOR AVE. 719-689-5509 VICTORMUSEUM.COM

JEFFERSON

- 4 Jefferson Community Civic Association Breakfast 7:30-11 a.m. at Community Building. Cost is \$9 for adults and \$5 for children 6-12. All proceeds benefit the operation and maintenance of the historic buildings. All you can eat pancakes and the trimmings! Hope to see you then!

SALIDA

- 2 The "Most Dangerous Woman in America" 7-9 p.m. at A Church 419 D St.
- 19 The Colorado Fossil Discovery lecture. See page 16.

VICTOR

- 4-6 Victor Celebrates the Arts. See ad on page 17.
- 11 The 7th Annual Victor Pack Burro Races. See ad on page 4.
- 17-19 Rocky Mountain Rambler 500

MANITOU SPRINGS

- 4-6 Commonwheel Artists Festival in Memorial Park 10-5 p.m.
- 18 Heritage Brew Festival 12-5 p.m. Memorial Park. Join us for music, fun and great beer as you help support the preservation of Manitou history. Live music includes Leo & the Lark, Red Mountain Boys, and Family Elephant. Tickets at heritagebrewfest.eventbrite.com.

NATHROP

- 28 Great Futures Gala by Boys & Girls Clubs of Chaffee County 5:30-8 p.m. at Mt. Princeton Hot Springs Resort. Featuring mentalist Sean Bott, artist Joshua Been, and live auction with Mel Wilson. Futuristic dress or accessories encouraged!
- 11 Citizens Climate Lobby 11-1

p.m. at the library. Please RSVP pjpotstick@gmail.com.

12 WP Wind Symphony "Music and Art Concert and Market" 5 p.m. Ute Pass Cultural Center. Free, cash bar. FMI www.woodlandparkwindsymphony.com or 719-687-2210.

14 Nonprofit Cooperative of Teller County monthly training 9 a.m. in person at 400 West Midland or via zoom. FMI 719-233-9902.

23 Social Media in Our Backyard with Kevin Knehl. Three levels of training to choose from. Kevin is known worldwide for his social media expertise. This is a fundraiser for 3 nonprofits: Teller Senior Coalition, WP Wind Symphony, and Lighter Side of Christmas Parade. FMI on times and tickets at kkinthehouse.eventbrite.com or 719-233-9902.

26 Ute Pass Chamber Players WE ARE BACK! Concert 3 p.m. at High View Baptist Church. We're playing with passion: classical music and some jazz! Please see our ad on this page.

COMMUNITY PARTNERSHIP

- 7 FREE Yoga 4-5 p.m. Tues/Thurs at Mountain View United Methodist Church. Limited class size, doors lock at 4 p.m. Bring your own mat and props. All levels welcome. FMI Jamie@

UTE PASS Chamber Players



PRESENT
THE WE ARE BACK! CONCERT
Music of Devienne, Douglas, Beethoven, Ibert and Bolling

FEATURING:
GUY DUTRA-SILVEIRA, Oboe
JAMES BADER, Cello
DINA HOLLINGSWORTH, Flute
MARY ANNE LEMOINE, Viola
VINCENT LEMOINE, Violin
JAY MCGUFFIN, Double Bass
AARON TURNER, Drums
CLARK WILSON, Bassoon
BARB RILEY-CUNNINGHAM, Piano

Sunday, September 26, 2021, 3:00 PM
High View Baptist Church
1151 Rampart Range Road in Woodland Park

ADMISSION: \$15, \$5 for students with valid school ID

Affiliate Member
woodland park Arts alliance

cpteller.org.
13 GED Classes 5-7 p.m. Mins & Weds. FMI Michelle@cpteller.org.
FMI for Community Partnership

719-686-0705.

UTE PASS HISTORICAL SOCIETY
• 2022 Historic Calendars are

available at Ute Pass Historical Society Gift Shop 231 E. Henrietta Ave. Thurs-Sat 11-3 p.m. FMI 719-686-7512.

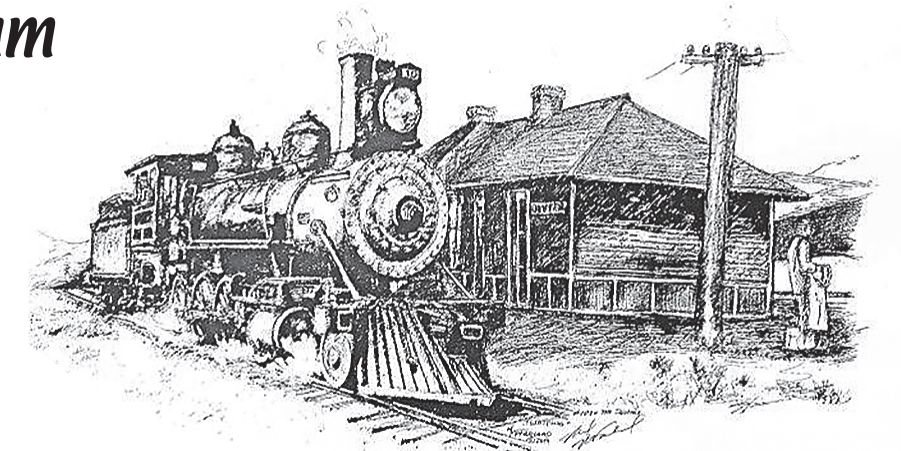
The 2021 Midland Days Symposium Colorado Midland Connections!

Throughout the short history the Colorado Midland Railway there were several other lines in or coming to the Pikes Peak area that interconnected, including spur lines and competitors. The Denver and Rio Grande Railroad was a major connecting line, but there were others, too, like the Santa Fe, the Missouri Pacific and the Rock Island Railroad, just to name a few. Within the Cripple Creek and Victor Gold District there was the Midland Terminal Railroad, of course, the Florence and Cripple Creek narrow gauge line and the Colorado Springs and Cripple Creek Railroad, commonly called the "Short Line."

"The 2021 symposium will concentrate on a number of these connecting railroads and how they impacted the operation of the "Midland," said Dave Martinek, President of Midland Days at Divide, Inc. "We're calling our theme *Colorado Midland Connections*."

In addition to a general focus and overview of the Colorado Midland, just to get everyone on the same page, the symposium program will cover a number of other railroads that connected with it or were operating in the same region. The object is to expand our understanding of the larger view of competing and associated railroads in the area to give a more complete picture of the times.

Midland Days at Divide, Inc., along with its partners, the Teller Historic and Environmental Coalition (T.H.E. Coalition) and the Divide Chamber of Commerce, and its sponsors, proudly announce the 11th Annual gathering of the Midland Days symposium, after a break in 2020, held again at the historic John Wesley Ranch south of Divide; this year on Saturday, September 25, 2021, from 9-4 p.m. The event will begin, as usual, with



a social gathering at 9 a.m. followed by introductions and announcements. The agenda will include presentations (including numerous historical photographs) and conversations with author and historian, Mel McFarland, and local historians Art Crawford and Dwight Haverkorn. David Martinek will moderate the discussions and present, as well.

Seating for the symposium will be limited, as always. Advanced reservations, at \$50 per person, are strongly encouraged. Reservations should be made on or before Sunday, September 19, 2021, by calling David Martinek 719-213-9335 or by emailing your RSVP to MidlandDays@yahoo.com. A reservation fee may also be mailed to Midland Days, P.O. Box 1088, Divide, CO 80814.

~UTE COUNTRY BUSINESS~



ROCKY MOUNTAIN CIGAR COMPANY
est. 1964
Fairplay, Colorado

**CIGAR AND SIPPING LOUNGE
INDOOR GOLF SIMULATOR
GUIDED FLY FISHING**

640 Route 285
unit C • Fairplay
at the Sinclair Station
218-556-3809
Hours: Mon.-Sun. 9am - 7pm
www.rockymtnicigarco.com

Did you enjoy what you read?

Please thank our advertisers!

BUCKSTITCH SADDLERY

Handmade Saddles, Tack & Other Gear

RICK FAVINGER Phone: (719) 660-4488
40025 Hwy 24
PO Box 220
Lake George, CO 80827
Email: buckstitchsaddlery@hughes.net



WOODLAND ROOFING COMPANY
COMPLETE ROOFING SERVICE
53 YEARS OF SERVICE

STEVE BARRINGTON: OWNER
E-MAIL: steve@woodlandroofing.com

PHONE (719) 687-9645
CELL (719) 291-4731
www.woodlandroofing.com

P.O. BOX 9002
WOODLAND PARK, CO 80866



Paradise Gardens
Forty Years of High-Altitude, Organic and Native Gardening in Florissant, Colorado

"The Plant Lady"
Karen Anderson

719.748.3521
PlantLadySpeaks@gmail.com
By Appointment Only, Please



Knocker Automotive Repair

Coming soon!

HeartoftheRockiesRadio.com

Heart of the Rockies Radio News,
the ONLY daily news source in the
greater Arkansas Valley!

NO SUBSCRIPTION REQUIRED

On air, Facebook & www.HeartoftheRockiesRadio.com



80's HITS

LOCALLY OWNED | COLORADO STRONG | COLORADO PROUD | Find us on 

Heart of the Rockies Radio Group

719-539-2575 | 7600 CR 120, Salida, CO 81201

Check out our local artisan gifts available!



**Shipping
Plus** 

Your Full Service Shipping & Business Center

52 County Road 5 • Divide

(Behind Divide Market, Next to Russ Place)

719-686-7587 • Open M-F 9-5:30

ShippingPlusCO@gmail.com • www.shippingplusco.net



Authorized
Shipping
Outlet



Packaging • Shipping • Scan to Email • Fax • Copies • Printing • Design • Business Cards • Brochures • Flyers
Keys • Laminating • Notary • Greeting Cards • Gift Bags • Gift Wrap • Thymekeeper Products
Pottery by Diane Foster • The Plant Lady Seeds and Blessing Beads

